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TRIDENT

THE NEWSPAPER OF MARITIME FORCES ATLANTIC SINCE 1966 - LE JOURNAL DES FORCES MARITIMES DE L'ATLANTIQUE DEPUIS 1966



Up and over

Participants in the Canadian Forces Aboriginal Entry program (CFAEP) participate in an obstacle course. The current CFAEP, based at CFB Halifax, concluded on Friday, May 25, 2018.

CPL DAN SALISBURY, 14 WING



Naval reservists rescue boaters in PEI Pg. 3



Battle of the Atlantic commemorations Pg. 12-13



DND Family Days



CFB Halifax Navy Bike Ride Pg. 18



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Change of appointment brings new Fleet Chief to CANFLTANT

By Virginia Beaton,
Trident Staff

During a Change of Appointment ceremony on Thursday May 10, Fleet Chief Petty Officer CPO1 Dan Mercier, who is retiring from the RCN, was succeeded by CPO1 Tim Blonde.

During the ceremony, which was held in the hangar of HMCS *Montreal*, CPO1 Mercier noted, "The passion that the young sailors bring to the Fleet is what I'm going to miss the most."

CPO1 Mercier's career in the RCN has included postings in HMC Ships *Nipigon*, *Ville de Quebec*, *Charlottetown*, *Montreal*, *Halifax*, and *Athabaskan*. He has been Coxn in *Halifax* and in Sea Training Atlantic. A marine Electrician by occupation, he has also been posted to Fleet Augmentation Atlantic, CFNES, and in Ottawa, with Personnel Policy and as RCN Honours and Recognitions CPO1 for D Nav PERS/DGPN.

CPO1 Mercier outlined many of the changes that have occurred during his two years as Fleet Chief. It was a lengthy list that ranged from trade mergers, to crew swaps, to WiFi aboard HMC ships, "and the gym in HMCS *Ville de Quebec*."

None of it would have been possible without the help and support of the coxns, he emphasized, saying, "Thank you for your hard work."

He extended his thanks to the Admiral, the Commodore, CCFL and MOG5 staff, chiefs of staff, the command teams of the ships, MFRC staff, PSP staff "and especially Isaac [Habib] and Eileen [DuPlooy] for keeping the Fleet fit", the Personnel Coordination Coordination Centre, and FMF Cape Scott.

"It's been one big team effort," stated CPO1 Mercier, adding, "It has been an honour to serve as your Fleet Chief."

Cmdre Craig Skjerpen, Commander CANFLT-LANT, thanked CPO1 Mercier for his advice, counsel, and support as Fleet Chief. Cmdre Skjerpen joked that when he was a young officer, "the Coxn is someone you have some fear of", but added that the recognition of a Chief's knowledge and experience allows command teams to run ships and shore teams effectively "and I appreciate everything Dan has brought to the Fleet."



From left: CPO1 Dan Mercier, outgoing Fleet Chief Petty Officer, signs over the appointment of Fleet Chief Petty Officer to CPO1 Tim Blonde, Incoming Fleet Chief Petty Officer. Cmdre Craig Skjerpen (centre), Commander Canadian Fleet Atlantic, presides over the Change of Appointment Ceremony held in HMCS *Montreal* in HMC Dockyard on May 10, 2018.

AB JOHN IGLESIAS, FIS

Joined by CPO1 Cavel Shebib, Cmdre Skjerpen presented CPO1 Mercier with a Commander Royal Canadian Navy Commendation in recognition of his 29 years of service to the RCN. "Everywhere we went, Dan knew everybody," stated Cmdre Skjerpen. He thanked CPO1 Mercier "for

his energy and perseverance" and noted, "I'm going to miss the conversations, and the advice. Thanks, Dan, for everything. You did a great job."

CPO1 Blonde thanked RCN leadership for the opportunity to be the new Fleet Chief, and stated, "I am thrilled to be in Halifax."

"We are in exciting times," observed CPO1 Blonde, noting that *Asterix* is now deployed, and HMCS *Harry DeWolf* will be launched later this year.

Previously posted to MARPAC, CPO1 Blonde stated that since he is relatively new to the east coast, he looks forward to getting to know CANFLT-LANT staff and Fleet sailors. "I invite everyone that if you see me, please come up and introduce yourself to me."

Most recently, CPO1 Tim Blonde served as Coxn of HMCS *Vancouver*. He has also been posted to DCNI and before that, served in *Calgary* as Chief Engineer, bringing the first post-HCM IPMS ship out of refit and into operation.

AB JOHN IGLESIAS, FIS



CPO1 Mercier receives a Commander Royal Canadian Navy Commendation, presented by Cmdre Skjerpen.

