



# TRIDENT

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## Mobile mine detection

*Members of HMCS Shawinigan and Fleet Diving Unit (Atlantic) use the REMUS unmanned underwater vehicle to locate practice mines on the approaches to Halifax Harbour. Both HMCS Shawinigan and HMCS Goose Bay sailed on March 23 for a week of mine countermeasure exercises.*

MCPL ANTHONY LAVIOLETTE, FORMATION IMAGING SERVICES







# Canadianization of the Joint Support Ship – from mature design to a unique Canadian solution

By DND

The Joint Support Ship (JSS) is one of the three classes of ships procured for the Royal Canadian Navy (RCN) under the National Shipbuilding Strategy.

An adapted version of the German Navy's Berlin-class auxiliary ship, the new JSS will replace Canada's now-decommissioned supply ships *Protecteur* and *Preserver*. Germany began construction of its fleet of auxiliary ships in the early 2000s, with its third and last ship commissioned into service in 2013.

"It's actually been advantageous for Canada to buy into the Berlin class at this stage, now that Germany has three in the water," says Rear-Admiral (RAdm) Casper Donovan, Director General Future Ship Capability for the RCN. "We are able to capitalize on many of the lessons learned during previous iterations of the design, and apply those lessons to our Canadian version – the JSS. In other words, even though we are purchasing a mature design, there are necessary modifications required for JSS to meet Canada's specific environment, needs and standards."

To support Government of Canada defence policy, the RCN requires a ship that can operate all around the world – independently, in support of a Canadian Task Group, or integrated into an international coalition force – and contribute to the full spectrum of military operations. The JSS must be capable of supporting combat operations in the future threat environment, which will

require necessary survivability measures and appropriate interoperability with the RCN future fleet and partner navies. It must also be able to support



An artist rendering of the definition design for the Joint Support Ship.

DND

the rapid provision of humanitarian relief, represent Canada through defence diplomacy, and support a broad set of Government priorities.

To meet this global requirement, whether JSS is operating in the heat of the Arabian Sea or the cold of Canada's Arctic waters, the ship itself and all of its systems must be able to handle all extremes of climate and temperature.

Other modifications include the requirement to meet today's international regulations, such as those regarding limits on engine gas emissions, which have become more stringent since the Berlin class was designed in the 1990s. The JSS will have a more efficient engine design, which will satisfy the RCN's range and speed needs, but

achieve these with new, low-sulfur fuel formulas and exhaust gas scrubbers.

The JSS must be capable of handling multiple CH-148 Cyclones, a large multi-role maritime helicopter with its own unique operational and maintenance requirements. And, while not all of the design changes are large or complex – the ship's

flag had to be moved because the Cyclone sight lines were blocked – all are necessary.

Different military-specific personnel and operational policies also drove some of the modifications. The JSS design uses a gender-neutral approach to crew habitability and washrooms, part of the RCN's cultural drive towards greater inclusivity. This will include individual shower stalls and toilets with lockable

doors, instead of the older style communal showers and urinals. Other design changes integrate the most current technology that will enable the RCN to operate the JSS well into the future.

Another uniquely Canadian event was also used to modify the JSS to Canadian requirements.

"We are also using the hard lessons learned from incidents like the original HMCS *Protecteur* engine room fire to modify the design for RCN damage control needs – be it a fire, flood or need for redundancy to ensure survivability of our sailors," says RAdm Donovan.

The modifications being incorporated in JSS will give Canada a robust at-sea replenishment and support capability, designed in a manner that meets the RCN's specific military requirements, and will provide the agility to operate in multiple ways to achieve mission success and support the Canadian government's needs of today and well into the future.

## STALKER memorial patch now available

By 12 Wing Shearwater

The memorial patches for STALKER have arrived and are ready for purchase at the Shearwater Aviation Museum.

The patch is round to give the perspective of an observer looking through a hangar door porthole. The thick black edge at the bottom signifies the black mourning band, donned by individuals looking to honour the lives of those lost. The sunset represents the actual weather at the time of the accident, and how full of colour the sky was at sunset. The "Secure Flying Stations" vice "Stand Down Flying Stations" refers to the fact that the ship will not recover STALKER. This concept is compounded by the fact that the aircraft is in the hover with wheels up, and the bear trap is not on the flight deck.

The patch is authorised to be worn



STALKER memorial patch design.

SUBMITTED

from Apr 1 to Apr 29 for all members of 12 Wing and MARLANT. This short period is to represent, like the poppy, the ephemeral aspect of life and to preserve the honorific status of the patch.

All the proceeds from the sale of the patches will go directly towards the STALKER monument and the families of the fallen.

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S2 Aman Sharma is the latest to be named the Atlantic Fleet's Sailor of the Quarter, receiving his award in a presentation on March 17.

MONA GHIZ, MARLANT PA

# Sailor of the Quarter commended for going above and beyond

By Joanie Veitch,  
Trident Staff

Even when he's off duty, Sailor Second Class (S2) Aman Sharma strives to do his best. Whether it's fixing a problem in his work area, cleaning and organizing the ship's gym or cooking and delivering meals to people in need, the 28-year-old Upper Deck Engineer with HMCS *Toronto* likes to keep busy.

"I found on board the ship I often had spare time, so I would try to find things to do. It is my way," he said.

In recognition of his hard work during *Toronto*'s recent deployment with NATO as part of Op REASSURANCE, S2 Sharma was named the latest Sailor of the Quarter, receiving his award on March 17 at a presentation with Cmdre Richard Feltham, Commander Canadian Fleet Atlantic, and Fleet Chief CPO1 Darcy Burd attending.

S2 Sharma first learned about the award back in the fall, while *Toronto* was on deployment. He recalled watching his superior officers approach, having no idea that he had earned an award; his immediate thought was actually one of concern. "They walked in and I was thinking I was in trouble or that something had gone wrong. It was such a surprising moment for me. It is truly an honour," he said.

In nominating S2 Sharma for the award, PO2 Matthew Earle noted S2 Sharma's hard work, high standards and positive attitude. "He has gone above and beyond all that has been asked of him while constantly displaying a knowledge and work ethic far above his rank level," he said.

"He often completes tasks on his downtime to better the ship as a whole, from taking over the responsibility of the Mechanics Works Shop to cleaning on his Sunday routine so others could rest."

S2 Sharma completed his on-the-job qualifications "well in advance of the deadline and well ahead of his peers", PO2 Earle added. "His thirst for knowledge in his trade is second to none...resulting in him expanding his job knowledge and skills to that of a senior technician, well ahead of his intended time."

