



TRIDENT

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Heavy maintenance inspection

Members of the Helicopter Air Detachment aboard HMCS Montreal conduct a heavy maintenance inspection on the main rotor head of the CH-148 Cyclone helicopter, call sign Strider, in the Mediterranean Sea on March 14. HMCS Montreal is one of two Royal Canadian Navy ships currently deployed to Operation Reassurance, sailing with NATO task groups to help promote stability in Central and Eastern Europe.

CPL BRADEN TRUDEAU



Looking back as HMCS *Scotian* gets set to celebrate 75 years

By Joanie Veitch,
Trident Staff



PO2 Andrew Ripley joined HMCS *Scotian* in 1992 and serves as unit historian. He's pictured here in the Chiefs and Petty Officers mess at *Scotian* with the unit's seagull mascot.

JOANIE VEITCH, TRIDENT STAFF

Between nearly being housed at a former British military prison site to narrowly avoiding being decommissioned during government cutbacks in 1964, as HMCS *Scotian* gets ready to celebrate its 75th year, there are plenty of examples that speak to the long and storied history of the Naval Reserve Division.

"When you take the time to look back, it is incredible... the sheer determination the unit has shown over the years despite the hurdles they've had to overcome along the way. They've always met the challenge and found a way to keep going," said PO2 Andrew Ripley, a naval reservist and unit historian for HMCS *Scotian*.

When HMCS *Scotian* was commissioned on April 23rd, 1947, the unit paraded in HMC Dockyard in Halifax, in Building D-14, but at one point the former Melville Island prison site on Halifax's Northwest Arm looked like it would become *Scotian*'s home. Transferred from the British to the Canadian government at the turn of the century, the old prison barracks had burned more than ten years earlier, but the Canadian Army had been using the site as a storage facility and

it was deemed a suitable site for the naval reservists.

"Several interested parties lobbied for the site, including the nascent *Scotian*, but the yacht squadron had a bigger lobby and that's what it is there, still to this day," said PO2 Ripley.

While the unit marks 75 years on April 23rd, the history of the naval reserve in Halifax goes back even further.

The first reserve unit was the Halifax Half-Company, which operated from 1925 to 1935. From 1935 to 1939, the unit name was changed to Halifax Division.

"Effectively it ceased to exist in 1939 because the entire ship's company signed up for active

service," said PO2 Ripley.

In 1943 HMCS *Halgonian* came into existence. Initially housed in an old hotel at the corner of North and Barrington streets before moving to the former St. Joseph's Church Hall, its main function was to act as a recruiting centre during the Second World War and a demobilization centre after the war ended.

After HMCS *Scotian* itself was established in 1947, it paraded at the HMC Dockyard until 1959, when the unit moved up the hill to the G-Block Barracks at HMCS *Stadacona*.

It was during the next period — when the unit was housed at the Seaward Defence Base, a storage facility near Point Pleasant Park — that it nearly closed for good.

"In February 1964, in the face of significant defence cutbacks, *Scotia*'s ship's company of 30 officers and 125 men was officially reprieved from decommissioning thanks to the lobbying efforts of the Commanding Officer at the time, Captain Bruce Oland," noted PO2 Ripley.

Captain Oland held command of HMCS *Scotian* from 1963 through to

1967. His son, Commander Richard Oland, was also commanding officer of the unit, from 2008 to 2011.

There are more than a few family connections in the line of commanding officers over the years.

"It's sort of a family affair in the unit. Not just the actual family members, but also that sense of family amongst unit members too. There's always been a strong sense of camaraderie here at *Scotian* over the years," said PO2 Ripley.

The unit takes pride in its spirit of adventure as well.

In 1973, to celebrate the 50th anniversary of the founding of the Royal Canadian Naval Volunteer Reserve, a team under the command of a *Scotian* officer undertook a major expedition, sailing a pair of 27-foot whalers across the Arctic Circle.

The team was led by Bruce Waterfield, who was then Lieutenant-Commander but went on to become a Captain and Commanding Officer of *Scotian* from 1977 to 1981.

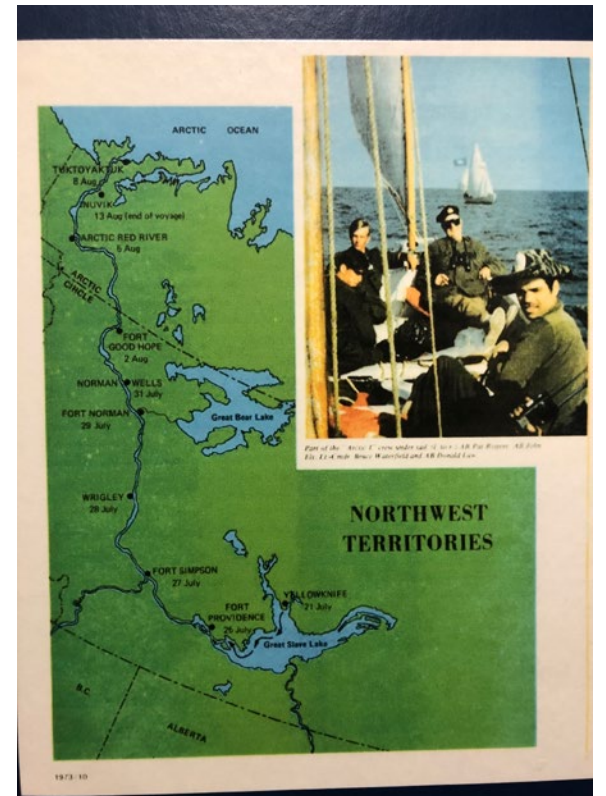
Starting at Great Slave Lake in Yellowknife, the 12 reservists travelled more than 1,700 kilometres along the Mackenzie River to Tuktoyaktuk.

A display board commemorating the expedition hangs in a corridor in the Admiral Hose Building — *Scotian*'s home since 1985 — and the expedition flag hangs in the Chiefs and Petty Officers' Mess.

Other significant milestones include celebratory events, such as when Commander Marjorie Hickey, *Scotian*'s first woman to be appointed Commanding Officer (1995-1998), led the unit in a Freedom of the City Parade in 1997, in celebration of the unit's 50th anniversary. There are also examples of service during hard times, as demonstrated by the naval reservists who worked tirelessly to assist the search and recovery efforts when Swissair Flight 111 went down off the coast of Nova Scotia on September 2, 1998.

The unit will celebrate this history and mark the 75th anniversary on April 23, 2022

with a gala dinner at Hotel Halifax, with current and former HMCS *Scotian* members in attendance.



In 1973, to celebrate the 50th anniversary of the founding of the Royal Canadian Naval Volunteer Reserve, a team under the command of a *Scotian* officer undertook a major expedition, sailing a pair of 27-foot whalers across the Arctic Circle. One of the team members, Capt Bruce Waterfield, went on to become Commanding Officer of HMCS *Scotian* from 1977 to 1981. A display board in the unit commemorates their journey.

HMCS SCOTIAN



The HMCS *Scotian* 75th Anniversary Patch, created by PO1 David Noseworthy.

HMCS SCOTIAN



Kingston-class ships wrap up Op Projection in West Africa

By Royal Canadian Navy



HMCS Moncton Commanding Officer LCdr Jonathan Maurice and Lt(N) Yichen Xia keep a watchful eye on the Italian Ship Luigi Rizzo as it approaches HMCS Moncton off the coast of West Africa on March 13.

CPL JACLYN BUELL

Crew members from HMC Ships *Moncton* and *Goose Bay* were recently deployed to promote maritime safety and security in West Africa, building relationships everywhere along the way.

The Kingston-class ships worked alongside partners and allies on Operation Projection (West Africa) and Exercise Obangame Express 2022. The mission included strategic engagements with allies and regional nations to foster relationships in maritime security. It aims to build on the Royal Canadian Navy's (RCN) ability to demonstrate to partner nations its readiness to effectively respond to a wide range of security threats, both abroad and at home.

Sailors on both ships take pride in giving back to local communities while in port, including playing the occasional soccer game with children.

"Getting the opportunity to play soccer with local kids in Tema, Ghana, was an amazing experience," says S1

Curtis Skinner, a Marine Technician aboard *Moncton*. "To see the happiness we brought to the children with something as simple as a pick-up game of soccer is the memory I'll keep with me from this deployment."

Both ships participated in Exercise Obangame Express (OE22), conducting maritime interdiction operations, as well as practicing visit, board, search, and seizure techniques with partners and allies. This operation is led annually by US Naval Forces Africa and is designed to improve cooperation amongst participating nations.