AB JOHN IGLESIAS, FIS

HMCS *Queen Charlotte* sailors conduct rescue off coast of P.E.I.

By Ryan Melanson,
Trident Staff

A focus on training in small boat operations has paid off in a big way for Naval Reserve members at HMCS *Queen Charlotte*, who were able to use their expertise to safely rescue 15 civilians from a capsized yacht just outside Charlottetown Harbour.

The incident occurred on the evening of May 9, which also happens to be the regular training night for *Queen Charlotte*, a Naval Reserve Division located in downtown Charlottetown. Sailors were already operating in the harbour, with two RHIBs and a Zodiac Hurricane 540 deployed, when they got word of trouble, said LCdr Rob Alain, the unit's Commanding Officer.

"They noticed some people were sort of frantically waving at them from the shore, trying to get their attention."

The group informed the boat Coxn that a civilian yacht was in distress about two kilometres from shore, and were able to point the sailors in the direction of the vessel. Charlottetown Fire Rescue had also been notified, but with *Queen Charlotte's* boats already in the water, they were able to respond immediately, and one of their RHIBs was the first to reach the scene.

There, they found six people in the frigid water, along with another nine who were clinging to the capsized boat. The situation presented real danger for the stranded boaters, and the boat Coxn decided to get everyone on board the RHIB as quickly as possible, rather than wait for more help to arrive.



From left, LS Daniel Scott, AB Brandon Lundrigan, OS Bektas Erdogan, LS Elizabeth Riviere, AB Daniel Bridges, and AB Paul MacDonald, who were all involved in a rescue outside of Charlottetown Harbour on May 9. Absent from the photo is Cpl Olivier Faucher, a Vehicle Tech with 5 CDSG Det Charlottetown.

"He made the decision to embark everyone who was in the water, and then they began to transit back from the stricken vessel to the shore," LCdr Alain said. From there, *Queen Charlotte's* other boats remained at the scene to assist Charlottetown Fire with the boat, making an effort to contain any fuel spills.

Sailors kept the rescued party as warm and comfortable as possible, lending their floater jackets and other gear. About 30 minutes after first being notified about the situation, the *Queen Charlotte* members were

able to get the boaters back to land at the Peake's Quay Marina, transfer-

ring them to the care of Island EMS. One person was treated for hypothermia, and no other injuries were reported.

Though the passengers of the capsized boat were shaken up, a few hugs were shared before parting ways, and the six *Queen Charlotte* sailors, along with one member from 5 CDSG Det Charlottetown, were thanked for their actions.

"It's very fortunate that we happened to be operating last night," said LCdr Alain, who debriefed the group following the event.

"Obviously they were quite filled with adrenaline at that time, but the common message that came out is they were glad that *Queen Charlotte* trains so hard with small boat operations. These members proved that we really are ready to help, that the training is excellent, and that the new focus on regenerative training in the Naval Reserve is exactly the right way to go."

The sunken boat was towed to land the following day, and an investigation into the cause of the incident is ongoing.



Sailors from HMCS *Queen Charlotte* responded to a vessel in distress and rescued 15 personnel from a sinking craft outside Charlottetown on May 9.

HMCS QUEEN CHARLOTTE



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Publication Schedule for 2018

January 8 — MFRC; 12 Wing Shearwater centenary special
 January 22
 February 5 — MFRC; Money Matters
 February 19
 March 5 — MFRC
 March 19 — Posting Season
 April 2 — MFRC; Car Sales, used
 April 16 — Spring Automotive Maintenance
 April 30 — Battle of the Atlantic special
 May 14 — MFRC
 May 28 — Spring Home & Garden
 June 11 — MFRC and DND Family Days special
 June 25
 July 9 — MFRC
 July 23
 August 6 — MFRC
 August 20 — Back to School
 September 4 — MFRC; Car Sales, new models & leftovers
 September 17 — Fall Home Improvement
 October 1 — MFRC
 October 15 — Fall Automotive Maintenance
 October 29 — Remembrance special
 November 13 — MFRC
 November 26 — Holiday Shopping
 December 10 — MFRC and Year End review

Editor: **Virginia Beaton**

editor@tridentnews.ca
 (902) 427-4235

Journalist: **Ryan Melanson**

reporter@tridentnews.ca
 (902) 427-4231

Editorial Advisor: **Margaret Conway**

margaret.conway@forces.gc.ca
 902-721-0560

www.tridentnewspaper.com

Advertising Sales

Dave MacNeil

902-422-4990 ex 1811

davemacneil@advocatemediainc.com

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Community Calendar

Reunion and event notices must be submitted by email.

editor@tridentnews.ca include the sender's name and phone number.

