



CFB HALIFAX SERVICE LEVEL UPDATE

BASE SERVICES DIRECTORY

SEPTEMBER 2025

BASE ADMINISTRATION

BASE ORDERLY ROOM (BOR)

**BOR Stadacona:** Counter services are available for in-person service Monday, Tuesday, Thursday, Friday 0800-1130 hrs & 1230-1430 hrs. The BOR will be closed every Wednesday. In addition, most pay and admin services can be provided by phoning 902-427-2274 or emailing your applicable HRA at the following:  
[hfxborsection1ak@forces.gc.ca](mailto:hfxborsection1ak@forces.gc.ca)  
[hfxborsection2lz@forces.gc.ca](mailto:hfxborsection2lz@forces.gc.ca). If you require immediate assistance for urgent or exceptional reasons after regular business hours, please contact our Duty HRA by Tel: 902-476-5528.

**BOR Shearwater:** Most pay and admin services can be provided by email at the following address: [w12borpayrecords@forces.gc.ca](mailto:w12borpayrecords@forces.gc.ca). In-person services are available Mon – Fri between 0800-1430. Emergency after business hours service should be arranged through your Chain of Command who can contact the Duty HRA by cell phone @ 902-943-0519, OR alternatively, by email to [w12borpayrecords@forces.gc.ca](mailto:w12borpayrecords@forces.gc.ca), using a high importance indicator and “urgent” in subject line.

**Naval Reserve Coordination Centre (NRCC):** Most pay and admin services can be provided by email at [HFXNRCC@intern.mil.ca](mailto:HFXNRCC@intern.mil.ca). For claims admin please email [NRCCClaims@forces.gc.ca](mailto:NRCCClaims@forces.gc.ca). Counter services are available for in-person service Monday, Tuesday, Thursday, Friday 0800-1130 & 1230-1430. NRCC will be closed every Wednesday. If you require immediate assistance for urgent or exceptional reasons after regular business hours, please contact our Duty HRA by [Tel:902-943-2342](tel:902-943-2342)

BASE PERSONNEL SELECTION OFFICE

Tel: 902-721-8150  
PSO appointments: [psohalifax@forces.gc.ca](mailto:psohalifax@forces.gc.ca)  
University Liaison Office (ULO) Students positional mailbox: [ulohalifax@forces.gc.ca](mailto:ulohalifax@forces.gc.ca).

BASIC TRAINING LIST (BTL)

[BTLHFX@forces.gc.ca](mailto:BTLHFX@forces.gc.ca)

CAF RELOCATION COORDINATOR

Tel: 902-721-1975  
[CFIRPCoordinatorCFBHalifax@forces.gc.ca](mailto:CFIRPCoordinatorCFBHalifax@forces.gc.ca)

HOUSEHOLD GOODS & EFFECTS

Joseph Ayoub: 902-721-8367  
[Joseph.Ayoub@forces.gc.ca](mailto:Joseph.Ayoub@forces.gc.ca)  
Maureen O’Ball: 902-721-3313  
[Maureen.O'Ball@forces.gc.ca](mailto:Maureen.O'Ball@forces.gc.ca)  
HG&E Emergency: 902-483-1614

BASE ACCOMMODATIONS

Contact the Stadacona booking cell by email ([LN45JUNO@forces.gc.ca](mailto:LN45JUNO@forces.gc.ca)) or phone (902-721-0154) and Shearwater booking cell at ([LN45SHEARWATER@forces.gc.ca](mailto:LN45SHEARWATER@forces.gc.ca)) or phone (902-720-1871).