For his part, S2 Sharma said he enjoys learning and looks for opportunities to upgrade his skills. "I like to ask questions and to keep learning new things, always," he said. "My father is a very hard working man and he always told me to work hard and I would do well. He and my grandfather both, I learned hard work from them."

S2 Sharma grew up in Punjab in northwestern India, arriving in Canada with his parents, sister and brother in December 2011. It was the next year, when his parents were buying their house in Caledon, Ont., that a chance conversation with the real estate broker about the benefits of a military career first planted the idea about joining the Canadian Armed Forces.

S2 Sharma became a Canadian citizen in 2016, and joined the CAF in July 2018. His first posting was to CFB Halifax in September, following basic training. Joining HMCS *Toronto* as a Junior Marine Technician in August 2019, S2 Sharma said he felt excited

as the crew readied the ship for deployment last July.

"Because I had never deployed before — it was my first time, I had never sailed on any other ship — I learned so much. It was a very good experience," he said.

Always on the lookout for a chance to learn and be helpful, when S2 Sharma noticed a problem with a valve in a fuelling oil transfer line, he found an old valve in the mechanical shop and rebuilt it to replace the faulty one.

"The valve he rebuilt is now in place and is working flawlessly," said PO2 Earle, who also noted another organization project S2 Sharma undertook — fabricating drawer organizers to better sort and store hand tools in the shop.

Along with his initiative at work, S2 Sharma was also praised for his help in the ship's gym — sorting and tidying up equipment and refilling spray bottles after his daily work out — as well as his community volunteer work. A devout Hindu, S2 Sharma helps out at his local temple, cooking meals, delivering packed food to people in need and providing transportation to seniors.

When asked about his plans for the future, S2 Sharma said he plans to keep learning and taking every opportunity for advancement. "I would like to see how far I can go. I want to be a Fleet Chief someday. I am hoping for that."





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# Hard work paying off - HMCS *Harry DeWolf* excels through ice trials

By Ryan Melanson,  
Trident Staff

Navigating the Arctic and sailing through ice is nothing new for Cdr Corey Gleason. As the first Commanding Officer of the Navy's first Arctic and Offshore Patrol Ship, he's spent years preparing and training, going North with Canadian Coast Guard ships and NATO allies to gain experience, along with plenty of academic study.

None of this dulled the excitement, however, of reaching sea ice in Labrador for the first time with HMCS *Harry DeWolf*.

"I felt a rush of years of mentorship and training," he said, noting the pride he felt in confirming his crew was ready and prepared to charge the ship through ice.

"There is nothing like doing the work practically; the noise of ice striking the hull, the feeling of the ship riding off of an ice floe and falling into a new lead, or the sounds of alarms going off from different sensors. For me personally, it is always fun to see the expressions on the faces of sailors who encounter ice breaking for the first time," Cdr Gleason added. Reactions ranged from shock at the impact, as sailors grabbed chairs or cabinets for balance, to joy and high fives at seeing the payoff after years of work.

*Harry DeWolf* left Halifax on February 9 and spent nearly a month conducting cold weather and ice trials

off the coasts of Northern Labrador and Nunavut. They were joined by Irving Shipbuilding staff and other civilian contractors as the ship moves through the final steps before commissioning later this year.

Also on board were members of the future HMCS *Margaret Brooke*, who have the advantage of being able to familiarize themselves with the new platform ahead of the second ship in class being delivered to the Navy. Cdr Gleason said his team shared lessons learned so far, and focused on creating professional development opportunities for their colleagues, with practical exposure to the ship's propulsion and control systems and other pieces of equipment on board, and with practice in handling the ship through sheets of ice thicker than 15 centimetres.

"It shouldn't be lost on anyone that this was a very big deal for any ship, and not just the RCN, to be this far north at this time of year," Cdr Gleason said, noting the ship's winterization worked as intended in -40C weather, and that the speed and power delivered above expectations in *Harry DeWolf*'s first runs through real ice.

"We will not be hampered in any way when operating during the routine navigable season from July to October."



A layer of ice could be seen on the bow of HMCS *Harry DeWolf* as it returned to Halifax Harbour on March 3 after cold weather and ice trials.

CPL DAVID VELDMAN, FORMATION IMAGING SERVICES



Cdr Corey Gleason, Commanding Officer of HMCS *Harry DeWolf*, keeps lookout during Cold Weather Trials near Frobisher Bay on February 23.

CPL DAVID VELDMAN, FORMATION IMAGING SERVICES



## NBP training aboard HMCS *Halifax*

HMCS *Halifax* conducts advanced Naval Boarding Party small arms training on the flight deck on March 26 while sailing with Standing NATO Maritime Group 1 (SNMG1) in the Baltic. The team trains with a focus on safely and effectively operating firearms in response to various tactical scenarios. *Halifax* is currently the flagship of SNMG1, and the task group recently participated in a three-day exercise with Standing NATO Mine Countermeasures Group 1, which is currently under the command of The Netherlands.

SNMG1





# Message from the Acting Chief of the Defence Staff

By LGen W.D Eyre,  
Acting Chief of the Defence Staff



LGen W.D Eyre, Acting Chief of the Defence Staff.

DND

To the members of the Canadian Armed Forces:

## ACTING CHIEF OF THE DEFENCE STAFF FOCUS AREAS

Having just passed the one year milestone of being in a pandemic, we continue to live in a dynamic and unpredictable environment and recent events have added to the uncertainties we face. As your Acting Chief of the Defence Staff, I view my primary role as continuing to provide our nation a force that delivers operational excellence in a manner that is reflective of Canadian identity and values and which Canadians remain proud of. Early in my tenure I believe it important to orient you on my four overarching focus areas of people, operations, readiness, and future capability development in order to guide our collective efforts.

### PEOPLE

**Culture.** The Canadian Armed Forces is at an inflection point with regards to our culture. Recent sexual misconduct revelations and allegations are very disturbing, have shaken us, and made clear how much farther we need to go to be the CAF that our people deserve, and Canadians expect. Furthermore, the societal problems of racism and hateful conduct continue to manifest themselves in our ranks. We need to view the current crisis as an opportunity and come out of it as a better organization. We will re-establish trust where it has been broken. We need all of our members to work in an environment characterized by a sense of mutual respect, dignity, safety and truly belonging. To that end, early work indicates we need to follow two streams:

1. **External Actions.** We will fully support and welcome an external review of our institution and its culture with the full realization that we do not have all the answers. We will embrace external recommendations, including an independent reporting chain.