"On our first day of OE22, we were stationed off the coast of Benin in West Africa," says SLt Kathleen Wudrick. "*Goose Bay* was role-playing as a vessel smuggling oil. The Benin Navy came to our location, conducted a hailing exercise, and eventually boarded us, searching for smuggled goods, which in this case was oil."

The second day of the exercise saw *Goose Bay* stationed off the coast of Ghana where the Ghanaian Navy conducted boarding exercises with one of their helicopters assisting. In other missions, *Moncton* served as a target ship while helping the Togolese Navy simulate a human trafficking vessel boarding. *Goose Bay* worked with the Nigerian Navy to develop a greater knowledge and understanding of operating conditions within the Gulf of Guinea region.



Members of the Togo Military conduct a clearing exercise aboard HMCS Moncton off the coast of Ghana as part of Exercise Obangame Express on March 12, 2022.

CPL JACLYN BUELL

"I was very impressed with the professionalism and seamanship shown by the Nigerian Navy when we conducted a fleet maneuvering exercise with them," said *Goose Bay*'s S1 Cedric Meehan. "The Nigerians were on the ball, and the maneuvering went off without a hitch, finishing with all the ships involved, manning the rails and cheering each ship on as we conducted a sail past."

Moncton and *Goose Bay* left their final West African port of the deployment, Dakar, Senegal, on March 24. During their time in the region, the ships will also conduct cooperative deployments with partner navies including Italy, Denmark, and the United States. *Moncton* recently trained alongside the Italian Naval Vessel Luigi Rizzo, with crew conducting a passing exercise using light signal communications, sailing in close proximity to one another to enhance naval cooperation.

In addition to the Kingston-class ships, the deployment

also included a shore-based contingent conducting training and capacity-building through CAF liaison officers, a Naval Tactical Operations Group, and a Maritime Operations Centre mentorship team.



S3 Gordon Boyd and S1 Anna Cocquyt conduct a simulated threat drill on the .50 calibre heavy machine gun aboard HMCS Moncton on March 16, 2022.

CPL JACLYN BUELL

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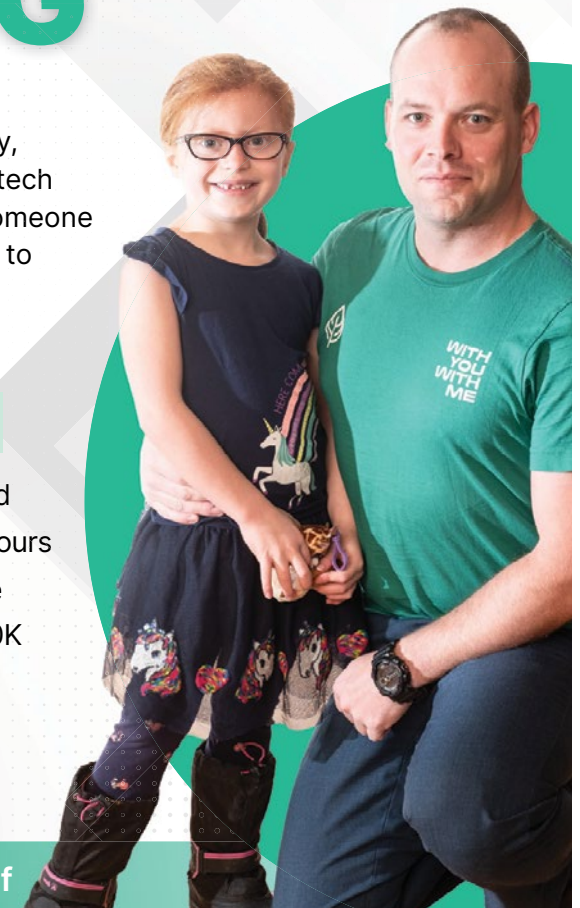
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Editor: Ryan Melanson

ryan.melanson@psphalifax.ca
902-721-8662

Reporter: Joanie Veitch

joanie.veitch@psphalifax.ca
902-721-8624

Editorial Advisor: Margaret Conway

margaret.conway@forces.gc.ca
902-721-0560

Editorial Advisor: Ariane Guay-Jadah

Ariane.Guay-Jadah@forces.gc.ca
902-721-8341

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Courier address:

Canadian Forces Base Halifax
Building S-90
Suite 329
P.O. Box 99000
Halifax, N.S.
B3K 5X5



Padre's Corner: Widows, Orphans, Refugees

By Padre Capt David Ferguson,
Base Chaplain

"And you will hear of wars and rumors of wars. See that you are not alarmed, for this must take place, but the end is not yet." - Matthew 24:6

Many women, children and elderly have fled Ukraine due to war and now find themselves refugees in Poland, Romania, Bulgaria, and any other country to which they can flee. As refugees they rely on the compassion and generosity of strangers to help them re-establish their lives. Being that Canada boasts the largest Ukrainian population outside of Europe, and that the Government of Canada has offered to help these refugees, we should expect many more refugees in Canada.

War is terrible. The loss of basic humanity devastates all who are trapped in war. People lose everything they own; air strikes, missiles, artillery barrages take away so much. Some escape only with their very lives. Others are not as lucky. The Hague and Geneva Convention both attempt to curb violence against civilians and prisoners of war, but these conventions are only so effective even when they are followed.

We in the CAF, along with our spouses and children, have seen the effects of conflict during the Afghanistan era. Popular media often singles out soldiers as bearing the brunt of post-deployment PTSD, OSI, and moral injury, but in reality sailors and aviators are not immune, and the effects of witnessing and participating in armed conflict affect members of all three branches.

"Thus says the Lord: Do justice and righteousness, and deliver from the

hand of the oppressor him who has been robbed. And do no wrong or violence to the resident alien [refugee], the fatherless, and the widow, nor shed innocent blood in this place." - Jeremiah 22:3

My neighbor is in the process of bringing her parents, sibling and nephew over from Ukraine. They should soon arrive. Remember that many have lost everything, including homes and loved ones. Mothers leave their sons behind to fight; wives give their husbands to the Ukrainian Army to defend their homes. They have suffered through the terrors of war, the hardship of being a refugee, and the difficulties of adjusting to a new culture, of trying to find a job, and of rebuilding their lives in a new community. Some arrive here speaking English or French, and others do not. They do all this while grieving the loss of loved ones and worrying for those left behind.

When we meet people who have been traumatized by war, crime and violence there are things we can do to help them cope. As the Command Sentinel Representative East, I would like to share the following advice, as having someone to listen to you can facilitate healing:

First, give them time. Let them talk at their own pace – it is important not to pressure or rush them.

Focus on listening. This can be difficult with a language barrier, but still vitally important. Let them share their story and don't interrupt.

Accept their feelings. Remember that these are not your feelings. At

this time, it is about them and not about you.

- Do not judge or blame them or criticize their reactions to their experience.

- Use the same words they use. We call it reflecting.

- Don't dismiss their experiences. This will end your ability to help them.

- Only give advice if you're asked. Sometimes people just need someone to listen to them.

- There are also some things that you should not say to trauma survivors. 'It's time to move on,' or 'It couldn't have been that bad,' or 'You're a survivor, so quit being a victim.'

There is also professional help available from trained mental health workers. Realizing our limitations and not going beyond that limitation is vitally important, but you can help others find the professional help they may need. You can visit ns.211.ca to find local resources to recommend to those you have just listened to. If you are not a trained professional, you can always help find a trained professional.

"God shall judge between the nations, and shall decide for many peoples; and they shall beat their swords into ploughshares, and spears into pruning hooks; nation shall not lift up sword against nation; neither shall they learn war anymore." - Isaiah 2:4

This is the desire for many military and civilians who have survived war and conflict. Until this day happens; be kind, for everyone you meet is fighting a hard battle.

Badge unveiled for HMCS Max Bernays

HMCS Max Bernays' command team shows off the unit's new badge, unveiled at a ceremony at Irving Shipbuilding's Halifax Shipyard on March 30. The badge's imagery takes inspiration from the 1942 U-boat attack on HMCS Assiniboine. Chief Petty Officer Max Bernays was awarded the Conspicuous Gallantry Medal for his actions during that battle. The Future HMCS Max Bernays is the third Arctic and Off-shore Patrol Vessel being built by Irving Shipbuilding for the Royal Canadian Navy.

CPL CHERYL CLARK





When *Assiniboine* brought word processing to the RCN

By Don Sheridan,
With CPO1(Ret'd) Bruce Cake, and CPO1 (Ret'd) John Arsenault

In this article we are celebrating an innovation in the Royal Canadian Navy that started specifically on HMCS Assiniboine – when the ship's office trialed a Canadian word processing system that was, at the time, a world leader in this new technology.

