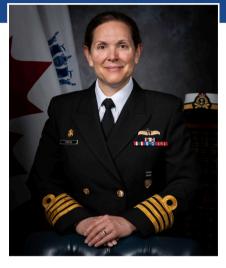


BASE COMMANDER'S MESSAGE

Thank you, local Defence Team, for commemorating the 80th Anniversary of the end of the Battle of the Atlantic (BOA) on May 3 and 4, and in so doing, honouring members of the Royal Canadian Navy, Royal Canadian Volunteer Reserve, Merchant Navy, Women's Royal Canadian Naval Service, Royal Canadian Air Force, and allied countries who served during the longest continuous battle of the Second World War. Thank you to the Base Ceremonial team, the Stadacona Band of the Royal Canadian Navy, and all others who planned, participated in, or attended the BOA Sunday ceremony at Point Pleasant Park and the BOA-inspired concert at the Canadian Museum of Immigration at Pier 21. You set the stage, allowing us to collectively remember the legacy of those who fought and reflect on an important chapter in our naval military history.



We are entering a busy season with Active Posting Season around the corner. This is a transitional time for many Defence Team members, and while it can bring about

joy and excitement for the next chapter, it can also be a challenging period for many in our community. Whether you are leaving CFB Halifax or relocating here, I want to say thank you. I have moved often throughout my career, and I know some of the stressors you and your loved ones may be feeling. Please know that you are not alone, as an entire community is here to help you navigate this important change.

CFB Halifax offers a variety of resources to support and inform local Defence Team members. These resources can be found on the MARLANT intranet (DWAN access only), the Trident Newspaper website, CFB Halifax social media channels (Facebook, Twitter (X), and Instagram), in CFB Halifax monthly Newsletters such as this one, or through our local Defence Advisory Groups, Canadian Forces Morale & Welfare Services (PSP Halifax), Vitality Magazine, and the Halifax & Region Military Family Resource Centre (H&R MFRC) to name a few. We also maintain in-person services for both military and civilian personnel. At any time, do not hesitate to lean on your colleagues, old and new, and your Chain of Command or supervisor for guidance. And thank you to our members supporting their new teammates during this transition and helping them navigate the Base. It takes a community to keep us all moving, adapting, and thriving – no one is in this alone.

One way to get involved in the local Defence community is by participating in recreational events and educational activities alongside fellow members and their families. Some notable May events and commemorative days/weeks include Red Dress Day (May 5), Moose Hide Campaign Day (May 15), Indigenous Awareness Week (May 20-23), National AccessAbility Week (May 25-31), and DND Family Days (May 30-31). We are also looking at a very busy start of summer with large-scale events coming up in June, so please save the date for activities related to Halifax International Fleet Week 2025, the Navy Bike Ride 2025, the annual Halifax Wanderers DND Appreciation Match (vs. Vancouver FC), and the Royal Nova Scotia International Tattoo. Thank you to all those involved in supporting these events and to everyone planning to participate.

Please remember to take care of yourselves and each other, during times of transition and times of rest. Importantly, May 5-11 is Mental Health Week 2025 (Intranet site – DWAN access only) in Canada, so please remember that local and national mental health resources are available to you and your families. Our health, well-being, and connection to one another are fundamental to everything we do. Together, we are building a stronger community – one day at a time.

BASE CHIEF'S MESSAGE



Thank you to all the Defence Team members who planned and participated in our Earth Day Base Clean-up on April 22. Base clean-up activities are more than simply picking up litter – they are a collective commitment to caring for and safeguarding our natural environment. Bravo Zulu to all military and civilian personnel who took the time on Earth Day to contribute to this effort!

As mentioned by the Base Commander, we are entering a transitional time with Active Posting Season coming up. We all know that relocation can be stressful, regardless of your rank or trade. And if your new posting impacts immediate family and dependants, that can make the process feel even more uncertain and challenging.

During this time, I encourage you to rely on your colleagues and Chain of Command for support and guidance when needed, and to explore resources such as Military Family Resource Centres operating across the country that provide services tailored to the unique needs and challenges of military life. Please reach out to others, seek out services, and take good care of yourselves this posting season.

- CPO1 Troy Beazley

WHAT'S HAPPENING AT CFB HALIFAX?



May: Asian Heritage Month

May: Jewish Heritage Month

May 3: Stadacona Band Spring Concert - Sounds of the Atlantic

Join us at 2 p.m. on Saturday, May 3, at the Canadian Museum of Immigration at Pier 21 (Kenneth C. Rowe Hall) for the Stadacona Band of the Royal Canadian Navy's spring concert, *Sounds of the Atlantic*. The concert will commemorate the Battle of the Atlantic with a selection of powerful music, including original Canadian compositions and pieces by and inspired by Stan Rogers, to evoke strength in unity, overcoming challenges, and recognizing long-time alliances. With performances showcasing the incredible talent within the ensemble, *Sounds of the Atlantic* promises to be a moving and memorable tribute. This event is free and open to all. Military dress: No 1A (medals). <u>Details</u>.

