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THE NEWSPAPER OF MARITIME FORCES ATLANTIC SINCE 1966 - LE JOURNAL DES FORCES MARITIMES DE L'ATLANTIQUE DEPUIS 1966

CAF members send Canada Day greetings from the flight deck of HMCS St. John's during Op REASSURANCE.
CPL TONY CHAND, FIS

Happy Canada Day from HMCS St. John's



RCAF Honorary Colonel conference Pg. 7



HMCS Haida designated RCN Flagship Pg. 9



Kayak trip supports HMCS Sackville Pg. 12



Atlantic Regional Powerlifting Pg. 20



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Former NESOPs welcomed back to RCN through Skilled Re-enrollment Initiative

By Ryan Melanson,
Trident Staff

The RCN has been making an extra effort to bring recently retired sailors back to the organization, and the two first members to take advantage of this Skilled Re-enrollment Initiative have now made it official.

LS Kenneth Squibb and LS Steven Auchu, both NESOPs with sailing experience, who each retired from the Navy less than two years ago, will soon be back putting their skills to use with the fleet. They participated in an enrollment and re-enrollment ceremony, alongside new recruits, at CFRC Halifax on June 7.

The Skilled Re-enrollment initiative is a result of attrition rates in recent years, which have put extra stress on certain Navy occupations. Letters have been sent to identified members from trades like NESOP, NCI Op, Sonar Op, Nav Comm and Mar Tech, to invite them to re-enroll while keeping their former rank and occupation.

RAdm Craig Baines, Commander MARLANT and JTFA, attended and presided over the ceremony in order to personally welcome the two sailors back into the fold, as well as to welcome the group of new recruits. He said the main goal of the Skilled Re-enrollment Initiative is to ensure those who have recently left the organization are aware that the door remains open should they wish to restart their CAF career. With a need for



From left, RAdm Craig Baines, Commander MARLANT and JTFA, LS Kenneth Squibb, LS Steven Auchu, and Formation Chief CPO1 Pierre Auger at the enrollment ceremony at CFRC Halifax on June 7.

MONA GHIZ, MARLANT PA

trained personnel currently existing across a number of trades, the RCN doesn't want to miss out on a chance to bring back experienced sailors.

"We want to make it as easy as possible to re-enroll. Today we've re-enrolled two NESOPS, and these two individuals have important skills that are quite frankly needed on the ships right now, so we're very happy to have them," RAdm Baines added.

"After people leave, they go back

into the civilian world and experience a different type of work and a different lifestyle. And that's great, but we wanted to make sure people know that if they do end up changing their mind, or if they find themselves missing the organization, that the Navy is very open to having them come back to us."

LS Squibb said the extra push from the Skilled Re-Enrollment Initiative, which can include a recruiting allow-

ance in some cases, was a factor in bringing him back to the Navy.

"It was something I was considering, but I was still enjoying my time with my family and I wasn't sure about it. When I got the letter and heard about this, that definitely had an impact on my decision."

In addressing the brand new recruits at the ceremony, RAdm Baines recalled his own enrollment in the CAF nearly 31 years ago, and the uncertainty that came with it. He would eventually settle into a career that's brought him to more than 30 countries and allowed him to serve Canada in exciting ways, but said the friends and colleagues met along the way have provided the biggest highlights of his life in the RCN.

"The people you're with today, and the people you'll meet along the way, will be what inspire you to stay and be motivated and be a part of the team. The calibre of people within the Canadian Armed Forces is terrific."

Along with the NESOPS returning to the Navy, the ceremony welcomed 12 new CAF recruits: Jaclyn Buell, Logan Countway and Sarah Goodman, all from Halifax, Brandon Crawford of Aylesford, Kelly Godfrey of Lake Echo, William Grant of West Porters Lake, Brian McLea of Bedford, Joshua O'Reilly of Kingston, Russell Sabine of Boutiliers Point, David Szasz of Margaretsville, Kristie White of Hammonds Plains and Mitchell Williams of Hardwood Lands.

FDU(A) assists with security at G7 Summit

A team from Fleet Diving Unit (Atlantic) prepares for a dive in the St. Lawrence River to secure the surrounding areas of the G7 at La Malbaie, Québec on June 6, 2018.

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Royal Canadian Navy increases presence in Africa

By Lt(N) Linda Coleman,
MARLANT PA

It was an exciting day on May 11, 2018 as members from the Royal Canadian Navy (RCN) shook hands with partner navies from North Africa during the closing ceremony of PHOENIX EXPRESS 2018 (PE18) in Souda Bay, Greece. It not only marked the conclusion of the RCN's first time participating in PE18, but in three US Africa Command Express exercises around Africa this year.

"It was a privilege to participate in PHOENIX EXPRESS with the Royal Canadian Navy, continuing the great work and capacity building we've been doing around Africa this year as part of the US Africa Command sponsored EXPRESS series, including CUTLASS EXPRESS in East Africa, and OBANGAME EXPRESS in West Africa," said LCdr Paul Smith, senior RCN official for PHOENIX EXPRESS.

Led by US Africa Command and conducted by US Naval Forces Africa, the EXPRESS exercises are an ongoing series of maritime security focused engagements designed to train and assess standard procedures for Maritime Domain Awareness and information sharing for combined/joint Maritime Interdiction Operations.

In January, the RCN sent advisors to East Africa to participate in CUTLASS EXPRESS. The RCN's contribution included strategic engagements in Mozambique and Tanzania to promote maritime security capacity building at the Tanzania and Mozambique Maritime Operations Centres (MOC). The RCN advisors provided support and mentorship on maritime security awareness, passing on Canadian expertise in this field.

In March, HMC Ships *Kingston* and *Summerside*, a detachment of personnel from the Maritime Tactical Operations Group (MTOG), and a MOC mentorship team were in West Africa participating in OBANGAME EXPRESS 2018 (OE18). This exercise is focused on improving cooperation among participating West African nations and strengthening maritime interdiction operations to increase maritime safety and security in the Gulf of Guinea – an area that is seeing increased illegal maritime activity lately, garnering international attention. CBC World News covered RCN presence off the coast of Nigeria, discussing the RCN's role in helping train the Nigerian Navy to help combat piracy. It was also the RCN's first visit to Nigeria in half a century.

This was the second consecutive year that the RCN participated in OE18, and the RCN has committed another three to five years of deploying to the area to continue building relationships in the West Africa region, while promoting maritime security in the Gulf of Guinea.

By April, RCN observers and assessors were at Maritime Operations Centres in Bizerte, Tunisia and Souda Bay,

Greece where they observed, assessed and acted as mentors in the area of maritime security awareness, and provided expertise in maritime interdiction operations for PE18.

"These global leadership opportunities help strengthen relationships and partnerships with like-minded navies, and in the case of PHOENIX EXPRESS also help overcome current challenges that threaten maritime security in the Mediterranean Sea," added LCdr Smith. Maritime security in the Mediterranean is vitally important because of the shipping routes that link Europe and North Africa. Illegal migrants have also been crossing the Mediterranean from Africa in record numbers since 2015, causing a maritime security issue in the region.

PE18 North African partners included Algeria, Mauritania, Morocco, and Tunisia. These countries led the planning and execution of training scenarios that included interdicting illicit activity and providing vessels, teams, and leadership to enable the operations of a combined MOC and Surface Action Group. Other countries involved included Canada, Greece, Italy, Malta, Spain, the US, Libya, Netherlands, and Denmark.

A key theme between the EXPRESS series is improving communication between the participating nations through the MOCs, and improving interoperability.

"It's rewarding to be able to help a like-minded nation build their own maritime security capacity while increasing interoperability. The initial challenge in short exercises like PHOENIX EXPRESS is being able to quickly gain an understanding of capabilities and requirements of the team you are there to advise and assess, and figuring out how you can best use your own skills to assist them. The rewarding side to that is when that team is able to effectively execute the mission presented, you feel a sense of accomplishment and pride in what you were able to achieve in such a short period," said Lt(N) Andrew Brumwell about his experience in the MOC at the Bizerte Naval Base in Tunisia.

"These relationships we form are important. A more connected armed forces with global ties strengthens our own security at home and global security as a whole," added Lt(N) Curtis MacAulay, also located in Bizerte.

The RCN's participation in the Express Series embodies *Canada's New Defence Policy – Strong, Secure, Engaged*, which values the CAF ability to anticipate new challenges, adapt to changing circumstances, and act with exemplary capability and professionalism while supporting peace and security around the world.



LCdr Matt Woodburn, Commanding Officer of HMCS Kingston, and Task Force Commander for Op PROJECTION, talks with members of the Ghana Navy after a boarding party exercise in which Kingston simulated a civilian vessel taken over by pirates in support of Ex OBANGAME EXPRESS off the West Coast of Africa on March 23, 2018.

SGT SHILO ADAMSON, CF RECRUITING GROUP HEADQUARTERS, CFB BORDEN

HAPPY
CANADA DAY
JOYEUSE FÊTE
DU CANADA







Publication
Schedule
for 2018

January 8 — MFRC; 12 Wing Shearwater centenary special
January 22
February 5 — MFRC; Money Matters
February 19
March 5 — MFRC
March 19 — Posting Season
April 2 — MFRC; Car Sales, used
April 16 — Spring Automotive Maintenance
April 30 — Battle of the Atlantic special
May 14 — MFRC
May 28 — Spring Home & Garden
June 11 — MFRC and DND Family Days special
June 25
July 9 — MFRC
July 23
August 6 — MFRC
August 20 — Back to School
September 4 — MFRC; Car Sales, new models & leftovers
September 17 — Fall Home Improvement
October 1 — MFRC
October 15 — Fall Automotive Maintenance
October 29 — Remembrance special
November 13 — MFRC
November 26 — Holiday Shopping
December 10 — MFRC and Year End review

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Community Calendar

Reunion and event notices must be submitted by email.
editor@tridentnews.ca include the sender's name and phone number.

A notice will not be published if the event is to happen more that one year from publication date. Submissions may be edited.

Titanic: Two Boys and a Dream
Time: 7 p.m.

Date: Tuesday, June 26

Location: Maritime Museum of the Atlantic

Join author Angelica Harris of Queens, New York as she launches her new book in Halifax. Harris' uncles, Alberto and Sebastiano Peracchio, were crewmembers on the RMS Titanic in the À la Carte Restaurant owned and managed by Luigi Gatti, a renowned chef, restaurateur, and entrepreneur. She describes the book as an emotional journey, containing the result of nearly four decades of research into her fam- ily members, as well as new informa- tion about the Titanic itself. Harris will also be presenting to members of the Titanic Society of Atlantic Canada at the Titanic International Conference at the Lord Nelson Hotel.