2. **Internal Actions.** While the first stream takes shape, we are taking some important immediate steps while retaining the ability to incorporate its recommendations. This plan is still developing and is my personal focus. Firstly we must listen – to our own people at all levels, most importantly at the grassroots; and to external experts. From them we must learn and guide our actions accordingly. Several actions are already clear:

- Operation HONOUR has culminated, and thus we will close it out, harvest what has worked, learn from what hasn't, and develop a deliberate plan to go forward. We will better align the organizations and processes focused on culture change to achieve better effect.

- We will identify and take the steps necessary to create a workplace where individuals feel safe to come forward when they experience sexual misconduct.

- We will finalize and publish our Code of Professional Military Conduct, including a new focus on power dynamics in our system, and hold ourselves accountable to it.

- We will add new rigour and science to leader selection, starting at the highest levels.

- Along with other ongoing efforts, we will implement the Restorative Engagement aspect of the Heyder-Bettie Harmful Inappropriate Sexual Behaviour (HISB) class action lawsuit final settlement agreement, and learn from that to guide a wider reconciliation effort in an attempt to right past wrongs.

- We need to improve mechanisms to listen and learn from the experiences of those who have been harmed.

In all of these efforts, we will support victims as they come forward, while at the same time respecting the fundamental right of due process for ongoing investigations.

**Health and Wellness.** Like the rest of society, life in the pandemic has been hard on our members and their families. We must continue to support one another, seek and offer help when the need exists, and make maximum use of the coping tools and resources available. As the conditions of the pandemic ease, we must take full opportunity of reinforcing our social connectivity.

**Postings.** We will soon enter the Active Posting Season, and the high stress usually associated with it is exacerbated again this year with the pandemic. Housing prices across the country add to the burden of stress, as will navigating different Provincial, Territorial, and international pandemic-related travel restrictions. Once again, we will take a very flexible approach with move and report for duty dates. Guidance will be promulgated via CANFORGEN in the coming days.

**Personnel Initiatives.** We will continue with the vital work Military Personnel Command is undertaking to improve the conditions of service for our members and their families. The work on a revised Universality of Service (U of S) policy is progressing well along with specific Adaptive Career Path (ACP) initiatives that will offer more options to CAF members and their families. A long overdue Retention Strategy is under development to focus on retaining the excellent talent that lives and leads across the CAF. These initiatives must be delivered while respecting the guiding principles of our Canadian military ethos, most notably service before self and through a Gender-based Analysis Plus (GBA+) lens. To that end, the CAF personnel management system needs to be modernized and, in some areas, changed. To achieve this, we will continue with the development and implementation of a new CAF HR Strategy.

### OPERATIONS

**Domestic.** The perfect storm is potentially upon us, with the confluence of Operations LASER and VECTOR, as the response to the pandemic must continue, and LENTUS as spring comes with the usual heightened risks of natural disasters such as flooding and forest fires. We continue to provide excellent support to Canadians across the country: in Indigenous and Northern communities as they deal with outbreaks; in leading national planning efforts for vaccine distribution; in support to land border crossings; and very soon in the vaccination efforts for many Northern remote and Indigenous communities. Every day our forces are prepared to assist national authorities when requested, our Search and Rescue enterprise stands ready to respond to those in need, as does NORAD to defend Canada and the United States. Throughout this period, the bulk of our operational effort and focus will be on the home game.

**CAF Vaccination.** Vaccinating the CAF is an operational focus. Over the

course of the next three months, we are planning to receive 150,000 doses of vaccine, for which the administration will be the primary focus of our Health Services. I have issued vaccination priorities and more detail is in FRAGO 001 to CDS TASKORD 002 – Operation VECTOR – CAF COVID-19 Immunization Campaign. I strongly encourage all to get vaccinated. Our operational effectiveness depends on it. As our Force is vaccinated we will modify our protective measures according to best practices and regional health measures.

**Expeditionary.** Throughout this period, we will continue to do our part to ensure international peace and security, with ongoing operations such as Operation CARIBBE in Latin America and the Caribbean, Operation PRES-ENCE supporting the United Nations in Africa, and with upcoming rotations in Operations UNIFIER and REASSURANCE Land Task Force and Air Task Force-Romania. We will continue to be a leader abroad, notably with our ongoing commands of the Standing NATO Maritime Group One in Europe, and the Combined Task Force 150 in the Middle-East. We will continue to excel and maintain our efforts in the Indo-Asia Pacific region, including the ongoing deployment of HMCS Calgary, the upcoming deployment of HMCS Winnipeg, and our CANSOFCOM efforts across the globe.

### READINESS

**Personnel Generation.** In a time when we should be growing our numbers, the pandemic has led the CAF to shrink in size in both our Regular and Reserve Force components. While our attrition over the last year has decreased by approximately 25%, our intake has only been a third of normal. As our recruiting system and CFLRS return to full capacity, we will need to continue to conduct decentralized Basic Military Qualification courses, and prioritize courses necessary to maximize the number of personnel reaching Operational Functional Point. A key aspect throughout will be increasing the diversity in our ranks to benefit from the talent inherent across Canada.

**Individual Training.** Likewise, our individual training course throughout has been significantly affected. In the mid-term, we will prioritize individual training over collective training in order to develop the leadership and technical qualifications and skills we need.



**Collective Training.** Collective training must continue, albeit in most cases at a reduced scale, to maintain our proficiency in higher level activities. NORAD's Ex AMALGAM DART, the Army's Ex MAPLE RESOLVE and the Navy's Ex DYNAMIC MONARCH to name just a few exercises, will continue to be conducted in a modified manner, using risk mitigation strategies to protect health and safety. To gain capacity for other activities, we will forgo such activities as the Ceremonial Guard, the CAF Small Arms Competition, and most community engagements.

**Allies and Partners.** Our competitive advantage in today's security environment is being part of a network of like minded allies and partners. As conditions permit, we look to restore and re-engage with partners in various events, including exercises, training, and engagements.

## DEVELOPING FUTURE CAPABILITIES

**SSE Investments.** Our defence policy, Strong, Secure, Engaged, lays out an impressive capital investment plan that we must continue to aggressively staff. Canadian Surface Combatant, Future

Fighter, and many other programmes will be the foundation of our future military. We are already seeing increased capabilities with such projects as the Arctic and Offshore Patrol Ship and the LAV 6 family of vehicles, including the first of the Armoured Combat Support Vehicles just rolling off the production line. These projects will continue to demand significant and necessary effort.