May 4: Battle of the Atlantic Ceremony

Local Defence Team members, their families, veterans, and the general public are invited to attend the Battle of the Atlantic (BOA) ceremony on Sunday, May 4, at 10:30 am, at Point Pleasant Park Halifax Memorial. Together, we will observe a moment of silence to mark the sacrifice of the more than 4,500 Canadians who lost their lives in the BOA, in hard-fought victories at sea, or on treacherous convoy duty. Please note that seating will be reserved for dignitaries, veterans, and those with limited mobility only. All others in attendance are kindly asked to stand while observing the ceremony. Military dress: No 1A (medals). Details.

May 4: 115th Birthday of the Royal Canadian Navy

May 5: Red Dress Day

Monitor MARLANT splash page and Base-wide emails for details.

May 5-10: Safety and Health Week

Monitor Base-wide email and the MARLANT intranet for information regarding Safety and Health Week.

May 5-11: Mental Health Week

As part of Mental Health Week 2025, the Organizational Well-Being Team is setting up an Employee Assistance Program (EAP) kiosk at the New Wave Café (HMC Dockyard) on Wednesday, May 7 from 11 a.m – 1 pm. Stop by to learn about EAP, how this program can help you, and how you can get involved! You are not alone. Canadian Armed Forces members and Department of National Defence public service employees can access mental health and wellness resources 24/7. Click here for a list of resources.

May 11: Mother's Day

May 14-15: Canadian Armed Forces Joint Operations Symposium 2025

Theme: Improving CAF joint readiness for defending Canada's Arctic, Northern Regions, and their approaches. The event will be streamed virtually. Local Defence Team members are welcome to attend (virtually) with Chain of Command/supervisor permission. For more information or to register click here.

May 12-18: DND National Road Safety Week

May 15: Moose Hide Campaign Day & Fleet Run

The Moose Hide Campaign is a nationwide movement of Indigenous and non-Indigenous Canadians from local communities, First Nations, governments, schools, colleges/universities, police forces and many other organizations – all committed to taking action to end violence toward women and children. Local Defence Team members are encouraged to wear a Moose Hide pin on May 15 in recognition of this campaign. Units can reach out to OCdt Saif Morsy (Saif.Morsy@forces.gc.ca) to request an allotment of pins. A Fleet Run will also take place on May 15. Please monitor Base-wide email, the MARLANT splash page and the MARLANTGENs page on the MARLANT intranet for more information.

May 16: International Day Against Homophobia, Transphobia, and Biphobia flag raising

The Intersex-Inclusive Pride Flag will be raised during morning colours (8 a.m.) at CFB Halifax headquarters (S-90) to recognize the International Day Against Homophobia, Transphobia and Biphobia. The flag will also be raised at Shearwater main gate.

May 17: International Day Against Homophobia, Transphobia, and Biphobia

May 19: Victoria Day (statutory holiday)

May 20-23: Indigenous Awareness Week

This year's theme is "The difference you make today counts in all our tomorrows." Please monitor Basewide email, the MARLANT splash page, the MARLANTGENs page on the MARLANT intranet and CFB Halifax social media channels for information on local Indigenous Awareness Week events/activities.

May 23: Launch of Naval Museum of Halifax 'Pigments of the Sea' Exhibit:

Join us for the opening of 'Pigments of the Sea: Capturing Naval Moments and Memories' from 5-7 p.m. at the <u>Naval Museum of Halifax</u>. All are welcome. Whether it is used for historical documentation, propaganda, or artistic expression, naval art is a powerful visual representation of humanity's enduring relationship with the danger, mysteries, and beauty of the sea. The exhibit will be open from May 23 to December 31, 2025.

May 26-31: National AccessAbility Week

May 29: Goalball Tournament

The local Defence Advisory Group for Persons with Disabilities, in partnership with Blind Sports Nova Scotia, will be hosting its annual Goalball Tournament at the Stadacona Sports and Fitness Centre from 8 a.m. to 4 p.m. during National AccessAbility Week. All Defence Team members are welcome to participate. No experience required. Eye shades and knee pads will be available; however, it's recommended to bring your own knee pads for best fit and comfort. Only three players per team will be on the court at one time. Please email Lt(N) Mamye at Richard.Mamye@forces.gc.ca by May 20 to register teams. Learn more about Goalball here.