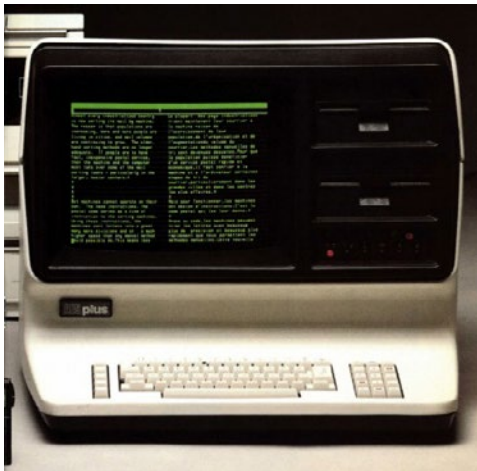


Image of the AES Model 90

CANADA SCIENCE AND TECHNOLOGY MUSEUM

Let's flash back to 1979.

CPO2 Bruce Cake was posted to *Assiniboine* in July of that year as Chief Clerk. A newly minted OS, John Arsenault, was assigned Junior Clerk, Ship's Office a year later.

Assiniboine was in refit, when CPO2 Cake had an opportunity to improve the fit-out of the ship's office. He started with what was common in those days; one manual typewriter, one electric typewriter, and a Gestetner for producing copies of routine orders and such. Operating a Gestetner involved perfectly typing on a foolscap sized, thin membrane called a skin. The skin was placed on a drum and ink seeped through the skin where the typed characters had cut its surface. No erasers, maybe correction fluid, or start again!

Bruce had the typewriters replaced with modern electric typewriters, and the Gestetner was replaced with a Xerox photocopier. The photocopier seemed a good idea at the time. Unfortunately, it would normally break down on the first day at sea, because these early photocopiers were designed so the platen (top) of the machine moved back and forth to produce a single copy. It was unable to function for long in a warship at sea. Nonetheless, a more impressive innovation was in prospect.

Around this time AES word processors were revolutionizing office management. Designed and built in Montreal by AES Data Limited, this system allowed the user to create, store, and revise text electronically before printing. Before word processing,

ship's office tasks were, as noted, performed manually on a typewriter and possibly augmented with a Gestetner or later with a photocopier. The AES was unique in that it had a CRT (monitor) to enter, edit, and format the text. There was a choice of two printers: an IBM heavy-duty Selectric or a Qume daisy wheel. Storage included two 5 ¼ in floppy disks. Each was single-sided and low-density recording ~160KB or ~120 pages). The AES became known as the world's first programmable, video screen, word processor.

The first steps in this innovation began when *Assiniboine*, on a Joint Naval Force Atlantic deployment, visited Chatham, England. Bruce walked downtown and came across an office supply store doing demonstrations on word processing. He asked if he could input a paragraph on the device, and was able to immediately see the text on a monitor. It was a eureka moment for him. When he returned to the ship with the sales literature and his first-hand experience, he briefed the Executive Officer, LCdr K.C. Beardmore. It was agreed he could pursue the idea of ship-board word processing when they returned to Halifax. The goal was to have one of the word processing companies set up a system on the ship at no cost.

Back in Halifax, CPO2 Cake learned that the federal government had a significant investment in AES, and he encouraged the company to see the marketing opportunity a ship-board word processor would provide. Fortunately, AES not only agreed, but also supplied the hardware, software and necessary training for him and his staff, plus worldwide support at no cost. The XO, who was enthusiastic throughout, then briefed the Commanding Officer, Cdr George Braithwaite, who in turn sought permission from MARCOM - which was granted. The rest is history.

Given the encouragement of the command team and MARCOM, Bruce (CPO2 Cake) and John (OS Arsenault) built a very productive relationship with the local representative.

The ship was part of Exercise Teamwork 80, so the AES system had to be in place before the fleet departed. Timing was everything. When it came to operating the AES, Bruce and John received basic AES training and began with what they wanted the machine to do. They described the process as trial and error.

The ship's office staff also received some training from the Halifax AES technicians. Maintenance routines were practiced. Consumables and spares were provided. Thinking ahead, AES sent spares ahead to Rotterdam so that when the fleet arrived

Assiniboine could access anything that was needed.

Inevitably, a DND agency responsible for communications security arrived with multiple antennae to determine if the AES system could be detected and its input decrypted. Hence, the AES was checked for spurious electromagnetic radiation.

At the same time, the other NATO ships were flashing-up their own electronic systems, so there was quite a racket across many frequencies. In any event, only an antenna next to the AES in the ships' office could pick up a signal. Another important tick in the box!

On arrival in Rotterdam the AES technician was first up the gangway. The AES system had no faults and conveniently it could print multiple copies with its daisy wheel printer. In Rotterdam, various clerks from NATO ships visited to admire the AES system – the first one they had seen. Especially keen were those from the US Navy..

"During the trial of the AES, we managed to develop many programs," explained John Arsenault.

"We used it to complete forms, track leave, and a program was developed to track sea pay. The program for sea pay was used monthly and would automatically add an additional month to an individual's sea time at the push of a button. It would then identify any individual that was eligible for a sea pay increase."

From *Assiniboine*, and now at a new rank, LS Arsenault was posted to Germany, but returned for the period 21 November - 29 December 1984 at the request of the Commander, Canadian Fleet to teach the first course to the Navy on the AES Word Processor. Both LS Arsenault and CPO2 Cake worked out of the AES building (near Scotia Square) for this period of time.

"We showed others how they could utilize our programs and how to develop their own programs. By this time we had built programs that the AES personnel did not think possible - until I showed them that it could be done, and the programs



HMCS Assiniboine is seen at sea in an undated photo.

MARITIME MUSEUM OF BC

would in fact work," said John Arsenault, who retired from the Navy as a CPO1 and Client Services Senior Chief.

"Although I saw technology advance dramatically, in many cases it caused a heavier workload. Everyone seemed to want to put their special wording on things. I think the new technology caused an increase in paper consumption, funny how that happened. Those times were amazing, the technology just seemed to progress so quickly from the time on *Assiniboine* until I retired and I am sure it is still moving forward."

From *Assiniboine*, Bruce Cake was promoted to CPO1 and posted to CFB Halifax as Base Clerk, and subsequently retired.

"I am grateful to have been in the right place at the right time and to have received the support of my seniors and juniors to get this trial off the ground (or in this case "out to sea")," Cake said.

John Arsenault says he received a certificate of course completion from AES even while he was their first RCN AES instructor! He retired as a CPO1 and Client Services Senior Chief.



Gestetner lithograph machine with image of stencil

SUBMITTED



Hitting all the right notes: Stadacona Band launches new Celtic ensemble

By Joanie Veitch,
Trident Staff

When the Stadacona Band posted a video clip of the newly formed Celtic ensemble playing the Irish folk tune ‘Si Beag, Si Mhór’ on the band’s Facebook page recently, it generated a bit of buzz, racking up more than 6,000 views in the following days.

“Celtic music is very well loved here on the East Coast,” said S1 Mark Morton, a percussionist with the Stadacona Band and the ensemble coordinator. “Actually, because this audience knows the music so well, there was some apprehension about forming the ensemble.”

The four members of the ensemble are PO1 Charmaine Chaddock, who plays tin whistle and occasionally spoons; PO1 Larry Bjornson on bass and guitar; PO2 Jeff Brancato playing mandolin, Irish bouzouki and guitar; and S1 Morton on violin and mandolin. All — with the exception of PO1 Bjornson — playing secondary instruments.



The newly formed Celtic ensemble of the Stadacona Band, from left to right: PO1 Charmaine Chaddock, S1 Mark Morton, PO2 Jeff Brancato and PO1 Larry Bjornson.

PO2 HAMISH GORDON



Nova Scotia
Naval Association of Canada

2022 Naval Bursary Applications

The Nova Scotia Naval Association of Canada (NSNAC) offers \$1,000 bursary to Nova Scotia/Maritime Provinces students with a naval connection to pursue training at a recognized secondary educational institution. For copy of application form visit:
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DEADLINE FOR APPLICATIONS: APRIL 16

The non-profit NSNAC supports a robust and capable Royal Canadian Navy to safeguard Canada's security and global interests; conducts educational, media commentary and other public engagement activities; supports a vibrant three ocean blue economy and encourages greater understanding of naval and maritime heritage while fostering fellowship and camaraderie among members and the wider maritime community.