Royal Nova Scotia International
Tattoo Festival

Date: June 26 - July 2

The Royal Nova Scotia Interna- tional Tattoo is hitting the streets, and you'll see Tattoo performers around HRM from June 26 - July 2 for the an- nual Tattoo Festival, presented by Wil- sons Propane. Locations include the Halifax Boardwalk, Citadel Hill, Al- derney Landing and multiple Sobeys stores. And on Canada Day, the Tattoo will welcome the CAF Skyhawks Parachute Display Team as part of the entertainment on the Halifax Common. Visit http://nstattoo.ca for a full schedule. Tattoo Festival events are all free of charge to the public.

NSCAD Lithography Workshop
& Lecture

Time 6 p.m.

Date: Wednesday, June 27

Location: Halifax Central Library

Internationally renowned artist, Shary Boyle lives in Toronto and works across diverse media including sculpture, drawing, installation, and performance. She is known for her bold and fantastical explorations of the figure and boundary-crossing col- laborative projects. Highly crafted and deeply imaginative, her multi-disci- plinary practice mines the social his- tory of porcelain figurines, animist mythologies, and folk art forms to create a symbolic, politically charged language uniquely her own.

Make It: Open Studio

Time: 1:30 p.m.

Date: Wednesday, July 4

Location: Halifax Central Library

Our space is your space. Drop inn and use the gear in the Creative Lab for your own projects. We'll have the Cricut cutter, sewing machines and general craft supplies available for you - first come first serve. Make It: craft and create at the Library this summer with workshops on how to make everything from robots to pickles.

No. 2 Construction Battalion
Memorial Ceremony

Time: 10:30 a.m. – 1 p.m.

Date: Saturday, July 7

Location: Decoste Centre, 99 Wa- ter St., Pictou

The Black Cultural Society and Black Cultural Centre for Nova Scotia present the 25th memorial ceremony honouring the members of No. 2 Construction Battalion. Following the outbreak of the First World War, Ca- nadians flocked to recruiting stations. From Nova Scotia to British Colum- bia, hundreds of Black volunteers, ea- ger and willing to serve, were turned away from enlisting in what they were told was a “White man’s war.” The No. 2 Construction Battalion was created after several appeals and protests to top military officials. Often referred to simply as The Black Battalion, it was a segregated non-combatant unit, the first and only all-Black battalion in Canadian military history. Join members of the Black Cultural Soci- ety, CAF representatives and others at this annual event.

Tuesday Night Tunes

Time: 7 p.m.

Date: Tuesday, July 10

Location: Maritime Museum of the Atlantic

The next installment of the Mari- time Museum of the Atlantic’s series of free summer concerts will feature David Bradshaw. A Newfoundland born singer-songwriter and multi-in- strumentalist, Bradshaw is now based in Nova Scotia. His latest album, Songs from the Former County, was released in 2014; he has performed several times on the ECMA stage and plays solo and with his band at venues around Nova Scotia and the Atlantic provinces.

Celebrate Canada Day 2018

By Virginia Beaton,
Trident Staff

There are lots of ways to celebrate Canada Day 2018. Whether you prefer attending a free concert, visiting a national historic site, or enjoying fireworks, there are lots of activities to enjoy.

Sunday, July 1, Halifax Citadel National Historic Site. Celebrate Canada’s 151st Birthday with free admission to the Halifax Citadel. Start with the firing of the noon gun fol- lowed by the traditional 21-gun salute. Enjoy music, 78th Highlander mili- tary performances, presentations and the official Canada Day cake served by a 78th Highlander.

Fort Anne & Port-Royal Fort Anne National Historic Site. Cel- ebrate Canada’s 151st birthday with free admission to both of Annapolis Royal’s National Historic Sites. Begin

your day at Fort Anne by singing *Oh Canada* during the flag raising at Town Hall; join Parks Canada’s mas- cot, Parka, in the procession to the fort; eat a piece of free cake; and enjoy the musical entertainment. Or head over to Port-Royal for music and cake. From 12 noon to 3 p.m. at Fort Anne, and from 1 to 3 p.m. at Port-Royal.

Kejimkujik National Park and National Historic Site. Celebrate Canada’s 151st Birthday at Kejimku- jik. Free admission and free cupcakes. Official launch of the Friends of Keji Photo Contest, and the Interpretation Programs for visitors of all ages.

Alderney Landing, Dartmouth. Start Canada Day 2018 with a free pancake breakfast while supplies last. The Lions’ Club, DND and our Air Cadets dedicate their Canada Day to make this event special for our com- munity. 8 to 10 a.m.

Grand Parade, Halifax. Start

Canada Day 2018 with a free pancake breakfast from 8 to 9 a.m. while sup- plies last. The Lions’ Club, DND and our Air Cadets dedicate their Canada Day to make this event special for our community.

Emera Oval, Halifax Commons.

From 11 a.m. to 4 p.m., attend the larg- est family celebration of our birthday in Atlantic Canada. There will be free entertainment, interactive activities, science experiments, food trucks, face painting, and inflatable attractions.

For the first time we will also have the CAF Parachute Team, The Sky- hawks, performing their close-prox- imity sky formations for a spectacular show of skill and courage. There will be shows, and meet and greets by the K9 Hi Flyers Dog Agility Team. Touch-A-Truck Provided by the Royal Nova Scotia International Tattoo.

Continued on page 5

HMCS *Fredericton* supports Women in Transition House

By AB Harveer Gill,
HMCS *Fredericton*

On Friday, June 8, 19 personnel from HMCS *Fredericton*'s ship's company made the trek from Halifax to Fredericton with donated clothing, toys, books and softball equipment in tow. Their destination was the Women in Transition House – a local shelter that provides a secure home for women and children fleeing abuse.

Established in 1980 as the first of its kind in New Brunswick, the House is a safe and confidential shelter with the ability to provide accommodations for up to 19 women and their children. The organization provides refuge, comfort, lodgings, and advocacy to victims of physical, emotional, sexual, economic and/or social abuse. *Fredericton* has been ship's sponsor of the Women in Transition House since the commissioning of the ship in 1994.

Over the course of the weekend, *Fredericton*'s personnel provided a helping hand - and mitt - as they participated in the 6th Annual Women in Transition House Softball Tournament and completed tasks to increase quality of life within the Transition House itself.

The Softball Tournament involved 11 local teams from the Fredericton area, with a wide range of participants from industry and local busi-



Members of HMCS *Fredericton* participated in a charity softball tournament in support of the Women in Transition House in the ship's namesake city on June 8.

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nesses. LS Conor Murphy took the mound, pitching a fair but friendly game, while CPO2 Dave Kennedy was easily found (and heard) behind the plate as the umpire, later presenting the award to the winning team, the Nashwaak Roofers.

"At the end of the day, it's the Wom-

en in Transition House that win here, and it's been an honour to take part," CPO2 Kennedy said as he handed the cup off.

Members of the ship also undertook tasks to directly support the Transition House including landscaping, donation sorting, and cleaning inside and out. The team went above and beyond expectations, planting trees on the property and starting a new garden.

Fredericton is planning another visit to the Women in Transition House during the annual Sailors for Wishes event (formerly known as Bike For Wishes), a fundraising initiative which takes cyclists from the ship across the province of New Brunswick in order to raise money for the Children's Wish Foundation. This year, *Fredericton* personnel have dedicated themselves to raising the bar in community involvement by planning additional visits to the Women in Transition House, collecting donations year-round, and organizing further events in *Fredericton*'s namesake city — a trend that the Ship's Company hopes is continued in the future.



LS Conor Murphy took the mound for HMCS *Fredericton* during the charity softball tournament.

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Celebrate Canada Day 2018

Continued from page 4

Halifax Citadel National Historic Site, Official Canada Day Opening Ceremonies. From noon to 2 p.m., get free admission to the Halifax Citadel National Historic Site. Join the Canada Day Committee, Government Officials and Sponsors at the Halifax Citadel National Historic Site of Canada featuring 78th Highlanders and a 21-gun salute. Sing *Oh Canada* and enjoy free Canada Day Cake at 12:30 p.m.

Sullivan's Pond, Dartmouth. A free concert will take place in the gazebo from 2 to 4 p.m. Enjoy free maple cookies while quantities last.

Public Gardens, Halifax. Join us in The Halifax Public Gardens for a free Canada Day Concert from 2 to 4 p.m. Free maple cookies while quantities last.

Alderney Landing, Dartmouth. A free all-ages concert will take place from 5 to 11:59 p.m. Performers include Allan Rayman, Mo Kenney, T. Thomason, Alfie, and Sk-ratch Bastid. All ages concert with 19+ Licensed Area (ID required)

Dartmouth Waterfront. Fireworks are back on the Dartmouth Waterfront at 10 p.m. The best viewing area is from the concert crowd at Alderney Landing or if you don't want to be in the concert area, bring your chairs or blankets to the green space along Ferry Terminal Park.

Correction to BOA story in May 28 Trident

Incorrect information appeared in the May 28 Trident, in the article regarding the Battle of the Atlantic ceremony in Point Pleasant Park in Halifax. The article referred to the monument for HMCS *Bonaventure*, which is incorrect. In fact, the memorial is the *Bonaventure* anchor memorial and it honours Canadian military members who died while serving with the Canadian Navy during peacetime.



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RCN, Canadian Coast Guard sign historic Arctic operations agreement

By Darlene Blakeley,
Senior Editor, RCN PA

An historic agreement on joint Arctic operations has been signed by the Royal Canadian Navy (RCN) and the Canadian Coast Guard.

On May 22, 2018, VAdm Ron Lloyd, Commander RCN, and Jeffery Hutchinson, Commissioner of the Canadian Coast Guard, signed the Joint Concept of Arctic Operations (CONOPS), which establishes how the RCN and the Coast Guard will coordinate maritime operations within Canada's Arctic Archipelago and Arctic waters, with the intent of pursuing greater interoperability.

With the Government of Canada's commitment to increasing presence in the Arctic regions, both the RCN and the Coast Guard remain the most visible maritime presence during the summer navigation season. While the assigned missions and tasks are different and specific to each organization, there is significant synergy and increased operational effect that can be achieved through collaboration.

"Maritime operations in the Canadian Arctic are a complex and continually evolving endeavour," said VAdm Lloyd. "While the Coast Guard and RCN fulfill different roles, their devotion to greater interoperability demonstrates the commitment of

both organizations to the achievement of shared government objectives. Defining our partnership reinforces and strengthens the connection between the Coast Guard and RCN, and ensures that we benefit from each other's experiences, assets and unique but intertwined areas of responsibility."

Historically, the Canadian Coast Guard assigns at least six vessels annually to the Arctic for the navi-

gation season, and the RCN assigns one to two vessels for a few weeks. With the projected arrival of its first Arctic and Offshore Patrol Vessel (AOPV) this year, the RCN's ability to conduct extended Arctic operations and missions will increase significantly.

There are potential areas of mutual collaboration in operational scheduling, logistical support, training, interoperability and the execution of Northern operations, including search and rescue, environmental response and maritime security.

