

Stadacona fitness facility construction update

On-site assembly is well underway with construction scheduled for completion by early fall 2023; an official opening date for the facility is to be confirmed.

Canadian Forces Base Halifax

June 9, 2023

Background

- When the decision was made to [close the Stadacona Fitness, Sports and Recreation Centre](#) (STADPLEX) in 2018, Real Property Operations Section Halifax developed a comprehensive infrastructure plan to address the short, medium and long-term needs of our Base population. From this plan, it was determined that a winterized fitness facility would be constructed in the same location as the now demolished STADPLEX gym.
- Design work for the facility began in 2020, with a contract awarded for construction in April 2022.
- [A Defence Team update released in June 2022](#) noted that site preparation activities would begin between July and November 2022, with construction complete and the facility open for use by early fall 2023.

Project update

The construction of a new Stadacona fitness facility is progressing rapidly, with on-site assembly now well over halfway complete and the dome structure now visible to those walking or driving by the property.

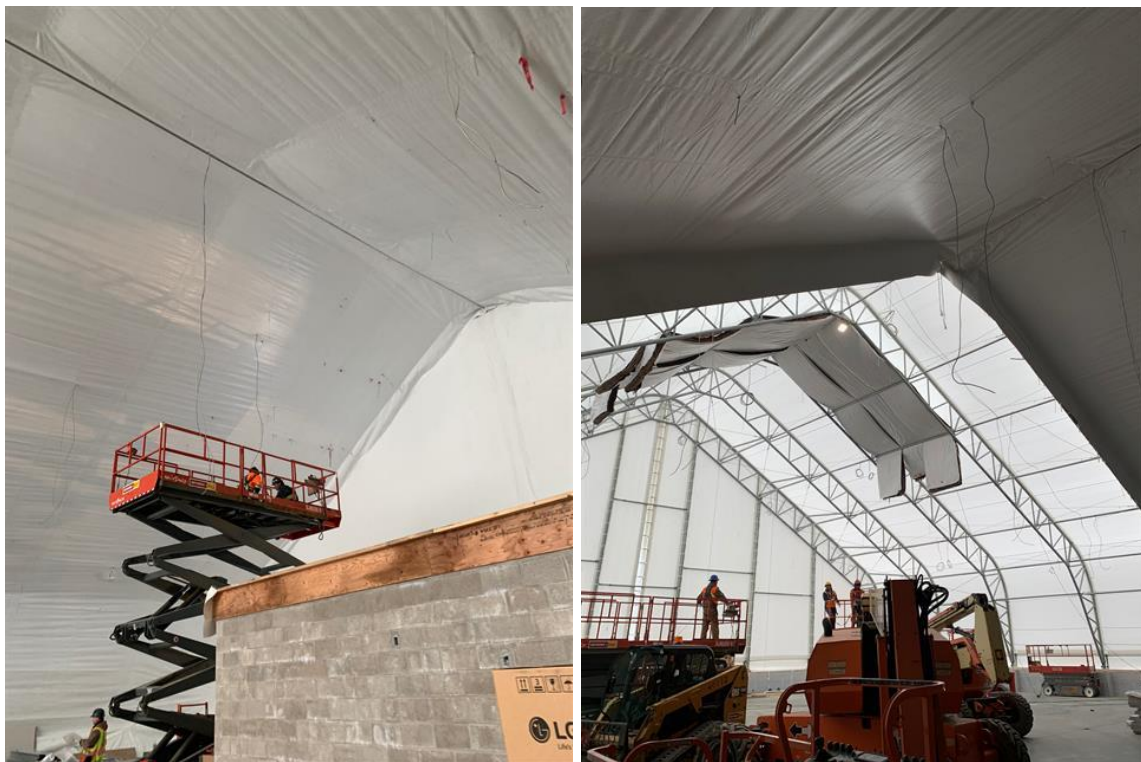


The fabric shell of the Stadacona fitness facility was installed in spring 2023.

What's next?

The team responsible for the construction has been working diligently to ensure that the project stays on track, and it's great to see that their hard work is paying off. Now that the fabric shell is entirely in place, the next phase of interior work, including mechanical and electrical fit-ups and architectural finishes, is underway. It's expected that the project will be 90% complete by the end of June 2023 with a substantial completion date of late September 2023 upon installation of the facility's air handling unit.

When construction concludes in fall 2023, PSP Halifax can safely gain access to the facility in preparation for its official opening. While the official opening date is yet to be confirmed, the progress made so far is a clear sign that it won't be long before the facility is up and running!



Lights and insulation are installed inside the Stadacona fitness facility. It's expected that 90% of facility construction will be completed by the end of June 2023.

About the facility

The Stadacona fitness facility will be well-equipped with a wide range of amenities, including cardio machines, weights, day lockers, change stalls, universal showers, and washrooms. An open gymnasium area for basketball, volleyball, badminton, and ball hockey has also been included, making it a versatile space for different recreational activities. The facility, with a maximum capacity of approximately 134 people, has been designed to be barrier-free and accessible throughout for members of all abilities. PSP Halifax is working to determine an

operational plan for this facility that will identify hours of operation and other details that facility users will want to know; this information will be provided closer to the official opening.

Future updates

Our team at CFB Halifax is excited to see the progress of the construction of this fitness facility and is looking forward to the addition of a new space that will provide health and physical fitness services to local Defence Team members. We will keep members updated as the project nears completion. Stay tuned for more details!

Archives/References

2018: [STADPLEX to close in October | Trident Newspaper](#)

2018: [STADPLEX closure updates | Trident Newspaper](#)

2020: [Design phase for temporary Stadacona fitness facility underway | Trident Newspaper](#)

2022: [Stadacona temporary fitness facility to be constructed by early fall 2023 / Construction de l'installation de conditionnement physique temporaire à Stadacona au début de l'automne 2023 | Trident Newspaper](#)