May 30 & 31: DND Family Days

Join us at HMC Dockyard for a Spring Carnival filled with fun, food, and festivities for the whole family as a way to say THANK YOU to the Defence Team families who form the operational backbone of our Halifax Defence community. For more information, click <u>here</u>.

Hours: May 30 (12 - 6 p.m.) May 31 (10 a.m. - 5 p.m.)



Upcoming Canadian Blood Services Blood Clinics*

June 4, 2025 August 18, 2025 February 23, 2026

*Times and locations of these clinics will be confirmed and announced closer to each date.

June 19-22: Halifax International Fleet Week

Monitor MARLANT splash page, Base TV screens, Base-wide emails, CFB Halifax social media channels, and the <u>Halifax International Fleet Week website</u> for details.

June 20: NDWCC Dragon Boat Race

8:30 a.m. - 2 p.m. at Graham's Grove Park in Dartmouth. Come out and cheer on the teams and see who takes this year's trophy. *This event is part of the 2024 Halifax and Shearwater Region NDWCC. It was scheduled for September 2024 and was postponed due to weather.

June 21: Halifax Wanderers DND Appreciation Match

Monitor MARLANT splash page, Base-wide emails and CFB Halifax social media channels for details.

June 21: Navy Bike Ride (Halifax ride)

10 a.m. at the Shearwater Fitness and Sports Centre. Register here.

June 22: Halifax International Fleet Week Run

Register here.

June 27-July 1: Royal Nova Scotia International Tattoo

Five shows at the Scotiabank Centre in downtown Halifax. Details.

DWAO Period Poverty Drive:

The Defence Women's Advisory Group will be collecting menstrual supplies from May 1 to 28 in support of Feed Nova Scotia. Donations can be dropped in the labelled collection boxes displayed in common areas of CFB Halifax buildings. Please reach out to halifax.bwa0@forces.gc.ca with any questions.

Food Trucks in the Dockyard:

Food trucks will be at HMC Dockyard on the North side of D247 every Tuesday, Wednesday and Thursday from 11:30 a.m. to 1 p.m. until at least August 31.

DID YOU KNOW? CFB HALIFAX HAS A CAF SOCIAL LEAGUE!



Launched as the Wellness & Social Club in 2023 but rebranded more recently, CFB Halifax's CAF Social League – a Personnel Support Programs (PSP) Halifax initiative supported by a variety of PSP Halifax sponsors - aims to bring the local community together while promoting wellness, mental health, and healthy living. League membership and participation is open to all Defence Team members (both military and civilian) with a special focus on community members struggling with a deployed loved one, single and newly posted military members looking for community, and anyone in the Defence family seeking recreational wellbeing through social and sportfocused activities. Previous CAF Social League activities include axe throwing, rock climbing, paint night, and attending a Thunderbirds game for free! The league has many more interesting events coming up this year, such as another paint night, bubble soccer, movie night, a board game night, and a day hike at Cape Split. To know more, please reach out to Emily Green, PSP Halifax Community Recreation Coordinator, Canadian Forces Morale & Welfare Services, at green.emily@cfmws.com.

BASE SERVICE SPOTLIGHT: BASE INFORMATION SERVICES (BIS) INVENTORY AND WAREHOUSE

The BIS Inventory and Warehouse team is responsible for the issue and return of IT equipment (new issues, break/fix and lifecycle). The team handles the shipping and receiving of IT equipment on behalf of BIS and Base Logistics (BLog) customers. The team is responsible for the management and disposition of IT equipment in both DRMIS and ASSYST. They work closely with BLog purchasers, the BIS Client Liaison Office, multiple BIS desktop support teams, and various SCA holders and OPIs throughout the Formation to ensure IT requirements are met. Read more here.