"Emergency situations in Arctic waters are a reality, and the Canadian Coast Guard stands ready to respond when they arise. Partnerships like this are integral to ensure we can continue to meet the needs of those who use Canada's Arctic waters," said Commissioner Hutchinson. "The Coast Guard and the RCN are seeing important investments to further strengthen our capacity in the Arctic, including the launch of a new Polar Icebreaker and new AOPVs. Further, measures under the Oceans Protection Plan are creating a more robust marine emergency response system, stronger presence and safer navigation."

The RCN has operated in Northern waters for many years, delivering on its missions and legislated mandate for Canada. Its primary missions are to conduct surveillance, demonstrate and exercise presence and control,

support other government departments, respond to emerging crises, and build upon relationships in the region.

Overall, it's the RCN's responsibility to schedule, train and ensure the logistical sustainment of its maritime forces for Arctic maritime operations, coordinate Northern maritime forces through the Maritime Component Command in Halifax, and execute all Northern missions as assigned by Canadian Joint Operations Command and the Government of Canada.

The Canadian Coast Guard has operated its vessels and been the maritime lead and principal presence on-water in the Arctic for over 50 years. It provides critical icebreaking and safe navigation services, support to government science projects, and remote community resupply. It is also a key contributor to maritime domain awareness in the Arctic.

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"The Arctic is a complex and dynamic maritime environment, and presents challenge after challenge for the sailors who have braved those waters over centuries," said VAdm Lloyd. "As we prepare for the arrival of *Harry DeWolf*, the first of the AOPVs, the RCN is sending some of its sailors to join our partners in the Coast Guard to learn more about this unique environment."

Harry DeWolf will be in the water this year for trials, and will officially join the fleet in 2019.

The CONOPS has been developed to assist both organizations' planners, schedulers, operators and training groups to discuss joint activities on a regular basis. This planning may not be limited to the signatories of this CONOPS, as the whole of government expresses an active interest in the sustainable development of the Arctic with the engagement, consultation and participation of Indigenous peoples and local communities and governments.

"The RCN and Coast Guard are two sides of the same coin; indivisible in looking after the safety, security and defence of our great nation," said VAdm Lloyd. "Both of our organizations remain committed to reinforcing our relationship through the joint initiatives outlined in the CONOPS to ensure that northern development, presence and control are maintained throughout Canada's North. Our missions are distinct, but complementary."



HMCS Toronto and Canadian Coast Guard Ship Pierre Radisson sail past an iceberg off the coast of Baffin Island during a past visit to Canada's North.



VAdm Ron Lloyd, left, Commander Royal Canadian Navy, and Jeffery Hutchinson, Commissioner, Canadian Coast Guard, display the signed Joint Concept of Arctic Operations.

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RCAF Honorary Colonels gather for maritime aviation themed conference

By Ryan Melanson,
Trident Staff

As 12 Wing Shearwater prepares to celebrate its centennial later this year, it recently played host to the 2018 RCAF Honorary Colonel Conference, welcoming more than 50 Honorary Colonels from across the country, along with senior RCAF leadership, to the Wing as part of a three-day gathering on the east coast from June 6-8.

"It's certainly timely that we're here in Shearwater, and exposing our Honorary Colonels to the great history at 12 Wing," said LGen Al Meinzinger, who was overseeing the annual event for the first time as the new Commander of the Royal Canadian Air Force, having assumed the role only weeks prior. He described the Honorary Colonels as part of the lifeblood of the RCAF, and while their position is a non-operational one, he said they can play an important function at the wings or squadrons they're attached to.

The role generally involves providing advice or guidance to senior officers, acting as an advocate for the squadron or the RCAF in general, and providing a link between CAF personnel and the wider community.

"They do important work and they can certainly provide the Commanding Officer or the Squadron Chief Warrant Officer with a different perspective on things, and I think having that dimension as part of our squadron mosaic is fundamental. It's

something that adds additional capacity to our leadership teams."

There are a number of mutual benefits to gathering the members of the cohort together each year, LGen Meinzinger added.

"It provides them a great opportunity to ask questions, catch up and bond with their fellow Honorary Colonels, and really solidify and embolden their network. Even more importantly, on our side, it gives us a chance to provide them with a comprehensive update on what's going on with the Air Force."

That update came in the form of

briefings, from LGen Meinzinger himself, from the Commanders of 1 Canadian Air Division and 2 Canadian Air Division, and from leadership at 12 Wing, including Wing Commander Col Sid Connor and the COs of 406 and 423 squadrons, responsible for maritime helicopter training and operations. In Shearwater, the focus was on the CH-148 Cyclone, the progress of transitioning the new helicopter into operations, and the extensive training that goes along with it, while topics were focused on fixed-wing operations later in the week at 14 Wing Greenwood. The group also had a chance to witness the aircraft in action during a day sail in HMCS Charlottetown on June 6, with a demonstration that saw a Cyclone flying beside the ship and two CP-140 Auroras following overhead.

"We were able to see how Maritime aviation interfaces jointly with the Navy, and it was a great show," said Col (ret'd) John Roeterink, who now serves as the Honorary Colonels' Special Advisor for the RCAF.

The program also included extensive tours of facilities at both 12 Wing and 14 Wing, plenty of time to meet and chat with personnel at different units, and a historical component, with visits to the Shearwater Aviation Museum as well as the Greenwood Military Aviation Museum.

It was the third consecutive year attending the conference for Dr. Ron Sparkes, the Honorary Colonel for 444 Combat Support Squadron at 5 Wing Goose Bay. As someone without a military background, he said meeting RCAF crews and learning about their trades has been a highlight of the position, and the annual event provides an opportunity to do even more of that.

"As a novice who knows nothing about aircraft flying in them, I can go up to the hangar with the Griffon helicopters, and meet the SAR Techs who

jump out of them into the water, which is amazing. And the same goes for the people here in Shearwater and every wing I've visited. I love talking to them and hearing their stories."

The briefings, tours and information imparted to the group were also invaluable, he added, and will allow him to return home with extra knowledge and awareness, and new tools he can use as an advocate for the Air Force in his community.

"We're getting presentations from senior people at the very top of the organization, telling us about where the Air Force is going, what some of their challenges are, and so on. It's important for us to hear this, and even as a novice, it lets me know the areas where a little more attention or support may be needed," Dr. Sparkes said.

The conference wrapped up on June 8 following 14 Wing tours and demonstrations, with LGen Meinzinger joining the Honorary Colonels for a debrief and final discussions before the group departed.



A group of RCAF Honorary Colonels from across the country, seen here with Commander RCAF LGen Al Meinzinger and 12 Wing personnel in front of a CH-148 Cyclone Helicopter, visited Shearwater and Greenwood from June 6-8 as part of an annual Honorary Colonels' Conference.

LS LAURANCE CLARK, 12 WING IMAGING



A CP-140 Aurora and CH-148 Cyclone fly past HMCS Charlottetown during an Honorary Colonel's day sail on June 6.

MCPL ALEX PAQUIN, 12 WING IMAGING.

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The RCN and its ties to the Indigenous peoples of Canada

By RCN PA

The Royal Canadian Navy (RCN) has a long history of ties to the Indigenous peoples of Canada. In fact, it paid homage to them by naming two separate classes of ships after them – the wartime Tribal-class and the post-war Iroquois-class destroyers – and several other vessels, including three Oberon-class submarines.

The RCN is honoured to have these names from Indigenous peoples of Canada associated with its ships over the past several decades.

Tribal-class destroyers

The Tribals were a class of destroyers built for the Royal Navy, RCN and Royal Australian Navy, and saw service in nearly all theatres of the Second World War. Only one Tribal survives to this day: HMCS *Haida*, which is now a museum ship in Hamilton, Ont. These ships proudly bore the names of several Indigenous groups from across Canada.

Iroquois served in the RCN during the Second World War and the Korean War. *Iroquois* was the first ship to bear this name and the first ship of the class to serve with the RCN.

Athabaskan (first of name) was the first of three destroyers to bear this name. It served in the Second World War. It was torpedoed in the English Channel and sunk in 1944.

Huron served in the RCN in the Second World War and the Korean War. It was the first ship to bear this name, serving from 1943 to 1963.

Haida served in the RCN from 1943 to 1963, serving in the Second World War and the Korean War. The only surviving ship of the Tribal-class, *Haida* sank more enemy surface tonnage than any other Canadian warship. It is now a museum ship in Hamilton, Ont.

Micmac served in the RCN from 1945 to 1964. It was the first sophisticated modern warship built in Canada and the first of four Tribal-class destroyers built at the Halifax Shipyard.

Nootka served in the RCN from 1946 to 1964. Constructed too late to take part in the Second World War, the ship saw service in the Korean War.

Cayuga served in the RCN from 1946 until 1964 and saw action in the Korean War.

Athabaskan (second of name) served in the RCN in the immediate post-Second World War era and was



HMCS *Athabaskan*, the Iroquois-class destroyer, served in the RCN from 1972 to 2017.

the second destroyer to bear the name. Built too late to see action in the North Atlantic, *Athabaskan* served in the Korean War.

Iroquois-class destroyers

The Iroquois class included four helicopter-carrying, guided missile destroyers. Like the wartime Tribal-class ships before them, these ships were named to honour the Indigenous peoples of Canada. Launched in the 1970s, they were originally fitted out

for anti-submarine warfare, using two CH-124 Sea King helicopters and other weapons.

Iroquois was the lead ship of the Iroquois-class destroyers. The second vessel to carry the name, it entered service in 1972 and was based in Halifax. The ship was taken out of service in 2014 and paid off in 2015.

Huron served in the RCN from 1972 to 2000. It served mainly on the West Coast of Canada. After decommissioning, its hull was stripped to be used in

a live-fire exercise. It was eventually sunk by gunfire from its sister ship, *Algonquin*. It was the second vessel to use the designation *Huron*.

Athabaskan served in the RCN from 1972 until 2017. It was the third vessel to use the designation *Athabaskan*.

Algonquin served in the RCN from 1973 to 2015. It was the second vessel to use the designation *Algonquin*.

Oberon-class submarines

HMC Submarines *Ojibwa*, *Okanagan* and *Onondaga* were built in England and commissioned between 1965 and 1968. These were Canada's first truly operational submarines, also named for Indigenous peoples of Canada.

Ojibwa, originally intended for service with the British Royal Navy, was transferred to Canadian ownership and entered RCN service in 1965. *Ojibwa* operated primarily with Maritime Forces Atlantic until her decommissioning in 1998. In 2010, *Ojibwa* was laid up in Halifax awaiting disposal, with the Elgin Military Museum planning to preserve her as a museum vessel. The submarine was towed to Port Burwell, Ont., in 2012, and was opened to the public in 2013.

Okanagan entered service in 1968 and spent the majority of its career on the East Coast. The boat was paid off in 1998 and sold for scrap in 2011.

Onondaga was built in the mid-1960s and operated primarily on the East Coast until its decommissioning in 2000 as the last Canadian Oberon. The Site historique maritime de la Pointe-au-Père in Rimouski, Que., purchased the boat for preservation as a museum vessel. The submarine was moved into location in 2008 and is open to the public.

