

CAF Sports Day 2019



CAF Sports Day in Halifax started with a morning run through HMC Dockyard. Other fitness and sports events for the day ranged from a group walk to badminto and floor hockey. AVR RENZO RUIZ-HASS, FIS HALIFAX



HMS *Queen Elizabeth* in Halifax Pg. 3





Tribute Tower earnsKootenayLEEDS silverPg. 8explosion

Kootenay survivors recall explosion Pg. 12-13

CAF Sports Day 2019 Pg. 20



PLUS >>>> NO MONEY DOWN, NOT EVEN THE TAXES.

On Now

HMCS Preserver anchor on display as part of CSTF project

By Ryan Melanson, **Trident Staff**

The former HMCS Preserver served the Roval Canadian Navy for 46 years before being paid off in 2016, and a new permanent display outside the Stadacona gates will help ensure the ship's legacy stays top of mind for decades to come.

The anchor from the former Protecteur-class AOR was recently stood up on a concrete pad on the north side of the gate, and an additional plaque or piece of interpretive signage is soon to follow. The new display serves as a companion to the repurposed Stadacona sign that now sits on the south side of the entrance.

"I think it's a very appropriate way to honour and remember the ship, while also dressing up the main gate a little bit, said Clive Orford with ADM (Infrastructure and Environment) in Ottawa, who is the project director on the ongoing Consolidated Seamanship

WE KNOW THE



The anchor is now in place on the north side of the Almon Street gate, with more beautification work to come as the larger CSTF project nears completion.

RYAN MELANSON, TRIDENT STAFF

Training Facility (CSTF) construction. He gave credit to CFB Halifax Base

Commander Capt(N) David Mazur for the original idea to place a naval artifact outside the gate, and Jennifer Denty at the Naval Museum of Halifax for suggesting the anchor after the original idea of a ship's gun mount proved to be infeasible. Defence Construction Canada Coordinator then took on the task, along with engineers and workers from Bird Construction,

of moving and erecting the anchor, which weighs more than 10,000 pounds.

Crews used a crane to lift the anchor onto the pad and secure it into place back in August, and recently the fencing around the anchor was removed and the area was filled in with river rock

Orford said he's thrilled that improvements to the aesthetic of the base have become part of the CSTF project. Other potential ideas include alternatives to the high cement barriers that still exist on Gottingen Street north of the base entrance.

The project as a whole has involved multiple stages since the razing of A-Block, the former Fleet Club and Seamanship Division buildings in Windsor Park. including the construction of Tribute Tower and the Stadplex annex that now houses CANEX and SISIP. The new-

est building will function as a new Stadacona drill hall as well as a new Seamanship Division training facility. It includes state of the art replenishment at sea and boarding party simulators included as part of the training element, and will also feature plenty of offices and classrooms along with the drill space. The building is set for



ALUE OF A VETERAN

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Crews used a crane to lift and move the anchor from the former HMCS Preserver before securing it in place outside the Stadacona gates.



Royal Navy brings new aircraft carrier to Halifax ahead of F-35 trials

By Ryan Melanson, Trident Staff

The Royal Navy's newest and largest-ever class of aircraft carrier visited Canada for the first time from September 13-16, with HMS *Queen Elizabeth* dropping anchor in Halifax harbour near George's Island.

The first of its class, Queen Elizabeth is a mammoth ship weighing 65,000 tons and with a flight deck that stretches 280 metres long. It's capable of carrying up to 40 aircraft at once, along with more than 1,600 RN and Royal Air Force members when at full capacity. The ship was commissioned in 2017, and has been undergoing various trials with full operational capability expected in 2021. "She's a new class, with a new design, on a much larger scale than what we've operated before. The size of the flight deck gives us great flexibility to operate a much larger and greater range of aircraft," said Cdr Ed Phillips, the Air Commander in charge of *Queen Elizabeth*'s Flying Control station.

The extra flight deck space also allows for one of the carrier's notable features – two raised islands as opposed to the usual single island. This allows one to be used for ship operations and the other to focus on air operations. The second island also contains a fully functional backup bridge. It's one of the many reasons *Queen Elizabeth* and her sister ship HMS *Prince Wales*, set to begin sea trials later this year, are the most advanced ships ever built for the RN, Cdr Phillips said.

"It gives us flexibility across the whole range of what we can do, from offensive strike action to defensive missions to humanitarian missions. It's an exciting time for the task group."

While the stop in Halifax was a quick one, *Queen Elizabeth*'s deployment was set to begin ramping up after leaving Nova Scotia – next up for the UK Carrier Task Group is trials with the F35 Lightning II jet. The UK exercise WESTLANT 19 involves the group working with both British and American F35s as the new ship works its way up to being fully operational. Initial trials in 2018 saw American

Initial trials in 2018 saw American

jets take off and land from *Queen Elizabeth* hundreds of times, while this year's deployment will focus on integrating the operational capabilities of the UK's own F35s with the carrier. Because the new class of carrier was built specifically to work with this aircraft, the next set of trials are crucial to ensure the design works as intended, Cdr Phillips said.

"The trials in 2018 were incredibly successful. What's key this year is taking the next step to ensure we can be operational with the aircraft, that it can work with a strike group construct with our Type 45 destroyers and Type 23 frigates, and deliver the core missions the F-35 is designed to carry out."





RN sailors man the side as the carrier approaches Halifax on September 12. MONA GHIZ, MARLANT PA

"See dealer for details

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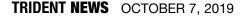
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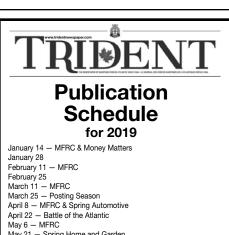
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Community Calendar

Reunion and event notices must be submitted by email.

editor@tridentnews.ca include the sender's name and phone number.

A notice will not be published if the event is to happen more that one year from publication date. Submissions may be edited.

615 (Bluenose) Royal Canadian Air Cadet Squadron Time: 6:15-915 p.m.

Location: CFB Halifax

Flight principles, air navigation, meteorology, first aid, airframes, engines, marksmanship, effective speaking, instructional techniques and leadership. Some of the things you will learn as a member of 615 (Bluenose) Squadron. If you are 12 -18 years of age you can join. Air cadet activities are centered on aeronautics and leadership. There are no fees to join and uniforms are provided. Summer training courses from 2-7 weeks in length are available. 615 (Bluenose) Squadron meets Wednesdays from 6:15-9:15 pm at CFB Halifax. The main entrance to CFB Halifax is at the corner of Gottingen Street and Almon Street. For more information, find us on Facebook at 615 Bluenose Air Cadets or email 615aircadets@gmail.com

3036 Sackville Lions Army Cadet Corps

Time: 6:30 - 9 p.m. Location: 255 Damascus Drive,

Bedford The 3036 Sackville Lions RCEME Royal Canadian Army Cadet Corps will be accepting new youth between the ages of 12-18 to join the cadet corps starting September 9. New cadets are welcome to drop by for more information and to register on Monday nights between 6:30-9:00pm from September 9th, 2019 onwards. To join the unit youth must be accompanied by their guardian on the first night and bring with them government issued photo ID and their health card. There are no registration fees. For more information: cadets3036@gmail. com or Facebook.com/cadets3036

Halifax Library FRESHFest Time: 12 - 4 p.m. Date: Saturday, October 12 Location: Halifax Central Library, Paul O'Regan Hall

Celebrate food resources that everyone should have, festival-style. Watch chef demonstrations, learn from local food leaders, taste Nova Scotian flavours, and find out how you can get involved. Get into the local food scene with samples, games, activities, and fun for all ages. Featuring Bite Sized Kitchen, FOUND Forgotten Food, Green Schools Nova Scotia, Food ARC, Nourish NS and many more presenters.

Climate Change Adaptation in Atlantic Canada

Time: 12 - 1:30 p.m. Date: Tuesday, October 15 **Location: Dalhousie University** Kenneth C. Rowe building

The 2019 Canada's Changing Climate Report (CCCR) projects that Atlantic Canada will experience extreme sea-level change in the coming years. In light of that report, this discussion will consider questions such as how effective are current policies on resilience and adaptation for the east coast and Canada? What are the tough choices that lie ahead and how do we address them? Featuring Megan Leslie - President and CEO of WWF-Canada, Kate Sherren - Associate Professor in Dalhousie's School for Resource and **Environmental Studies, Robert Strang** - Nova Scotia's Chief Medical Officer of Health, and others. This talk is free and open to the public, seating is first come, first served.

Halifax Harmonizers: Music & Love concert

Time: 3 - 4 p.m.

Date: Sunday, November 3 Location: Halifax Central Library, Paul O'Regan Hall

The Halifax Harmonizers are charter members of the Barbershop Harmony Society (BHS), which dates back to 1938. The chorus is made up of gentlemen from all over the Halifax municipality, with nearly forty members in total. The group is committed to providing high quality entertainment with an emphasis on having fun and making those chords ring. Halifax Harmonizers is under the direction of Paul Creaser and Russ Sketchley.

The Women's Royal Canadian Naval Service: 1942-1946

Time: 7 - 8:30 p.m.

Date: Tuesday, November 5 Location: Maritime Museum of the Atlantic

On the 31st July 1942 the Women's Royal Canadian Naval Service (WRCNS) was established as part of the Royal Canadian Navy. The Wrens served throughout Canada and in numerous overseas postings. Join the

museum for this illustrated talk by JoAnn Cunningham which documents their training, their leaders, and the essential contribution the Wrens made to the war effort. JoAnn Cunningham served in the Naval Reserve at HMCS Scotian for 35 years, and has a keen interest in the Wrens and the roles they played in our naval history. She volunteers at the Naval Museum of Halifax and is currently Secretary of the Nova Scotia Wren Association.

'Til We Meet Again concert Time: 2 - 4 p.m. Date: Saturday, November 9 Location: Halifax Central Library, Paul O'Regan Hall

Maritime Forces Atlantic presents the 18th Annual 'Til We Meet Again concert, an afternoon of wartime favourites from the Stadacona Band of the Royal Canadian Navy and special guests in support of Camp Hill Veterans' Memorial Building.

The Sea in her Blood Time: 9:30 a.m. - 5:30 p.m. Date: Open until February 1, 2020 Location: Maritime Museum of the Atlantic

Like the land we call home, every generation of maritime women is shaped by the sea - through maintaining tradition and pushing boundaries, work and play, struggle and triumph. Many of their stories have been lost to time. Today maritime women continue to both redefine traditional ways of living with the sea, and shape new ones. The Sea in Her Blood, a special exhibit at the Maritime Museum of the Atlantic, highlights 17 of these extraordinary women, including five RCN members. The exhibit opened in June and will remain open until February 1, 2020.



Halifax Harbour Swim 2019

MWO Leigh Joiner and several other Defence Team members braved the cold, choppy waters of the harbour on September 18 to participate in the Halifax Harbour Swim, in support of United Way Halifax's fundraising campaign.

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A Canadian CH-148 Cyclone landed on a Royal Navy aircraft carrier for the first time on September 12 during HMS Queen Elizabeth's visit to Halifax.

MONA GHIZ, MARLANT PA



Royal Navy Cmdre Mike Utley, left, hosted RAdm Craig Baines, Commander MAR-LANT and JTFA for discussions and a tour of HMS Queen Elizabeth.

MONA GHIZ, MARLANT PA

Visit highlights strong Canada-UK partnership

By Ryan Melanson, Trident Staff

With the Royal Navy's newest class of warship visiting Halifax, and RN sailors taking part in Exercise CUTLASS FURY at the same time, the Commander of the UK's Carrier Strike Group says it's clear that Canada and the United Kingdom remain important military partners.