Nova Scotia
Naval Association of Canada

www.navalassoc.ca

While the band has performed in the past with many Celtic-inspired arrangements and played with East Coast musicians, such as Scott Macmillan and Dave MacIsaac, the idea of forming a dedicated Celtic ensemble first came up at a Christmas party back in 2018. It wasn't until a year and a half later that it really took hold.

Casting about for a project to work on during the initial “lockdown” phase of the COVID-19 pandemic in spring 2020, S1 Morton and some other band members returned to the ensemble idea.

Knowing the band had two “nice old violins from the 1800s” in its inventory, S1 Morton took one home to try out.

“I had taken violin lessons as a kid but when I first tried it again, I had to relearn everything... I felt like I was 10 years old again,” he said.

Still working to improve his proficiency on the violin, S1 Morton also purchased a mandolin. After spending some time “fiddling around” with the two instruments, he and the other three members of the new ensemble began sending each other song ideas and YouTube clips to try.

Drawing from the deep well of Celtic and traditional folk music, the group assembled a small repertoire of songs, some instrumental and some with vocals, with each of the members rehearsing mostly on their own at the beginning and in person whenever possible, depending on restrictions

and work schedules.

Given the persistent COVID-19 situation, logistically it made more sense for the band to focus their efforts on smaller groupings, such as the brass and woodwind quintets, and the smaller jazz ensembles, as many of the activities that would have involved the regular band — things like change of command ceremonies, ship arrivals and departures, concerts and other public events — have been limited during the pandemic.

That's how the Celtic ensemble got their debut last October — where they played two sets at the gala celebrating the 150th anniversary of the Cape Breton Highlanders Regiment, held in Sydney, NS.

“Nothing like jumping into the deep end for your first performance. It was well received but I figure there's no tougher audience than that,” said S1 Morton.

Now that the group can practice together in person more consistently, S1 Morton said they're looking forward to playing at more events. There's just one snag... the ensemble doesn't have an official name yet.

“We're looking for name suggestions, something with a naval theme, of course,” he said.



Stadacona Band celebrates spring with Maritime Conservatory

By Joanie Veitch,
Trident Staff

The Stadacona Band of the Royal Canadian Navy is welcoming spring in a joint chamber music concert with the Maritime Conservatory of Performing Arts.

The concert will feature members of the Stadacona Band, students from the Conservatory and pianist Maximilian Fleischman — a faculty member at the Maritime Conservatory. It will be held Friday, April 8 at 7 p.m. in the Lilian Piercey Concert Hall at the Maritime Conservatory.

This is the third time the Stadacona Band has held a joint concert with the Maritime Conservatory.

Unlike most concerts performed by the Stadacona Band — such as seasonal concerts, or performances that honour specific events in the military calendar, like Remembrance Day or the Battle of the Atlantic — this performance is not military in theme but still very much in tune with the military tradition of furthering musical education, said S1 Ilana Domb, the concert organizer.

“We want to support musicians in their learning and experience of music,” said S1 Domb. “It’s inspiring for students to have the opportunity to play with the Stadacona Band. I know in my student years it was just so amazing to be able to play next to my teachers or other professional musicians.”

With several solo and chamber music pieces, the performance is a highly anticipated event for musicians in the Stadacona Band as well, she said.

“It highlights our band members in a different way than they are featured in their daily work. It’s a special opportunity for us to

do this.”

The musical program will be about an hour and a half long, and will feature solo performances and chamber ensembles.

The program will open with Lt Jeff Campbell, a newly commissioned music officer who has been training with the Stadacona Band, conducting *Serenade in E Flat*, by Richard Strauss. Lt Campbell is also leading a performance of Stravinsky’s *Octet for Wind Instruments*.

Other selections from the program include a brass ensemble playing *London Miniatures*, by Gordon Langford, a clarinet quartet playing both *Tango* from *Espana*, by Isaac Albeniz and Georges Bizet’s *Aragonaise*, as well as a horn duo playing *I Got Rhythm*, by Ira Gershwin, and the full band and students playing Michael Sweeney’s *Crossings in Time*.

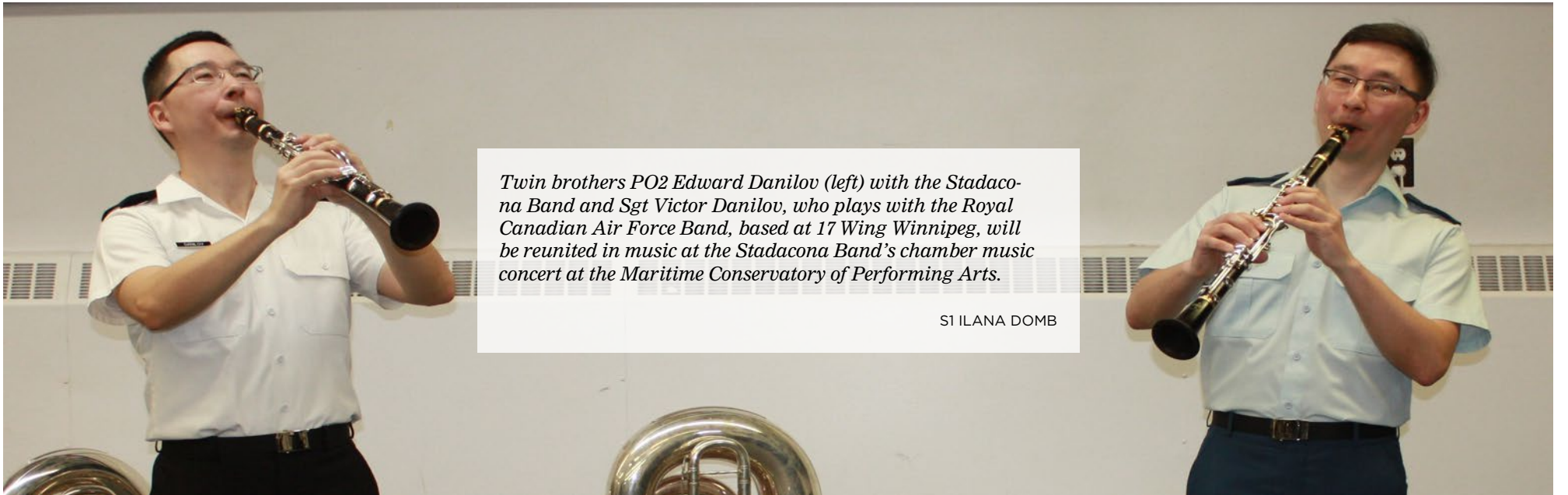
As an added highlight of the concert, twin brothers — “the Brothers Danilov” — will be reunited to play in various selections. Both brothers play clarinets, PO2 Edward Danilov with the Stadacona Band, while Sgt Victor Danilov plays with the Royal Canadian Air Force Band, based at 17 Wing in Winnipeg.

The duo will play Bernhard Henrik Crusell’s *Progressive Clarinet Duet No. 2*.

The Maritime Conservatory of Music is located at 6199 Chebucto Rd. Admission is free or by donation, with contributions going to the Conservatory Scholarship Fund.

Twin brothers PO2 Edward Danilov (left) with the Stadacona Band and Sgt Victor Danilov, who plays with the Royal Canadian Air Force Band, based at 17 Wing Winnipeg, will be reunited in music at the Stadacona Band’s chamber music concert at the Maritime Conservatory of Performing Arts.

S1 ILANA DOMB





A look back at NDWCC 2021

By **Himaly Fernando**,
2021 MARLANT NDWCC Communications & Events Officer

In early October 2021, as COVID-19 restrictions eased and our ability to safely gather once more became possible, our local Defence Team came together in support of the National Defence Workplace Charitable Campaign (NDWCC).

In partnership with United Way and Health Partners, the NDWCC provides Defence Team members with a direct line to donate to over 86,500 charities, including numerous organizations with strong ties to Canada's military.

Our local 2021 campaign kicked off with a number of barbecue events at Willow Park and Stadacona as well as the Canadian Forces Base (CFB) Halifax Base Commander's NDWCC Golf Tournament at Hartlen Point Golf Club. At the same time, an amazing group of trained canvassers was beginning their important work, connecting with local Defence Team members to make them aware of the many ways to donate to the cause.

"Canvassing for the NDWCC and planning events have been challenging tasks compared to years past given that we have all had to be adaptable to ever-changing risk postures and a variety of important public health measures," says Capt(N) Sean Williams, CFB Halifax Base Commander and MARLANT's NDWCC Champion. "I applaud our Defence Team for their creativity and determination to see the campaign through despite these challenges."