**Integrating Capabilities.** Fueled in part by rapid technological development, the increasingly integrated character of warfare and international competition across all domains, including in non-traditional ones such

as cyberspace are demanding that we invest in the foundation of our military enterprise. To this end, we will continue our pursuit of four very high priority capability areas: digitizing the force and adopting digital practices; a common C4I (Command, Control, Communications, Computers, and Intelligence) 'spine'; the joint sustainment enterprise; and leader professional development.

**Defence of Canada.** Various trends such as climate change, increased interest in the Arctic, and challenges to our national resilience, made clear during the pandemic, are driving change in how we conceptualize national defence. Recent announcements by the Government, such as the Canada-US national leader discussions, indicated the imperative of improving our continental defence, including the modernization of NORAD. In the short-term, we will continue to provide military support to policy development,

including capability conceptualization and force design.

## Conclusion

Despite the challenges we face, the business of defending Canada and Canadian interests must continue. Potential adversaries are not resting, and continue to expand their reach and test our resolve. At the same time, the scale and scope of tasks we are being called upon to perform are expanding as we protect our population.

The CAF post-pandemic will not be the same CAF as pre-pandemic... too much has changed. Balancing our capacity across many activities will be crucial as we evolve. In all, we are committed to making the CAF better in all we do, most importantly for our people who underpin every single aspect of our service. In every day that I serve, guided by these focus areas, I will endeavour to make the CAF a better place. I ask you to do likewise.

# Message du Chef d'état-major de la Défense par intérim

Par LGen W.D Eyre,  
Le Chef d'état-major de la Défense  
par intérim



LGen W.D. Eyre, Le Chef d'état-major de la Défense par intérim.

DND

Aux membres des Forces armées canadiennes :

## POINTS DE MIRE DU CEMD(I)

Alors que nous venons de franchir la date du premier anniversaire d'une pandémie, nous continuons à vivre dans un environnement dynamique et imprévisible, et les événements récents ont ajouté aux incertitudes auxquelles nous sommes confrontés. À titre de Chef d'état major de la Défense par intérim, je considère que mon rôle principal consiste à continuer de

fournir à notre pays une force faisant preuve d'excellence opérationnelle qui reflète l'identité et les valeurs du Canada et dont les canadiens et canadiennes demeurent fiers. Au début de mon mandat, je crois qu'il est important de vous faire part de mes quatre grands points de mire, à savoir notre personnel, les opérations, l'état de préparation et le développement de nos capacités futures, lesquels orienteront nos efforts collectifs..

## LE PERSONNEL

**Culture.** Les Forces armées canadiennes se trouvent à un point d'inflexion en ce qui concerne notre culture. Les récentes révélations d'inconduite sexuelle et les allégations à cet effet sont très troublantes; ces cas nous ont ébranlés et ils ont montré clairement tout le chemin que nous devons encore parcourir pour être les FAC que nos gens méritent, et celles auxquelles les canadiens et canadiennes s'attendent. En outre, les problèmes sociaux que sont le racisme et les comportements haineux continuent de se manifester dans nos rangs. Nous devons saisir l'occasion que présente l'actuelle crise pour devenir une meilleure organisation. Nous devons rétablir la confiance là où elle a été trahie. Il faut que tous les membres des FAC puissent travailler dans un environnement caractérisé par un sens du respect mutuel, de la dignité, de la sécurité, et de l'appartenance véritable. Dans cet ordre d'idées, nos

premiers travaux révèlent que nous devons suivre deux grands axes :

1. Interventions de l'extérieur. Nous appuierons à fond et nous accueillerons avec plaisir un examen extérieur de notre institution et de sa culture, tout en sachant que nous ne possédons pas toutes les réponses. Nous épouserons les recommandations provenant de l'extérieur, y compris en ce qui concerne une chaîne d'établissement de rapports indépendante.

2. Interventions à l'interne. Pendant que le premier axe se dessine, nous prenons des mesures immédiates importantes, tout en conservant la capacité de donner suite aux recommandations qui en résulteront. Le plan à cet égard est encore en cours d'élaboration et il retient mon attention personnelle. D'abord, nous devons écouter nos gens, à tous les niveaux, particulièrement à la base, et aussi les experts externes. D'eux, nous devons apprendre et orienter nos actions en conséquence. Plusieurs mesures sont déjà claires :

· L'opération HONOUR a atteint son point culminant; nous y mettrons donc un terme, nous en conserverons les mesures fructueuses, nous apprendrons en prenant conscience de ce qui n'a pas fonctionné, et nous élaborerons un plan délibéré pour aller de l'avant. Nous harmoniserons mieux les organisations et les processus axés sur le changement culturel afin de produire de meilleurs effets.

· Nous identifierons et prendrons les mesures nécessaires pour créer un milieu de travail où les personnes se sentent en sécurité pour se manifester lorsqu'elles subissent une inconduite sexuelle.

· Nous finaliserons et publierons notre Code d'éthique militaire professionnelle qui comprendra un nouvel accent mis sur la dynamique des pouvoirs dans notre système, et nous nous en tiendrons responsables.

· Nous ferons preuve de plus de rigueur et nous nous appuierons davantage sur la science lors de la sélection de nos dirigeants, en commençant par les niveaux supérieurs.

· Parallèlement à d'autres efforts en cours, nous mettrons en œuvre l'aspect des démarches réparatrices du règlement final du recours collectif Heyder-Beattie comportement sexuel dommageable et inapproprié (CDSI), et nous en tirerons des leçons afin d'orienter un vaste effort de réconciliation dans l'espoir de réparer les actes répréhensibles passés.

· Nous devons améliorer les mécanismes pour écouter et apprendre des expériences de ceux qui ont été blessés.

Dans tous ces efforts, nous soutiendrons les victimes qui se manifesteront tout en respectant le droit fondamental à l'application régulière de la loi pendant les enquêtes en cours.

**Santé et mieux être.** Comme dans le reste de la société, la vie pendant la





pandémie a été difficile pour nos membres et leurs familles. Nous devons continuer à nous soutenir mutuellement, à demander ou à offrir de l'aide lorsque le besoin existe, et à exploiter au maximum les ressources et les outils existants pour faire face aux difficultés. À mesure que les effets de la pandémie s'atténuent, nous devons profiter pleinement des possibilités pour renforcer notre connectivité sociale.