"Canada is one of our closest allies, we've worked closely together for many, many decades in the Maritime environment, and that continues today," RN Cmdre Mike Utley said, noting that the two countries are also the only pair that share membership in NATO, Commonwealth, and the Five Eyes alliance.

While HMS *Queen Elizabeth* is still undergoing trials ahead of achieving full operational service in the coming years, the carrier was joined on its visit by strike group members HMS *Dragon* and HMS *Northumberland*, with the latter arriving early to meet up with NATO allies for CUTLASS FURY off the coast of Nova Scotia and Newfoundland.

Cmdre Utley hosted RAdm Craig Baines, Commander MARLANT and JTFA, as well as British High Commissioner Susan le Jeune d'Allegeershecque, aboard *Queen Elizabeth* on September 12. Along with interoperability training taking place during CUTLASS FURY, the two militaries also showed their ability to work together by landing the guests on the carrier with a Canadian CH-148 Cyclone helicopter.

"This is a golden opportunity for us to take advantage of the visit from *Queen Elizabeth* and take advantage of CUTLASS FURY to really make sure we can work together in an austere environment," RAdm Baines said.

"It's a chance to work together and learn more about each other, and I can't stress enough how important that is."

The purpose of these types of joint activities and exercises, Cmdre Utley added, is to ensure that allies are prepared to work together during operations that involve real-world dangers, should the need arise. This is even more crucial for nations as closely linked as Canada and the UK.

"It's not just interoperability, but integration as well, to be able to instinctively know how the other operates, so we can be ready to face very real challenges in the Atlantic and across the world."

Along with the interoperability at sea, some sailors from *Queen Elizabeth* also participated in soccer and floor hockey games ashore against RCN members, and members of the carrier's air crew were in attendance at 12 Wing Shearwater during a Battle of Britain commemoration service on September 15.

Back to school... fixing priorities

By Capt RG Davis, 12 Wing Chaplain

So by now we are back in the swing of things, the kids are back to school, Dorian is past and we are into fall already.

Hopefully all of you have had a good summer - very full with leave, trips and outings but perhaps like mine, altogether too short. Whereas the summer months are often chaotic and frenzied with usually no set-schedule, the school/fall schedule (although very busy too) begins setting a normal routine for much of life. With this we get into a groove of normalcy, most weeks are generally the same. As you set that new schedule you will have many obligations, however I hope that you will make your spiritual life a priority on that list. Here's why...

Life is busy. You are busy. Your family is busy. That is a given. But we always have time for that which is a priority and is important in our life. If you have children in school - school is important and a priority. I guaran-

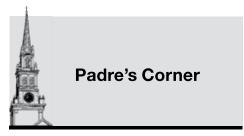
tee that Monday through Friday you are going to be up early and out the door so that your children can be to school on time. Same goes with your work - you are going to be there when you are supposed to for the sake of your employers and co-workers. If we are willing to do this for school and work but not for your spiritual life (and that of your family), there's a disconnect there, and sooner or later, we will pay a price. Spirituality touches on meaning and purpose and so it is necessary for a full and satisfying life. But often with our actions we demonstrate that it is less important than those other things.

As a Chaplain, (perhaps your Padre), I am not asking you to add one more thing to your plate – you already have enough. What I am asking is to watch what you are adding and saying "yes" to because everything you add may crowd out something else – and your spiritual life (and that of your family) will easily be dismissed for other needs.

Why not start at work? We all take

breaks, hang out and chat over a coffee, have lunch, or take some alone time to think. Why not use some of that down time to ask broad questions about religion and life; or consider the presence and existence of God; or investigate the truth claims of religion. Some of the best discussions I have participated in have been in a smoke shack (or in a trench at zero dark stupid, or sitting on a bollard watching the waves go by).

So as you enter into fall, it's a new season, a good time to be reminded



and renewed in a pattern of putting priorities first. Be committed to your spiritual growth - as a result you and your family will be blessed.



STADPLEX demolition

By CFB Halifax PA

Stadacona gym (STADPLEX) exterior demolition work began at the end of September, with expected completion at the end of December. Members working near or transiting in the vicinity of the work site should expect increased noise levels and dust for the duration of the work period. The majority of the work will be completed during routine working hours (0700hrs to 1700hrs), however, some work may occur on weekends to facilitate removal of large building components. While trucks and construction vehicles will be used to remove material from work site, no traffic delays are expected. Additional work will take place at ground level once the demolition is complete. Members are asked to exercise

caution as this work is completed.



STADPLEX will be demolished between October and the end of December 2019. SUBMITTED

Démolition du STADPLEX

Par BFC Halifax AP

Les travaux de démolition extérieure du gymnase Stadacona (STAD-PLEX) devraient commencer à la fin septembre et se terminer à la fin décembre. Les personnes qui travaillent près du chantier ou qui circulent à proximité du chantier doivent s'attendre à des niveaux de bruit et de poussière accrus pendant toute la durée des travaux. La majeure partie du travail sera effectuée pendant les heures normales de travail (de 7 h à 17 h), mais certains travaux peuvent être effectués la fin de semaine pour faciliter l'enlèvement des gros éléments de la structure. Bien que des camions et des véhicules de construction seront utilisés pour retirer les matériaux du chantier, aucun retard de circulation n'est prévu. Des travaux supplémentaires seront effectués au niveau du sol une fois la démolition terminée.

On demande aux membres du personnel de faire preuve de prudence pendant les travaux.

2019 MARLANT National Defence Workplace Charitable Campaign

By CFB Halifax PA

The National Defence Workplace Charitable Campaign (NDWCC), as part of the Government of Canada Workplace Charitable Campaign (GC-WCC), is a charitable giving option developed exclusively for federal public servants and federal retirees. Through the NDWCC, Defence Team members can support United Ways/Centraides, HealthPartners or any other registered Canadian charity of their choosing.

The 2019 NDWCC theme – Standing shoulder-to-shoulder against veterans' homelessness – illustrates that a community-centered approach is needed to address this unfortunate reality, and that we need to come together for members of the CAF, past, present and future.

In 2018, the MARLANT Formation raised \$447,183.18 for Canadian charities through canvassing efforts and events held throughout the campaign season. Our hope this year is that all Defence Team members get involved in some way, whether it be through direct contributions, participation in awareness events or volunteering in our region. These contributions will ensure that charities can continue their important and essential work in our communities.

Early details of the 2019 MARLANT campaign are as follows:

The MARLANT, FMF Cape Scott and 12 Wing NDWCC kick-off events took place between September 24 and October 3. Additional kick-off events will include the 5th Canadian Division HQ event on October 8 (location and time TBC) as well as the Fleet kick-off on October 9, 11 am - 2 pm at Jetty NJ.

Additional information on these kick-off events and all upcoming

Workplace e Campaign NDWCC events/activities will be released when available. The most up-todate information will be posted to the

date information will be posted to the MARLANT intranet splash page, local NDWCC website and CFB Halifax social media sites: Facebook (@BaseHalifax), Instagram (cfbhalifax_bfchalifax) and Twitter (@CFBHalifax).

Unit events

If your unit is planning to host an NDWCC fundraising event this fall, you are encouraged to contact the CFB Halifax Public Affairs office in advance at P-HFX.PA@forces.gc.ca and/ or submit photos and an accompanying caption to the same address at the conclusion of your fundraiser.

Canvassers

NDWCC canvassers will be visiting units throughout the Formation in the coming months. Please take a few minutes to talk with them, learn the various ways you can donate and consider making a contribution to the United Way, HealthPartners or any registered Canadian charity of your choosing.

#FaceofBaseHFX

Why, how and to which organizations and charities do our CAF members and civilian employees donate? Why do our members volunteer with local charities and community groups? In the coming months, we will be profiling members of our local Defence Team who will be answering these questions. Stay tuned for what they have to say via our CFB Halifax social media channels. If you would like to share your story, please e-mail P-HFX. PA@forces.gc.ca.

Let's have fun, make connections and work with our neighbours to positively impact the communities in which we live, work and play.

A message from this year's 2019 NDWCC Director, Halifax region

By Cdr Beth Vallis, 2019 NDWCC Campaign Director Halifax Region

As Campaign Director for the 2019 National Defence Workplace Charitable Campaign (NDWCC) in the Halifax region, I am responsible for connecting with Defence Team members, fostering engagement, and communicating the impact of giving during this busy campaign season. This year's theme is Standing shoulder-to-shoulder against veterans' homelessness. The NDWCC in the Halifax region is part of the local Defence Team's commitment to making a difference in the communities in which it serves.

In 2016, I attended a reception at a municipal housing unit where I met two women who were partners. This small event was serving coffee and dessert and both women were excited about the opportunity to have coffee because they could not afford to buy it on their own. They also told me that the television in the common room that had been donated was stolen and that there had been an infestation of bed bugs, so I should not sit on any of the furniture. After our conversation, I learned that each woman had a career but after their decision to transition.

La Campagne de charité en milieu de travail de la Défense nationale de 2018 - FMAR(A)

Par BFC Halifax AP

La Campagne de charité en milieu de travail de la Défense nationale (CCMTDN), qui s'inscrit dans le cadre de la Campagne de charité en milieu de travail du gouvernement du Canada (CCMTGC), est un mécanisme de dons de bienfaisance conçu exclusivement pour les employés fédéraux actuels et ceux à la retraite. Par l'entremise de la CC-MTDN, les membres de la l'Équipe de la Défense peuvent appuyer Centraide, PartenaireSanté et tout autre organisme de bienfaisance de leur choix.Le thème de la CCMTDN de 2019, Se tenir côte à côte contre l'itinérance chez les vétérans, démontre qu'il est nécessaire d'adopter une approche communautaire pour faire face à cette malheureuse réalité, et que nous devons nous mobiliser pour le bien des membres des FAC anciens, actuels et futurs.

En 2018, la Formation des FMAR(A) a amassé l'extraordinaire somme de 447 000 \$ pour des organismes de bienfaisance canadiens grâce au travail des solliciteurs et à des activités tenues durant la campagne. Cette année, nous espérons que les membres de l'Équipe de la Défense y participeront d'une manière ou d'une autre, que ce soit en faisant des dons, en participant à des activités de sensibilisation ou en faisant du bénévolat dans notre région. Ces contributions permettront aux organismes de bienfaisance de poursuivre le travail important et essentiel qu'ils font dans nos communautés.

Voici quelques renseignements préliminaires sur la campagne de 2018 des FMAR(A).

Les activités de lancement de la CCMTDN des FMAR(A), de l'IMF Cape Scott et de la 12e Escadre ont eu lieu du 24 septembre au 3 octobre. D'autres activités de lancement sont prévues, dont celle du QG de la 5e Division du Canada le 8 octobre (le lieu et l'heure restent à déterminer) et celle de la Flotte le 9 octobre, de 11 h à 14 h, sur la jetée NJ.

Les heures, les lieux et les renseignements supplémentaires concernant ces activités de lancement et l'ensemble des activités et des événements à venir de la CCMTDN seront diffusés lorsqu'ils seront disponibles. L'information la plus à jour sera affichée sur la page d'entrée de l'intranet des FMAR(A) et dans le site local de la CCMTDN et les sites des médias sociaux de la BFC Halifax : (@BaseHalifax), Instagram (cfbhalifax_bfchalifax), Twitter (@CFBHalifax).

