

Stadacona Fitness & Sports Centre to open in January 2024

Facility construction is complete; gym to be known as the Stadacona Fitness & Sports Centre; PSP Halifax is working toward an expected grand opening of January 8, 2024.

Canadian Forces Base Halifax

December 7, 2023

Background

- When the decision was made to [close the Stadacona Fitness, Sports and Recreation Centre](#) (STADPLEX) in 2018, Real Property Operations Section Halifax developed a comprehensive infrastructure plan to address the short, medium and long-term needs of our Base population. From this plan, it was determined that a winterized fitness facility would be constructed in the same location as the now demolished STADPLEX gym.
- Design work for the facility began in 2020, with a contract awarded for construction in April 2022.
- [A Defence Team update released in June 2023](#) noted that construction of the facility was scheduled for completion by early fall 2023 with an official opening date to be confirmed.

Project updates

- Construction of the new Stadacona fitness facility is now complete other than the testing and commissioning of the fire panel, which must be done before the facility is safe for occupancy. This work will be completed in December 2023. Congratulations and many thanks to Defence Construction Canada and Real Property Operations Section Halifax for reaching this important milestone!
- Signage has been posted to the outside of the facility, officially identifying the gym as the Stadacona Fitness & Sports Centre.
- PSP Halifax has made great progress preparing the space for occupancy, with an expected grand opening to occur on January 8, 2024. Due to supply chain issues, some equipment will not be in place upon initial opening however there will be ample equipment choices available until these items are received.
- While PSP Halifax's primary focus is on ensuring the operational readiness of CAF members, currently serving/employed Defence Team members, both military and civilian, will be permitted use of this facility. Due to limited capacity, the gym will not be available to veterans, family members or the general public at this time.

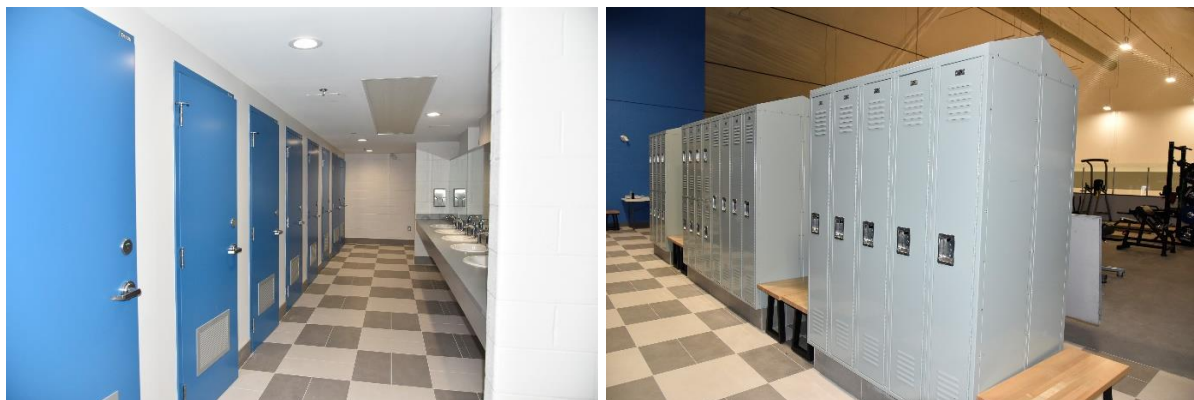
- More information will be released in early January 2024 identifying hours of operation, facility access requirements, sports and fitness programming details, and more.

About the facility

The Stadacona Fitness & Sports Centre will be well-equipped with a wide range of amenities, including cardio machines, weights, day lockers, change stalls, universal showers, and washrooms. An open gymnasium area for basketball, volleyball, badminton, and ball hockey has also been included, making it a versatile space for different recreational activities. The facility, with a maximum capacity of approximately 134 people, has been designed to be barrier-free and accessible throughout for members of all abilities.



Signage has been posted to the outside of the facility identifying it as the Stadacona Fitness & Sports Centre.



Open-concept universal showers/washrooms and day lockers have been installed inside the facility in preparation for occupancy.



Fitness equipment and an open gymnasium area have been included in the facility design.

Future updates

Please visit the [Trident Newspaper website](#) or the [CFMWS Halifax webpage](#) for the latest information on the Stadacona Fitness & Sports Centre. We look forward to the addition of a new space that will provide health and physical fitness services to local Defence Team members!

Archives/References

2018: [STADPLEX to close in October | Trident Newspaper](#)

2018: [STADPLEX closure updates | Trident Newspaper](#)

2020: [Design phase for temporary Stadacona fitness facility underway | Trident Newspaper](#)

2022: [Stadacona temporary fitness facility to be constructed by early fall 2023 / Construction de l'installation de conditionnement physique temporaire à Stadacona au début de l'automne 2023 | Trident Newspaper](#)

2023: [Stadacona fitness facility construction update](#)