Sports, recreation, athletics

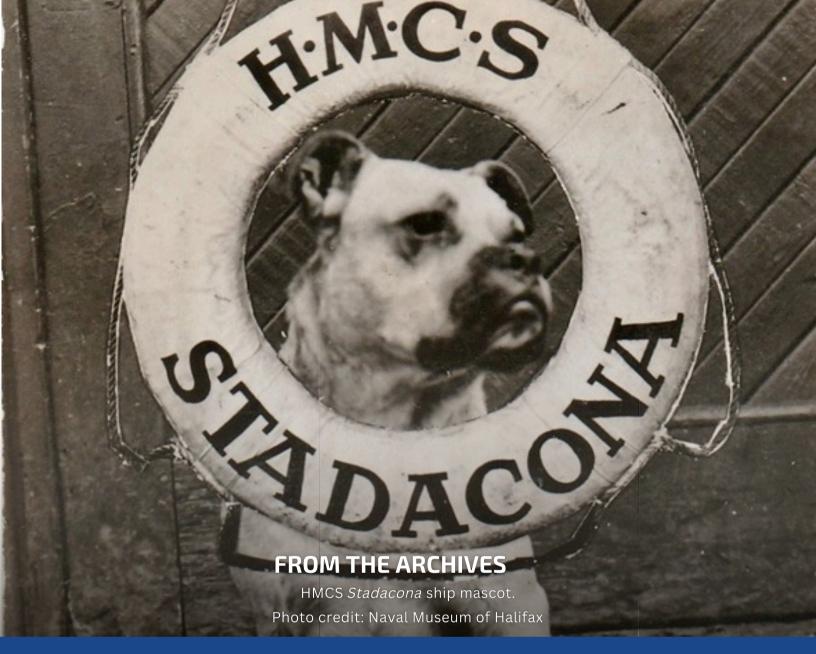
• Bravo Zulu to the Halifax Mariners men's volleyball team who competed at the CAF National Men's Volleyball Championship held from April 26-29 at CFB Borden.

Awards, promotions, certificates

- S1 Danica O'Regan: Promoted to MS on April 1, 2025
- OCdt Morgan Gamborski: Promoted to 2Lt with subsequent promotion to Lt, effective August 16, 2024
- MCpl Marlene Piercey: Promoted to Sgt on April 1, 2025
- Pte Jacob Whittier: Promoted to Cpl, effective September 22, 2024
- S1 Christy Royle: Promoted to MS on April 17, 2025
- Maj Christopher Stronach, PO2 Patrick Braye and S1 Oscar De Leon Hernandez: Received the Canadian Forces Decoration 1st Clasp
- Pte Adam Nonamaker: Received the Special Service Medal with ALERT bar for their tasking to Alert, Nunavut from May 28 to November 28, 2024
- MCpl Gary Forrest, Sgt Timothy Soffee and Cpl Rafat Nasrallah: Presented with a Letter of Appreciation from the 12 Wing Commander for their support to the 12 Wing Royal Canadian Air Force Centennial Gala Dinner.
- Josh Thomas, CPO2 Mark Follett, PO2 Scott Lewis and MS Mario Vignola: Presented with a BIS Commanding Officer Certificate of Appreciation for their hard work and dedication to the unit during their posting to BIS.
- Jennifer Lynch: Presented with a BIS Commanding Officer Certificate of Appreciation for providing outstanding support for urgent issues and requests while managing a busy Client Liaison Office.
- Craig Miller: Presented with a BIS Commanding Officer Certificate of Appreciation for demonstrating exceptional technical skill and creativity supporting a recent funeral service at CFB Halifax.

Miscellaneous

- Bravo Zulu to the organizers of the Battle of the Atlantic mess dinner held at Juno Tower on May 1.
- Bravo Zulu to everyone who planned, supported and attended the Battle of Atlantic concert and ceremony on May 3 and 4, respectively.
- Bravo Zulu to all involved in planning and staffing the military polling stations at CFB Halifax during the federal general election last month.
- Bravo Zulu to the Base Logistics Transport, Electrical and Mechanical Engineering Division for organizing another successful EX Dirty Hands tire change fundraiser in support of the National Defence Workplace Charitable Campaign. The event, held from April 23-25, raised \$5,240 for United Way Maritimes and HealthPartners-supported programs and services.
- Bravo Zulu to everyone who planned or participated in the Earth Day Base Clean-up on April 22.
- Bravo Zulu to the Halifax & Region Military Family Resource Centre (H&R MFRC) on a successful Month
 of the Military Child and Teal Up for Military Kids campaign. Thank you to local Defence Team members
 who participated in H&R MFRC activities, wore teal on Tuesdays, or attended the campaign launch flag
 raising.



RESOURCES

- Base Services Directory
- Defence Advisory Groups
 - <u>Defence Racialized Persons Advisory Group</u> (DWAN only)
 - o Defence Women's Advisory Organization (DWAN only)
 - Atlantic Defence Indigenous Advisory Group (DWAN only)
 - <u>Defence Advisory Group for Persons with Disabilities</u> (DWAN only)
 - Atlantic Defence Team Pride Advisory Organization (DWAN only)
 - Defence Advisory Groups Trident Newspaper
- Mental Health & Wellness
- Base closures and delayed openings Q&A
- Lactation Spaces
- Base Student Services
- Base Executive Services Accessible via DWAN only
- Trident Newspaper

QUESTIONS/SUBMISSIONS

If you have questions about this publication or would like to submit content for consideration, please email CFBHalifaxPublicAffairs@gmail.com.