Activités organisées par les unités

Si votre unité prévoit d'organiser cet automne une activité de collecte de fonds au profit de la CCMTDN, nous vous encourageons à communiquer avec les Affaires publiques de la BFC Halifax avant la tenue de l'activité à l'adresse P-HFX.PA@ forces.gc.ca ou à envoyer les photos avec les légendes à la même adresse après l'activité.

Solliciteurs

Les solliciteurs de la CCMTDN se rendront dans les unités de la Formation au cours des prochains mois. Veuillez prendre quelques minutes pour vous entretenir avec eux et vous renseigner sur les différentes façons de faire un don. Vous pourriez faire un don à Centraide, à PartenaireSanté ou à tout autre organisme de bienfaisance enregistré de votre choix.

#GensdelaBFCHalifax

Pourquoi, de quelle façon et à quels organismes de bienfaisance les membres des FAC et le personnel civil font-ils un don? Pourquoi les membres de notre personnel font-ils du bénévolat auprès d'organismes de bienfaisance et de centres communautaires locaux? Au cours des prochains mois, nous vous présenterons les membres de notre Équipe de la Défense qui répondront à ces questions. Consultez les profils des #GensdelaBFCHalifax dans nos pages de réseaux sociaux. Pour nous raconter votre histoire, envoyez un courriel à l'adresse P-HFX.PA@forces.gc.ca.

Amusons-nous, établissons des liens et collaborons avec nos voisins afin de laisser une empreinte positive dans les collectivités où nous vivons, nous travaillons et nous nous amusons.



New video series explores CFB Halifax

CFB Halifax Public Affairs launched a new video series on September 19, titled Discover the Base, celebrating the many people and communities that make up CFB Halifax. You can watch full videos on the @BaseHalifax Facebook Page. For more information on the series, feel free to email Base PA at p-hfx.pa@forces.gc.ca.

A message from this year's 2019 NDWCC Campaign Director, Halifax region

Continued from page 6

they were marginalized and no longer hired for opportunities. It was hard to get a job and earn a basic income. Together, they were living on one disability income. I think about these two women often.

Every day, I see poverty and homelessness. En route to my workplace, there are people at the intersection with cardboard signs asking for money and help. When I stop for gas, there is someone usually in the shop who doesn't have enough money or is counting change to buy coffee or confectionaries. I have at times witnessed theft. The shopkeeper knows who they are; it has become common. At the drive-thru, there is a group sitting on the curb drinking coffee with all of their belongings at their feet. When I pull into my workplace, the driveway is sometimes blocked by taxis or drivers waiting for people who are receiving treatment at the clinic that administers methadone. As I walk from my car to the office, I am usually asked for money and there is someone sleeping on the bench at the bus stop. On the way home at night, there are vulnerable people standing on the sidewalk. It could be freezing out and they are sometimes barely dressed.

I see this each day. This is my normal commute. Sadly, there should be nothing normal about it.

Last summer, the Dartmouth Shelter Society was established and Frank MacKay House opened in Dartmouth. The visionary and leader behind this initiative is a man named Warren Wesson. And while many people are stepping up to support the Society and shelter, Warren led the charge to do something about homelessness and took action. In this short time, Warren has provided a safe place for 15 people to have supper every night, a bed to sleep in and breakfast in the morning. The community support has been tremendous and His Honour, the Lieutenant Governor of Nova Scotia, recently visited Frank MacKay House. Despite the attention, Warren is forced to turn people away on a regular basis due to capacity constraints.

I am inspired by Warren's actions and perseverance – the Power of One. His efforts are an example of what can be achieved when someone takes initiative and brings about positive social change. Each day, 15 more people are fed and have a roof over their head in the Halifax Regional Municipality.

So, when I was invited to help with the NDWCC here in Halifax, I agreed right away. Imagine what 11,000 members of the local Defence Team can do to help those in need!

Tribute Tower receives LEED Silver certification

By CFB Halifax PA

Clive Orford, Directorate, Real Property Project Development – Navy Cell, presented CFB Halifax Base Commander Capt(N) David Mazur with a LEED Silver plaque at CFB Halifax Stadacona Tribute Tower on September 25. The Tribute Tower facility, which opened in December 2016 and received its LEED Silver certification in May 2019, combines a 12-storey accommodation tower with a three-level podium that incorporates dining and messing facilities for junior ranks personnel.

The Leadership in Environment and Energy Design (LEED) Silver designation is often a minimum design target for federal government buildings with a construction value of \$10M or greater. The Tribute Tower project pursued and achieved the LEED Silver certification through the Canadian Green Building Council's LEED Canada NC 2009 Green Building Rating System. Tribute Tower has been designed and constructed in accordance with a robust sustainability requirement that reduces its environmental footprint throughout the design lifetime. On hand for the presentation were members from the Canadian Military Engineers (CME) Branch, Real Property Operations Section Halifax (RPOS(H)) and Defence Construction Canada. Bravo Zulu to all involved!

From left: Capt Denis Seguin, EngO RPOS(H); CWO Glenn Simpkin, Canadian Military Engineers (CME) Branch Chief; Col Cmdt of the CME Branch, BGen (Ret'd) Steve Irwin; Capt(N) Mazur; Clive Orford; Kaska Gonera, Project Manager, DND, ADM(IE), DCPD; Capt Kim Fitzgerald, 2 IC RPOS(H); and MWO Dion Collins, SSM RPOS(H). Defence Construction Canada delivered this capital project, which has received ongoing support and maintenance from RPOS(H).

MARGARET CONWAY, BPAO



Queen's Harbour Master staff on the move

By Peter Mallett, The Lookout Staff

Guided tours of the Royal Canadian Navy's submarine HMCS *Chicoutimi* was a key attraction at this year's Defence on the Dock at Ogden Point, BC.

But getting the Victoria-class submarine alongside for the September 15 event was no simple task. *Chicoutimi* is currently undergoing a refit and couldn't get there on its own power.

The process of moving Chicoutimi was a slow and methodical *one*, and involved 17 civilian members of the Queen's Harbour Master, and three vessels from the base's Auxiliary Fleet. Their operation began that day at 5 a.m. when the crews secured *Chicoutimi* to tug boats Glendale and Lawrenceville.

Over at Ogden Point's Pier A, Jetty Services and tugboat Tillicum began setting up the required berthing system and brows.

It was all in a day's work for the Queen's Harbour Master, said LCdr (Ret'd) Roger Miller, Pilot 2 of Jetty Services.

"Rigging was the key to this operation. Put simply, it's all about taking a large tug like Glendale and a smaller tug like Lawrenceville, and then rigging them with ropes to *Chicoutimi* so that all three vessels move as one unit."

The mission could have easily been



HMCS Chicoutimi is moved from Esquimalt to Ogden Point, BC.

hampered by high winds, heavy seas, and fog that were forecasted that day. Thankfully for Miller and his crew the predictions didn't pan out until later in the day. At the time of the move *Chicoutimi* and its supporting vessels had light winds and more than 100 yards of visibility, said Miller. They managed to make the four nautical mile journey in approximately two hours.

Towing a submarine is an easier job than towing a frigate or large vessel, he adds. "That's because Victoriaclass subs have a visibility advantage over larger surface vessels because of their conning tower [raised platform]; they track very well through water and its low profile makes it less susceptible to high winds. The only drawback is the cramped working conditions and confined spaces inside the submarine itself."

Miller piloted *Chicoutimi* on its journey from Esquimalt Harbour to Ogden Point with assistance from the crew, while the return leg went to the unit's other admiralty pilot, Brian Whittaker, who returned the sub safely to its home port.

Queen's Harbour Master's main responsibilities include supporting vessels of Canadian Fleet Pacific and assisting foreign warships in and out of Esquimalt Harbour, providing refit services by specialty barges, oversight of marine environmental protection, maintaining navy buoys for Maritime Forces Pacific (MARPAC), and over-

all marine management of Esquimalt Harbour.

SUBMITTED

The Queen's Harbour Master also assisted in getting HMCS *Winnipeg* safely alongside Ogden Point, as well as set up numerous brows for HMCS *Edmonton* and the Orca-Class training vessel Renard 58.

-

CF College students' whirlwind visit

By Janice Lee, MARPAC Public Affairs

Recently, CFB Esquimalt welcomed students of the Joint Command and Staff Programme from the Canadian Forces College.

The aim of the programme is to prepare selected senior officers of the Defence Team for command and staff appointments in the contemporary operating environment across the continuum of operations in national and international settings.

The 150 students were split into three groups to participate in demonstrations and exercises around the base.

On Monday, the students took part in a day sail on board HMCS *Winnipeg* where they received a tour of the frigate, experienced high-speed manoeuvres, and saw a boarding demonstration by the Naval Tactical Operations Group.

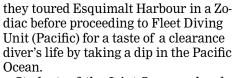
The second day they toured Fleet Maintenance Facility Cape Breton and participated in the International Engagement Asia-Pacific Brief. They also visited submarine HMCS *Chicoutimi*.

Another group spent the morning at Venture, Naval Officer Training Centre to learn about the ship bridge simulators. It gave them an idea of being on the ocean. Afterwards they experienced the real thing on board an Orca training vessel. With the soft breeze of the ocean and the subtle bumps of the waves, the students had a chance to undergo a speed and manoeuvrability demonstration.

The last group went to Naval Fleet School Pacific. There they were introduced to the Replenishment at Sea trainer and a virtual welder demonstration. They experienced the weapons capabilities of a frigate through a Close-In Weapons System simulator. Afterwards,



Students tackle the Fleet Diving Unit (Pacific) obstacle course. LS MIKE GOL-UBOFF, MARPAC IMAGING SER-VICES



Students of the Joint Command and Staff Programme are not all Canadians. The program welcomes military members from 16 countries. In order to take the course, a person must be at the Major/Lieutenant-Commander rank as it is geared to train future leaders.

At the end of their base visit, the students headed to CFB Petawawa to participate in Exercise Collaborative Spirit.

Students from CF College set off on a harbour tour in Rigid Hull Inflatable Boats.

October is Cyber Security Awareness Month

By DND

Cyber security is vital to the safety and defence of Canada, making Cyber Security Awareness month an important time for DND/CAF. This international campaign gives DND/ CAF personnel the opportunity to foster understanding on how to protect themselves, their families, their workplace and their devices through cyber security.

At DND/CAF we rely heavily on our IT infrastructure to complete our daily tasks. As we rely more on these infrastructures, we are at a higher risk for cyber threats.

Cyber threats can be defined as activities that intend to compromise the security of an information system by changing the availability, integrity or confidentiality of where information is stored.

For actors, Government networks are attractive targets for many reasons. At the department, we store sensitive information, intellectual property and other valuable data related to state affairs. Often, exploitation of a system can be done without a physical presence making it challenging to track back to the source.

How can you protect your info? A simple way for DND/CAF employees to stay vigilant is to ensure that they have taken the Cyber Security Awareness training or visit the Canadian Centre for Cyber Security site for more information on cyber threats.



*

A meaningful adventure; HMCS Ottawa crew visits the Father Ray Foundation

By LS Alix Bovair, HMCS Ottawa

While alongside Thailand during Op PROJECTION, a group of compassionate sailors from HMCS *Ottawa* took the time to make some new friends.

The Father Ray Foundation is a local non-profit organization that works tirelessly to help more than 850 deserving children and adolescents in Thailand. They provide food, clothing, education, and most importantly a sense of family to those who may not have otherwise received it.