A notice will not be published if the event is to happen more than one year from publication date. Submissions may be edited.

Deadman's Island Memorial Event

Time: 10:45 a.m.

Date: Monday, May 28

Location: Deadman's Island, off Cedarbank Terrace

An annual event held in Halifax on Memorial Day Monday commemorates the more than 200 American service members who died as prisoners of war on Melville Island during the War of 1812. The Americans were buried on Deadman's Island along with quarantine patients, refugees and others. Join members of MAR-LANT, along with a delegation from the United States Consulate General in Halifax, for this special ceremony.

Sable Island from your Museum seat

Time: 7 p.m.

Date: Tuesday, May 29

Location: Maritime Museum of the Atlantic

Experience three different perspectives of Sable Island from the safety and comfort of a seat in the Maritime Museum of the Atlantic in this free presentation. Guests will enjoy stories of the island told by a first-time visitor, a person who worked and lived there with his family in the summers during the 1970s, and an historian whose ancestors resided on Sable Island. The Friends of Sable Island Society is celebrating 20 years of dedicated care for the future of this fabled place by offering these quick visual trips and tales about Canada's 43rd National Park Reserve. Memberships

in Friends of Sable Island Society, and products in support of ongoing programs, will be available for purchase.

The Caledonian Show

Time: 2 - 4 p.m.

Date: Sunday, June 3

Location: Halifax Central Library

Join in for a free afternoon of Celtic music and dance woven together with laughter and fun for all. Featuring The Caledonian Orchestra with Director Nelson Ferguson, The Caledonian Show Dancers with Dance Master Brenda MacKay, soloist Sarah Lenneron, and Master of Ceremonies Ron Robertson. The event is presented in partnership with the Caledonian Orchestra of Nova Scotia.

The Fine Tuners in Concert

Time: 7 p.m.

Date: Tuesday, June 12

Location: Maritime Museum of the Atlantic

As part of its regular series of free summer live entertainment, the Tuesday Night Tunes, the Maritime Museum of the Atlantic is pleased to welcome back The Fine Tuners, a Cape Breton Celtic fiddle group based in Halifax, featuring Andrew Touesnard on fiddle, Stephen MacNeil on double bass and Ross Billard on piano. The group has performed at hundreds of events including corporate functions, weddings, bar gigs and house parties. The Fine Tuners also have recorded four CDs of Cape Breton toe tapping fiddle tunes. The event

is jointly organized by the Maritime Museum of the Atlantic and HRM Waterfront Development.

DND Family Days 2018

Date: June 22-23

Location: HMC Dockyard

Get ready to kick off the summer with two days of fun at HMC Dockyard. Family, friends and fellow colleagues from the DND community can come out and enjoy the entertaining atmosphere of free mechanical rides, bouncy castles, treats, eats, sponsor booths and more. Visit <http://cafconnection.ca/halifax> to keep up with the latest information.

Author talk with Eli Moskowitz

Time: 2 p.m.

Date: Sunday, June 24

Location: Maritime Museum of the Atlantic

Eli Moskowitz's book, *The Jews of the Titanic*, now translated into English, focuses on the lives and deaths of the Jewish passengers who sailed on the Titanic. It covers various Jewish aspects of the voyage and of the sinking, and is the result of a long research on the subject, including an attempt to compose a unique and complete list of all 2,200 Jews who sailed on the Titanic, and identifying many of them who were previously unknown. Eli Moskowitz was born in Jerusalem, Israel. He has a B.Ed in Education and an M.A. in Jewish History. He is an educator by profession and a Titanic researcher in his spare time. This event is presented in partnership with the Atlantic Jewish Council.

The Serenity Prayer

By **Capt Robin Major**,
 CD, Clinical Chaplain, CF H Svcs C (A)

I invite you to consider the value of saying a prayer even if you do not go to church or even believe that there is a God who will hear it. When I pray to God, I feel heard by what I call God. You may believe that what I call God hearing me is simply a matter of one part of my mind talking to another. Regardless of what you believe in regards to who the other is in prayer, the prayer I am about to offer to you may be of tremendous help. This prayer responds so forcefully to life's challenges and suffering that if you say it and only understand it to be you talking to yourself, great benefits may still be gained.