BASE DINING FACILITIES

**Juno Tower:** Serving live-in members with a ration card and Card only for other DND/CAF personnel

**Tribute Galley:** Serving live-in members with a ration card and cash only for other DND/CAF personnel.

**Warrior Block:** Serving live-in members with a ration card and cash only for lunch for other DND/CAF personnel.

<b>Monday to Friday:</b> Breakfast 0630-0800 Lunch 1130-1300 Supper 1630-1800	<b>Weekends/Public Holidays:</b> Breakfast 0700-0900 Brunch 1130-1300 Supper 1630-1800
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CFB HALIFAX MESSES

**Deputy PSP Manager (Messes):**  
Caitlin Andrecyk: [Caitlin.Andrecyk@forces.gc.ca](mailto:Caitlin.Andrecyk@forces.gc.ca)  
902-721-8709

**Shore Mess Dues Administration:**  
Heidi Kielhorn: [Heidi.Kielhorn@forces.gc.ca](mailto:Heidi.Kielhorn@forces.gc.ca)  
902-721-8644

**Ship Mess Dues Administration:**  
[NPFEastCoastFleet@cfmws.com](mailto:NPFEastCoastFleet@cfmws.com)

**Officers’ Mess (Wardroom & RA Park):**  
Mess Manager & Juno Catering Manager:  
Monika Ackland  
[Monika.Ackland@forces.gc.ca](mailto:Monika.Ackland@forces.gc.ca)  
902-721-8626

**C&POs Mess:**  
Mess Manager: Michelle Johnston  
[Michelle.Johnston2@forces.gc.ca](mailto:Michelle.Johnston2@forces.gc.ca)  
902-721-8632

**Jr. Ranks Mess:**  
Mess Manager: Robert Benoit  
[Robert.Benoit@forces.gc.ca](mailto:Robert.Benoit@forces.gc.ca)  
902-721-8350

**12 Wing Mess:**  
Mess Manager: Michelle Baumhour  
[Michelle.Baumhour@forces.gc.ca](mailto:Michelle.Baumhour@forces.gc.ca)  
902-720-1934

FORMATION COORDINATOR OFFICIAL LANGUAGES

Second Official language training (MSLTP) and PSC testing, placement tests, Official Language (OL) guidance, RCN OL Action Plan and audit, and OL review of positions. For booking appointments or general inquiries:

Formation Coordinator: 902-721-8955 [Gilles.St-Pierre@forces.gc.ca](mailto:Gilles.St-Pierre@forces.gc.ca)

Administration Officer: 902-721-8956 [Lorena.Perron-Robles@forces.gc.ca](mailto:Lorena.Perron-Robles@forces.gc.ca)

BASE COMPTROLLER

R&D CLAIMS AND CASHIERS:

Monday to Friday: 0730-1430 hrs  
Email: [hfxbcomptrandd@forces.gc.ca](mailto:hfxbcomptrandd@forces.gc.ca)  
Tel: 902-721-8625

CASHIER OFFICE & RGDF:

Monday to Friday: 0730-1430 hrs  
Email: [hfxcashier@forces.gc.ca](mailto:hfxcashier@forces.gc.ca)  
Tel: 902-721-8171

TRAINING & VERIFICATION CELL:

IC Tel: 902-721-8162  
SIC Tel: 902-721-0722

PARKING:

Monday to Friday: 0730-1430 hrs  
[CFBHALIFAXPARKINGCONTROL@forces.gc.ca](mailto:CFBHALIFAXPARKINGCONTROL@forces.gc.ca)  
For emergencies: Dockyard Security Office, Bldg D247. If the Parking Pass Control Office is closed, please utilize the Drop Off Box outside the Security Office to return passes.

PAYMENT CARD CELL:

[hfxbcomptpaymentcard@intern.mil.ca](mailto:hfxbcomptpaymentcard@intern.mil.ca)  
Tel: 902-721-1288

ACCOUNT SERVICES (Including Parking and Credit Cards):

Tel: 902-721-1998

TRAVEL CARDS & ARI CARDS:

Tel :902-721-3338

ACCOUNTS PAYABLE:

Email: [hfxaccountspayable@forces.gc.ca](mailto:hfxaccountspayable@forces.gc.ca)

BCOMPT:

Tel :902-721-8625

BUDGET:

[PL-HFX.BComptBudgetAdmin@forces.gc.ca](mailto:PL-HFX.BComptBudgetAdmin@forces.gc.ca)







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BASE LOGISTICS

CLOTHING STORES

Monday to Friday 0800-1400 hrs, by appointment only in buildings SH30 and D206. Extended hours now available on Tuesdays from 1500-1800 in D206 only (no appointment needed).  
D206 appointments: 902-427-3217  
[P-HFX.BLog.Clothing@forces.gc.ca](mailto:P-HFX.BLog.Clothing@forces.gc.ca)