Our local Defence community proved we are stronger together through the planning and execution of various events and initiatives across a number of units from mid-October to mid-December. At Stadacona, members enjoyed activities such as the NDWCC

Leadership Breakfast, the Naval Museum of Halifax's night at the museum ghost tour, Campus Atlantic's silent auction, Base Administration's candy jars and raffles, and Canadian Forces Health Services Centre (Atlantic)'s Commanding Officer parking raffle.

The team at 12 Wing Shearwater saw fundraising success through their family portraits and ¼ Mile events, while 5th Canadian Division headquarters planned various BBQ's, bake sales and draws. In addition, many of our ships planned their own fundraising initiatives such as Canadian Fleet Atlantic's Great Getaway Giveaway, HMCS *St. John's*' Simply Spooktacular NDWCC Halloween Haunt and HMCS *Charlottetown's* Walk the Plank fundraiser where the Operations Chief and Coxswain jumped in the harbour. This is only a sample of the large variety of events made possible through the ingenuity and passion of our members.

"I am pleased to see that our dedication to this cause still shines through," explains Capt(N) Williams, who participated in various events including a barbecue at the Transportation Electrical and Mechanical Engineering (TEME) facility and the Leadership Breakfast. He was even spotted changing the tires on his own vehicles during TEME's popular Ex Dirty Hands fundraiser!

As canvassing and events slowed and we entered into the holiday season, Defence Team members participated in the always anticipated NDWCC Day of Caring. This annual day of volunteerism, a United Way Halifax initiative, matches organizations and individuals with hands-on projects within our community. Our Defence Team

is always eager to participate in this important day as it connects us directly with some of the incredible charitable organizations that positively impact our communities through poverty reduction, health and wellness support and other means.

In keeping with public health guidelines at that time, our Defence Team's Day of Caring activities were spread across three separate days. This allowed us to work in smaller groups while remaining compliant with all protective health measures.

On December 7, members of HMCS *Halifax* spent the day at Parker Street Food and Furniture Bank in Halifax. The team was able to clean and reorganize the food staging area, the furniture warehouse, the toy and clothes donations warehouse, and their fridges in just one day.

On December 10, Defence Team members headed to St. Paul's Family Resources Institute in Spryfield. Here they assembled 250+ toiletry bags for distribution, cleaned and organized the storage room, sorted and organized non-perishable items in preparation for Christmas food hampers, prepared the facility for food hamper distribution and prepared "weekend" bags for local schools.

Finally, on December 14, Defence Team members joined together at Feed Nova Scotia for our final Day of Caring activity. In just three hours the team was able to sort, categorize, pack, weigh, label and palletize 2600+ kgs of food just before the holidays.

"I enjoy these opportunities because we get to give back to our community, and they are great team building exercises," explains CPO2 Lynn Cassidy,

the Defence Team lead for our Day of Caring at St. Paul's Family Resources Institute "We spoke with the volunteers there and really got an appreciation for the work they do. The weekend bags we prepared, for example, go directly to the schools and ensure these kids get enough food for the weekend. Knowing that we made a difference and how it really does impact our community really shows the importance of the NDWCC."

In late December, after months of campaigning, fundraising, and volunteering, the official 2021 MARLANT NDWCC came to a close. We would like to thank our dedicated canvassers, campaign ambassadors, event planners and Day of Caring volunteers for contributing to the success of this campaign. Canvassing to every military and civilian member in our local Defence community and coming up with safe and feasible event ideas for your respective units are not small tasks, especially during a global pandemic. We also want to commend all local Defence Team members who participated in the campaign by contributing funds, attending events, participating in raffles, draws, BBQs and the like. Your campaign contributions will impact the lives of friends and neighbours right here in our community.

In total, our local Defence Team raised over \$190,000 for important causes during the 2021 NDWCC campaign season; this is a commendable effort that shows how caring for our friends and neighbours is still in the minds and hearts of our members. Thank you all, once again, for remaining committed to the NDWCC. Your continued support makes all the difference.

CDS, MND in Halifax for ship departure

Gen Wayne Eyre, Chief of the Defence Staff, is seen speaking with family members of HMCS Halifax crew members prior to the ship's departure for Operation Reassurance on March 19. Eyre was at the jetty along with Minister of National Defence Anita Anand and other dignitaries to see the ship off on the important mission. Halifax will join Standing NATO Maritime Group One in support of NATO assurance and deterrence measures in Central and Eastern Europe. The Royal Canadian Navy's increased presence in Europe is meant to bolster NATO's capability in the area, and further demonstrate Canada's commitment to promote security and stability in the region.

MONA GHIZ, MARLANT PA





Retour sur la CCMTDN 2021

Par **Himaly Fernando,**

Officière responsable des activités et des communications de la CCMTDN des FMAR(A) de 2021

Au début du mois d'octobre 2021, alors que les restrictions de la COVID-19 s'assouplissaient et que nous pouvions à nouveau nous rassembler en toute sécurité, notre Équipe de la Défense locale a uni ses efforts pour soutenir la Campagne de charité en milieu de travail de la Défense nationale (CCMTDN).

En partenariat avec Centraide et PartenaireSanté, la CCMTDN offre aux membres de l'Équipe de la Défense une ligne directe pour faire des dons à plus de 86 500 organismes de bienfaisance, y compris de nombreux organismes ayant des liens étroits avec les militaires canadiens.

Le coup d'envoi de notre campagne locale de 2021 a été donné par un certain nombre de barbecues à Willow Park et à Stadacona, ainsi que par le tournoi de golf de la CCMTDN du commandant de la base des Forces canadiennes (BFC) Halifax, qui a eu lieu au terrain de golf de Hartlen Point. Au même moment, un groupe formidable de solliciteurs formés commençait son important travail, en communiquant avec les membres de l'Équipe de la Défense locale pour les informer des nombreuses façons de faire un don.

« La sollicitation pour la CCMTDN et la planification des activités ont représenté des tâches difficiles par rapport aux années précédentes, étant donné que nous avons tous dû nous adapter aux changements constants des niveaux de risque et à diverses mesures de santé publique importantes », indique le Capv Sean Williams, commandant de la BFC Halifax et champion de la CCMTDN des FMAR(A). « Je félicite notre Équipe de la Défense pour sa créativité et sa détermination en vue de mener à bien la campagne malgré ces défis. »

Notre communauté locale de la Défense a montré que nous sommes plus forts ensemble grâce aux diverses activités et initiatives qu'elle a planifiées et mises en œuvre dans un certain nombre d'unités, de la mi-octobre à la mi-décembre. À Stadacona, les membres ont participé à des activités, comme le petit-déjeuner des dirigeants de la CCMTDN, la nuit au Musée naval d'Halifax avec les revenants, l'encan silencieux au campus Atlantique, les pots de bonbons et les tirages au sort de l'administration de la base et le tirage du stationnement du commandant du Centre des services de santé des Forces canadiennes (Atlantique).

L'équipe de la 12e Escadre Shearwater a connu du succès en termes de collecte de fonds grâce à ses portraits de famille et à l'activité du quart de mile, tandis que le quartier général de la 5e Division du Canada organisait diverses activités, comme des barbecues, des ventes de pâtisserie et des tirages. De plus, de nombreux membres d'équipage de navires ont organisé leurs propres activités de financement, comme l'Escapade cadeau de la Flotte

de la Flotte canadienne de l'Atlantique, la maison hantée de la CCMTDN tout simplement fantomatique du NCSM *St. John's* et la collecte de fonds « Marchez sur la planche » du NCSM *Charlottetown*, qui consistait à faire sauter le chef des opérations et le capitaine d'armes dans le port. Il ne s'agit que d'un échantillon de la grande variété d'activités rendues possibles grâce à l'ingéniosité et à la passion de nos membres.

« Je suis heureux de constater que notre engagement envers cette cause est toujours aussi manifeste », explique le Capv Williams, qui a participé à plusieurs activités, notamment au barbecue dans les installations de Transport et génie électrique et mécanique (TGEM) et au petit-déjeuner des dirigeants. Il a même été aperçu en train de changer les pneus de ses propres véhicules pendant la populaire collecte de fonds du TGEM « Ex Dirty Hands »!

À l'approche de la période des Fêtes, alors que la sollicitation et les activités ralentissaient, les membres de l'Équipe de la Défense ont participé à la traditionnelle Journée d'entraide de la CCMTDN. Cette journée de bénévolat annuelle, qui est une initiative de Centraide Halifax, permet de jumeler des organismes et des personnes en vue de réaliser des projets pratiques au sein de notre communauté. Notre Équipe de la Défense est toujours enthousiaste à l'idée de participer à cette journée importante, car elle nous permet d'établir des liens directs avec certains des formidables organismes de bienfaisance qui contribuent à améliorer la vie de nos communautés en réduisant la pauvreté et en soutenant la santé et le bien-être, entre autres.