**Affectations.** Nous entamerons bientôt la période active des affectations, et la tension intense qui va normalement de pair avec cette période sera une fois de plus accentuée cette année par la pandémie. Le prix des logements à travers le pays contribue au stress, tout comme le font les différentes restrictions de voyage provinciales, territoriales et internationales relatives à la pandémie avec lesquelles nous devons composer. Encore une fois, nous adopterons une approche très souple en ce qui concerne les dates de déménagement et d'entrée en service. Les lignes directrices seront diffusées au moyen de messages CANFORGEN au cours des prochains jours.

**Initiatives concernant le personnel.** Nous poursuivrons le travail essentiel que le Commandement du personnel militaire mène pour améliorer les conditions de service de nos membres et la situation de leurs familles. Le travail à l'égard d'une politique révisée sur l'universalité du service (U de S) progresse bien et il en va de même pour des initiatives précises axées sur le parcours de carrière adaptatif, lesquelles offriront plus d'options aux membres des FAC et à leurs familles. Une stratégie de maintien en poste attendue depuis longtemps est en cours d'élaboration et visera le maintien en poste d'excellents talents qui œuvrent et dirigent à l'échelle des FAC. Ces initiatives doivent être livrées dans le respect des principes directeurs de l'éthos militaire canadien, notamment le service avant soi, et dans une optique d'analyse comparative des sexes plus (ACS+). À cette fin, le système de gestion du personnel des FAC doit être modernisé et, dans certains domaines, modifié. Pour y parvenir, nous poursuivrons l'élaboration et la mise en œuvre d'une nouvelle stratégie des ressources humaines des FAC.

#### OPÉRATIONS

**Au Canada.** La tempête parfaite nous menace, avec la confluence des opérations LASER et VECTOR — car la lutte contre la pandémie doit se poursuivre — et de l'opération LENTUS avec l'arrivée du printemps risquant de s'accompagner des dangers habituels accrus de catastrophes naturelles telles que les inondations et les feux de forêt. Nous continuons de fournir un excellent appui à la population canadienne dans tout le pays : dans les collectivités autochtones et du Nord, quand elles font face à des éclosions; en dirigeant les efforts na-

tionaux pour planifier la distribution des vaccins; en appuyant les autorités aux postes frontaliers terrestres et, très bientôt, en participant aux efforts de vaccination dans de nombreuses collectivités éloignées et autochtones. Tous les jours, nos forces sont prêtes à prêter main forte aux autorités nationales quand on le leur demande; nos unités recherche et sauvetage sont sur le qui vive pour se porter à l'aide de personnes en détresse, tout comme le NORAD l'est, pour défendre le Canada et les États Unis. Tout au long de cette période, l'essentiel de nos efforts opérationnels et notre attention viseront le Canada.

**Vaccination des FAC.** La vaccination des membres des FAC est une priorité opérationnelle. Au cours des trois prochains mois, nous prévoyons recevoir 150 000 doses du vaccin, dont l'administration constituera l'objectif principal de nos Services de santé. J'ai publié des priorités en matière de vaccination, et de plus amples renseignements se trouvent dans l'O frag 001 de l'ordre de mission 002 du CEMD – Opération VECTOR – Campagne de vaccination des FAC contre la COVID-19. Je vous encourage fortement à vous faire vacciner. Notre efficacité opérationnelle en dépend. Au fur et à mesure que notre Force est vaccinée, nous modifierons nos mesures de protection conformément aux pratiques exemplaires et aux mesures sanitaires régionales.

#### Opérations expéditionnaires.

Tout au long de cette période, nous continuerons à faire notre part pour assurer la paix et la sécurité internationales, avec des opérations en cours telles que l'opération CARIBBE en Amérique latine et dans les Caraïbes, l'opération PRESENCE soutenant les Nations Unies en Afrique, et avec les rotations à venir dans les opérations UNIFIER et REASSURANCE, au sein de la Force opérationnelle terrestre et la Force opérationnelle aérienne – Roumanie. Nous continuerons d'être un chef de file à l'étranger, notamment grâce à nos commandements du 1er Groupe maritime permanent de l'OTAN (SNMG1) en Europe et de la Force opérationnelle multinationale 150 (FOM 150) au Moyen-Orient. Nous continuerons d'exceller et de maintenir nos efforts dans la région indo-asiatique-pacifique, y compris le déploiement présent du NCSM CALGARY, le déploiement prochain du NCSM WINNIPEG et les efforts du COMFOSCAN à travers le monde.

#### ÉTAT DE PRÉPARATION

**Génération du personnel.** Au moment où nous devrions augmenter nos effectifs, la pandémie a plutôt amené les FAC vers une réduction de notre effectif, à la fois dans la Force régulière et dans la Réserve. Alors que notre taux d'attrition a diminué d'environ 25 pourcent au cours de l'année dernière, notre taux d'admission n'a été que d'un tiers de la normale. Au fur et à mesure que notre système de

recrutement et l'École de leadership et de recrues des Forces canadiennes (ELRFC) retrouveront leur pleine capacité, nous devons continuer à donner les cours décentralisés de Qualification militaire de base et à prioriser les cours nécessaires pour maximiser le nombre de militaires qui atteignent le niveau opérationnel de compétence, c'est à dire le niveau où ils peuvent être affectés aux opérations. L'un des aspects clés tout au long de processus consistera à accroître la diversité dans nos rangs afin de tirer parti du talent inhérent à travers le Canada.

**Instruction individuelle.** Parallèlement, le débit de nos cours d'instruction individuelle a significativement été affecté. À moyen terme, nous prioriserons l'instruction individuelle à l'instruction collective dans le but de développer le leadership ainsi que les qualifications et les compétences techniques nécessaires.

**Instruction collective.** L'instruction collective doit se poursuivre, mais à une échelle réduite dans la plupart des cas, afin de conserver nos compétences dans le cadre d'activités de plus haut niveau. L'Ex AMAL-GAM DART du NORAD, l'Ex MAPLE RESOLVE de l'Armée de terre et l'Ex DYNAMIC MONARCH de la Marine, pour n'en citer que quelques uns, se poursuivront de manière modifiée, des stratégies d'atténuation des risques étant appliquées pour protéger la santé et la sécurité. Afin d'accroître la capacité pour d'autres activités, nous avons dû prendre la décision difficile de laisser tomber certaines activités comme la Garde de cérémonie, la Compétition de tir aux armes légères des Forces canadiennes, et la plupart des engagements communautaires.

**Alliés et partenaires.** Notre avantage concurrentiel dans l'environnement de sécurité d'aujourd'hui est de faire partie d'un réseau d'alliés et de partenaires aux vues similaires. À mesure que les conditions s'amélioreront, nous mettrons l'accent sur les efforts visant à renouer et à rétablir les relations avec nos partenaires grâce à divers événements, notamment des exercices, des entraînements et des mobilisations.