Tailoring Services or individual non-medical mask issue: 902-427-0115

All Shearwater services: 902-720-1612

MOVEMENT/TRANSPORT, INCLUDING UNACCOMPANIED BAGGAGE:

Building D206: 0730-1530 hrs, Monday to Friday (closed 1200-1300hrs for lunch)  
Contact: 902-427-6230 or 902-403-6723 (silent hours) [BLogCargoOps@forces.gc.ca](mailto:BLogCargoOps@forces.gc.ca)  
Building SH30: 0700-1530 hrs, Monday to Friday  
Contact: 902-720-1669 or 902-720-1667

DND 404

DND 404 service counter now open during regular business hours, 0700-1530 hrs.  
[P-HFX.BLog.MSESafety@intern.mil.ca](mailto:P-HFX.BLog.MSESafety@intern.mil.ca)

TRANSPORTATION SERVICES

Base shuttle has resumed regular services (two shuttles). However, Base Taxi services will be available on call. Please Note: Base Taxi will not take personnel to and from medical appointments. To arrange for a Base Taxi, call 722-4046.

VEHICLE SAFETY

[P-HFX.BLog.MSESafety@intern.mil.ca](mailto:P-HFX.BLog.MSESafety@intern.mil.ca)  
After hours: 902-489-3409

MAINTENANCE SERVICES

[P-HFX.BLog.TEMEPlanner@intern.mil.ca](mailto:P-HFX.BLog.TEMEPlanner@intern.mil.ca)  
After-hours duty recovery: 902-237-2753

CUSTOMER SERVICE

The BLog Customer Service plus box is monitored from 0800-1600 hrs daily:  
[P-HFX.BLog.CustomerService@forces.gc.ca](mailto:P-HFX.BLog.CustomerService@forces.gc.ca)

MAIN WAREHOUSE (D206)

Contact: Mr. Jamie Lockie, 902-401-2645  
WO Donald Doyle, 902-427-1438

PROCUREMENT

New requirements for procurement must be submitted to BLog Customer Service:  
[P-HFX.BLog.CustomerService@forces.gc.ca](mailto:P-HFX.BLog.CustomerService@forces.gc.ca)

HAZMAT (D207)

Ext Warehousing Manager: John Harvey  
902-720-1626  
[John.Harvey2@forces.gc.ca](mailto:John.Harvey2@forces.gc.ca)  
I/C Hazmat: Trevor Perry  
902-427-2297  
[Trevor.Perry@forces.gc.ca](mailto:Trevor.Perry@forces.gc.ca)

BASE INFORMATION SERVICES

IT Service Desk hours: Mon-Fri 0730-1600 hrs.

Please submit IT support requests through one of these methods:

Self-Service Portal:

Clients with access to DWAN can log requests using the EITSM Assyst Gateway: <https://eitsm-gstie.forces.mil.ca/web/hrf/> by selecting the link for the Self-Service Portal:  
<http://assyst.forces.mil.ca/assystnet>

Tel: 1-833-928-1577

Your call will be answered by a Service Desk Agent. Appointments are required for visits to the IT Service Desk and Endpoint Support Teams at D40, S37 and SH376.

PORT OPERATIONS & EMERGENCY SERVICES

KING’S HARBOUR MASTER

Monday- Friday; 0730-1530 hrs  
902-427-3199 (monitored 24 hrs; after hours, line forwarded to RJOC)  
[QMHMALIFAX.OPS@forces.gc.ca](mailto:QMHMALIFAX.OPS@forces.gc.ca)

BASE OPERATIONS

Base Operations Officer:  
LCdr Zachary Johnson:  
[Zachary.Johnson@forces.gc.ca](mailto:Zachary.Johnson@forces.gc.ca)  
Contact: 902-427-8660 | Cell: 782-409-9369

Emergency Response Officer:  
Lt(N) : Ian Hutchings  
[ian.Hutchings@forces.gc.ca](mailto:ian.Hutchings@forces.gc.ca)  
Contact: 902-427-2600