For children originating from all sorts of impoverished areas and unfortunate circumstances, for those who do not have a safe place to call home, the Father Ray Children's Home is a sanctuary. The foundation also works directly with young adults with disabilities to assist them in obtaining skills and an education. At their onsite technical college, the foundation assists individuals in various fields, such as their computer and business programs.

The Father Ray Foundation has aided in the convalescence of many who've gone on to graduate from university, work in their local community, and even medalled at the Paralympics. Over the years, they have helped hundreds of children and young adults go on to be fully contributing members of Thai society, despite their upbringing or disability.

With the foundation's motto being "We never turn a needy child away", *Ottawa*'s crew wanted to do anything they could to help the Father Ray Foundation. They began by providing a cheque from Boomer's Legacy for \$10,000 that will ultimately go towards the purchase of new uniforms for the children.

During their time at Father Ray, *Ot*tawa's crew was moved by the joy of the children at the Day Care Centre. They enjoyed lots of running, singing, dancing, and laughs with the energet-



HMCS Ottawa members spend time with a preschool class during a trip to the Father Ray Foundation on September 17, 2019 in Laem Chabang, Thailand during HMCS Ottawa's deployment on OPERATIONS PROJECTION and NEON.

LS VICTORIA IOGANOV

ic 3-4-year-olds. The crew and youngsters took a whirlwind trip to the local fishpond, with music and dancing afterward; the energy of the toddlers was inescapable and contagious. The crewmembers couldn't help but leave with beaming smiles.

The crew then moved to the vocational school for people with disabilities, the technological college at Father Ray. Here they helped students practice speaking English, and after fun conversations and inquisitive questions from both the crew and students, they played a challenging game of wheel chair basketball. *Ottawa*'s crew was out of their element trying their best to keep up with the talented students. Breathless and laughing, both teams were exhausted from the challenging game.

After a well-earned lunch, the crew travelled to The Father Ray School for Children with Special Needs. Energetic games of soccer and basketball were played, as well as a fast paced game of musical chairs, where the losers were covered in baby powder. As always, music was played, and dancing ensued.

Half of the crewmembers took time in the heat of the day to fix some of the play structures at one of the playgrounds at Father Ray. This included assembling a submarine climbing structure and slide.

At the end of the day everyone involved had an amazing and enriching experience. From the staff, students and children at Father Ray to the crewmembers of *Ottawa*: all left with smiles on their faces and new friends to cherish.

For more information on the Father Ray Foundation visit: https://www. fr-ray.org/ or Father Ray Foundation on Facebook.





The sailors from HMCS Ottawa build a submarine climbing structure and slide for the children at the Father Ray School for Children with Special Needs.

A touch of CLaS

By Lt Chelsea Dubeau, MARPAC Public Affairs

It isn't every day that civilians are afforded the opportunity to see inside a warship, let alone sail with its crew and basically have the run of the place.

Yet that's exactly what happened from September 14-18, when 10 intrepid people, leaders in their respective fields from all across Canada, embarked in HMCS *Calgary* as part of the Canadian Leaders at Sea (CLaS) program.

The CLaS program invites leaders to experience an operational warship at sea, the goal being to "show why Canada's navy is relevant, important, and professional, and why our sailors are the best in the world," according to the joining instructions.

One CLaS participant, Mark Blevis, is the Director of Public Affairs and Marketing for Commissionaires. For him, the CLaS experience was more than just learning about a warship for him, it was about the people.

"To me this is a four-day university crash course in leadership, teamwork, organizational structure, cooperation, and passion," said Blevis. "The level of passion I've picked up from everyone on the ship is incredible; how passionate they are to be here, how passionate they are about their jobs. Hearing the stories about what led them to be here to join the forces and hearing what makes people tick has been incredible. You don't often hear people talk about their jobs with such a sense of purpose."

Each CLaS participant received a temporary set of Naval Combat Dress, was assigned his or her own bunk, and had the opportunity to eat in every mess in order to gain the most exposure to *Calgary*'s diverse roster of sailors. From high-speed manoeuvers, boat transfers ashore, damage control Olympics, .50 cal machine gun and pyrotechnic demonstrations, ship tours, and even a fire escape drill, little was left to the imagination. Throughout the four-day sail from Prince Rupert, to Haida Gwaii and Alert Bay, participants quickly learned how vital it is to have a cohesive team on board.

"It's over 200 people working together and sustaining each other, and after being with the people on board you have a better appreciation for how important this work is," said Blevis. *Calgary* CLaSmates and crew had

the opportunity to go ashore a few times during the sail, including a visit to the Haida Heritage Centre in Haida Gwaii and Alert Bay. Both visits gave Calgary's Commanding Officer, Cdr Jonathan Kouwenberg, the opportunity to meet and connect with Haida Gwaii elders and Namgis leadership, respectively, as well as members of 4 Canadian Ranger Patrol Group and the Junior Rangers.

"That was an unexpected gift as part of this trip," said Cdr Kouwenberg. "It's been the best CLaS sail that I've been able to participate in. The participants were amazing, unique,



CLaSmates Mark Blevis and Derek Threinen served up a naval tradition - sundaes on Sunday.

collaborative and they really did exactly what you want them to do, which is get to know the crew. The crew did a great job of getting to know them, such that I learned some things about my crew from the CLaSmates because they took the time to get to know our sailors. The uniqueness of the program and the territory that we covered and the relationships that were built...I think it's a testament to the value of the CLaS program."

LS SHAUN MARTIN, MARPAC IMAGING SERVICES





A member of CLaS (and a guest of the Calgary Highlanders) successfully donned the Survival at Sea suit.



Canadian Leaders at Sea participants and HMCS Calgary's command team visited the Haida Heritage Centre in Haida Gwaii. From left to right: LCdr Melissa Fudge, CPO1 Todd Jones, Juniors Damy, Candyce Kelshall, Matthew Lewis, Leelah Dawson, Tim Charles, Chief Reg Young ("Gitkun"), Chief Lonnie Young ("Gaahlaay"), Jason Alsop ("Gaagwiis"), Gary Perkins, Derek Threinen, HCol Don Foster, Jeff Topping,

Lt(N) Andrew Lauzon, Mark Blevis, and Cdr Jonathan Kouwenberg.

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HMCS Kootenay survivors to mark

By Ryan Melanson, Trident Staff

Nine sailors lost their lives when the starboard gearbox exploded in HMCS *Kootenay* on October 23, 1969, and LS(Ret'd) Bryan Galletly was nearly one of them.

The Restigouche-class destroyer sailed from the English Channel and broke off from its task group that morning to undergo full power trials before returning to Canada. As one of the inside roundsmen, along with shipmate LS(Ret'd) Tom Crabbe, Galletly was in the ship's engine room moments before the explosion – his rounds were complete and he was sent up to the cafeteria for a coffee break.

"Everything was good on my side, but Tom had a high bearing, so he went back to check on it," Galletly said. Moments later, he heard the blast and watched as a ball of fire rushed through the passageways. LS Crabbe didn't make it out of the engine room.

"It would have been a matter of two minutes, maybe less than that, and I wouldn't have made it. It boggles your mind the way things happen."

Memories of that tragic incident will be front and centre in the mind of Galletly and the other members of the *Kootenay* crew this October, as



Survivors gathered at Damage Control Training Facility Kootenay to mark the anniversary of the explosion in 2018, as they do every year. This year's 50th anniversary ceremony will be held at Point Pleasant Park at the Bonaventure Anchor Memorial. LS BRAD UPSHALL, 12 WING IMAGING

they prepare to mark 50 years since the tragedy, which remains Canada's deadliest peacetime incident at sea.

Survivors say recent years have seen the Navy and the Canadian government righting wrongs in terms of the response to the disaster – while the explosion was the catalyst for a number of procedural and safety changes onboard ships, formal ceremonies to honour the dead and recognize the survivors didn't begin until 1999. Annual gatherings now take place at the Damage Control Training Facility in Purcell's Cove, which has been renamed DCTF *Kootenay*.

This year's milestone ceremony will be held at the Bonaventure Anchor Memorial in Point Pleasant Park, which memorializes those who died during peacetime and features the names of the nine *Kootenay* members who were killed. The day will also feature a rededication of the newly repaired and refurbished memorial, with 46 additional names set to be added.



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50 years since tragic explosion

AB (Ret'd) Allan "Dinger" Bell, one of only three survivors who were inside the engine room when the gearbox blew, noted that the new HMCS *Kootenay* ribbon will be prominently featured this year, with RCN members permitted to wear the dark blue ribbon from the first Thursday in October until midnight on the 23rd.

Bell was also awarded a wound stripe earlier this year in Halifax for the traumatic injuries he suffered from the fire, and a similar presentation was made to his engine-room colleague Cdr(Ret'd) Al Kennedy on the west coast. While those trapped blow suffered the worst, Bell said the 50th represents an opportunity to honour the entire group for their bravery and hard work saving the ship, as well as remembering those were lost.

"It's very important to recognize crew for their sacrifices and what they went through. It's not just about me or any one individual," he added.

Along with long-term health effects from inhalation of smoke and other chemicals, some survivors have also dealt with post traumatic stress disorder, and access to professional help has allowed some to confront their memories in helpful ways.

But the date of the anniversary,



October 23, 2019 will mark 50 years since the gearbox explosion in HMCS Kootenay that killed nine sailors and injured more than 50 others.

which has been proclaimed "*Kootenay* Day" in Nova Scotia, is always a difficult occasion, said CWO (Ret'd) Denis Couvrette, who was a PO1 and senior radioman on board *Kootenay* in 1969.

"This will be a special year, and we now have a very appropriate ceremony to remember what happened, but it is always hard. It certainly brings back memories, and they're not necessarily pleasant ones." Couvrette recalled a frantic rush to inform Maritime Command and other ships at sea what had occurred once the smoke cleared from his section, followed by nearly 40 straight hours of work to maintain communications. He also acted as a pallbearer during a funeral service for his shipmates held on board HMCS *Saguenay* five days later.

He said memories of the explosion are still vivid and troubling today, but added he was thankful that much was learned in the aftermath, leading to the development of the *Kootenay* hatch, the end of using aluminum ladders on board, and different locations for fire fighting equipment, among other changes.

"This led to many positives, and things being modernized for safety, not just in our navy but in navies around the world. All was not lost, but we did have nine lives that were lost, which is very unfortunate," Couvrette added.

The *Kootenay* 50th anniversary commemoration ceremony at Point Pleasant Park is set for 10 a.m. on October 23, and members of the public are invited to attend. A reception for survivors and family members will be held at HMCS *Scotian* later that evening.



TEME personnel volunteer for Special Olympics Truck Convoy

On September 21, Base Logistics (BLog) TEME members and volunteers contributed to this year's Truck Convoy for Special Olympics Nova Scotia. From right to left: back row; MWO Joiner, AVR Jackson, Sgt Pinsent, Cpl Russell, Robert Hawley (civ), and WO Porter. Front row: Cdr Chalmers, MCpl Jenny Saltzman, Cpl Motty, Cpl Levesque, Cpl Theriault, and Terri Hawley (Civ).

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Correction re HMCS Kootenay article

In the September 9, 2019 edition of the Trident, an article regarding HMCS *Kootenay* incorrectly identified the Commanding Officer of *Kootenay*. Cdr Norton was *Kootenay*'s Commanding Officer. Cdr Yanow was the Commanding Officer of HMCS *Saguenay*, the ship that towed *Kootenay* into Plymouth, England and conducted the burials at sea.