Afin de respecter les directives de santé publique de l'époque, les activités de la Journée d'entraide de notre Équipe de la Défense ont été étalées sur trois jours distincts. Cela nous a permis de travailler en plus petits groupes et de nous conformer à toutes les mesures de protection de la santé.

Le 7 décembre, des membres de l'équipage du NCSM Halifax ont passé la journée à la Parker Street Food and Furniture Bank à Halifax. En une seule journée, l'équipe a été en mesure de nettoyer et de réorganiser l'aire de rassemblement des aliments, l'entrepôt des meubles, l'entrepôt des dons de jouets et de vêtements, ainsi que leurs réfrigérateurs.

Le 10 décembre, des membres de l'Équipe de la Défense se sont rendus au St. Paul's Family Resources Institute, à Spryfield. Ils y ont assemblé plus de 250 trousses de toilette à distribuer, nettoyé et organisé le local d'entreposage, trié et organisé les denrées non périssables en vue de la préparation des paniers de Noël, préparé l'établissement pour la distribution des paniers alimentaires et préparé des sacs pour la « fin de se-

maine » à l'intention des écoles locales. Enfin, le 14 décembre, des membres de l'Équipe de la Défense se sont réunis à Feed Nova Scotia pour participer à notre dernière activité de la Journée d'entraide. En seulement trois heures, l'équipe a réussi à trier, à classer par catégorie, à emballer, à peser, à étiqueter et à palettiser plus de 2 600 kg de nourriture juste avant les Fêtes.

« J'aime participer à ces activités, car elles nous permettent de redonner à notre communauté et parce qu'elles constituent d'excellents exercices de renforcement de l'esprit d'équipe », explique la PM 2 Lynn Cassidy, chef de l'Équipe de la Défense pour notre Journée d'entraide au St. Paul's Family Resources Institute. « Nous avons parlé avec les bénévoles sur place et avons vraiment pu apprécier le travail qu'ils font. Les sacs pour « la fin de semaine » que nous avons préparés, par exemple, sont envoyés directement dans les écoles et permettent aux enfants d'avoir suffisamment de nourriture pour la fin de semaine. Le fait de savoir que nous avons fait une différence et que cela a réellement contribué à améliorer la vie de notre communauté montre à quel point le rôle de la CCMTDN est important. »

À la fin de décembre, après des mois de campagne, de collectes de fonds et de bénévolat, la CCMTDN officielle des FMAR(A) de 2021 a pris fin. Nous

tenons à remercier nos solliciteurs dévoués, les ambassadeurs de la campagne, les planificateurs d'activités et les bénévoles de la Journée d'entraide pour leur contribution au succès de cette campagne. La sollicitation auprès de chaque membre militaire et civil de notre communauté locale de la Défense et l'élaboration d'idées d'activités sécuritaires et réalisables dans vos unités respectives ne représentent pas une mince affaire, en particulier pendant une pandémie mondiale. Nous tenons également à féliciter tous les membres de l'Équipe de la Défense locale qui ont participé à la campagne en apportant une contribution financière, en participant à des activités, à des tirages au sort, à des barbecues, etc. Votre contribution à la campagne permettra d'améliorer la vie de vos amis et de vos voisins ici même dans notre communauté.

En tout, notre Équipe de la Défense locale a recueilli plus de 180 000 \$ au profit d'importants organismes de bienfaisance dans le cadre de la CCMTDN de 2021; il s'agit d'un effort louable qui montre à quel point le souci de nos amis et de nos voisins est toujours présent dans l'esprit et le cœur de nos membres. Merci à tous, une fois de plus, pour votre engagement continu envers la CCMTDN. Votre appui soutenu fait toute la différence.



On December 14, Defence Team members joined together at Feed Nova Scotia for our final Day of Caring activity.

Le 14 décembre, des membres de l'Équipe de la Défense se sont réunis à Feed Nova Scotia pour participer à notre dernière activité de la Journée d'entraide.



“I enjoyed the work and the people”: Longtime Base Administration assistant retires after 35 years

By Joanie Veitch,
Trident Staff



Elaine Tuff, Administrative Assistant at the Base Administration Office, retired at the end of March after 35 years on the job. A reception was held in her honour on March 22 at Juno Tower.

JOANIE VEITCH, TRIDENT STAFF

At a retirement reception held in her honour, Elaine Tuff answered the question everyone always asks her — especially in recent months following the announcement she would be retiring from her position as Base Administration Assistant at the end of March, after 35 years on the job.

She started with the answer, a number. “Twenty-one.”

The question?

How many Base Administration Officers has she worked for?

“Some of them just for one or two years, others for three,” said Tuff, in an interview following her retirement reception, held at Juno Tower on March 22 with her mother, Doris, her sister Linda, and her brother Gary attending.

“In the early days when a new Base Administration Officer was coming in, I wouldn’t know who it was, I just knew things would be different for a bit. But as the years moved on, I’d often know who was coming in... I’d known them back when they were still junior officers.”

Finding her niche

After moving to Halifax from Montreal in 1984, Tuff was doing “temp” work when she first saw a job ad for a typist at the Base Personnel Selection Office.

Not having any military connections, or knowing much about the base,

she did a quick reconnaissance trip to HMCS Stadacona before her interview.

“I had no idea where building S-15 was, so my sister and I drove over on a Sunday so I could at least find the building where I was going for my interview,” said Tuff.

From the moment she began her new job — June 2, 1986 — Tuff knew she’d found her career.

The Personnel Office was a great place to start out, she said, as she got to know many people on the base and “learned all the ranks” before she transferred to the Base Administration Office in 1988.

“I really loved everything about being on the base. I enjoyed the work and the people, and it didn’t take long for me to find out that there was a gym, a pool, a bowling alley and a curling rink. There were tennis courts and a library... all on the base. I was as happy as could be,” she said.

As Administrative Assistant, Tuff provided reception duties and oversaw mail in and out of the Base Administration office, as well as drafting correspondence and managing the Base Administration Officer’s schedule, including making travel arrangements.

Over the years, she’s seen many changes, she said. Word processors were just starting to edge out electric typewriters when Tuff was first hired

and she remembers when email became the new thing in the 1990s.

“It’s funny, when you think of it, how much things have changed. You just adapt as you go but it is a lot, when I look back at it,” she said.

One of the things Tuff said she most enjoyed about her time at CFB Halifax was the opportunity to get involved with community events at the base, such as sports days and fleet walks, helping out with the kick-offs for the United Way charitable campaign, and the annual DND Family Days.

“That was such a fun event, I was here for the very first one that Commander Lenny Edmunds started over 20 years ago,” she said.

Memories of being on the base during historic moments linger too, she said, recalling being at the dockyard when ships left for the Gulf War in 1991, meeting some of the stranded passengers staying on the base after the September 11, 2001 attacks in the United States, and seeing Queen Elizabeth II and Prince Philip arriving at the Wardroom when they were here for the Navy centennial celebrations and sail past in 2010.

“I’m going to miss it all, but I feel ready. I’ve got lots of things I want to do,” Tuff said.

Journée internationale des femmes 2022 : L’inspiration au féminin des femmes en mer

Par MRC,

Un groupe de femmes canadiennes a vécu l’expérience d’une vie cette année à l’occasion de la Journée internationale des femmes, navigant à bord d’un navire de patrouille extracôtier et de

l’Arctique de la Marine royale canadienne (MRC).

Dans le cadre du programme Leaders canadiens en mer (LCM), ces femmes de tout le Canada, toutes des chefs de

file dans divers domaines, notamment financier et universitaire, et dans les secteurs gouvernemental et bénévole, ont participé à une série d’activités pendant trois jours qui leur ont permis de vivre ce que nos marins accomplissent au quotidien en mer.

C’était « une expérience extraordinaire qui ne m’a pas seulement aidé à comprendre le “quoi” et le “pourquoi” de la MRC, mais aussi le “qui” », a affirmé Miin Alikhan, directrice de services de santé.

Le thème de cette année pour la Journée internationale des femmes était L’inspiration au féminin – un thème qui a été suivi durant l’entièreté du programme LCM.

« Je suis profondément touchée et impressionnée par l’intégrité, les anecdotes personnelles et le dévouement incroyable de tous ceux et celles qui accomplissent bien plus que ce que nous ne pourrions jamais imaginer pour nous servir et nous protéger – non seulement au combat, mais aussi dans le cadre de la diplomatie navale, de la

dissuasion, des luttes contre les stupéfiants et la piraterie ainsi que de l’aide humanitaire apportée partout dans le monde », a dit Mme Alikhan.