#### DÉVELOPPEMENT DES CAPACITÉS FUTURES

**Investissements prévus dans la politique PSE.** Notre politique de défense, Protection, Sécurité, Engagement, dresse un impressionnant plan d'investissements en immobilisations que nous devons continuer de mettre en œuvre activement. Les navires de combat de surface canadiens, le projet de capacité future en matière d'avions chasseur, et plusieurs autres programmes constitueront les fondements de nos futures forces militaires. Nous constatons déjà une augmentation des capacités découlant des projets comme le navire de patrouille extracôtier et de l'Arctique et la famille de véhicules VBL 6, y compris le premier véhicule

blindé d'appui tactique qui vient tout juste de sortir de la chaîne de production. Ces projets continueront d'exiger des efforts importants et essentiels.

**Capacités intégrées.** Alimentés en partie par les progrès technologies rapides, le caractère de plus en plus intégré de la conduite de la guerre et la concurrence internationale dans tous les domaines, y compris dans les domaines non traditionnels tels que le cyberspace, nous obligent à faire des investissements dans les fondements de notre entreprise militaire. À cette fin, nous continuerons de déployer des efforts visant quatre domaines de capacités hautement prioritaires : numérisation de la force et adoption de pratiques numériques; « système » commun C3IR (commandement, contrôle, communications, informatique et renseignement); entreprise de soutien interarmées; perfectionnement professionnel des dirigeants.

**Défense du Canada.** Diverses tendances, entre autres, les changements climatiques, l'intérêt accru à l'égard de l'Arctique et les défis sur le plan de la résilience nationale, ont été mises en évidence durant la pandémie, ce qui a mené à un changement de la façon dont nous conceptualisons la défense de notre pays. Au cours d'annonces présentées récemment par le gouvernement, notamment suivant la tenue de discussions entre les dirigeants nationaux du Canada et des États Unis, le gouvernement souligne la nécessité d'améliorer notre défense continentale, y compris la modernisation du NORAD. À court terme, nous continuerons d'apporter du soutien militaire en vue de l'élaboration de politiques, en ce qui concerne notamment la conceptualisation des capacités et la conception de la force.

#### Conclusion

Malgré les défis auxquels nous sommes confrontés, les activités relatives à la défense du Canada et des intérêts canadiens doivent se poursuivre. Les adversaires possibles ne se reposent pas, et ils continuent d'accroître leur portée et de mettre à l'épreuve notre résolution. Parallèlement, l'ampleur et la portée des tâches que nous sommes appelés à accomplir s'élargissent alors que nous protégeons notre population.

Les FAC, comme elles l'étaient avant la pandémie, ne seront plus pareilles au terme de la pandémie... trop de choses ont changé. Au fur et à mesure que nous évoluons, il sera essentiel pour nous d'équilibrer nos capacités alors que nous exécutons bon nombre d'activités. Tout bien pesé, nous sommes résolus à améliorer les FAC dans tous leurs domaines d'activités, surtout pour le bien de nos effectifs, ces derniers constituant les fondements de chaque aspect de notre service. Chaque jour que je sers, guidé par ces secteurs d'intérêt, je m'efforcerai chaque jour d'améliorer les FAC. Je vous incite à faire pareillement.



# Claims process underway for CAF-DND sexual misconduct class action settlement

By DND

The success of the defence team and the missions of the CAF depend on the trust and teamwork of military and civilian alike and that is directly linked to the defence workplace and culture. Sexual misconduct is inconsistent with CAF-DND values and ethics and is a problem that is being taken very seriously. This settlement is an important part of this commitment.

The individual claims process component of the CAF-DND sexual misconduct class action settlement commenced on May 25, 2020, and is well underway. Current and former CAF members, and current and former employees of DND and the SNPF, CF affected by sexual misconduct in the military workplace may submit a confidential claim for financial compensation and apply to participate in a Restorative Engagement program, until the period to file a claim closes on November 24, 2021.

The Final Settlement Agreement was approved by the Federal Court of Canada in November 2019. It applies to people who experienced sexual assault, sexual harassment, or discrimination based on gender, sex, gender identity, or sexual orientation while serving in the CAF, working for DND, or for the Staff of the Non-Public Funds, Canadian Forces.

The protection of privacy is important, and the claims process is confidential. The fact that someone has made a claim, and all of the information and documents provided by claimants will not be disclosed to claimants' co-workers, supervisors, or DND/CAF/SNPF leadership, except with the consent of the class member or as required by law.

This settlement provides financial compensation for those who have been harmed by sexual misconduct and makes changes to CAF and Veterans Affairs Canada (VAC) policies. Compensation is available for incidents of discrimination and harassment, as well as more serious incidents of sexual assault. The range of individual compensation for most eligible class members is \$5,000 to \$55,000. Compensation will depend on the type of sexual misconduct, an assessment of the harm suffered, and the number of class members that submit claims. Class members with PTSD or other diagnosed mental or physical injuries directly arising from sexual assault or sexual harassment may be eligible for additional amounts. In the case of a CAF class member, these additional amounts are only available if they are ineligible for VAC benefits and their application for reconsideration is also denied. DND/SNPF class members do not need to apply for VAC benefits, unless they also have CAF service.

In addition to the possibility of financial compensation, class members can also choose to participate in the [Restorative Engagement program](#) which aims to provide class members safe and flexible options to share their experience of sexual misconduct, its causes and impacts with Defence leadership- to be heard, acknowledged and

validated, and to contribute to changing the organizational culture.

The Restorative Engagement team is consulting with external experts on the design of the program. Consultations also include people affected by sexual misconduct, Defence Advisory Groups, and other stakeholders both inside and outside of the Defence Team. The

Restorative Engagement program is expected to launch in the fall of 2021.

If you have questions about whether the conduct that you experienced during your service or employment is covered by the settlement, or to learn more about the settlement and submit a claim, visit the class action website at [caf-dnd-sexualmisconductclassaction.ca](http://caf-dnd-sexualmisconductclassaction.ca)

or call 1-888-626-2611. If you need legal advice concerning a possible claim in the settlement, you are entitled to receive it free of charge from class counsel as part of the settlement. Contact information for class counsel across Canada is on the class action website. If you are aware of others who may be eligible, please share this information with them.

**Are you a current or former CAF member, or current or former DND/SNPF, CF employee who experienced sexual harassment, sexual assault, gender or LGBTQ2S+ discrimination in a military workplace?**

You may be eligible for financial compensation and to participate in a Restorative Engagement program.