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Ships' commemorative paint scheme to mark 75th anniversary of the end of the Battle of the Atlantic

By RCN PA

The Royal Canadian Navy (RCN) is preparing to honour the 75th anniversary of the end of the Battle of the Atlantic, which will be commemorated throughout 2020 by painting HMC Ships Moncton and Regina in a Second World War Admiralty disrup tive paint scheme. This scheme is sometimes colloquially referred to as dazzle paint.

The Battle of the Atlantic (BOA) was the longest battle of the Second World War and one in which Canada played a central role. The heritage paint scheme is just one way the RCN will commemorate its legacy, pay tribute to those who paid the ultimate sacrifice and celebrate those who continue to serve today.

Moncton recently returned to the Halifax waterfront painted in a retro white and blue wave pattern, following the ship's recently completed planned docking period at the Shelburne Ship Repair yard. Work on Regina, which will be painted in a white and blue geometric scheme, is currently underway at CFB Esquimalt, and is expected to be complete by mid-October. Both ships will remain in their retro paint schemes for approximately one year and will showcase this important chapter in Canada's naval history to Canadians and the world alike.

Moncton will proudly showcase its dazzle paint to Canadians when it participates in next year's Great Lakes Deployment. The public will have the opportunity to see the ship up close, meet with sailors and tour the vessel



HMCS Moncton returns to its homeport of Halifax after refit on September 14, 2019, in a Second World War Admiralty commemorative paint scheme to honour the 75th Anniversary of the end of the Battle of the Atlantic.

MONA GHIZ, MARLANT PA

when it visits communities along the St. Lawrence Seaway and Great Lakes. Next summer Regina is set to

participate in Exercise Rim of the Pacific 2020 (RIMPAC) and will make a dramatic entrance into Pearl Harbor for the world's largest international maritime warfare exercise.

During the Second World War, these unique and unusual paint schemes were used as a form of camouflage. The unusual patterns made targeting more difficult and disrupted our enemy's ability, particularly the ability of enemy submarines, to accurately

track ships. Each ship had its own unique pattern, making it harder for enemies to identify classes of ships based on physical markings.

Courage, Honour, Sacrifice remembering the Battle of the Atlantic

The longest battle of the Second World War, the Battle of the Atlantic, was fought at sea from 1939 to 1945 with the strategic outcome being sea control of the North Atlantic Ocean. Enemy vessels targeted the convoys of merchant ships transporting supplies and troops vital to safeguarding the freedom of the peoples of North America and Europe.

On any given day, up to 125 merchant vessels were sailing in convoy across the North Atlantic. It was during these treacherous, stormy crossings that Canada's navy matured and won the mantle of a professional service by escorting more than 25,000 merchant vessels across the Atlantic. These ships carried some 182 million tonnes of cargo to Europe – the equivalent of 11 lines of freight cars, each stretching from Vancouver to Halifax. Without these supplies, the war effort would have collapsed.

Over the course of 2,075 days, Allied naval and air forces fought more than 100 convoy battles and performed as many as 1,000 single ship actions against the submarines and warships of the German and Italian navies.

Men and women of the RCN, Canadian Merchant Navy and Royal Canadian Air Force played an important role in the Allied war effort. More than 4,600 courageous Canadians lost their lives at sea and most of the 2,000 members of the RCN who died during the war lost their lives in this battle.

During the war, the RCN's River-class frigates, Tribal-class destroyers, C-class destroyers and Flower-class corvettes were painted in the dazzle scheme.

The RCN is proud to honour the achievements of those who served as we celebrate the 75th anniversary of the end of the Battle of the Atlantic next year. This is a unique visual reminder that their sacrifices and selfless service to country have not been forgotten.

Naval Cadets enjoy USN exchange

By Peter Mallett, The Lookout Staff

A group of Naval Cadets gave glowing reviews about their recent summer job placements aboard the United States Navy (USN) vessel USS Spruance.

The six junior sailors are enrolled in the CAF Regular Officer Training Program (ROTP). They recently wrapped up three-week job placements aboard the USN's Arleigh Burke-class destroyer.

They embarked Spruance in Seattle and arrived at US Naval Base San Diego on August 27.

Their participation was part of the ROTP's On the Job Employment (OJE) program. OJE finds work placements in the CAF for 160 naval cadets throughout the summer months when they are not attending classes at Royal Military College in Saint-Jean, Que.,

Kingston, Ont. or Canadian universities.

Lt(N) Tony Greenwood, Basic Training List (BTL) Manager for Junior Naval Warfare Officers at the Naval Personnel and Training Group (NPTG), helped organize this year's exchange.

Lt(N) Greenwood, a graduate of the ROTP in 2014, says the intention of the exchange is to give cadets practical experience on a warship.

"I also had some interesting work placements during my time in ROTP, but sailing aboard a USN destroyer is an incredible assignment for these young sailors and by all reports they thoroughly enjoyed it. The idea was to give this group of cadets practical experience on a warship and it was mission accomplished."



an exchange program with the USN in August. The Naval Cadets are enrolled in the Regular Officer Training Program and were participating in ROTP's summertime On-the-Job Employment Program.

Un motif commémoratif sera peint sur des navires pour souligner le 75e anniversaire de la fin de la bataille de l'Atlantique

Par MRC AP

La Marine royale canadienne (MRC) se prépare à souligner le 75e anniversaire de la fin de la bataille de l'Atlantique, qui sera célébré tout au long de 2020, en peignant sur les navires canadiens de Sa Majesté (NCSM) *Moncton* et *Regina* un dessin de camouflage de l'Amirauté de la Seconde Guerre mondiale. Ce motif est parfois appelé communément peinture éblouissante.

La bataille de l'Atlantique a été la plus longue de la Seconde Guerre mondiale et une où le Canada a joué un rôle central. Le motif de peinture patrimonial n'est qu'une des façons dont la MRC célébrera son patrimoine et rendra hommage à ceux qui ont fait le sacrifice ultime et aux personnes qui servent encore aujourd'hui.

Le NCSM *Moncton* est revenu récemment dans le secteur riverain d'Halifax peint avec un motif rétro de vagues blanches et bleues à la suite de la période prévue récemment terminée de mise en cale au chantier naval de Shelburne Ship Repair. Les travaux effectués sur le NCSM Regina, qui sera peint d'un motif géométrique blanc et bleu, sont en cours à la BFC Esquimalt et devraient être terminés au plus tard à la mi-octobre. Les deux navires garderont leurs motifs de peinture rétro pendant environ un an et présenteront cet important chapitre de l'histoire navale du Canada aux Canadiens et au monde entier.

Le NCSM *Moncton* montrera fièrement son motif de peinture éblouissant aux Canadiens lorsqu'il participera à la tournée des Grands Lacs l'an prochain. Le public aura l'occasion de rencontrer les marins, d'observer de près le navire et de le visiter lorsqu'il visitera des collectivités le long de la Voie maritime du Saint-Laurent et des Grands Lacs.

L'été prochain, le NCSM *Regina* participera à l'exercice Rim of the Pacific 2020 (RIMPAC), et arrivera de façon spectaculaire à Pearl Harbor à l'occasion du plus grand exercice international de guerre maritime au monde.

Pendant la Seconde Guerre mondiale, ces motifs de peinture uniques et inhabituels étaient utilisés comme une forme de camouflage. Les motifs inhabituels rendaient le ciblage plus difficile et perturbaient la capacité de notre ennemi, en particulier la capacité des sous-marins ennemis, de suivre avec précision les navires. Chaque navire avait son propre motif, et il était donc plus difficile pour les ennemis d'identifier les classes de navires selon les marques physiques.

Courage, honneur et sacrifice - Se souvenir de la bataille de l'Atlantique

La bataille de l'Atlantique, la plus longue bataille de la Seconde Guerre mondiale, s'est déroulée en mer de 1939 à 1945 avec pour résultat stratégique le contrôle maritime de l'océan Atlantique Nord. Les navires ennemis ciblaient les convois de navires marchands transportant du matériel et des troupes essentiels pour assurer la liberté des peuples de l'Amérique du Nord et de l'Europe.

Chaque jour, jusqu'à 125 navires marchands traversaient l'Atlantique Nord en convoi. Ce fut durant ces traversées tumultueuses et mouvementées que la Marine canadienne s'est développée et a obtenu une réputation de service professionnel en escortant plus de 25 000 navires marchands qui traversaient l'Atlantique. Ces navires transportaient quelque 182 millions de tonnes de marchandises vers l'Europe, soit l'équivalent de 11 trains de marchandises s'étendant chacun de Vancouver à Halifax. Sans ces marchandises, l'effort de guerre aurait échoué. Pendant 2 075 jours, les forces navales et aériennes alliées ont participé à plus de 100 batailles de convoi et à jusqu'à 1 000 combats de navires individuels contre les sous-marins et navires de guerre des marines allemande et italienne.

Les hommes et les femmes de la MRC, de la Marine marchande canadienne et de l'Aviation royale canadienne ont joué un rôle important dans l'effort de guerre des Alliés. Plus de 4 600 courageux Canadiens ont perdu la vie en mer et la plupart des 2 000 membres de la Marine royale canadienne qui sont morts pendant la guerre ont perdu la vie dans cette bataille.

Pendant la guerre, les frégates de la classe River, les destroyers de la classe Tribal, les destroyers de la classe C et les corvettes de la classe Flower de la MRC avaient un motif de peinture éblouissant.

La MRC est fière de rendre hommage aux réalisations des personnes qui ont servi alors que nous célébrerons le 75e anniversaire de la fin de la bataille de l'Atlantique l'an prochain. Il s'agit d'un rappel visuel unique que leurs sacrifices et service désintéressé pour le pays n'ont pas été oubliés.

EMPLOYMENT OPPORTUNITY

Attn: Career Transitioning Military

of dedicated professionals who provide our customers daily with added value service.

Peraton Canada Corp. (Peraton) is a leading provider of complete life cycle management and in-service support of complex electronic military systems. Our experienced team provides a broad range of services to the Department of National Defence including Engineering Services, Logistics Support Analysis, Electronic Systems Maintenance and Repair, and long-range planning for full fleet support. For more than 30 years, Peraton Canada has been a dedicated partner to the Canadian Armed Forces (CAF). At Peraton Canada, the success of our sustainment model enables us to support our customer's mission and ensure the highest level of project performance and equipment availability every day. We are incredibly proud of the work we do, and we have a team

We are currently recruiting for the following positions:

An East Coast Representative – Naval Combat Systems to join our team in Halifax. Reporting to the Senior Program Manager, you will be responsible for the day-to-day management and coordination of maintenance, scheduling and planning of repairs, materiel management of spares and consumables, and on-site liaison with Naval stakeholders. In addition to comprehensive past experience in Naval Combat Systems (ie. sensors/radars, and weapon systems), the successful candidate will have a thorough understanding of Project Management principles and demonstrated past experience in managing like-systems and equipment.

Mandatory Qualifications and Requirements:

- Possess 6 years' experience in the last 10 years performing systems engineering or maintenance of Canadian Naval combat systems
- Performing maintenance may include the management of; the organizing of; or the actual conduct of maintenance work

A Senior Systems Engineer – Naval Combat Systems to join our team in Calgary. Reporting to the Advanced Programs Manager, you will be responsible for oversight and coordination of Engineering Support Services, including; Engineering Changes, Engineering Investigations and Studies, Engineering Tests and Trials, and Maintenance Engineering Activities, for Naval Combat Systems. In addition to comprehensive past experience in Naval Combat Systems (ie. sensors/radars, and weapon systems), the successful candidate will have a thorough understanding of Project Management principles and demonstrated past experience in managing like-systems and equipment.