Other ships and units

The names of other RCN ships – including several River-class destroyers, Bangor-class minesweepers and Flower-class corvettes, as well as shore-based units including Naval Reserve Divisions – have also been based on Indigenous culture throughout the decades. This tradition carries on into today's fleet, with ships such as *Yellowknife* and *Toronto*. These ships were all named after Canadian geographic locations, such as cities and rivers. The names of these locations were all derived from their local Indigenous languages.



Ceremony marks HMCS *Haida*'s designation as flagship of the RCN

By Navy PA Ottawa

HMCS *Haida* has been designated flagship of the Royal Canadian Navy (RCN) to honour the courageous spirit of this legendary destroyer and all those who proudly served in her. *Haida* is the last remaining Second World War Tribal-class destroyer in the world. Moored in Hamilton, Ont., it is now a National Historic Site managed by Parks Canada, welcoming visitors to learn about Canada's remarkable naval history.

A special ceremony, co-hosted by the RCN and Parks Canada on May 26, 2018, saw *Haida* commissioned as flagship of the RCN, 75 years after it was initially commissioned into service for Canada.

The ceremony was part of a two-day community event during which Parks Canada launched its new Home Port Heroes program to ensure Canada's Second World War naval heritage is remembered in communities across the country.

The ceremony included warm greetings by Chief Ava Hill from the Six Nations of the Grand River, who highlighted the contributions of her people to the cause of freedom as evidenced by the numerous Indigenous veterans present. After his welcome to the First Nation Treaty lands, Chief R. Stacey Laforme from the Mississaugas of the New Credit recited two poignant poems, one about Mother Earth and another touching upon sacrifice and remembrance.

Adding to the historic significance of the occasion was the participation of two Haida Nation Hereditary Chiefs, Lonnie Young and Frank Collison, from the west coast of British Columbia. This was the first direct contact between the Haida Nation and their fabled namesake ship. To solidify this bond, Chief Young presented VAdm Ron Lloyd, Commander of the RCN, with the Haida Nation Flag, which was then hoisted over the ship.

Other highlights included a parade, naval band, firing of *Haida*'s guns, and a winged salute from a vintage



A special ceremony, co-hosted by the RCN and Parks Canada on May 26, 2018, saw HMCS *Haida* commissioned as flagship of the RCN.

aircraft of the nearby Canadian Warplane Heritage Museum. Additionally, the fabled warship's pre-1965 White Ensign was hauled down and replaced by the current Jack and Canadian Naval Ensign, which are flown by all RCN commissioned ships.

In the evening, a traditional sunset ceremony was held, followed by HMCS *Haida*'s transformation into an illuminated living memorial in remembrance of the fallen of the battles of the Atlantic and the St. Lawrence. A video of the battles, along with the names of the lost ships and of the fallen, scrolled up the hull.

"This is a tremendous day for both the RCN and for Parks Canada," said VAdm Lloyd. "HMCS *Haida* exemplifies the values of our naval personnel in uniform: service above self; courage in the face of immense danger; indomitable spirit; and the relentless pursuit of excellence. As flagship of

the RCN, *Haida* now stands as a permanent reminder of the sacrifice and courage of Canada's sailors, so that future generations of Canadians and sailors can be inspired by its story and the proud traditions of our RCN."

Along with his thanks to Parks Canada, VAdm Lloyd acknowledged the work of Haida Incorporated, a not-for-profit organization which "rescued *Haida* from the breakers" after being de-commissioned in 1963. He also recognized the efforts of the Friends of HMCS *Haida*, an organization of enthusiastic and energetic volunteers and veterans who served aboard *Haida* and continue to ensure the destroyer's rich legacy is shared with Canadians.

"Today would not have been possible without the foresight and commitment of those who have worked diligently since the 1960s to save this ship from the fate of so many of its sister ships," VAdm Lloyd said.

Haida also links generations, bringing together the RCN's proud past with its bright future. Her original commanding officer, Harry DeWolf,

is the namesake for both the first of, and the entire class of, Arctic and Offshore Patrol Vessels. His inspirational, courageous and bold wartime leadership earned him the nickname "Hard-Over Harry." Post-war, Harry DeWolf rose to the rank of vice-admiral and commanded the RCN.

"The RCN is a destroyer navy with 108 years of service to Canada. *Haida* is the very embodiment of the history, valour and fearless dedication of the women and men who serve Canada at sea," said VAdm Lloyd. "It is a testament to the RCN's long history as a fighting force and now stands as a permanent reminder of the sacrifice, resolve and courage of Canada's sailors."

Known as Canada's "fightingest ship," *Haida* sank more surface tonnage than any other RCN ship during the Second World War and later joined the "Trainbusters Club" during the Korean War. *Haida*'s legacy is steeped in Battle Honours: The Arctic between 1943 and 1945; English Channel, Normandy and Biscay in 1944; and Korea from 1952 to 1953.



VAdm Ron Lloyd, Commander RCN, stands together with Chief R. Stacey Laforme, left, Chief Ava Hill, second from right, and Chief Frank Collison during a special ceremony that saw HMCS *Haida* commissioned as flagship of the RCN.

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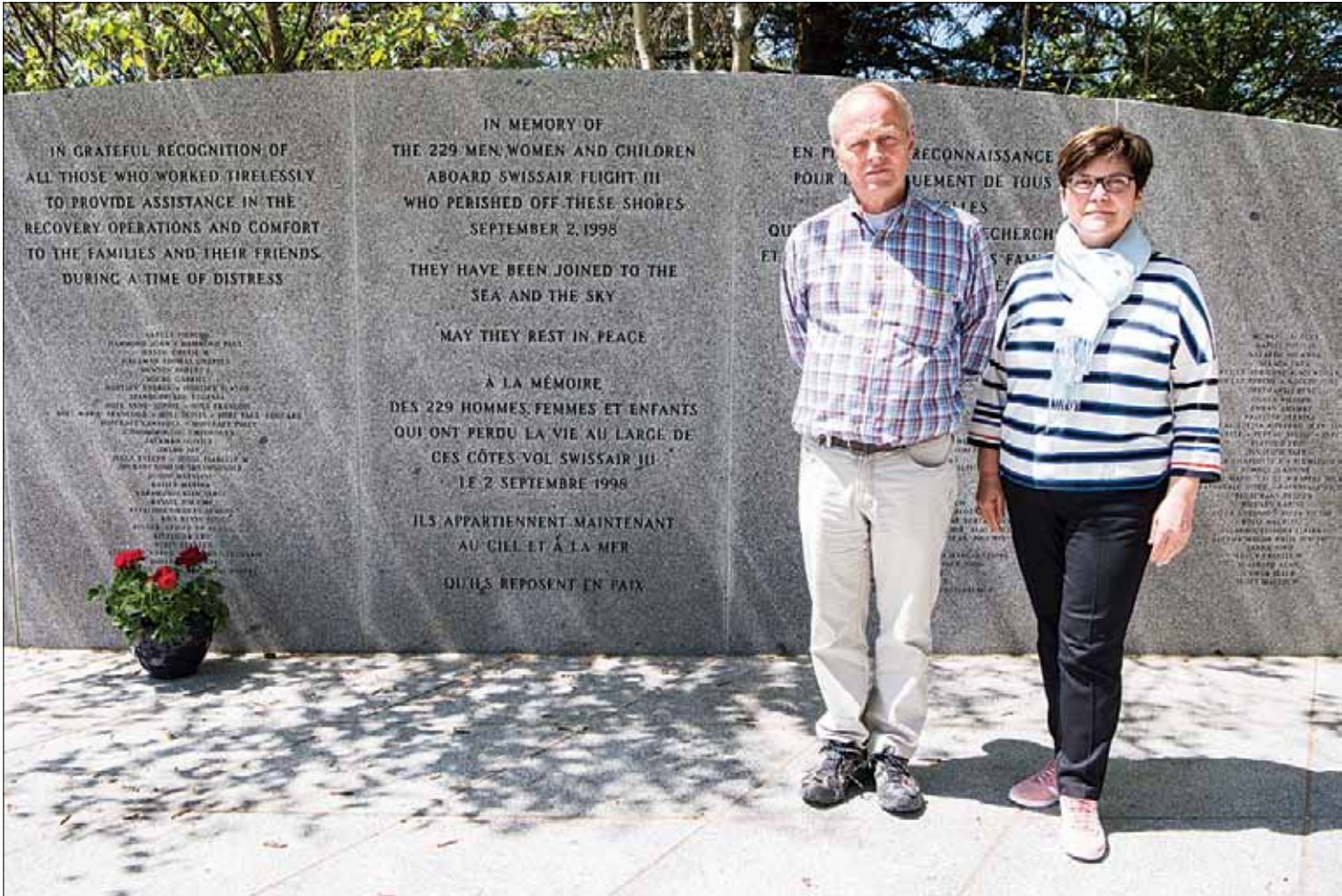
Ex TRADEWINDS

CAF Clearance Divers jump from the jetty to clear the docking area during Exercise TRADEWINDS 18 at the Prince George Wharf in Nassau, Bahamas on June 8, 2018.
MCPL PAT BLANCHARD, ST-JEAN/MONTREAL IMAGERY SECTION

Swiss Ambassador visits Swissair Flight 111 memorial

During a visit to Halifax on May 31, Dr. Beat Nobs, the Ambassador of Switzerland to Canada and the Commonwealth of the Bahamas, visited the Joint Rescue Coordinating Centre (JRCC) Atlantic, RAdm Baines' office, and the Swissair Flight 111 Memorial. Here, Dr. Nobs and Elizabeth Bösch Malinen, Consulate General of Switzerland in Montreal, view the Swissair Flight 111 Memorial located in Bayswater. This September will be the 20th anniversary of the Swissair crash, which took place on September 2, 1998.

MONA GHIZ, MARLANT PA





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Former Royal Navy sailor kicks off charity kayaking trip

By Phil Chard

HMCS *Sackville*'s Commanding Officer has paid tribute to a British kayaker who is undergoing a mammoth journey to raise funds for one of Canada's oldest warships.

LCdr (ret'd) Jim Reddy said he is thrilled former Royal Navy sailor Steve Chard has begun his 10,000 kilometre trip around the Great Loop.

Reddy also believes the 60-year-old, from Dorset, England, is doing a great job raising awareness of the Halifax-based *Sackville*, the soul-surviving corvette from the Second World War.

Chard slipped out of Halifax at the beginning of June. Anticlockwise, he will paddle as far north as the St Lawrence River, head over to Ottawa, down the Mississippi River to Florida and up the Eastern Seaboard before returning to Halifax, all in 15 months.

"*Sackville* is interested in marine activity of all kinds. This one is certainly a new, non-traditional and modern exhibition-style outing that simply widens our interest," Reddy said.

"It's also interesting a Brit is doing this because the corvettes were getting the supplies across from Canada to Britain during the Battle of the Atlantic. The two countries worked so close together and *Sackville* is the only corvette left out of 269 built. We had 123 in the Royal Canadian Navy and the rest were built in the UK. We

shared ours with the United States, and the UK also gave a handful to Norway."