**Êtes-vous un(e) membre ou ex-membre des FAC ou un(e) employé(e) ou ex-employé(e) du MDN/PNFP, FC qui a vécu du harcèlement sexuel, une agression sexuelle ou de la discrimination genrée ou LGBTQ2S+ dans un milieu de travail militaire?**

Faites une demande d'indemnisation financière et participez à un programme de Démarches Réparatrices.



**1-888-626-2611**

Learn more about the settlement and your legal rights and options  
[www.caf-dndsexualmisconductclassaction.ca](http://www.caf-dndsexualmisconductclassaction.ca)

Renseignez-vous sur le règlement, vos droits légaux et vos options  
[www.fac-mdnrecourscollectifinconduitesexuelle.ca](http://www.fac-mdnrecourscollectifinconduitesexuelle.ca)



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Madison Walsh

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Victoria Stead

SUBMITTED



Kathleen Bayliss-Byrne

SUBMITTED

# Meet the Registered Dietitians at CFB Halifax

By PSP Health Promotion

This year's Nutrition Month theme was "Good for you. Dietitians help you find your healthy." This theme recognizes that healthy eating can look different for everyone, and emphasizes the important role that registered dietitians play in helping people figure out what healthy eating looks like for them.

Dietitians are regulated health care professionals, committed to using their specialized knowledge and skills to support health and nutrition. They go to school to study nutrition for four years, and complete a 1-year intensive internship. Many continue on to complete Master's degrees, and for some, even PhD's. We are well-educated, and are the experts in healthy eating. We understand the science of nutrition, as well as the art of personalizing our approach to meet the unique needs of each person. We know that healthy eating is very complex, and can be impacted by a person's health, food preferences, culture, food traditions, and more.

Dietitians can work in a wide variety of roles - from hospitals and long-term care facilities, to community health, to private practice, to grocery stores! Read on to learn more about the roles of our three registered dietitians at CFB Halifax!

**Madison Walsh, MPH, P.Dt., Health Promotion Specialist**

Madison is a Registered Dietitian originally from the Annapolis Valley in Nova Scotia. Madison acquired her Bachelor of Science in Nutrition and Dietetics at Acadia University. Following this degree, she went on to pursue her Master of Public Health and dietetic internship at the University of Toronto. Upon graduation, she was hired as a Health Promotion Specialist at CFB Halifax, and has been in this role for almost two years.

Madison is passionate about health and nutrition, and enjoys serving the military community in her current role. She supports the physical and mental health of military members through health promotion courses and initiatives.

In her spare time, Madison enjoys practicing yoga, exploring local hiking trails, reading, and experimenting in the kitchen through cooking and baking.

**Victoria Stead, P.Dt., Health Promotion Specialist**

Victoria is a Registered Dietitian originally from St. John's, Newfoundland. Victoria earned her Bachelor of Science in Applied Human Nutrition from Mount Saint Vincent University and completed her dietetic internship in a variety of settings across Nova Scotia. Since graduation, she has worked in private practice, food safety regulation and compliance, cancer care and health promotion. All

these experiences combined have shaped her career and led her to the direction of pursuing a Master of Education in Adult Education and Health at St. Francis Xavier University.

Victoria is passionate about population health and preventative care, and supports the health and wellbeing of CFB Halifax, enabling personnel to take control of their health through education, initiatives, policy development and implementation, and program development.

In her spare time, Victoria enjoys reading fiction or true-crime novels, spending time on Nova Scotia's beaches, snowshoeing in the Cape Breton Highlands, and traveling and exploring new places.

**Kathleen Bayliss-Byrne, P.Dt, CF Health Services Centre (Atlantic)**

Kathleen Bayliss-Byrne graduated from Mount Saint Vincent University with a Bachelor of Science in Home Economics majoring in Food and Nutrition, and she completed a Cooperative Integrated Internship Program from a variety of locations across Nova Scotia and New Brunswick. Kathleen has been a Certified Diabetes Educator for 26 years and has provided nutritional counselling for military members for more than 22 years. Services for group education programs include but are not limited to: prediabetes, type 2 diabetes, addictions and recovery, and

chronic pain self-management programs. Other individual services include blood pressure, cholesterol and heart disease management, coping with digestion, bowel disease or other disorders, food intolerances or allergies, and healthy weight management. Kathleen enjoys cooking, socializing with family and friends (within the bubble), practicing yoga and the Essentrics exercise program at home, weight training at a local gym when opened, Nordic pole walking and a variety of other outdoor activities.

Base dietitians provide services for military members only outside of certain appointments or group programs. CAF members can access nutrition counselling services through a referral process made by your nurse practitioner, physician assistant or doctor. Civilian staff can access local dietitians using their health care plan or private pay. A list of private practice dietitians that can be found on [www.dietitiansnoveascotia.com](http://www.dietitiansnoveascotia.com).







Master Warrant Officer (retired) Dan Pasieka, centre, holds the LEGO model built by his sons, Mike and Denis, of the CH-113 Labrador he flew in for years as a Royal Canadian Air Force search and rescue technician.



The full kit includes a LEGO air crew, helipad, and other accessories.  
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# LEGO Labrador build is boys' homage to SAR-Tech dad's RCAF career

By Sara White,  
Managing Editor, The Aurora

The “pick-up truck, workhorse” capabilities of the old CH-113 Labrador, used by the Royal Canadian Air Force as its search and rescue helicopter for 41 years before replacement with the CH-149 Cormorant, has a special corner of Master Warrant Officer (retired) Dan Pasieka's heart.

But the LEGO model built by his sons, Mike, 15, and Denis, 13, represents their tribute to his 26-year military career, including time as a search and rescue technician.

The Ottawa family, and Dan himself, were never posted to 413 (Transport and Rescue) Squadron at 14 Wing Greenwood, but did spend time at search and rescue bases across Canada. Dan retired January 4, and the boys got to work.

“We designed this set for our father as a gift for him because he flew in this Labrador,” says Denis, describing the early process of sorting through their amassed bins of traditional LEGO to sort out as much yellow as they could find. The wanted moving parts

and functioning features, including the retracting winch and ramp their dad would have worked with as he helped save fishermen, boaters, hikers, aviators and others in distress.

“We found a piece for the base, and started from that – and then it was trial and error,” Mike says. “We’d think we were done, but Dad would say, ‘No, add something – a door, the back ramp, a hinge...’.