Nuclear Emergency Response Officer:  
Lt(N) Ivan Skachkov  
Email: [Ivan.Skachkov@forces.gc.ca](mailto:Ivan.Skachkov@forces.gc.ca)  
Contact: 902-427-6008

Plans and Requirements Officer: Lt(N) Duncan Wolfe Email: [Duncan.Wolfe@forces.gc.ca](mailto:Duncan.Wolfe@forces.gc.ca)  
Contact: 902-427-0367 (W); 902-718-9978

Base Security Manager: Roger Beals  
[Roger.Beals@forces.gc.ca](mailto:Roger.Beals@forces.gc.ca)  
902-427-0747

DOCKYARD IDENTIFICATION SECTION

Address: 2385 Valour Way, Bldg. D247, Dockyard (outside the fence line)

Monday-Friday: 0700-1200 hrs and 1230-1430 hrs for making IDs, 1500 for making appointments and pick up.

Contact: 902-427-3680 or 902-427-3681  
Positional Mailbox (monitored daily): [+DockyardIdent@CFBHalifaxBOps@Halifax](mailto:+DockyardIdent@CFBHalifaxBOps@Halifax)

SHEARWATER IDENTIFICATION SECTION

124 Bonaventure St., Bldg. SH35, Shearwater  
Tuesdays & Thursdays: 0700-1200 hrs and 1230-1430 hrs. 1500 hrs for appointments and pick ups.

- Processing of 12 Wing Area Passes;
- Processing of ID cards for regular and reserve force members, DND employees, and contractors; and
- Military fingerprinting.

Positional Mailboxes (monitored daily):  
[PW12.IdentSect@forces.gc.ca](mailto:PW12.IdentSect@forces.gc.ca)  
[PW12.IdentSect@intern.mil.ca](mailto:PW12.IdentSect@intern.mil.ca)

Phone Front Desk: 902-720-1226  
Phone Back Desk: 902-720-1790

DOCKYARD SECURITY OFFICE

Address: 2385 Valour Way, Bldg. D247

- Coordination of contractor and visitor access
- Issuance of contractor parking passes, duty watch parking passes and short-term parking passes.
- Repository for all VALs, VCRs and CEALS

Monday- Friday: 0630-1530  
Contractor access inquiries:  
Cmre Cathy Wournell-Towill: 902-427-3482  
Processing of temporary parking passes: Cmre Ron Sadler: 902-427-3677

Positional Mailbox :  
[+CFBHalifaxSecurityOffice@CFBComd@Halifax](mailto:+CFBHalifaxSecurityOffice@CFBComd@Halifax)







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CFB HALIFAX PARKING AUTHORITY

Monday-Friday: 0700-1500 hrs  
Positional Mailboxes (monitored daily):  
[+CFB Halifax Parking Authority@CFB](mailto:+CFB%20Halifax%20Parking%20Authority@CFB)  
[Halifax Bops@Halifax](mailto:Halifax%20Bops@Halifax)

General Inquiries: Cmre Len Leadbeater  
[Leonard.Leadbeater@forces.gc.ca](mailto:Leonard.Leadbeater@forces.gc.ca)  
902-427-1505 or 902-223-3961 (BB)  
Parking ticket review:  
[+HFX Ticket Review@CFB Comd@Halifax](mailto:+HFX%20Ticket%20Review@CFB%20Comd@Halifax)

Temporary parking passes contact the Dockyard  
Security Office: 902-427-3677

Inquiries for towed vehicles call Military Police  
Dispatch: 902-722-4446

Questions regarding parking passes contact the  
Parking Pass Control Centre (S-90):  
[Jennifer.MacIsaac@forces.gc.ca](mailto:Jennifer.MacIsaac@forces.gc.ca) and/or  
[Rayan.Sheikhoni@forces.gc.ca](mailto:Rayan.Sheikhoni@forces.gc.ca) or  
[+CFB Halifax Parking Control@CFB](mailto:+CFB%20Halifax%20Parking%20Control@CFB)  
[Halifax BOPs@Halifax](mailto:Halifax%20BOPs@Halifax)  
Hours: Mon-Fri, 0730-1430 hrs  
Tel: 902-721-1989 or 902-721-6719