"HMCS *Sackville* is the only one left, so Steve has our full support and we are extremely grateful he is doing this for our charity."

Sackville is kept shipshape by the Canadian Naval Memorial Trust, and Cdr (ret'd) Wendall Brown, chairman of the CNMT, said: "This is going to

be an extraordinary trip. Steve is helping us get the message out that people will know about *Sackville*, which we are very pleased about. It's a big way for Steve to repay the favour of our hospitality 10 years ago, when we first invited him onboard for lunch when he was volunteering at the Royal Nova Scotia International Tattoo."

Someone coming from the UK and taking an interest in *Sackville* is very

satisfying, Brown added.

"We are going to keep a close eye on Steve's progress and relay the word of his journey on our Twitter feed and website."

You can follow Steve's progress on his Facebook page, Kayak The Great Loop-Paddle with Steve. To make a donation, go to: <https://www.canada-helps.org/en/pages/kayak-the-great-loop-of-n-america-and-canada/>



LCdr (ret'd) Jim Reddy (second left), LCdr (ret'd) Doug Thomas (third left) and Cdr (ret'd) Wendall Brown (right) wish Steve Chard well in his fund-raising efforts for HMCS *Sackville*.

Royal Navy retiree Steve Chard prepares to paddle away from Halifax at the start of his big adventure with the Canadian flag fluttering in the background.



Sailing through the storm

HMCS St. John's sails through a thunderstorm in the Mediterranean Sea during Op RE-ASSURANCE.
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2Lt Kyle Rebryna receives a 2 Canadian Air Division (2 CAD) Commander's Commendation from Brigadier-General Dave Cochrane, commander of 2 CAD, for his outstanding contributions to the Division while he was awaiting his next phase of occupational training.

Le sous-lieutenant Kyle Rebryna reçoit la mention élogieuse du commandant de la 2e Division aérienne du Canada (2 DAC) du brigadier-général Dave Cochrane, commandant de la 2 DAC, en raison de ses contributions exceptionnelles à la division pendant qu'il attendait de poursuivre sa formation professionnelle.

OFFERTE/SUBMITTED

RCAF trainees encouraged to make the most of their time between courses

By Capt Sylvain Rousseau,
PAO 1 CAD

Every day, RCAF personnel safeguard our sovereignty from coast to coast and participate in missions around the world.

It's no wonder that new members of the RCAF family are excited to join their brothers and sisters in arms to watch over the security interests of Canada, but doing so requires being trade-qualified—and that can take time.

The waiting periods between various phases of training varies for each occupation, and can be perceived as long. However, these periods between training courses can be a great opportunity for individuals to develop further professionally. It's up to all individuals to make the most of their time.

Maj (ret'd) Terry Sokolowski administers the basic training list (BTL) administration officer at 2 Canadian Air Division (2 CAD) Headquarters in Winnipeg, Manitoba. He encourages every

member on the BTL to "take on challenging opportunities, work on professional development and work towards obtaining a second language." His advice to each and every student is to "have a positive attitude, stay focused on their goal, work hard and enjoy the journey to becoming a fully-trained member of the RCAF."

2Lt Kyle Rebryna, a pilot awaiting training, is a strong example of what one can do to make the most of their time while waiting for the next phase of training.

"Be bold and really invest in whatever mission your unit is performing," he said. 2Lt Rebryna arrived at 2 CAD Headquarters in February 2017 with an open mind and a willingness to try anything. Once tasked with certain administrative duties he tackled the challenges head on with enthusiasm.

"Everyone at 2 CAD was quite happy to let me spread my wings," he said.

Continued on page 15

On encourage les stagiaires de l'ARC à tirer le meilleur parti de leur temps libre

Par le capitaine Sylvain Rousseau,
OAP, 1CAD

Tous les jours, les militaires de l'Aviation royale du Canada s'emploient à préserver notre souveraineté d'un océan à l'autre et prennent part à des missions dans le monde entier.

On ne s'étonnera donc pas que les nouveaux militaires de l'ARC se montrent enthousiastes à l'idée de se joindre à leurs frères et sœurs d'armes pour veiller aux intérêts de sécurité du Canada. Pour ce faire, toutefois, ils doivent suivre une formation professionnelle, ce qui peut prendre un certain temps.

Les périodes d'attente qui se succèdent au fil des différentes étapes de l'instruction varient selon le groupe professionnel et peuvent parfois paraître longues. Toutefois, ces périodes entre les cours peuvent constituer d'excellentes occasions pour ceux qui désirent approfondir leur formation. Il revient à chacun et à chacune de faire le meilleur usage possible de son temps.

Le major (retraité) Terry Sokolowski gère les effectifs en formation élémentaire (EFE) du quartier général de la 2e Division aérienne du Canada (2 DAC), à Winnipeg, au Manitoba. Il encourage toute personne qui fait partie des EFE « à profiter d'occasions intéressantes, à effectuer du perfectionnement professionnel et

à suivre des cours de langue seconde. » Il conseille à tous les stagiaires de « conserver une attitude optimiste, de rester concentrés sur leur but, de ne pas ménager leurs efforts et de profiter de leur parcours en vue de devenir des militaires pleinement formés de l'ARC. »

Le sous-lieutenant Kyle Rebryna, pilote qui attend de suivre son instruction, est un excellent exemple de ce qu'on peut faire pour tirer le meilleur parti possible de son temps en attendant la prochaine étape d'instruction.

« Osez! Investissez-vous véritablement dans la mission de votre unité, » recommande le militaire.

Le sous-lieutenant Rebryna est arrivé au quartier général de la 2 DAC en février 2017, l'esprit ouvert et prêt à tout. Une fois chargé de certaines tâches administratives, il a accompli son travail avec ferveur.

« Tout le monde à la 2 DAC était plutôt content de me laisser m'épanouir, » dit-il.

Pendant son passage à la 2 DAC, le sous-lieutenant Rebryna a fait preuve d'un sens de l'initiative et d'un professionnalisme remarquables, et son mentor lui a progressivement confié de plus en plus de responsabilités. Par exemple, il a produit un guide pour orienter les nouveaux diplômés de la Qualification militaire de base des officiers, amélioré les processus

Continued on page 15



Le sous-lieutenant Kyle Rebryna montre son enthousiasme dans le poste de pilotage d'un avion pendant la deuxième étape de sa formation de pilote à la 2e École de pilotage des Forces canadiennes, à la 15e Escadre Moose Jaw, en Saskatchewan, le 20 avril 2018.

2Lt Kyle Rebryna grins as he sits in an aircraft cockpit during Phase II pilot training at 2 Canadian Forces Flying Training School at 15 Wing Moose Jaw, Saskatchewan, on April 20, 2018.

SUBMITTED/ OFFERTE

RCAF trainees encouraged to make the most of their time between courses

Continued from page 14

During his time at 2 CAD, 2Lt Rebryna's initiative and professionalism was notable as his mentor progressively increased his responsibilities. For instance, he produced a handbook to help guide new graduates from the Basic Military Officer Qualification course, he improved administrative processes and, assisted his supervisor with the management of the BTL aerospace engineering officer occupation training requirements. In addition, he completed significant professional development by finishing courses in Air Force Officer Development, CAF Junior Officer Development and the administration of SharePoint, to name a few.

Keeping busy during his waiting period allowed 2Lt Rebryna to enhance his learning and acquire a better understanding about what goes on behind the scenes in the RCAF.

"I think I now have a very solid grounding in the administrative workings of the training side of the RCAF, and also an insider's perspective on the motivations of everyone

who works there," he noted.

As if being productive in the office wasn't enough, 2Lt Rebryna was also actively engaged after hours. He was an active committee member of 2 CAD commander's mixed mess dinner, contributing to the online registration process, and volunteered his free time in the community such as the Canada Summer Games in Winnipeg and the Winnipeg Santa Claus Parade. "The Royal Canadian Air Force is your Air Force, so build it up like you own it, because—well—you do," he said.

"Knowing that you're respected and have something to contribute, even at such an early stage of your career, is what can bring you to work every day with a positive attitude, especially when your training courses can look so far away."

2Lt Rebryna recently started Phase II pilot training at 2 Canadian Forces Flying Training School at 15 Wing Moose Jaw, Saskatchewan. Before leaving 2 CAD, he was recognized by the commander, BGen Dave Cochrane, with a 2 CAD Commander's Commendation for his outstanding contributions.

On encourage les stagiaires de l'ARC à tirer le meilleur parti de leur temps libre

Continued from page 14

administratifs et aidé son superviseur à gérer les exigences d'instruction des groupes professionnels des EFE du Génie aéronautique. De plus, il a progressé considérablement dans son perfectionnement en terminant ses cours du Programme de perfectionnement des officiers de la Force aérienne, du Perfectionnement professionnel des officiers subalternes des Forces armées canadiennes et d'administrateur de SharePoint, pour ne nommer que ceux-là.

S'occuper pendant sa période d'attente a permis au sous-lieutenant Rebryna d'approfondir ses connaissances et de mieux comprendre ce qui se passe en coulisses dans l'ARC.

« Je pense que j'ai maintenant une très solide connaissance de fond des rouages administratifs du volet de l'instruction de l'ARC et que j'ai pu saisir les motivations de tous ceux qui y travaillent, » estime le militaire.

Comme s'il ne suffisait pas d'être productif au bureau, le sous-lieutenant Rebryna était aussi actif en dehors des heures de travail. Il a été

membre actif du comité du dîner régimentaire mixte du commandant de la 2 DAC, a contribué au processus d'inscription en ligne et a fait du bénévolat pour la collectivité, notamment dans le cadre des Jeux d'été du Canada à Winnipeg et du défilé du père Noël de Winnipeg. « L'Aviation royale canadienne est votre force aérienne, alors travaillez-y comme si elle vous appartenait parce que, en fait, c'est le cas, » affirme le militaire.

« Le fait de savoir que vous êtes respecté et que vous avez une contribution à faire, même dès le début de votre carrière, est ce qui vous motive à travailler tous les jours en restant optimiste, particulièrement quand vos cours vous semblent loin. »

Le sous-lieutenant Rebryna a récemment entamé la deuxième étape de son instruction au pilotage à la 2e École de pilotage des Forces canadiennes, à la 15e Escadre Moose Jaw, en Saskatchewan. Avant son départ de la 2 DAC, il a reçu du brigadier-général Dave Cochrane, commandant de la division, la Mention élogieuse du commandant en raison de ses contributions remarquables.

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Capt(N) Trevor MacLean, COS Maritime Component Command, and Michelle Durling, Asst Facility Manager at D201 cut the cake to recognize National Public Service Week, which took place June 10-16.