Mandatory Qualifications and Requirements:

 Registered to practice as a Professional Engineer in Canada
 Possess 8 years' experience in the last 10 years performing systems engineering work (ie. one or more of the following: systems integration, systems design, systems performance evaluation and testing, systems requirements analysis,

development and implementation of engineering change) within the Defence Sector

- Possess a minimum of 4 years' combined experience in 2 or more of the following areas:
 - Naval radar systems integration
 - Naval radar systems design
 - Naval radar system performance evaluation and testing
 Naval radar systems requirements analysis
 - Development and/or implementation of engineering changes for Naval radar systems
 - Naval radar post acquisition in-service support

At Peraton Canada, we offer:

- Competitive salary
- Benefits which include extended health, dental, vision and paramedical coverage
- RRSP plan that includes company matching on contributions of up to 6%
- Continual learning opportunities and professional development training to grow your talent and realize your aspirations and potential

Please submit your resume stating your academic qualifications and describing your experience in past projects, including period of time (start and end dates – month and year) worked on each project. Demonstrate through specific references to your resume where, when and how your experience meets the mandatory criteria of the position.

All resumes should be submitted electronically by email to: Canada@peraton.com

All successful applicants must be ITAR/Controlled Goods compliant and capable of obtaining and maintaining an Industrial Security Clearance. (http://www.pmddtc.state.gov/regulations_laws/ itar.html), (http://ssi-iss.tpsgc-pwgsc.gc.ca/dmccgd/index-eng.html)

Peraton Canada is an Equal Opportunity Employer committed to the principles of employment equity and inclusion. We encourage all qualified candidates to apply.



HMCS Winnipeg's busy week

By SLt Wilson Ho, HMCS Winnipeg

This is You Day Sail

HMCS Winnipeg embarked more than 200 guests September 14 from Royal Roads Alumni and the Achieve Anything Foundation's This is You program, for a first-hand experience of life on board a Halifax-class frigate.

The Achieve Anything Foundation organizes hands-on experience events with the Navy and other agency/industrial partners that are improving gender diversity in their workplaces, and also promoting equal opportunity in all of their jobs.

Despite heavy fog obstructing the scenic views of Esquimalt and Victoria Harbour, guests were invited to tour the ship, including the operations room, the bridge, and the machinery control room. In addition, guests were given the opportunity to try on boarding party equipment and test their skills in a smoky firefighting simulator.

During lunch on the flight deck, the fog surrounding Winnipeg lifted. Although overcast, the increased visibility allowed guests to see the demonstration of the ship's full manoeuverability, which included full speed runs, crash stops, and high speed turns.

Once back alongside Esquimalt Harbour, the President of the Vancouver Island Ex-Cadet Club presented two books to the crew. In closing, Winnipeg's Commanding Officer, Cdr Mike Stefanson, had a few words.

Thank you for coming out and sailing with us today, and letting the sailors show you our home; this is not just our ship, but your ship as well.'

Defence on the Dock

The next day, many Vancouver Islanders participated in Defence on the Dock, hosted by CFB Esquimalt. HMCS Winnipeg was open for tours at Ogden Point and welcomed 3,300 eager guests.

Defence on the Dock is a showcase event where members of the public are invited to interact with both military and civilian personnel from CFB Esquimalt, and to also view and experience the equipment that the air force, army, and navy personnel use on a day-to-day basis.

Winnipeg also hosted a reception for distinguished guests, community, municipal, and government leaders during the evening. At the reception, the Commander MARPAC, RAdm Bob Auchterlonie addressed the attendees. In addition to thanking everyone for their continued support, he emphasized the importance of inviting the local community to see up close and in person what the military and civilian personnel all across CFB Esquimalt do to support the CAF.

Staff College Day Sail

Students and staff of the Joint Command Staff Program (JCSP) partook

in a day sail onboard HMCS Winnipeg Monday, September 16. Students of the Joint Command Staff Program included senior officers from the Belize Defence Force, the Royal Australian Navy, the Peruvian Navy, the United States Navy, the Royal Navy, and the Canadian Armed Forces.

The Joint Command Staff Program's aim is to prepare senior officers for command and staff appointments in both national and international settings

Staff and students of JCSP toured the ship, including the operations room, the bridge, and the machinery control room.

After the tours, Winnipeg conducted a full manoeuvrability demonstration. The Naval Tactical Operations Group showed the JCSP guests their ability to board a ship, stealthily climbing onboard Winnipeg's quarterdeck and securing the flight deck.

Throughout the day, a CH -148 Cyclone and a CH-149 Cormorant conducted multiple flypasts of the ship, displaying both helicopters' capabilities, and demonstrating the strong strategic interoperability between the RCAF and the RCN.



SLt Bedard belays a guest trying boarding party equipment in the hangar of HMCS Winnipeg.

SUBMITTED

HMCS Winnipeg alongside Ogden Point, participating in Defence on the Dock. SUBMITTED

JCSP staff and students enjoy the maneuverability demonstration onboard HMCS Winnipeg. SUBMITTED



Family Day at 12 Wing Shearwater

Friday September 27 was Family Day at 12 Wing Shearwater and the fun ranged from inflatables amusements, to Cyclone flights, to chances for kids to see the vehicles and equipment that mom or dad use on the job.



During Family Day, military children have the opportunity to see the vehicles and equipment that their parents use at work. 12 WING IMAGING





Members of 12 Wing Shearwater and their families enjoy activities in Archdale Hangar as part of Family Day on September 27, 2019.

LS LAURANCE CLARKE, 12 WING OPERATIONS SUPPORT SQUADRON IMAGING

Family Day means a chance to sit in the driver's seat of a fire engine.

12 WING IMAGING

Naval Cadets enjoy USN exchange

Continued from page 14

This year's participants were NCdt Jonathan Anderson, NCdt Eve Baker, NCdt Farris Bakir, NCdt Timothy Baljet, NCdt Lisa Grandmaison and NCdt Alex Morneau.

Four of the cadets spent most of their time in Spruance assisting with bridge watchkeeping duties. Two other students, NCdt Baker who is studying to become a Logistics Officer, and NCdt Morneau, an engineer, were involved in their respective departments in the ship.

In his review of the placement, NCdt Baljet said he was thoroughly enthused about the opportunity to learn outside the classroom while aboard Spruance.

"This was an incredible opportunity

for learning the capabilities, customs and organization of the USN," said NCdt Baljet. "The U.S. sailors welcomed us and then assigned us to a junior officer to shadow and help them complete their watches alongside and underway. We also had ample opportunity to explore both the ship and the ports of call in Everett, Seattle, Seal Beach, and San Diego."

OJE placements here in Esquimalt included work-study placements at Fleet Diving Unit Pacific, the Naval Tactical Operation Group's Advanced Boarding Party, and the Canadian Forces Sailing Association.

The Regular Officer Training Program gives young Canadians an opportunity to obtain both an officer's commission in the Canadian Armed Forces and an undergraduate degree. The aim of the ROTP is to develop selected young men and women as officers in the CAF in a variety of career occupations. Successful ROTP candidates enroll in the CAF as Officer Cadets and attend the Royal Military College of Canada or the Royal Military College of St-Jean or an approved Canadian University. For more information visit the webpage: www.rmc-cmr.ca/en/registrars-office/ regular-officer-training-plan-rotp



Learning your second official language? GCcampus can help

As Canada celebrates the 50th anniversary of the Official Languages Act, it's a great time for Defence Team members to make improving your second language skills a priority.

The Canada School of the Public Service offers useful online courses, practice tests and study aides to help improve your French or English skills, and prepare for language evaluations.

Department of National Defence (DND) employees and CAF members can access the full suite of Canada School online courses anytime, anywhere by logging in to your GCcampus account. The courses are free, self-paced, and available on your schedule. Topics include:

- Language Maintenance Courses
 Public Service Commission Lan-
- guage Tests Preparation
 French as a Second Official Lan-
- English as a Second Official Lan-
- Eligitsii as a Secoliu Officia guage
- Official Language Courses
- Job Aids / Videos

Learning a second official language is a shared responsibility: you have an important role to play in dedicating your time and energy to learning, while the organization supports you by providing access to information, training, and resources. ADM(HR-Civ) offers second language training opportunities to DND employees to ensure compliance with the Official Languages Act and the Treasury Board Secretariat Directive on Official Languages for People Management. Some groups and commands also provide second language training to civilian employees within their organizations for professional and career development purposes.

Make sure to discuss your second language learning plan with your manager, and discuss the support that may be available to help you meet your goals. For more information about official languages and second language learning at Defence, consult the HR-Civilian Official Languages or the Director Official Languages intranet sites.

Sailor set to make Guinness Book of World Records

By Peter Mallett, The Lookout Staff

Guinness Book of World Records, here he comes.

CPO2 Christopher Fraser is getting ready to set a world record when he crosses the finish line at the Goodlife Fitness Victoria Marathon.

It won't be the fastest time though. Instead, he hopes to become a new Guinness Book of World Records record holder in the category of Fastest Runner Wearing a Fire Fighter's Uniform and Breathing Apparatus.

CPO2 Fraser will run the race as a fundraiser for Esquimalt's MFRC.

His firefighting gear weighs approximately 25 lbs and is protective safety gear commonly worn by RCN duty technicians, containment managers and boundary sentries for damage control purposes. Running the full distance of 42.2 kilometres will be a monumental challenge, says CPO2 Fraser. "It's all about going slow." ho said

"It's all about going slow," he said during a break from his training at the Dockyard Gym. "It's going to take time and patience and is certainly going to be a difficult challenge for me, but it's absolutely achievable and if I do this the Guinness Book record will be mine."

However, he has yet to learn if his application has received approval from Guinness, but says he will run the race either way.

The gear consists of a support harness and an air tank and respirator. He will also run the race in his Naval Combat Dress, minus the baseball hat, and his military boots.

He knows his uniform and flash gear will slow his pace considerably from his previous marathon finish times, which he says average approximately three hours and 15 minutes.

His ambitious goal is to cross the finish line in five hours but acknowledges he would also be happy if he meets the Guinness minimum required time of seven hours.

"I am going to need frequent breaks at all water stations along the way because I am going to be doing a lot of exerting during this race," said CPO2 Fraser. "I am going to



CPO2 Chris Fraser displays the flash gear he will run in during the upcoming Goodlife Fitness Victoria Marathon.

PETER MALLETT, THE LOOKOUT

sweat profusely, so it's going to be all about the pace, and drinking lots of water."

The idea to run in flash gear came earlier this year when he heard the MFRC had been named a sponsor of the marathon. He wanted to help the non-profit out with their fundraising efforts and discussed some ideas with MFRC Community Engagement Manager Lisa Church.

"We realized that just running the marathon wouldn't catch people's interest and I needed a better plan," said CPO2 Fraser. "Lisa and I discussed running in a full uniform but that has already been done. I came up with running it in flash gear and we both liked the idea."

CPO2 Fraser, 49, is a late bloomer in the sport of running. He took up the sport in 2005 and five years later started racing 5 and 10km races. In 2010, he qualified for the CAF's 5K race in Ottawa. He didn't run his first marathon until six years ago when he entered the Goodlife Fitness Victoria Marathon.