EMERGENCY SERVICES

**Base Fire Department**  
Emergency: 902-427-3333  
Non-Emergency: 902-427-3500  
**Shearwater Fire Hall:**  
Non-Emergency: 902-720-1544  
**CFAD Fire Hall:**  
Non-Emergency: 902-427-0646  
**Military Police Unit Halifax**  
General Contact: 902-722-4445  
Emergency Contact: 902-722-4444 or 911

BASE DUTY WATCH OPERATIONS

Duty Watch Coordinator: PO2 Stephen Awalt  
902-440-9616 (C), 902-427-5421 (W)  
Officer of the Day (OOD): 902-880-4731, Juno Tower Room #716  
Petty Officer of the Day (POOD): 902-499-8790, Juno Tower Room # 715  
Master Seaman of the Day (MSOD) 902-402-5420, Tribute Tower Room #1205  
Positional Mailbox (monitored daily):  
[+CFB Halifax Duty Watch@CFB Halifax](mailto:+CFB%20Halifax%20Duty%20Watch@CFB%20Halifax)  
[BOPs@Halifax](mailto:BOPs@Halifax)

BASE STUDENT SERVICES

If you are a civilian student with questions about your contract, leave, or other HR matters, please contact Base Student Services at:  
[HFXDND BESSTUDENTSERVICES@forces.gc.ca](mailto:HFXDND%20BES%20STUDENT%20SERVICES@forces.gc.ca)  
Monday to Friday, 0800–1600 hrs

PSP HALIFAX

**Shearwater Gym:** 902-720-1071  
Monday-Friday: 0600-2100 hrs  
Saturday & Sunday: 0900-1700 hrs

**Fleet Gym:** 902-427-3524  
Monday-Friday: 0600-1800 hrs  
Saturday & Sunday: Closed

**Stadacona Gym:** 902-721-0133  
Monday-Friday: 0600-2000 hrs  
Saturday & Sunday: 0900-1600 hrs

**Fleet Fitness:** Briana Plante  
[Briana.Plante@forces.gc.ca](mailto:Briana.Plante@forces.gc.ca)

**Fleet Sports:** Isaac Habib  
[Isaac.Habibi@forces.gc.ca](mailto:Isaac.Habibi@forces.gc.ca)

**Shearwater Aquatics:** Matthew MacKenzie  
[Matthew.Mackenzie5@forces.gc.ca](mailto:Matthew.Mackenzie5@forces.gc.ca)

**Shearwater Arena :** Jamie Mercer  
[Jamie.Mercer@forces.gc.ca](mailto:Jamie.Mercer@forces.gc.ca)

**PSP Recreation:**  
[Matthew.Mackenzie5@forces.gc.ca](mailto:Matthew.Mackenzie5@forces.gc.ca) (Shearwater)  
[Green.Emily@cfmws.com](mailto:Green.Emily@cfmws.com) (Halifax)

**PSP Reconditioning Program:** Kerianne Willigar  
[Kerianne.Willigar@forces.gc.ca](mailto:Kerianne.Willigar@forces.gc.ca)

SPECIAL INTEREST ACTIVITIES

**CFB Halifax Curling Club:**  
[Cfbhfxcurling@eastlink.ca](mailto:Cfbhfxcurling@eastlink.ca)

**Falls Lake Cottages & Campground:**  
[bookings@fallslake.ca](mailto:bookings@fallslake.ca)

**Hartlen Point Golf Course:**  
[info@hartlenpoint.ca](mailto:info@hartlenpoint.ca)

**Shearwater Yacht Club:**  
[shearwateryachtclubns@gmail.com](mailto:shearwateryachtclubns@gmail.com)

**HEALTH PROMOTION SERVICES**  
[HFXHealthPromotion@forces.gc.ca](mailto:HFXHealthPromotion@forces.gc.ca)

**Website:** <https://www.cfmws.ca/halifax>  
Facebook: @PSPHFXSW

MUSEUMS

**Naval Museum of Halifax:**  
[navalmuseumofhalifax@forces.gc.ca](mailto:navalmuseumofhalifax@forces.gc.ca)

**Shearwater Aviation Museum:**  
[info@shearwateraviationmuseum.ns.ca](mailto:info@shearwateraviationmuseum.ns.ca)

COUNSELLING SERVICES

**Homewood Health Employee and Family Assistance Program (EFAP):**  
1-800-663-1142, or 1-888-384-1152 (for people with hearing impairments)