MONA GHIZ, MARLANT PA

CFB Halifax Base Chief becomes West Coast Formation Chief

Left to right: Outgoing Maritime Forces Pacific Formation Chief, CPO1 Gilles Gregoire; RAdm Art McDonald, Commander Maritime Forces Pacific; and incoming Formation Chief, CPO1 Dave Steeves, sign the certificates during a Change of Appointment ceremony at the CFB Esquimalt Chiefs' and Petty Officers' Mess on May 31. CPO1 Steeves currently serves as Base Chief Petty Officer (BCPO) at CFB Halifax and will carry out the duties of both positions until a formal CFB Halifax BCPO Change of Appointment ceremony on July 3.

PETER MALLETT, THE LOOKOUT STAFF

MARLANT celebrates National Public Service Week

By Ryan Melanson,
Trident Staff

National Public Service week took place from June 10-16, and as always, DND offices, bases and wings across the country held small gatherings to celebrate the many ways that the civilian team supports both the CAF and the Canadian public.

At MARLANT Headquarters inside HMC Dockyard, civilian employees took a break on the morning of June 14 to have some coffee, cake and other refreshments in the lobby. Capt(N) Trevor MacLean, Maritime Component Command Chief of Staff, said it was a way to offer a small thanks for the hard work the team puts in every day. Similar gatherings were held at Stadacona and at 12 Wing Shearwater.

"This annual week of recognition has been going on for 26 years now, and it's important that we take

some time to recognize the amazing work that our public servants do for the government all across Canada," Capt(N) MacLean said.

"Their work, delivering essential services and providing some critical continuity, is one of the great enablers that allows the execution of the government's defence policies. Here in D201, we see the impact of their work daily."

In a statement distributed nationally, Gen Jonathan Vance, CDS, and Deputy Minister Jody Thomas thanked the public servants across the organization, who number about 23,000 in total.

"We should all take great pride in the work that we do, knowing that we're upholding fundamental Canadian values and principles," it reads.

"We would like to thank you for your continued diligence, hard work, and excellence in the service of Canada and Canadians."

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Remembering Pte John Curwin

The family of Pte John Curwin attend the dedication of a memorial to their late family member. From left: Pte Curwin’s children, Michael, Makayla, and Jenna Curwin stand near the memorial plaque for their father in the Mount Uniacke Community Memorial Park. Members of the honour guard provided by 357 Wolf Royal Canadian Sea Cadet Corps, look on. Pte Curwin, a soldier with the Royal Canadian Regiment, was killed in Afghanistan on December 13, 2008.

CPL BRIAN WATTERS, 12 WING IMAGING



Clean sweep at 12 Wing

12 Wing Shearwater personnel conducted the annual clean-up at the Wing on May 18, 2018. Cpl Bobbi Johnson asks for volunteers during her opening brief before the beginning of the sweep.

MCPL ALEXANDRE PAQUIN, 12 WING IMAGING SERVICES

New CD from the Naden Band

By Peter Mallett,
The Lookout Staff

A new compact disc showcasing the musical diversity of the Naden Band is set for release soon, just in time for Canada Day.

Seas of the Moon, a free promotional CD, is available to the public as of June 22. The release of the CD brings to an end an eight-month process overseen by a team including PO2 Steven Donegan, who acted as project supervisor.

“The CD really contains a smattering of everything we do and gives people a true picture of what a professional military band is capable of,” said PO2 Donegan, who plays trumpet.

Renowned Canadian composer Robert Buckley, who has collaborated with the band over the last few years, composed the title track on the album. Buckley’s masterwork, he says, is a four movements piece of music that play out much like chapters in a novel.

Included on the CD is *The Dolphin March*, a march written by Naden Band bassoonist PO 2 Robyn Jutras and presented as a gift to the Submariners Association of Canada in June 2017.

Scherzo for X-Wings, a musical tour de force, composed by John Williams for the Hollywood blockbuster film *Star Wars: The Force Awakens* is also featured on the recording along with naval themed works, marches

and stage band original music composed by PO 2 Barrie Sorensen.

PO 2 Donegan believes the tracks will be of interest to listeners unaccustomed to their work.

The 35 full-time Regular Force musicians who make up the band play a wide array of public concerts, public events and engagements through the year. PO2 Donegan, 29, joined Canada’s military as a Reservist and member of the Band of Ceremonial Guard at Parliament Hill in Ottawa before auditioning and making the jump to the Regular Force and joining the Naden Band in 2010. This was his first time overseeing production of an album and said the experience was challenging but highly rewarding.

“In addition to learning all the music on the CD, there was the editing/mastering [of the CD], graphic design and countless logistical challenges,” said PO2 Donegan. “But I’m glad I got a chance to take it on because I learned so much about the music industry; getting a project like this out to the public was super satisfying for me.”

An added bonus for music aficionados, the CD will be distributed free of charge at the band’s many concerts and public engagements throughout the year. Copies of the CD are also available at the band’s headquarter at CFB Esquimalt or by emailing them at NadenBand@forces.gc.ca



PO1 Marie-Perle Broadley (Project manager), Lt(N) Vincent Roy (Commanding officer and Director of Music), PO 2 Steven Donegan and PO 2 Bob Fearnley (Project supervisors), display the Naden Band’s new CD, titled *Seas of the Moon*.

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Chris Knox Foundation recipients sail in HMCS *Regina*

By SLt M.X. Déry,
MARPAF PA Office

After nearly half a year of anticipation, 11 youth from the Chris Knox Foundation sailed aboard HMCS *Regina* May 31 as part of a scheduled family day sail.

The foundation helps young Saskatchewan cancer patients attend sporting, fine arts, and cultural events during treatment, giving them a much-deserved reprieve and creating some happy memories with their families.

The Foundation was inspired by Chris Knox and his battle with cancer; as he was an avid Roughriders fan, his family and friends raised funds to send him and 10 other children undergoing cancer treatment to the Grey Cup in Toronto before he succumbed to cancer in 2007.

"It fills me with emotion to think that a young man was able to open up about his cancer, that we were able to start up this foundation, and people like those in HMCS *Regina* have pulled together to help us," said Sharla Folk, mother of the late Chris Knox, who expressed her deep connection with the crew.

"You're like our sons," she said to the crew. "I know my Chris would have been over the world to experience this."

She added that some of the recipients had never been on a plane, much less seen the coast aboard a Royal Canadian Navy warship.

"Really, it is a chance to come out here and enjoy themselves and forget about some of the problems they're dealing with and just get a day to be treated like gold," said Cdr Colin Mat-



Eleven young people associated with the Chris Knox Foundation participated in a day sail in HMCS Regina. The foundation, based in Saskatchewan, gives young Saskatchewan cancer patients the chance to attend sporting, fine arts, and cultural events during their cancer treatment. Here, one of the children fires blank rounds from a .50 calibre machine gun aboard the ship.

SUBMITTED

thews, commanding officer of *Regina*.

The day was filled with events, from touring the ship and experiencing high speed manoeuvres, to watching a diver jump from a helicopter, to firing blank rounds from the .50 calibre machine guns.

An unabashed Saskatchewan

Roughriders fan, Lt(N) Tracy Tkatchuk helped the ship connect to its namesake city, not just to his favoured sports team, but also the Chris Knox Foundation.

"Hopefully, 10 years from now, I'll be reading the Lookout and seeing that kids from Regina are still coming out

here to sail on board *Regina*," said Lt(N) Tkatchuk.

After the sail, the youth prepared to fly home to Saskatchewan after their busy schedule of events in and around Victoria, from the inner harbour to Butchart Gardens, and even going as far as Cathedral Grove.



HMCS Shawinigan at Ex TRADEWINDS 18

As a Carnival Liberty cruise ship sails past, HMCS Shawinigan sits alongside in Nassau, Bahamas during Ex TRADEWINDS 18.

AB JOHN IGLESIAS, FIS



A celebration for the whole family

SLt Patrick Young (left) stops for a photo with his parents, Sgt Catherine Young and Maj Todd Young, during the 50th Anniversary Logistics Branch Bash at CFB Halifax on June 7. The Youngs, all Logisticians by trade, are currently posted to various units in the Halifax region; SLt Young is the QHM Logistics Officer, Sgt Young serves as Chief Clerk for 406 Squadron at 12 Wing Shearwater and Maj Young is the 12 Wing Shearwater Logistics Officer. The Logistics Branch 50th anniversary event saw a jubilant group of serving and retired military and civilian members of the Atlantic Region logistics community come together to celebrate 50 years of logistics excellence in the CAF. Congratulations to all Logisticians on reaching this milestone. We commend you for the vital work you do here at CFB Halifax, across the country and around the world.

MARGARET CONWAY, CFB HALIFAX PA



RCAF Commander visits 12 Wing

Lieutenant General Menzinger inspects an honour guard during his visit to 12 Wing Shearwater on June 7, 2018. Lieutenant General Meinzinger also addressed the Honorary Colonels of the RCAF during their visit to 12 Wing that day.

LS LAURANCE CLARKE 12 OPERATIONS SUPPORT SQUADRON IMAGING SERVICES

Enjoying the season of Ordinary Time

By Lt(N) Robert Parker,
Interim Senior Fleet Chaplain

With the warm weather finally here and the house getting opened up and the stale smell of the past winter exchanged for the smell of summertime, my mind travels back to my childhood and the last days of school and the anticipation of long lazy days of riding my bike all over town or camping out in the tent in the backyard, pretending that my friends and I were on some great adventure in the wilds of the Outback or the tundra of the Canadian Shield.

Days filled with the ordinary things of life. Mowing the lawn, hanging out, listening to the rock station on the radio and switching it back to the oldies station before Dad got home. Fishing down at the river or just sitting on the front porch watching the world go by. Ordinary things in this ordinary world.

In the church, this time of year is also called Ordinary Time. However, it has a different meaning than the one that we might think of. It is a time to

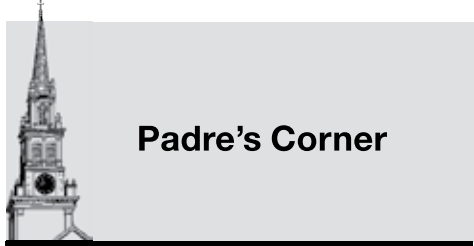
learn about the life and ministry of Jesus of Nazareth.

We take the time from the Day of Pentecost, this year from May 20 until the Feast of the Reign of Christ, November 25, to journey through these 27 Sundays. We will recall the life, miracles, healings, and teaching of Jesus in the New Testament. In other words, we see Jesus at work. Working to teach and train His disciples, to educate those who were following Him through the countryside, healing those who had the courage to come forward and ask for His touch. We also see Jesus standing up to those who would use their authority to keep others from the love of God, those who would use the religious law to entrench their position in society.

In the CAF, we are often blessed with doing thing or having jobs that are anything but ordinary. We go places, see things and experience other parts of the world that make us the envy of our friends and neighbours. We are very lucky to be able to see sunrises and sunsets that not everyone gets to enjoy. Or we are able

to fly over places and see things that only a select few civilians would be able to see. All too often, these very un-ordinary employment perks come at a cost to our families and friends, as it means that we are often far from home.