If you would like to support CPO2 Fraser in his fundraising efforts visit the race website and the link https://raceroster.com/ events/2019/19927/goodlife-fitnessvictoria-marathon-2019/fundraisingorganization/16888

Vous apprenez votre deuxième langue officielle? GCcampus peut vous aider

Alors que le Canada célèbre le 50^e anniversaire de la *Loi sur les langues officielles*, c'est le moment idéal pour les membres de l'Équipe de la Défense d'accorder une priorité à l'amélioration de vos compétences en langue seconde.

L'École de la fonction publique du Canada offre des cours en ligne utiles, des tests de pratique et des aides à l'étude pour vous aider à améliorer vos compétences en français ou en anglais et à vous préparer aux évaluations linguistiques.

Les employés du ministère de la Défense nationale (MDN) et les membres des FAC peuvent accéder à l'ensemble des cours en ligne de l'École de la fonction publique du Canada en tout temps, n'importe où, en ouvrant une session au moyen de votre compte GCcampus. Les cours sont gratuits, adaptés à votre rythme et accessibles selon votre horaire. Les sujets abordés comprennent :

- Cours de maintien des connaissances linguistiques acquises
- Préparation aux tests linguistiques de la Commission de la fonction publique
- Le français comme deuxième langue officielle
- L'anglais comme deuxième langue officielle

Cours de langues officiellesOutils de travail, vidéos

L'apprentissage d'une seconde langue officielle est une responsabilité partagée : vous avez un rôle important à jouer en consacrant votre temps et votre énergie à l'apprentissage, tandis que l'organisation vous appuie en vous donnant accès à l'information, à la formation et aux ressources. Le groupe du SMA (RH-Civ) offre des possibilités de formation en langue seconde aux employés du MDN pour assurer la conformité à la Loi sur les langues officielles et à la Directive sur les langues officielles pour la gestion des personnes du Secrétariat du Conseil du Trésor. Certains groupes et commandements offrent également de la formation en langue seconde aux employés civils au sein de leur organisation à des fins de perfectionnement professionnel.

Assurez-vous de discuter de votre plan d'apprentissage de la langue seconde avec votre gestionnaire et de discuter du soutien qui pourrait vous aider à atteindre vos objectifs. Pour de plus amples renseignements sur les langues officielles et l'apprentissage des langues secondes à la Défense, consultez les sites intranet RH –Civ, Langues officielles ou le site intranet du Directeur - Langues officielles.

1

43rd Federal Election – **CAF** electors

By CFB Halifax PA

On September 11, 2019 writs ordering the 43st federal election were issued, sending Canadian voters to the polls on 21 October 2019.

You are a CAF elector if you meet three conditions:

- You are a Canadian citizen • You are at least 18 years old on civilian Election Dav
- You are a member of the Regular Force, Special Force, or a member of the Reserve Force (serving on any Class A/B/C).

As a CAF elector, you vote under the Special Voting Rules (SVR) of the Canada Elections Act. The advance military voting period is from October 7-12, 2019.

Registration

Following recent legislative amendments, the CAF Electors Voting Regime has changed such as to how CAF electors will register and vote at the 2019 federal election. As a CAF elector, you no longer require a Statement of Ordinary Residence (SOR) to be entitled to vote. (Bill C76 was introduced in June 2019 has repealed the SOR.)

You must register to vote, like all electors. You can also register or update your information at your military polling station before you vote.

Visit www.elections.ca/forces to use the Voter Registration Service to check or update your voter information

CFB Halifax Joint Polling Stations:

The locations, times and dates during which military polling stations applicable to units supported by CFB Halifax will be opened are:

Stadacona:

Dates: October 7-11, 2019 Location: Windsor Lounge at Juno Tower

Hours: 1000-1430

Dockyard:

Dates: October 7-11, 2019 Location: Dockyard Harbour View Conference Room (Rm 2388) located on the 2nd floor of FMF Cape Scott, D200.

Hours: 1000-1430

Willow Park Armoury

Dates and hours: October 7, 2019: 0900-1200 hrs and 1300-1600 hrs

- October 8, 2019: 1830-2130 hrs October 9, 2019: 0900-1200 hrs and
- 1300-1600 hrs October 10, 2019: 1830-2130 hrs

Location: Willow Park Armoury Rm 2108

Shearwater

Dates: October 7, 8, and 11, 2019 Location: 12 Wing HQ (lower floor classroom)

Hours: 1200-1600

CAF voting process

Bring your military ID at the military polling station. The Unit Election Officer (UEO) will make sure that your name is on the list of electors for your unit.

After handing you an outer envelope, the UEO will ask you to print your name, your Service Number (SN), your electoral district's name and code, and your unit's name on the back on the envelope. You will then sign the outer envelope to declare that you are qualified to vote, have not yet voted and will not vote again during this election.

After making sure that your declaration is properly completed, the UEO will give you the following:

- A blank ballot
- An inner envelope
- The outer envelope that you signed • A list of candidates, turned to
- the page showing your electoral district's candidates

You will then go behind the voting screen to mark your ballot secretly. You must print on the ballot the name or initial and surname of the candidate that you chose. If there are two or more candidates with the same name, you must also write the name of your chosen candidate's party.

Note: If you write only the name of the political party on your ballot, your vote will be rejected. You will fold your ballot paper and go back to the UEO. You will then insert your folded ballot paper in the inner envelope in plain view of the DRO and seal it. Finally, you will insert the inner envelope in the outer envelope and seal it.

43^{eme} Élection fédérale – vote des électeurs des FAC

Par BFC Halifax AP

Le 11 septembre 2019, les actes judiciaires ordonnant la 43ème élection fédérale ont été décrétés, envoyant les électeurs canadiens aux bureaux de scrutin le 21 octobre 2019.

Vous êtes un électeur des FAC si vous répondez aux trois critères suivants :

vous êtes citoyen canadien

- êtes âgé d'au moins 18 ans le jour du scrutin civil
- vous êtes membre de la Force régulière ou de la Force de réserve des FAC (Classe A/B ou C).

Comme électeur des FAC, vous votez en vertu des Règles électorales spéciales (RES) de la Loi électorale du Canada. Si vous choisissez de voter à votre bureau de vote militaire, vous voterez par bulletin spécial.

Inscription

Le régime de vote des électeurs des FAC a changé suivant des changements législatifs récents. La Déclaration de résidence habituelle (DRH) a été abolie, ainsi les membres des FAC doivent maintenant s'inscrire afin d'être admissible au vote, comme tous les électeurs. Vous pouvez vous inscrire et aussi mettre à jour vos renseignements d'électeur en visitant www.elections.ca/forces

Prenez notes des endroits, heures et dates suivantes durant lesquels les bureaux de scrutin seront ouverts pour les unités supportées par la BFC Halifax :

Stadacona

Dates: 7 au 11 octobre 2019 Endroit: Salon Windsor de la Tour Juno

Heures: 1000-1430

Arsenal

Dates: 7 au 11 octobre 2019 Endroit: Arsenal – Harbour View Conference Room (Rm 2388) located on the 2nd floor of FMF Cape Scott, D200.

Heures: 1000-1430

Shearwater

Dates: 7-8 et 11 octobre 2019 Endroit: QG 12 Escadre – salle de classe du niveau inférieur Heures: 1200-1600

2 Doyle Dr., Porters Lake This is your perfect opportunity to buy the lakefront property you've always wanted. This diamond in the rough offers 261 feet of great shoreline on Porter's Lake, offering miles and miles of boating fun! The home sits on over 1.2 acres with two detached

Willow Park Armoury

Dates et heures: $7 \; Oct \; 19-0900\text{-}1200 \; hrs \; and \; 1300\text{-}1600$

hrs 8 Oct 19 - 1830-2130 hrs

9 Oct 19 - 0900-1200 hrs and 1300-1600 hrs

10 Oct 19 - 1830-2130 hrs

Endroit: Willow Park Armoury salle 2108

Fonctionnement du vote

À votre arrivée au bureau de scrutin, le scrutateur vérifiera si votre nom figure sur la liste électorale de votre unité et si vous avez rempli une DRH.

Le scrutateur vous remettra une enveloppe extérieure et vous demandera d'inscrire, au verso, en lettres moulées, votre nom, votre numéro de matricule (NM), le nom et le code de votre circonscription (tel que sur votre DRH) et le nom de votre unité. Vous devrez ensuite signer l'enveloppe extérieure, attestant que vous êtes admissible au vote, que vous n'avez pas encore voté et que vous ne voterez pas une autre fois à cette élection.

Après s'être assuré que votre déclaration est bien remplie, le scrutateur vous remettra :

- Un bulletin de vote en blanc;
- Une enveloppe intérieure;
- L'enveloppe extérieure que vous avez signée;

• Une liste des candidats, tournée à la page où figurent les noms des candidats de votre circonscription.

Vous vous rendrez ensuite derrière l'isoloir pour marguer votre bulletin de vote en secret. \bar{V} ous devrez inscrire en lettres moulées sur le bulletin de vote le prénom ou l'initiale et le nom de famille du candidat de votre choix pour votre circonscription. Si deux candidats ou plus portent le même nom, vous devrez aussi y inscrire le nom du parti auquel appartient le candidate de votre choix. Vous plierez votre bulletin de vote et vous vous présenterez de nouveau au scrutateur.

Vous insérerez, bien à la vue du scrutateur, le bulletin de vote plié dans l'enveloppe intérieure et la scellerez. Vous insérerez l'enveloppe intérieure dans l'enveloppe extérieure et scellerez celle-ci.

^{\$}427,777



CENTURY 21 Trident Realty Ltd.

With 38 years of combined real estate business, 34 years in the military, and first-hand relocation experience, we can assist you throughout the **IRP process and all other** real estate needs.

dbl garages, one with separate driveway to launch your boat from your shore. Inside find 3 bedrms, 1.5 baths, vaulted ceiling in living room, inflr ht, heat pumps and lower level walkout.



TRIDENT

What's the score with local sports in your community? Send write-ups, photos, and results to editor@tridentnews.ca

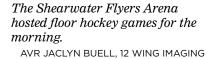
CAF Sports Day at CFB Halifax and 12 Wing Shearwater

Members from across Formation Halifax, around the country, and deployed abroad all participated in the annual Canadian Armed Forces Sports Day on September 20. The day kicked off with a morning run through HMC Dockyard before participants split up for activities like yoga, dodgeball, badminton, floor hockey, and more

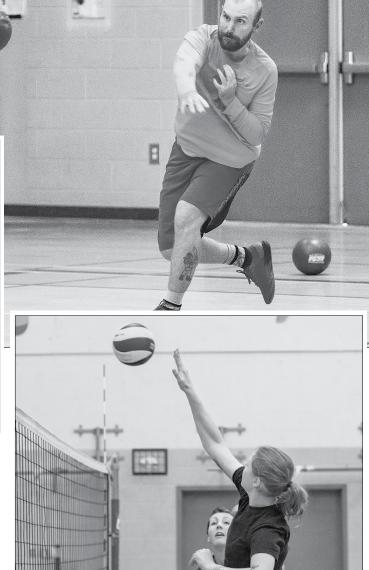
Sports Day is held each year to highlight the importance of sport for building camaraderie, teamwork skills, and as part of promoting health and physical fitness in the CAF.

Dodgeball is always a popular activity on Sports Day AVR RENZO RUIZ-HASS, FIS HALIFAX





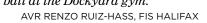
ball at the Dockyard gym.





12 Wing members start Sports Day with a game of softball. AVR JACLYN BUELL, 12 WING IMAGING

Members of the fleet play volley-





Acting Wing commander LCol William Reyno spoke to members to get the day started at the 12 Wing gym.