Le programme LCM a été offert à bord du NCSM *Harry DeWolf* dans le respect des protocoles liés à la COVID-19 pour assurer la sécurité de tous. Le vice-amiral Craig Baines, commandant de la MRC, la contre-amirale Rebecca Patterson, la commodore Josée Kurtz et l’adjudante-chef Shelley Lamothe se sont joints aux participantes pendant une courte période.

De nombreuses personnes avaient été choisies pour participer au programme en 2020, mais ont dû reporter leur participation en raison des restrictions liées à la COVID-19.

La Journée internationale des femmes permet à la MRC de souligner le talent, le dévouement, le leadership et le sens du sacrifice dont les femmes militaires et civiles font preuve au quotidien, et qui inspirent les femmes et les filles au pays et dans le monde.



Les participantes écoutent une allocution prononcée dans le cadre du programme Leaders canadiens en mer à bord du NCSM Harry DeWolf durant la partie en mer.

MRC



Face of Base: Stephen Downey

By CFB Halifax

We are pleased to introduce this week's Face of Base – Stephen Graham Downey, who works with the CFB Base Logistics (BLog) team!

Stephen Downey was born and raised in Halifax, NS and is a graduate of the (now closed) Queen Elizabeth High School.

Stephen has dedicated more than 20 years of service to the Department of National Defence as a member of the Central Material Traffic Terminal. His main responsibilities are to ensure the safe and orderly shipment of items to customer depots all over Canada and to

support our deployed Royal Canadian Navy ships. In order to be successful in these tasks, Stephen ensures that the items coming into the warehouse are put in the correct location and that the customers receive the proper items.

Stephen was inspired to join the BLog team because he enjoys work with depots across the country, but most of all because of the work done within BLog in support of our Canadian Armed Forces community. For our members currently deployed, it's nice to know that there are Defence Team members like Stephen looking

after you while you are away! Two of Stephen's career highlights came when he became a permanent member of DND and when he learned how to drive a forklift!

Stephen's advice for a civilian looking to make a career with DND? He says that there is no life like it, getting to know so many military and civilian Defence Team members while receiving competitive pay and benefits.

Outside of work, Stephen likes to do crossword puzzles and word searches and enjoys many different sports. Stephen was a Mini Basketball Coach for

26 years with the Community Y.M.C.A. He also likes to sing!

Thank you, Stephen, for doing great work and for being a role model to both military and civilian Defence Team members. Your CFB Halifax family wishes you well in your coming retirement this summer!!

Many thanks to MCpl Lukas Colbourne, one of Stephen's colleagues, who kindly nominated him to be featured as our latest Face of Base! If you would like to nominate a deserving, local military or civilian email CFBHalifaxPublicAffairs@forces.gc.ca.

Gens de la Base: Stephen Downey

Par BFC Halifax

Nous sommes heureux de vous présenter le membre des Gens de la Base de cette semaine – Stephen Graham Downey, qui collabore avec l'équipe de la Logistique de la base (Log B) de la BFC Halifax!

Stephen Downey est né et a grandi à Halifax, en Nouvelle-Écosse, et est diplômé de l'école secondaire Queen Elizabeth (maintenant fermée).

Il a consacré plus de 20 ans de service au ministère de la Défense nationale en tant que membre du Service central de transport du matériel. Ses principales responsabilités consistent à assurer l'expédition sûre et ordonnée des articles aux dépôts des consommateurs partout au Canada et à soutenir nos navires déployés de la Marine royale canadienne. Pour réussir dans ces tâches, Stephen s'assure que les articles qui arrivent dans l'entrepôt sont placés au bon endroit et que les consommateurs reçoivent les bons articles.

Il a voulu se joindre à l'équipe de la Log B parce qu'il aime travailler avec

les dépôts de tout le pays, mais surtout en raison du travail effectué au sein de la Log B pour soutenir la communauté des Forces armées canadiennes. Pour nos membres actuellement déployés, il est bon de savoir qu'il y a des membres de l'Équipe de la Défense comme Stephen qui veillent sur vous pendant votre absence! Deux des points saillants de la carrière de Stephen sont survenus lorsqu'il est devenu un membre permanent du MDN et lorsqu'il a appris à conduire un chariot élévateur à fourche!

Le conseil de Stephen à un civil qui cherche à faire carrière au MDN? Selon lui, elle est imbattable la vie dans les Forces : la connaissance d'autant de membres militaires et civils de l'Équipe de la Défense tout en recevant un salaire et des avantages sociaux concurrentiels.

En dehors du travail, il aime faire des mots croisés et des mots cachés et pratiquer de nombreux sports. Stephen a été entraîneur de mini-basketball

pendant 26 ans pour le Y.M.C.A. communautaire. Il aime aussi chanter!

Merci, Stephen, de faire un excellent travail et d'être un modèle pour les membres militaires et civils de l'Équipe de la Défense. Votre famille de la BFC Halifax vous souhaite bonne chance pour votre prochaine retraite cet été!

Un grand merci au Cplc Lukas Colbourne, l'un des collègues de Stephen, qui a eu la gentillesse de proposer sa candidature pour être le plus récent membre des Gens de la BFC Halifax! Si

vous souhaitez proposer la candidature d'un militaire ou d'un civil méritant, envoyez un courriel à CFBHalifaxPublicAffairs@forces.gc.ca.



Stephen Downey

CFB HALIFAX/BFC HALIFAX

One size no longer fits all: CAF Anthropometric Survey to be updated

By Emma Moon,

Human Factors Support Cell, Directorate Soldier System Program Management

Anthropometry is a science that deals with the standardized measurement of the human body. It is applied to ensure appropriate fit of equipment and clothing. Anthropometrics are applied to answer questions about fit and form such as “where should we place pant pockets, and at what angle, such that the most members will be able to comfortably access them?”

Anthropometric data can also be released to industry in order to ensure industry designs align to the needs of

the CAF population.

That is why the Canadian Armed Forces (CAF) will be introducing a fleet of new 3D scanning technology, to systematically capture the body morphology of our members and provide key measurements for sizing and fit. Given the individuality and diversity of its members, the CAF will also be modernizing the collection methods, and database, that inform the procurement of individual clothing and equipment to ensure that all body types and gender

considerations are taken into account.

Currently, the procurement of individual equipment and clothing is informed using a database of measurements generated in 2012. As the demographics of CAF members have changed, the existing anthropometric data is becoming obsolete and less reliable for acquisition decisionmaking.

Portable scanners will be deployed across Canada to capture more inclusive and relevant data. Scan implementation will take place via Personnel

Support Programs, on a voluntary basis, in conjunction with Force Test evaluations. Due to the sensitive nature of the data being collected under this program, multiple privacy, security, and legal entities within DND are involved to approve and advise project documentation and decisions. We anticipate the full deployment of the scanners in fiscal year 2024/2025.



SPORTS & FITNESS



On the mark: CFB Halifax Archery Club restarts

By Joanie Veitch,
Trident Staff

After a hiatus of more than eight years, the CFB Halifax Archery Club is back on the shooting range.

Officially starting up again on April 1, the recently re-formed club has been running trial shoots over the last

organizers and a member of the club's executive board.

"We currently have 66 members on Front Line Archers. Many have been keenly following the club's progression over the past two years," said CPO2

coaching tips and encouragement from CPO2 Smith and other club members.

"It's an individual sport but there's a lot of camaraderie here. Everyone helps everyone else," said CPO2 Smith. "Archery is easy to learn, but it takes a lot of practice to get good at it."

From the early 1990s until 2014, when the former drill hall was demolished, the CFB Halifax Archery Club was a popular and competitive club. Originally formed to give military families an activity they could do together on base, some members of the club went on to compete at an elite level.

"My young fellow had done an archery course at the YMCA and he really liked it. This is back in 1990 or thereabouts and me and another sailor were looking for something to keep our boys out of trouble," said Rick Crawford, one of the founding members of the original archery club.

"Once it got going, people really loved it, for a small club just starting out it was incredible... We even sent three or four up to the Canada Games after just a few years."

That "young fellow" Crawford referred to is his son, Duncan Crawford, who went on to coach archery at a national level, and is now head coach for Canada's Paralympic archery team.

Despite the years of resounding success, as some of the key organizing members got posted away from Halifax, the original CFB Halifax Archery Club began to lose some momentum.

Then the club's home, the old drill shed, was deemed unsafe to use and that became the final nail in the coffin, Crawford said.