To access services and make an appointment online: [www.homeweb.ca](http://www.homeweb.ca) (click [here](#) for instructions on how to create an account – DWAN only)  
**Local EAP Contact:** 902-427-3237 and 902-240-8251  
**Family Information Line:** 1-800-866-4546  
**CAF Member Assistance Program:** 1-800-268-7708  
**VAC Assistance Service:** 1-800-268-7708  
[Mental Health Resources](#)

CHAPLAIN SERVICES

For support during regular, daytime working hours, please call 902-721-8660. During silent hours and on weekends, the Duty Chaplain can be reached via the MFRC Admin Support Team (AST) at 902-427-7788.

CAF TRANSITION CENTRE

General inquiries: [TCHalifaxOR@forces.gc.ca](mailto:TCHalifaxOR@forces.gc.ca)  
902-722-1908  
Hours: Mon-Fri, 0730-1530

CAF Transition Unit: [CAF.TUNSNL@forces.gc.ca](mailto:CAF.TUNSNL@forces.gc.ca)  
902-721-8159 or 902-721-1912  
Hours: Mon-Fri, 0730-1500

**CAF RELEASE CENTRE**  
[ReleaseCenter@forces.gc.ca](mailto:ReleaseCenter@forces.gc.ca)  
Monday- Friday, 0800-1430 hrs  
902-721-7834  
902-721-7826  
902-721-8051

SISIP HALIFAX/SHEARWATER

General inquiries:  
902-425-6926  
District Manager – SISIP  
Financial: Shane Robar  
902-471-9769  
[Robar.shane@cfmws.com](mailto:Robar.shane@cfmws.com)







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BASE SERVICES DIRECTORY

SEPTEMBER 2025

H&R MFRC

**Halifax site** (6393 Homefire Crescent, Windsor Park): Monday to Friday: 0700-1700 hrs

**Shearwater site** (30 Provider Road, Shearwater): Monday to Friday: 0800-1600 hrs (closed between 1130-1230 hrs)

**Child Care Centre:**  
Shearwater Children’s Centre is open 0630-1730 hrs

The H&R MFRC offers support in-person, via phone, email, and online (Zoom)

- **24/7 Information Line:** 902-427-7788
- Toll-Free: 1-888-753-8827
- Email: [info@hrmfrc.ca](mailto:info@hrmfrc.ca)
- Mental health counselling support available, call the information line and ask to speak with the Intake Coordinator
- Deployment support and services, career/employment counseling, relocation support, occasional and respite childcare, and programs for children, youth and families,
- Calendar of programs (virtual and in-person) <https://www.hrmfrc.ca/store/calendar.php>

MEDICAL SERVICES

If you are experiencing a medical emergency, call 911 or go to the nearest local emergency department. Both Halifax and Shearwater clinics are under normal working operations. The main entrance should be the only point of entry for patients and visitors. Patients and visitors are asked to use the patient parking lot in the front of the medical clinic and log in your vehicle information on the Parking Register.

SICK PARADE

Clinic sick parade continues to be conducted Monday to Friday from 0730-1530 hrs and will require an appointment in order to be seen by a Health Care Provider. CFB Halifax members should call the Duty Triage PCN at 902-721-0537 to discuss their needs and book an appointment. 12 Wing members should call 902-720-1252.

For acute concerns during working hours, contact the appropriate Duty PCN listed below or after hours report to a local emergency department.

BOOKED APPOINTMENTS

If you need to book a regular appointment with your respective CDU (i.e. PHA, OUTCAN screening, follow up, etc.), you should call the following numbers:

CDU 1: 721-8889 / 721-8890  
CDU 2: 721-8868 / 721-1285  
CDU 3: 721-8912 / 721-8764  
CDU 4: 721-8813 / 721-5291  
CDU 5: 721-0815 / 721-0816

Women’s Health Clinic Appts: Please call your CDU to book an appointment.