“The hardest part was the back ramp. The base plate we used was offsetting some of our pieces and it was really hard to figure out how to make the ramp come back up into the doorway. A simple mechanism, but it took some time to figure out!”

As the hours added up, including adding in movable winch and blade functions, the boys called it complete March 11, loading their build to the LEGO Ideas website in hopes fan votes will catch the brick-building company's attention, and the Labrador becomes a sellable kit down the road.

“If you hit the 10,000 (votes), the LEGO board will

put your design through tests, deciding if it works,” Mike says. “You help them design it. It may change a little bit, but it's still your original concepts and design.”

Dan says word is spreading among folks in the search and rescue trade, and reaction has been good for the boys' effort. They've been interviewed for a radio station, and some online sharing of their pictures and the LEGO link is helping boost their chances. Their proposed set would come with a helipad, GPU cart (ground power unit), and a crew compliment of five LEGO characters: two pilots, one flight engineer and two SAR-Techs.

“I loved flying on the Labrador – a very robust helicopter,” Dan says. “You could put it down on water, which was cool.”

Check out the LEGO Labrador online here: <https://ideas.lego.com/projects/61452f87-914c-4786-857b-3cfc-71b50c56?fbclid=IwAR0XmLiH0IzcAd4uoSt-lia6oi5e-20vd8fEBnkVhkXD8cMftcAGT-NeuBM>

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## Operation VECTOR continues

A member of the Land Task Force gets tested for COVID-19 in preparation for the beginning COVID-19 vaccination clinics to on-reserve Indigenous communities in Thompson, Manitoba as part of Operation VECTOR on March 28. These clinics will be operated in collaboration with Indigenous Services Canada, local Indigenous authorities and Public Safety.

S3 MEGAN STERRITT, 17 OSS IMAGING





# SPORTS & FITNESS



## FMF Cape Scott MARTECH helps 12 Wing gym keep boats afloat

By Joanie Veitch,  
Trident Staff

Staff at the 12 Wing Shearwater gym are full of praise for a member of FMF Cape Scott who worked to refurbish a number of canoes owned by PSP Halifax.

The six canoes have seen years of use through the gym's popular equipment sign-out program, leaving them worse for wear. MS Matt Collins noticed this for himself after signing out a canoe last summer. He noted some damage on the boats, including deep scratches, and that two canoes had holes large enough to render them unusable.

An avid canoeist with two of his own canoes that he's learned how to maintain and repair, Collins talked with Sports Stores Manager Wally Buckoski and offered to help fix them up.

Buckoski was thrilled. The program had seen a surge of interest last year as COVID-19 restrictions had everyone looking for outdoor activities, and he expects a similar uptick in interest again this year.

"I'd been thinking I would probably have to buy new ones — and that would have cost quite a bit of money — or send them out for repair, which would also have been a huge expense. When Matt offered his expertise, I just couldn't believe it," Buckoski said. "He did a great job on them. I just can't thank him enough."

A Marine Technician by trade, MS Collins works in the FMF Cape Scott Gas Turbine Shop at the Naval Annex Dockyard in Dartmouth. Every summer he signs out a canoe so he and a friend can take their daughters on an overnight canoe trip to Kejimikujik Na-

tional Park in southwest Nova Scotia.

After buying his first canoe in 2014, MS Collins began teaching himself canoe maintenance and repair. He figured that — with some help — he could fix the Shearwater canoes.

"YouTube is a wonderful resource," he laughed.

After getting permission to use the Gas Turbine Shop to do the repair work, MS Collins got in touch with a marine fibreglass company and priced out the materials he'd need. Starting in February and finishing the last two canoes at the end of March, he worked over lunch hours, after work and during his downtime getting help from other workers in the shop as well.

"I've got a great bunch of guys that I work with here. I told them I'd be doing this work and that they could help out if they wanted...and they did," he said.

There are six canoes, along with six paddleboards and two two-seater kayaks, available for current and retired military members to sign out — for free — at the Shearwater Gym through the sign-out program.

Although the sign-out program usually runs from May 1st to October 1st, last year's warm fall allowed Buckoski to continue the program until Halloween. Now with the newly refurbished canoes ready to go, he hopes to start up early this year again.

"I'm just so impressed by the work that MS Collins did and the cooperation from the military in helping out this PSP program," Buckoski said. "It's something that benefits us all."



MS Matt Collins works on a PSP-owned canoe at NAD Dartmouth on March 23.

JOANIE VEITCH, TRIDENT STAFF





# Sports throwback: First national soccer title for CFB Halifax

By Ryan Melanson,  
Trident Staff

The 1993 Canadian Armed Forces soccer season saw CFB Halifax field an exceptionally strong team, with a roster of young officers leading the base to victory at the CAF National Championship. According to then WO Frank Brake, who played on the team and wrote about the tournament for Trident, the win marked the first time a CFB Halifax team had ever captured a national soccer title.

The games were held in the fall of 1993 in Saint-Jean-sur-Richelieu, Quebec. CFB Halifax averaged four goals a game through six games, including a 7-0 white washing over rivals from Esquimalt in the semi-final. Their only flaw on the run to the championship was a loss to a hard-working CFB Winnipeg team in round robin play. Halifax was also forced to extra time in the final against the same Winnipeg team,

winning on a goal by Capt Blair Baker for a final score of 3-2.

The leading scorer of the tournament was SLt Phil Johnston, who scored nine goals in six games, including two in the final. The team was augmented by Lt(N) Chris Sutherland from HMCS *Iroquois* and Capt Mark Bradley from 14 Wing Greenwood, who each contributed significantly to the championship win.

Other team members included MS Duncan Elbourne, WO Frank Brake, OS Ben St. Germain, Lieutenants (Navy) Karl Seidenz, Ted Bennet, Simon Page, Shawn McWilliams and Eric Michaud, Sub-Lieutenants Steve Harrison, Phil Johnston and Tom Kalhous, Captains Blair Baker and Mark Brady, Cpl Ray Robson, and Petty Officers 2nd Class Lloyed Hillier and Bill Hom.



WO Frank Brake, left, of CFB Halifax, chases an opponent during the 1993 CAF National Soccer Championship. Halifax would go on to win the national title.

TRIDENT ARCHIVES



## HMCS *Queen Charlotte* prevails against Army units

After missing their annual friendly hockey game in 2020 due to COVID-19 restrictions, members of HMCS *Queen Charlotte* took on members of the Prince Edward Island Regiment and 36 Signals Regiment on March 24, with the Naval Reserve team taking a 2-0 victory.

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# SPORT CELL

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