This summer, take the time to enjoy those ordinary things of home and family. Slow down and understand that the work of mowing the lawn, fixing the back fence, or painting the living room is the work that maintains our connection with the everyday life that our loved ones and friends want



us in as well. Enjoy the time are home this summer and remember that all too soon, we will be back at the extraordinary work of sailing ships, flying helicopters and defending our un-ordinary country.

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TRIDENT Sports

What's the score with local sports in your community? Send write-ups, photos, and results to editor@tridentnews.ca

The Navy Bike Ride: pedaling in the name of fitness

By Jamie Tobin,
Cycling Enthusiast

The love of fitness, sunshine, and the thrill of the ride brought sailors, soldiers, and aviators from the local Defence Community together in Shearwater for the 2nd annual Navy Bike Ride on Saturday, June 9. The event was presented by PSP Halifax.

"This Navy Bike Ride is one of 18 cycling events take place across Canada and it is a great way for us to come together as a community on a beautiful Saturday morning and get some fitness," said RAdm Craig Baines, Commander JTFA and MARLANT, at the event's opening.

More than 250 riders of all ages kicked off the day's events at the Shearwater Fitness and Sports Centre and pedaled along the Salt Marsh Trail. The younger riders completed a 6-kilometre course, the majority of participants rode a 15-kilometre route, and the most daring riders completed a 30-kilometre course that took them as far as Lawrencetown over the Salt March causeway.

All riders were cheered on as they crossed the finish line and many stopped to enjoy some refreshments and door prizes that were provided by the event sponsors.

The Navy Bike ride is a great way to dust off the old two-wheeler and kick the summer season into high gear and



Participants line up for the second annual Navy Bike Ride held at 12 Wing Shearwater on June 9, 2018.

LS BRAD UPSHALL, 12 WING IMAGING SERVICES

after two successful years, there is a good chance that the Navy Bike Ride is becoming a Royal Canadian Navy tradition.



Many participants brought their children and spouses along for the ride.

LS BRAD UPSHALL, 12 WING IMAGING SERVICES



Cyclists could do either a 15- or a 30-kilometre course.

LS BRAD UPSHALL, 12 WING IMAGING SERVICES

Competitive powerlifting gaining momentum as a CAF sport

By Ryan Melanson,
Trident Staff

CFB Halifax hosted the 2018 CAF Atlantic Regional Powerlifting Championships on May 15, with some local athletes winning individual medals, while Gagetown took the overall team award.

A total of 18 athletes competed in four categories, with representation from CFB Halifax, 12 Wing Shearwater, Gagetown, and 9 Wing Gander. From Halifax, LS Cory Johnson of HMCS Charlottetown won gold in the men's middleweight (under 220lbs) division, while Lt(N) Victoria Bertling of CFRC Halifax won silver with a second place finish in the

openweight women's division.

Competing in her very first powerlifting event, Lt(N) Bertling said she was looking to challenge herself with something new. Her previous weight-training experience, along with helpful PSP training clinics organized ahead of the competition, as well as the supportive military environment, made for an enjoyable competition.

"It was awesome. A really nerve-racking experience at the beginning, not knowing how that first lift was going to feel under pressure. Once the first lift went well, some of the pressure was off and I had a great time," she said.

Continued on page 21



Lt(N) Victoria Bertling competes during the CAF Atlantic Regional Powerlifting Championship at the 12 Wing Shearwater Fitness, Sports and Recreation Centre on May 15.

CPL JENNIFER CHIASSON, 12 WING IMAGING

HMCS *Frederickton* takes MEGA Soccer trophy

By Ryan Melanson,
Trident Staff

A MEGA Soccer tournament was held at at Stadacona from June 4-11, with seven teams from the Base, Fleet and 12 Wing Shearwater battling it out for the trophy and bragging rights.

Rather than holding three separate tournaments for COTF, COTW and Wing Cup points, PSP fitness and sports staff have begun combining the tournaments to allow more teams to face each other and improve the overall level of competition.

After the round robin portion, the top teams were HMCS *Frederickton*, Campus Atlantic, FDU(A) and FMF Cape Scott, who then played a four-team playoff. Teams from HMCS *Toronto*, BIS, and 12 Wing AMS were eliminated following the round robin. The semi-final games saw *Frederickton* win 5-2 over Campus Atlantic, while FDU(A) defeated Cape Scott 1-0.

In the final game, the undefeated HMCS *Frederickton* team fell behind early against FDU(A), trailing 0-2 at halftime despite a number of near goals and a few shots off the crossbar. The Divers picked up another goal in the second half, but *Frederickton* found their groove, netting three goals to reach a 3-3 tie and push the game into extra time. By that point, momentum was on their side, and *Frederickton* was



HMCS *Frederickton* won the championship trophy following the base MEGA Soccer tournament, held on Porteous Field from June 4-11.

RYAN MELANSON, TRIDENT STAFF

able to double their score through the extra 15 minutes, ending the game with a 6-3 victory.

As the winning team, HMCS *Frederickton* receives 90 points for the COTW/COTF/Wing Cup standings, while FDU(A) receives 70 points, Cape Scott 50 points, and Campus Atlantic 40 points.

PSP Fitness Instructor Lauren Walton was the lead organizer for the tournament, and thanked everyone involved for helping PSP hold one of the largest base soccer tournaments in recent memory, and the first in years open to teams from 12 Wing.

The next MEGA sports event will be slo-pitch softball, being held from June 25-29 in Windsor Park.

Competitive powerlifting gaining momentum as a CAF sport

Continued from page 20

“The environment is incredibly supportive, and that’s part of what makes the day so much fun. It’s a competition, but everybody is sharing their experiences, advice and so on. It felt like we were all in it together.”

The full list of gold and silver-medal winners from the competition includes:

Women’s Division

1st Overall – Cpl Ewa Devine, CFB Gagetown

Runner up – Lt(N) Victoria Bertling, CFB Halifax

Men’s Lightweight (under 180lbs)

1st Overall – MWO Robert Dyke, CFB Gander

Runner up – Cpl Joseph Maclean, CFB Gagetown

Men’s Middleweight (under 220lbs)

1st Overall – LS Cory Johnson, CFB Halifax

Runner up – Cpl Grant Dixon, CFB Gagetown

Mens Heavyweight (Under 220lbs)

1st Overall – Cpl Matt Annis, CFB Gagetown

Runner up – Cpl Daniel Wilkinson, CFB Gagetown

For Lt(N) Bertling, the experience was a rewarding eye opener in terms of the hard work and dedication required to be a competitive lifter. She said she’s already been in touch with PSP about helping out next year with training clinics aimed at getting more CAF members, specifically women, introduced to the sport.

“I see it as a good opportunity to promote women in the Forces and women getting involved in this type of activity. We’d love to get more women out to give this a try in an environment that can be a little less intimidating.”

For more info regarding the Regional Powerlifting Program, contact PSP Fitness and Sports Coordinator Lucas Hardie at lucas.hardie@forces.gc.ca or 902-721-8418.



PSP Halifax Fitness, Sports and Recreation Manager Stacey Robichaud presents a gold medal for the Men’s Middleweight division to LS Cory Johnson.

CPL JENNIFER CHIASSON, 12 WING IMAGING

Tennis trivia

By Stephen Stone

Men’s tennis Questions

- Who holds the current record of 20 Grand Slam tennis titles?
- He holds the record of 6 consecutive grand slam titles.
- Who lost the Battle of the Sexes to Billie Jean King at the Houston AstroDome?
- Don Budge holds the record of 92.06 winning percentage in Grand Slam matches. Who is in second place in percentage wins?
- Who is the Australian who holds the record of consecutive sets won in the Australian Open?
- He has the record of 71 matches won against 7 losses in the US Open with a percentage of 91.02.
- Who has the best winning percentage of Grand Slam tournament wins on a clay court?
- Who are the two men who have achieved a career Golden Grand Slam which consists of the Australian, French, United States Opens, Wimbledon and Olympic gold?
- Who was the last man to win the Wimbledon title without losing a single set?

- Who won 4 slams, majors, twice in a single calendar year?

Women’s tennis Questions

- Which female tennis player holds the record for Grand Slam Singles titles?
- Who are the three women who share the record for consecutive grand slam tournament wins with 6?
- Which two stars have completed a career Golden Slam in women’s tennis?
- Which woman holds the record for tournament wins without losing a single set?
- Who holds the woman’s record for Wimbledon tournament wins?
- She holds the match won record at the French Open between 1974-81.
- Since 2000 until the present day she holds the record for titles won with 22.
- In 1988, this German tennis star won the Grand Slam consisting of the Australian, French, United States Opens and Wimbledon.
- Who holds the women’s record for hard court titles with 45?
- In 1970 she set a single season record with 21 tournament wins.

Answers on page 23

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Picking up the pace during the Formation Fun Run

By Virginia Beaton,
Trident Staff

It was early morning, and it was chilly, and the sailors of HMCS *Halifax* had just got back from sea the night before.

But despite that, approximately 70 sailors from *Halifax* took part in the Formation Fun Run on Thursday, June 7. Among them was the ship's coxn, CPO1 Gerald Doutre. "Last year *Halifax* was the Health and Wellness champion for the Fleet. We just turned over that responsibility to *Montreal*," said CPO1 Doutre.

Before the run started, Cdr Michael Eelhart, CO of *Montreal*, urged the participants to treat the run as a fitness event. "It's a chance to get your heart rate up and work hard," said Cdr Eelhart. "We have PSP staff here

to lead a warm-up with us." Cmdre Craig Skjerpen urged participants in the Formation Fun Run to push themselves, especially if they were walking the route. Run for 30 seconds, then walk, then run another 30 seconds, he suggested.

"Did you know that PSP fitness and sports staff can help you train to run a 5K?

Following a warm-up led by PSP fitness and sports instructor Eileen DuPlooy, the runners and walkers headed out. The route began at D201 and took the participants to the Blue Wave before they turned around to come back to D201. First to finish the course was Lt(N) Michael Bergeron.

The next Formation Fun Run is tentatively scheduled to take place in July.



Several hundred runners stream through HMC Dockyard for the Formation Fun Run on Thursday, June 7.

LS TRENT GALBRAITH, FIS

The Chang sisters play for Canada

By Lt(N) Janet Lang,
PAO HMCS *Cataraqui*

Lt(N) Kelsey Chang, Lt Cassidy Chang and Lt Delanie Chang represented Canada at the International Military Sports Council's (CISM) 19th World Military Volleyball Championships hosted by Canada in Edmonton, Alberta from May 28 to June 3. The Chang sisters are originally from Ladner, BC and attended high school in Richmond, BC at Hugh McRoberts Secondary School.

Lt(N) Kelsey Chang is a Naval Reserve Personnel Selection Officer for

the 33rd Canadian Brigade Group Headquarters in Ottawa, ON. She attended the Royal Military College of Canada (RMCC) from 2009-2013 and graduated with a Bachelors of Military Psychology and Leadership. During her studies, she was an active member of the RMCC Varsity Volleyball team, and received team MVP and the All Canadian Academic Award in her fourth year. Lt(N) Chang has been a member of the CISM team since 2011 and has played both libero and setter; this year she represented Canada as the Libero.