Sexual Health Clinic Appts: Please call your CDU to book an appointment.

BIPOC Clinic Appts: Please call your CDU to book an appointment.

IMMUNIZATION APPOINTMENTS

To book an appointment please contact your CDU. For questions regarding immunizations, please email: [immunizationnursehalifax@forces.gc.ca](mailto:immunizationnursehalifax@forces.gc.ca)

MENTAL HEALTH SERVICES

All mental health services are operational. Assistance during clinic hours: 902-721-8607

For operational screenings: 902-721-8607

1. **General Mental Health:** 902-721-8012
2. **Operational Trauma & Stress Support Centre:** 902-721-5703
3. **Addiction Prevention & Treatment:** 902-721-8600
4. **Psychosocial Services:** 902-721-8607

BLUE CROSS

Over the counter services are available, however, we encourage all personnel seeking payment centre services to contact the payment centre by email: [CFHSCpaymentcentre\\_centredepaiement@forces.gc.ca](mailto:CFHSCpaymentcentre_centredepaiement@forces.gc.ca)

HEALTH AND RECORDS

Over the counter services are available. Contact us by email or telephone first. [HSAHIRM@forces.gc.ca](mailto:HSAHIRM@forces.gc.ca) or 902-721-8853

PHYSICAL REHABILITATION SERVICES

The Physical Rehab Section at Stadacona and the Physiotherapy Det at Shearwater remain open 0730-1200 hrs and 1300-1530 hrs for both in-person and virtual appointments.

Stadacona clinic: 902-721-8738  
Shearwater clinic (12 AMS): 902-720-3212

SPECIALTY SERVICES CENTRE (SSC)

Appointments with specialists will be either in- person or through telehealth. To arrange or cancel a specialist appointment, call 902-721-8774

PATIENT-HEALTH RELATED TRAVEL

For any upcoming medical appointments / procedures located outside the geographical area, contact the clerk of the respective medical service department (CDU, Mental Health, Physio, Specialty Services, Diagnostic Imaging) first for a Health-Related Travel Request NLT 2 weeks before your travel day. Once the Health-Related Travel Request is approved, you will be contacted by the Claims Section for further instruction. For claim follow-up or queries, contact us via email [P- Hfx.CFHSCSHHealthRelatedTravel@intern.mil.ca](mailto:Hfx.CFHSCSHHealthRelatedTravel@intern.mil.ca)

PREVENTIVE MEDICINE (PMed)

PMed continues to provide services and Occupational Health Workplace Assessments (OHWAs) and Public Health Inspections. To contact the PMed Section: [HFXN46007@intern.mil.ca](mailto:HFXN46007@intern.mil.ca) or the PMed duty phone 782-409-3835.

PHARMACY

For prescription pick up, please proceed to the pharmacy to pick up prescriptions. Please provide two (2) business days’ notice for prescription refills.

**CFB Halifax Pharmacy refill line:**  
902- 721- 8755

To speak to a pharmacist: 902-721-8757

DENTAL SERVICES

1 Dental Unit Det Halifax continues to provide operationally focused dental support as staffing resources allow. Priority will be given to high-readiness/deploying/members proceeding on courses. The scope of our services will focus on the following treatment modalities:

- Sick parade/emergency. Members requiring emergency care should present to the clinic at 0730 hrs. Members will be triaged based in the urgency of their care needs.
- Annual dental examinations and screenings;
- Routine dental treatment (general dentistry and specialty services);
- Treatment to personnel who sustained a service related injury; and
- Dental hygiene. Priority to those who have been identified as having periodontal disease.





CFB HALIFAX SERVICE LEVEL UPDATE

BASE SERVICES DIRECTORY

SEPTEMBER 2025

Reception: 902-721-8960  
(Stadacona) or 902-720-1096 (12 Wing).