The club's equipment was stored in

a shed beside the Naval Museum of Halifax, at Stadacona and that's where it sat until a few people began tossing around the idea of restarting the club.

"CPO2 Sebastien Rose and Sgt Steve Muirgatroyd (ret'd) had the idea to restart it. Sebastien assembled a group of volunteers to fill specific positions within the club and we all started working to make it happen," said CPO2 Smith.

An executive board came together last year to organize the club and although COVID-19 pandemic caused delays, plans to restart the club began to gain momentum last fall, said CPO2 Smith, crediting CFB Halifax and Personnel Support Programs for their "outstanding" support along the way.

Over the past few weeks, as many as 15 to 20 new and experienced archers have been on the shooting range on the trial shooting nights. There's enough interest from new members that the club is considering making Tuesday nights their family and beginner session and adding an additional shoot night on Thursday evening.

After struggling on her first few attempts at hitting the target, a few pointers from CPO2 Smith and some other club members saw S3 Briand begin to get the hang of it.

"It's definitely harder than it looks, but I love it. This is great," she said.

Anyone interested in purchasing a club membership can visit the Fleet Gym or call the front desk at 902-427-3524 between the hours of 0900-1500 (Mon-Fri) starting 1 April 2022.



S3 Kate Briand (left) looks on as S3 Noah Locke gets ready to fire his arrow during a trial shoot night for the newly re-formed CFB Halifax Archery Club.

JOANIE VEITCH, TRIDENT STAFF

month in the drill hall at S-120, the Consolidated Seamanship Training Facility at Stadacona, with new and returning members from the former club participating.

Judging by the amount of traffic on the club's Facebook page — Front Line Archers — the resurrection of the club has generated a lot of interest, said CPO2 Ian Smith, one of the main

Smith. "Many of those members have been out for our trial shoots and the feedback has been positive."

After seeing a poster advertising the club at Tribute Tower, S3 Kate Briand was keen to try it out.

"I'd tried it at summer camps and it seemed like something I'd like," she said.

Three other sailors joined S3 Briand at a recent trial shoot night, receiving



"First selfie" from 1954 at Shearwater gym

This photo being referred to as the "first selfie" by staff at the Shearwater Fitness and Sports Centre shows members of the 1954 Shearwater Flyers football team from inside a huddle. It's just one of a number of interesting photos and pieces of information included in a small historical display recently set up by PSP Halifax's Wally Buckoski. Plans are for a full wall of history upstairs at the gym, with a smaller display downstairs covering the history of the building's former bowling alley.



Halifax Mooseheads set to host first DND Appreciation Night since 2019

By Trident Staff

It was November 8, 2019 when the Halifax Mooseheads were last able to host DND Appreciation Night, battling the Drummondville Voltigeurs in front of thousands at the Scotiabank Centre. The Defence community was on full display both in the stands and on the ice, as the Stadacona Band of the Royal Canadian Navy performed the national

anthem, a four-person flag party was led onto the ice by a bagpiper from 12 Wing Shearwater Pipes and Drums, and the Commander Maritime Forces Atlantic and Joint Task Force Atlantic at the time performed the official puck drop. Mooseheads players donned a commemorative HMCS *Kootenay* jersey during the game to honour the



Benoit-Olivier Groulx of the Halifax Mooseheads is seen on the ice against the Drummondville Voltigeurs on November 8, 2019, the last time the team was able to host DND Appreciation Night. The Mooseheads wore jerseys inspired by HMCS Kootenay and the 50th anniversary of that ship's tragic explosion at sea. DND Appreciation Night is back for 2022, and the game is set for April 9 against the Quebec Remparts.

HALIFAX MOOSEHEADS

many sailors and *Kootenay* family members who were forever impacted by the fatal engine room explosion and fire onboard the Restigouche-class destroyer 50 years prior. These jerseys were raffled and auctioned after the game with proceeds benefitting Camp Hill Veterans' Memorial Garden.

These sights and sounds of the Mooseheads DND Appreciation Night have become familiar to Halifax residents and visitors, making this a much-anticipated annual event. But when 2020 arrived along with COVID-19, this activity was (understandably) stopped in its tracks.

Flash forward two plus years, and with public health restrictions lifting, the Mooseheads are now ready to welcome the local Defence Team back for their first DND Appreciation Night since 2019.

"It's been a long two years since we last hosted DND Appreciation Night," says Brian Urquhart, President of the Halifax Mooseheads Hockey club. "We are beyond thrilled to be able to bring this event back when one of our biggest

rivals are in town, Patrick Roy's Quebec Remparts."

On Saturday, April 9, 2022 the Mooseheads and Remparts will go head-to-head at the Scotiabank Centre in front of a large crowd of hockey fans and Defence Team supporters. In keeping with tradition, the Mooseheads players will be wearing specially designed jerseys during the game; there will be no in-game raffles, rather all jerseys will be sold through an online auction after the game to raise important funds for Camp Hill Veterans' Memorial Building.

"We're looking forward to a great night which will help raise money for a great cause," Urquhart adds.

Local Defence Team members, veterans and families interested in attending the game can still purchase discounted tickets online! Visit the [Mooseheads website](#) and use promo code DNDMOOSE for a \$15 dollar (adult) or \$8 (youth – 17 and under) ticket! Seats limited. Standard Ticket Atlantic service charges apply (\$2.50 per ticket plus a \$2 order charge).

Annulé: Cérémonie du mérite sportif des FAC

Par Sports des Forces armées canadiennes

En raison de la pandémie en 2020 et 2021, une Cérémonie du mérite sportif virtuelle a été organisée afin de célébrer et de reconnaître les réalisations sportives en 2019 et 2020. Toutefois, à ce jour, comme nous ne sommes pas en position de reprendre les activités sportives, nous ne solliciterons pas de candidatures pour l'année sportive 2021.

Nous espérons être en mesure de renouer avec le processus de nomination en 2023, dans le cadre du Programme de sports des FAC afin de continuer à reconnaître les militaires actifs et les vétérans des FAC pour leurs performances sportives exceptionnelles et leur contribution remarquable au sport. L'annulation du processus de mise en candidature pour l'exercice 2022 comprend les éléments suivants :

- Le Temple de la renommée des sports des FAC
- Le Tableau d'honneur des FAC
- Le Prix du dévouement au sport des FAC
- Le prix Contribution exceptionnelle des FAC
- les Prix d'accomplissement sportif

(athlète féminine, athlète masculin, entraîneur, officiel et équipe de l'année).

Prix de l'invincible

Tout membre actif ou vétéran des FAC qui, face à une expérience ayant transformé sa vie, a fait preuve de persévérance et de détermination grâce au sport ou à l'activité physique pour surmonter les défis et qui, surtout, est un modèle et une source d'inspiration et d'espoir pour toutes les personnes qui se trouvent dans une situation semblable peut être mis en nomination pour le Prix de l'invincible. Les mises en nomination pour le Prix de l'invincible peuvent être envoyées directement aux coordonnateurs régionaux du programme Sans limites au plus tard le vendredi 6 mai 2022.

Le processus de mise en candidature pour la Cérémonie du mérite sportif 2023 sera annoncé au début de la nouvelle année dans l'espoir de tirer parti du sport pour se réunir à nouveau dans le cadre d'une cérémonie en présentiel en novembre 2023.

Cancelled: 2022 CAF Sports Awards Ceremony

By Canadian Armed Forces Sports

In 2020 and 2021, due to the pandemic, a virtual CAF Sports Awards Ceremony was developed to celebrate and recognize the 2019 and 2020 accomplishments. However, as we have not been in a position to resume sports, there will not be any nominations solicited for the 2021 sporting year.

We hope to be able to come back with the nomination process for the CAF Sports Award program to continue to recognize serving and former members of the CAF for their outstanding athletic performances and remarkable contributions to sport. The cancellation of the nomination process for 2022 includes the following:

- CAF Sports Hall of Fame
- CAF Honour Roll
- Dedication to CAF Sports Award
- Outstanding Contribution Award
- Sports Achievement Awards (Female athlete, Male athlete, Coach, Official and Team of the Year).

Unconquered Award

Nominations for the Unconquered Award will be considered for serving or retired CAF members who have confronted a life-altering situation and

used perseverance and determination through sport or physical recreation to overcome challenges and, most importantly, serve as a role model to give hope and inspiration to others in similar situations. Unconquered Award nominations are to be forwarded directly to Regional Soldier On Coordinators NTL Friday 6 May 2022.

The nomination process for the 2023 ceremony will be announced early in the new year with hopes to get back together for an in-person ceremony in October 2023.