CFB Halifax women compete at CAF Soccer Nationals

By Trident staff

While they weren't able to bring home a medal this year, the CFB Halifax Mariners women's soccer team still had a strong showing at the CAF National Soccer Championship, held from September 15-20 at 8 Wing Trenton. The Mariners won the right to represent the Atlantic region at nationals after their CAF Regional Championship win in August, and recruited a few of the top players from around the region to round out the team for nationals. The women finished second place in the round-robin portion, with a 1-0 win against Canada West, a 1-1 tie against Kingston that ended in a shootout loss, and a 1-4 loss against Valcartier.

Continued on page 22

Soccer vs. football on Porteous Field

They may not agree on the proper name of the sport, but RCN sailors from HMCS Toronto and RN sailors from HMS Queen Elizabeth were still able to come together for a friendly game of soccer/football on Porteous Field on September 13. A floor hockey match between the two navies also took place at the Fleet Fitness and Sports Centre. MARLANT PA



Odds and sods of sports trivia

By Stephen Stone

There is no topic for this edition of Sports Trivia; just a potpourri of stuff. Hope you enjoy.

Questions

- 1. Which team is the current Canadian Senior Baseball Champion having won the title on August 26, 2019?
- 2. What NCAA university holds the record of 7 consecutive NCAA basketball titles as well as an 88 game win streak?
- 3. To whom was Billie Jean King referring when she said, "She's the greatest singles, doubles, and mixed doubles player who's ever lived."?
- 4. His number, 42, was retired by every Major League Baseball team. Who is this well honoured player?
- What did Chan Ho Park of the Dodgers do on May 24, 1998; Chris Holt of the Astros on August 27, 1999; Randy Wolf of the Phillies on August 1, 2004; Randy Wells of the Cubs on September 25, 2011; Ed

Klepfer of Cleveland on June 27, 1917; Tim Wakefield of the Red Sox on April 26, 1999; and Tim Hudson of the Athletics on September 25, 2002?

- 6. In the 2019 World's Strongest Man competition in Bradenton, Florida, between June 13-16, Canada's Jean-Francois Caron placed 4th. Who is the current World's Strongest Man?
- 7. Who holds the current Canadian record in a marathon with a time of 2:09.25?
- 8. On April 3, 2019, who set the Canadian record in the 100m backstroke at the Canadian trials held in Toronto?
- 9. At the Champions Swim Series, held in Indianapolis on June 1, 2019 which swimmer set a Canadian Women's record in the 200m individual medley?
- 10. In the movie Field of Dreams, Dr. Archibald "Moonlight" Graham says " I never got to bat in the major leagues. I would have liked to have had that chance. Just once. To stare down a big league pitcher. To stare him down, and just as he

goes into his windup, wink. Make him think you know something he doesn't." Was there a real Moonlight Graham?

- 11. Who holds the heavyweight record of 49 wins 0 defeats with 43 Kos?
- 2. Who holds the record for most consecutive PGA tour wins?
- 13. Who holds the record for knockout wins in boxing?
- 14. Who broke Bob Beaman's 1968 Olympic 8.9m long jump record?
- 15. Who is the first woman to walk the entire 21 500km of the Trans-Canada Trail, the longest recreational trail in the World?
- 16. Who holds the Trans Canada highway run record of 72 days 10 hours?
- 17. Who are the current Lawn Bowls men's and women's Canadian pairs champions?
- 18. What team always performs a Haka before its games?
- 19. Which horse was the last to win Canada's racing triple crown?
- 20. Who was the first person to swim across all five Great Lakes? *Answers on page 22*

Fitness and sports updates

By Trident Staff

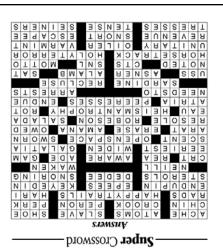
Practices for the Slackers football team take place every Tuesday and Thursday at 1600 hrs. All players, regardless of experience are encouraged to come out for the team and participate in this year's game, which will be the 50th anniversary of the annual Mini Grey Cup in which the Slackers team, comprised of NCMs, plays against the Wardroom officers' team. For more information contact head coach Sean Parker at parker. smd@forces.gc.ca or at 902-427-5271.

The CFB Halifax Walk takes

place at 10:30 a.m. on the last Wednesday of every month. Both military and civilian members are welcome to participate. The group will convene at the STAD gardens in front of S-90 for a PSP led warmup. The walk will take approx. 30 minutes and be approx. 2.5-3km, heading towards Fort Needham and back. For more information please contact Lucas Hardie at 902-427-6335 or email Lucas.Hardie@forces.gc.ca

The FORCE Rewards Program is designed to recognize CAF personnel who achieve high levels of health-related fitness and operational readiness on their FORCE Fitness Profile, as part of their annual FORCE Evaluation. In line with the CAF objective of maintaining high levels of health-related fitness and operational readiness, this program is being implemented to motivate CAF personnel to pursue physical activity while recognizing those who achieve excellence. FORCE Program location: Fleet Gym location, D216, Mondays, 10 a.m. and Tuesdays, 1:30 p.m. HMCS Scotian location: Fridays, 10 a.m. and 1:30 p.m.

Has competing a triathlon been on your bucket list? Don't know where to start? Join the Navy Tridents Triathlon Club. Membership is \$50 for military members and their families, \$60 for DND employees and their families, and \$65 for civilian friends. Contact club president Lt(N) Sam Kehler at samuel.kehler@ forces.gc.ca or search Navy Tridents Triathlon Club on Facebook.



Odds and sods of sports trivia

Questions on page 21

- Answers
- 1. Chatham Miramichi Honda Ironmen (known in New Brunswick as The Chatham Ironmen) defeated Nova Scotia Dartmouth Moosehead Dry 3-2 in the Championship game.
- 2. UCLA Bruins. The win streak was stopped by Notre Dame on January 19, 1974 71-70. Coincidentally the streak began three years earlier after losing to Notre Dame on January 19, 1971
- 3. Martina Navratilova, winner of 18 Grand Slam titles, 31 Grand Slam doubles titles, and 10 Grand Slam mixed titles.
- 4. Jackie Robinson.
- 5. These Major League pitchers had no problem with their pitch count, at least for one inning, as they started the first inning, threw exactly 3 pitches and recorded 3 outs. There have been 106 NL pitchers and 80 AL pitchers who have had a 3 pitch inning but these guys did it in the first.
- 6. Martins Licis of the United States.
- 7. Cameron Lewis set the record at the Toronto Waterfront Marathon on October 21, 2018
- 8. Marcus Thormeyer of the

UBCSC in a time of 53.35 9. Sydney Pickram

- 10. Yes. During the 1905 season he was called up to the big show by the Giants, reporting to the team on May 23. On June 29, in the top of the 9th, he replaced right fielder George Browne. He was on deck when Claude Elliott hit a pop fly for the third out. He played the bottom of the 9th in right. He did not make a play. Thus ended his big league career. Sometimes the movies are right.
- 11. The great Rocky Marciano 12. Byron Nelson with 11
- 12. Byron Neison with 11
 13. Archie Moore, the Old Mongoose. Of his 219 bouts his record is 185 wins, 34 losses and 132 wins by knockout. Some record his career as 220 – 35 with 131 Kos. I guess it depends upon which source you choose...but.. sheesh over 130 Kos. Wow!
- 14. August 30, 1991. In the world championship final in Tokyo, Carl Lewis and Mike Powell produced perhaps the greatest long jump competition ever. After Lewis jumped 8.91 metres on his fourth attempt, albeit windaided, Powell followed up with a wind-legal 8.95 metre effort on his fifth attempt, setting a record

that has now stood longer than Beamon's. Lewis was the first to break the record even though Powell won the gold with a longer jump.

- 15. Sarah Jackson walked the entire trail from Victoria, B.C. To St. John's, Nfld. Granted she didn't walk across the straits between Vancouver Island and the mainland or the Strait between Sydney and Port aux Basques.
- 16. Al Howie ran the race in 1991 and raised over \$750 000 for a fund for children with special needs.
- 17. Jonathan and Michael Pituley won the men's on August 26 while Peggy Plathan and Patrica Walker took home the gold at the Burlington Lawn Bowling Club
- 18. The New Zealand All Blacks.
 19. Wando-In August 2003, Wando won the Queen's Plate at Woodbine by 9 lengths, The Prince of Wales Stakes by 41/2 lengths at Fort Erie, and the 1 1/2 mile Breeder's by 1 1/2 lengths at the E.P. Taylor turf course at Woodbine
- 20. In August, 1988, Canadian marathon swimmer Vicki Keith became the first person to swim across all 5 Great Lakes.

CFB Halifax women compete at CAF Soccer Nationals

Continued from page 21

The Mariners faced Canada West again in the semi-final round, playing to a 1-1 tie and losing via shootout. Game MVP awards through the tournament went to OS Kelly Kisa, Capt Kim O'Rourke, Cpl Jo Blodgett, and Cpl Melissa Charron.

"It was really encouraging to see the work we could do together. The game was really fast paced this year and the girls were strong in all the teams. It made for a great competition," said OS Kisa.

Canada West went on to win the gold medal, beating out Valcartier 2-1 in the final game.

On the men's side, the Atlantic region was represented by 14 Wing Greenwood, who took a 4-1 win over Winnipeg in their first game before going winless for the remainder of the week. They played to a 0-5 finish against Petawawa, 0-3 against Ottawa, and another 0-3 loss against Ottawa in a semi-final match. The team from Ottawa took the gold medal with a 1-0 win over Winnipeg





THURSDAY, OCTOBER 10, 2019 1300 HRS | PORTEOUS FIELD | CFB HALIFAX

Tailgate party begins at 11:30! Come by for some food, drinks, prizes and stay to watch the game!

FOR MORE INFORMATION VISIT CAFCONNECTION.CA/HALIFAX OR CALL 902-721-8411





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- 59 Smell -- (be leery)
- 60 Rub away

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- Tea brand 70 French water
- Tim Tebow's 2007 award 71
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- 77 Noblewomen
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- 84 Herring's kin
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- 94 Actor Ed
- **CFB Esquimalt's Most Dedicated Athlete of 2019**

By Lt(N) MJ Kia, HMCS Malahat PA

They say the secret to happiness is setting attainable goals, but the definition of attainable is only as limited as your imagination.

For MS Tracy Voorthuyzen, a Supply Technician at HMCS Malahat, her sights were set high.

"I have set myself a goal to complete 60 marathons by age 60, which is March 2020. I started running marathons in 2009 at the Victoria Marathon. I have now completed 58; my plan is for the 59th to be in the Victoria Marathon in October, and then number 60 in Cancun. Mexico. this December.'

A regular on the CAF national and international running circuits, MS Voorthuyzen has competed in multiple prestigious events, including the Boston Marathon, twice. Her love for the sport has had a positive effect on her shipmates, as she is often the lead organizer at Malahat for getting others involved in running.

"I drive most of my shipmates crazy asking them if they have signed up for whatever the latest races are. In 2016 our unit had three participants at the Boston marathon, where the only way in is to meet strict qualifying times," she says.

On September 19, MS Voorthuyzen was awarded Most Dedicated Athlete at





MS Tracy Voorthuyzen was named 2019's Most Dedicated Athlete of CFB Esquimalt.

SUBMITTED

the CFB Esquimalt Sports Awards for 2019. It is only fitting that she wasn't present to receive her award, as MS Voorthuyzen is presently in Europe at the Disney Castle to Chateau Challenge where she continues to live her passion for ticking off the kilometres.

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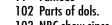
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