After hours emergency:  
1<sup>st</sup> POC: 902-499-4133 (Duty Dentist)  
2<sup>nd</sup> POC: 902-499-6346 (Duty Dent Tech)

RPOS(H)

Monday to Friday, 0730-1530  
Contact: 902 722-4000  
[RPOPSHFXWorkReception@forces.gc.ca](mailto:RPOPSHFXWorkReception@forces.gc.ca)  
After hours, weekend and holidays: 902-722-4000 Calls will be forwarded to the fire hall to action.

SAFETY & ENVIRONMENT

MARLANT Safety and Environment is the point of contact for all safety and environmental issues.

Emergency Contact: 902-483-9757  
Alternate emergency contact for hazardous occurrences: 902-483-8735 (during work hours)  
Alternate emergency contact for spills and releases: 902- 471-3867 (during work hours)  
Positional mailbox: [N48FSE@forces.gc.ca](mailto:N48FSE@forces.gc.ca) (monitored 0730-1600 hrs Mon – Fri)  
Safety and Environmental Direction and Guidance: <https://marlse.mil.ca/>

Spills and releases must be reported to [N48FSE@forces.gc.ca](mailto:N48FSE@forces.gc.ca) and 902-483-9757, and IAW the requirements in the MARLANT and Fleet Class Safety and Environmental Management Systems (SEMSs).  
Hazardous occurrences must be reported IAW MARLANT SEMS Directive S4 - Hazardous Occurrence Investigation or Fleet Class SEMS SOP-S01/S1 Hazardous Occurrence Investigation and Reporting.

FLEET MAIL OFFICE

The Fleet Mail Office (FMO), located in lower level of D20, hours are from Monday to Friday, 0700-1500 hrs. providing full Canada Post services. We also accept morale mail along with the MFRC. For any questions or concerns please reach out to us.

FMO contact numbers are 902-427-6682 or duty clerk at (782)-409-0507.  
[+CFPU \(OPS FMO\)@CFPU Det Halifax@Halifax](mailto:+CFPU (OPS FMO)@CFPU Det Halifax@Halifax)

FMO/CFB Halifax/12 Wing Mailing Address:

Unit/Section  
PO Box 99000 Stn Forces Halifax, NS  
B3K 5X5  
Civic Address (For Couriers ONLY)  
Fleet Mail Office D20 2635 Provo Wallis Street  
Halifax, NS, B3J 2Y5

CIVILIAN HR:

Download the HR GO RH App to find critical human resources information for public service managers and DND employees.

LACTATION SPACES

To-date, 17 lactation spaces have been established across CFB Halifax and 12 Wing Shearwater in accordance with CANFORGEN 116-21 and MARLANTGEN 016-21. These lactation spaces are centrally located and available to all members returning from parental leave who wish to have a private space to pump, nurse or bottle-feed their child during work hours. See list of available lactation spaces below.

Dockyard, Bldg. D201 – Rm 240, MARLANT HQ

Dockyard, Bldg. D126 – 2<sup>nd</sup> Floor, Unit EAP

Dockyard, Bldg. D200 – 3<sup>rd</sup> Floor, Rm 3359

FMFCS Willow Park, Bldg. WL07 – Room 217, Unit RP Ops

Willow Park Armoury, WL-56 – Rm 2300

Stadacona, Juno Tower – Room 303, Base Admin

Stadacona, Bldg. S80 – Rm 4082, Unit H Svcs

Stadacona, Bldg. S37 – Rm 218, Unit NFS(A)

Stadacona, Bldg. S17 – Rm 0-31, Unit NFS(A)

Stadacona, Bldg. S15 – Rm 132B, Unit NFS(A)

Shearwater, Bldg. SH251 – Rm 105

Shearwater, Bldg. SH100 – Rm 36, Unit H Svcs

Shearwater, Bldg. SH242

Shearwater, Bldg. SH330 – Rm 144

Shearwater, Bldg. SH344 – Rm 123

Shearwater, Bldg. SH342 – Rm 160

Shearwater, Sea King Club

Please note that accessing each individual room is subject to a given unit/building’s standard operations and security protocols: please contact individual units/building managers for more details. For more information, please contact the Halifax Defence Women’s Advisory Organization (DWAOW) at [Halifax.DWAOW@forces.gc.ca](mailto:Halifax.DWAOW@forces.gc.ca).