Lt Cassidy Chang is an RCAF Aerospace Engineer Officer at 430 Tactical Helicopter Squadron in Valcartier, QC. She attended RMCC from 2012-2016; she graduated with a Bachelors in Mechanical Engineering and received the HRH Price of Whales Award in her fourth year. She was the starting Setter for her four years at RMCC and ended her season with the CIS Award of Merit. She has been a member of this team since 2014 and represented Canada as the Setter this year.

Lt Delanie Chang is an RCAF Logistics Officer at 470 Long Range Patrol Squadron in Comox, BC. She attended RMCC from 2012-2016 and



All three Chang sisters graduated from Royal Military College of Canada. They all were selected to play for Canada at the recent CISM volleyball championship.

ROBERT SCHWARTZ, 3 CDSB EDMONTON IMAGERY

graduated with a Bachelors in Business Administration. She played varsity volleyball all throughout her studies at RMCC and received team MVP and the All Canadian Academic Award in her fourth year. Lt Delanie Chang ranked number 1 in digs for the tournament last year in Mayport, Florida at her first CISM championship. This year, she represented Canada as an outside hitter. The CISM program was created in 1948 in order to bring countries together to gain, as the slogan says, Friendship through Sport. CISM is one of the largest multidisciplinary organizations in the world with 134 member countries. Every four years there is the World Military Games where all the athletes from all the sports come

together and compete; and during the off years, there are individual sports World Championships, and this year, Canada hosted both men's and women's volleyball. This is an amazing opportunity for Canada and its athletes as it will lead them in to the next CISM World Games in China 2019.

This is the first year that all three Chang sisters represented Canada together and they were beyond excited to do it at home. The Chang sisters wanted to make a special shout out to their high school Coaches, Trish Nicholson and Stephanie Knowles; it was they who made them fall in love with the game and led them on this journey to represent Canada at an international level.

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Super Crossword

RECREATIONAL MATHEMATICS

ACROSS

- 1 Sovereign
- 9 "And on and on and on": Abbr.
- 15 Like saltines
- 20 Fit to send via the postal service
- 21 Old-time comedian Russell
- 22 Designer Oscar de la --
- 23 Olive Oyl's guy, to a math lover?
- 25 Hall's partner in music
- 26 Chicken --
- 27 "Have -- a deal for you!"
- 28 Increases, as debt
- 30 2011-15 speaker of the House
- 34 Huge grin, to a math lover?
- 38 Meditative discipline
- 39 "Oh really? -- who?!"
- 41 Old Carl Sagan series
- 42 Guitarist Nugent
- 43 Layer with a "hole" in it
- 45 Hand lender
- 48 Narrow coastal inlet
- 49 R.E. Lee's org.
- 52 Male Oscar category, to a math lover?
- 58 Cry audibly
- 59 Sir -- Newton
- 60 One like the previous one
- 62 Suffix with leopard
- 65 Will subject
- 67 Lump of mayo, e.g.
- 69 Harsh in tone
- 70 "Les Miserables" author, to a math lover?
- 73 More done than "bloody," to a math lover?
- 75 Pretty up
- 76 Mimic

- 77 Ballpark bite
- 78 Casual greetings
- 79 Cry upon arriving
- 81 Air, as an oldie
- 82 Wallach of "The Misfits"
- 85 Spinning measure, to a math lover?
- 92 -- while
- 93 Extra NBA periods
- 94 Petrol station name
- 95 "-- Marner"
- 96 Stick on
- 99 Reporter, informally
- 102 South, south of the border
- 104 Tetra- + five
- 105 Protective spirit, to a math lover?
- 110 Motoring TV series
- 112 No fewer than
- 113 Burglarizes
- 115 Jerry's uncle on "Seinfeld"
- 116 Certain floor specialist
- 117 1950 black-comedy film noir, to a math lover?
- 125 Lift with effort
- 126 Motionless
- 127 Talked nonsense
- 128 Pack-toting animals
- 129 Carmelite nun
- 130 Vampire novelist

DOWN

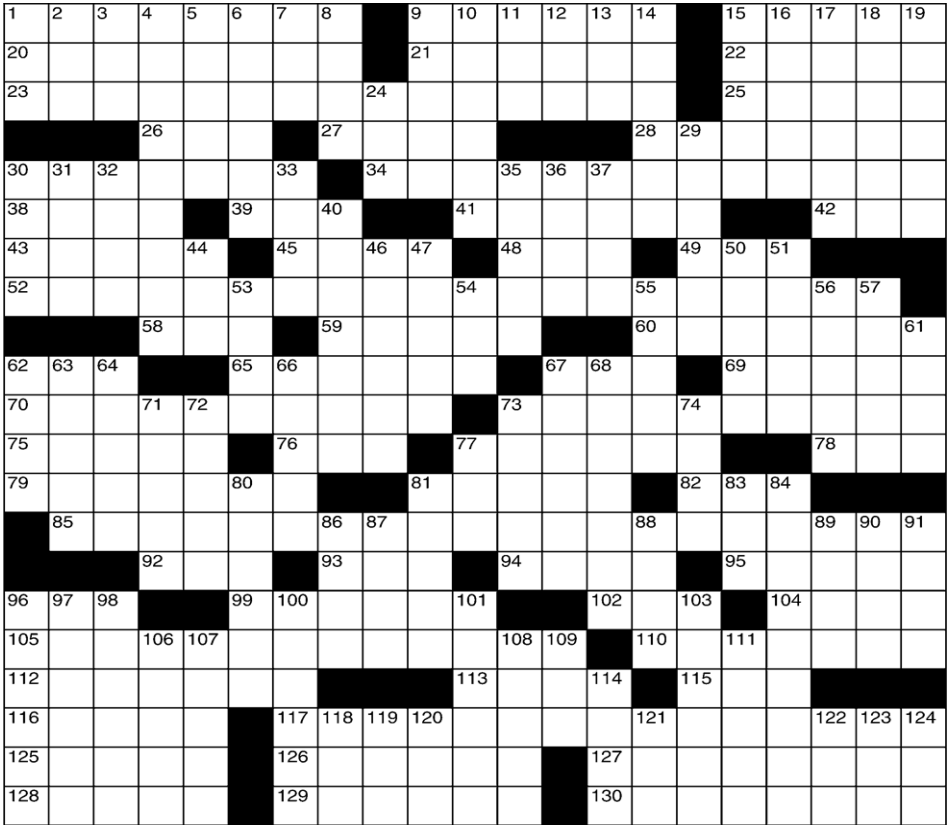
- 1 Mini-demon
- 2 -- Zedong
- 3 Domino spot
- 4 Pachyderms
- 5 Silky fabric
- 6 Alpine goats
- 7 Height stat
- 8 Utah City near Provo

- 9 Belgian artist James
- 10 Big name in breath mints
- 11 Tax doc. pro
- 12 U.S. aliens' subj.
- 13 Hot brew
- 14 Storied duelist with a big nose
- 15 Gators' kin
- 16 Supply with a new weapon
- 17 Have a hunch
- 18 Remington of 1980s TV
- 19 Went by
- 24 Yolk's place
- 29 Med. x-ray
- 30 Party abbr. about drinks
- 31 Seep
- 32 Huge heads
- 33 Get as profit
- 35 Classical column style
- 36 "The ball -- your court"
- 37 Hi-tech 'zine
- 40 "Hush!"
- 44 Tijuana "that"
- 46 Prescription measure
- 47 Lyric Muse
- 50 Derision
- 51 Floral oil
- 53 Rival of Lyft
- 54 -- kwon do
- 55 One-named Italian model
- 56 "Hey, I was thinking ..."
- 57 Glossy proof
- 61 Deli breads
- 62 "Well, Did You --?" (Cole Porter tune)
- 63 Nisan feast
- 64 Win points
- 66 SeaWorld killer whale
- 67 Outfits
- 68 Peculiarity
- 71 Roman fountain

- 72 Shallot's kin
- 73 -- code
- 74 Many moons
- 77 Mother bird
- 80 Singer Morissette
- 81 Bow rub-on
- 83 Guitarist Paul
- 84 Freezing up
- 86 City
- 87 "-- trap!"
- 88 Beat big-time

- 89 Balm plant
- 90 Mama's ma
- 91 Old overlord
- 96 Christie of mystery
- 97 Import taxes
- 98 City in Texas
- 100 Annoys a lot
- 101 Way to leave
- 103 Arrive, as fog
- 106 Christopher of "Superman"
- 107 Ventures

- 108 Bunch of, informally
- 109 Diminish
- 111 Annoy
- 114 Mixer choice
- 118 Aztec cousin
- 119 "I'm cold!"
- 120 View
- 121 It may dispense 13-Down
- 122 Old ring king
- 123 Abbr. on a camcorder
- 124 HST follower



Tennis trivia

Questions on page 21

Men's tennis Answers

- 1. Roger Federer
- 2. Don Budge
- 3. Bobby Riggs
- 4. Bjorn Borg with 89.81%
- 5. Roy Emerson won 34 consecutive sets during 1964-65
- 6. Bill Tilden
- 7. Rafael Nadal, 97.73%
- 8. Andre Agassi and Rafael Nadal
- 9. Roger Federer in 2017
- 10. Rod Laver – 1962 & 1969

Women's tennis Answers

- 1. Margaret Court with 24 followed by Serena Williams with 23.
- 2. Maureen Connolly, Margaret Court, Martina Navratilova
- 3. Steffi Graf and Serena Williams
- 4. Helen Wills Moody with 13 tournament wins without losing a set.
- 5. Martina Navratilova with 9
- 6. Chris Evert with 33 wins
- 7. Serena Williams
- 8. Steffi Graf
- 9. Serena Williams
- 10. Margaret Court

Fitness and sports updates

By Trident Staff

CFB Halifax Soccer tryouts will begin as soon as field conditions/availability permits. Any interested soccer players are encouraged to contact Lt(N) John Couch at john.couch@forces.gc.ca regarding the men's team, or Capt Kim O'Rourke at archibaldk9@googlemail.com regarding the women's team.

The 12 Wing Slo-Pitch Team needs a coach and players. Practices will occur on Mondays and Wednesdays beginning at the end of May. Regionals

will be in July and will be hosted by Shearwater. If interested in coaching, please contact Ashley Stewart ASAP at Ashley.stewart2@forces.gc.ca

Intersection/Drop-In Pickleball. Come and learn a fun new sport. Shearwater Gym, Mondays and Wednesdays 12 p.m. – 1 p.m. For more information please contact Sgt Rick Austin, 720-1711 or rick.austin@forces.gc.ca

12 Wing Shearwater drop-in basketball is available Wednesdays from 6-8 p.m. For more information please contact: Cpl Gagnon at 902-720-3214 or philip.gagnon@forces.gc.ca

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