I give you the Serenity Prayer:
 God grant me the Serenity
 to Accept the things I cannot change,
 the Courage to change the things I can
 and the Wisdom to know the difference.
 The prayer opens with "God" but

feel free to substitute the words, Self, Inner Self, Hey You, or if you journal, use Dear Diary. Next is "...grant me the serenity." We could all agree that it would be a wonderful thing to be granted serenity from God or to discover within ourselves a feeling of restfulness in our hearts and minds. The next line is "...to accept the things I cannot change." We could all do with a little more serenity in letting go of agendas to change what cannot be changed by us. It is an unwinnable battle that if carried to its end, can drive us crazy.

Next is "...the courage to change the things I can." How sad it is when we are paralysed in the face of a situation that we can change and will feel better about if we change it. We will all do well to find courage inside ourselves in the face of where we can change things for the better.

Finally we have "...and the wisdom to know the difference." What wisdom it is to see the difference between what we



Padre's Corner

cannot change but must accept, and that which is changeable through courage. Courage misplaced leads to failure and disappointment. Misplaced acceptance leads to regret and grief for missed opportunities. Wisdom in knowing the difference can be a magnificent gift.

And so I offer you this prayer as a potentially useful guide on your life's journey recognizing that there are many different points of view in terms of how one defines God.

Mindful of these differences, yet looking to what can be said to apply to every human being, may you find a way to more fully believe in yourself and your abilities, gaining wisdom in choosing to act with courage in the face of what you can change and accepting with serenity what you cannot change.

STADPLEX to close in October

By CFB Halifax

After 75 years as a health and physical fitness hub for local military members, their families and the community, CFB Halifax's Stadacona Fitness, Sports and Recreation Centre (STADPLEX) will permanently close its doors by October 31, 2018. The facility has reached the end of its useful life and, although currently safe for occupancy, is now beyond long-term economical repair.

As we begin an orderly departure from this facility, our Personnel Support Programs (PSP) staff is working diligently to ensure that STADPLEX programming and services remain available to the Defence community. The 12 Wing Shearwater Fitness, Sports and Recreation Centre will remain operational seven days a week, open to Defence Team members, veterans and members of the public who possess memberships. The Fleet (HMC Dockyard) Fitness Centre will see its hours extended to accommodate members of the Defence community who frequent the facility for PT classes, programs and day-to-day use. Updated program scheduling and revised hours of operation will be made available in the coming weeks and will be announced via MCAN messages and on the PSP website.

Both locally and at a national level, we recognize the wide-ranging benefits of health and physical fitness, both from an operational readiness and deployability perspective and for our members as individuals. The

health and physical fitness services we offer on Base provide opportunities for socialization and community building that can lead to increased morale and improved mental wellness both on and off the job. Providing these important services to our CAF members will remain a priority.

The closure of STADPLEX will happen in phases, with the closure of the pool and squash courts taking place first. The official dates of closure for these two facilities have not yet been determined, but notice will be given to members and community groups as the dates are confirmed.

A project proposal for the replacement of STADPLEX is in early stages of development and is expected to take several years to deliver. This long-term solution will come with full support and commitment from our leadership and will ensure that our Defence community is able to enjoy vital health and physical fitness services for years to come.

For the latest updates and information including a list of FAQs, please visit the PSP website at <https://www.cafconnection.ca/Halifax/Facilities/Fitness,-Sports-and-Recreation-Centres/Stadacona.aspx>

STADPLEX will be closing at the end of October 2018. After 75 years of use, the facility has reached the end of its useful life, as longterm economical repair is not feasible.

SUBMITTED



HMCS Scotian holds divisions

Members of HMCS Scotian participated in divisions on April 25, 2018. Cdr Beth Vallis, CO of Scotian, was presiding officer as personnel received awards and recognition ranging from Canadian Forces Decorations, to Commanding Officer's Certificates of Commendation.

CPL JESSICA FOX, FIS



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EAP and Health Promotion lead walks to mark Mental Health Week

By Ryan Melanson,
Trident Staff

The week of May 7-13 marked Mental Health Week, and members of the MARLANT Employee Assistance Program (EAP) and PSP Health Promotion took advantage of the nice weather to organize walks at different MARLANT locations to increase awareness around mental health.

The noon-hour walks took place at Stadacona, at Windsor and Willow park, at HMC Dockyard and at 12 Wing Shearwater. Representatives from EAP or Health Promotion were on hand to lead each walk, hand out ribbons and treats, and help participants get up to date on different mental health tools available to

members of the defence community. A virtual scavenger hunt style activity is also being made available to units, with a focus on highlighting the different mental health resources that are available locally, and anyone interested can email HFXHealthPromotion@forces.gc.ca for a copy.

At the Dockyard, EAP referral agent Bert Bertolo led a large group of walkers from the EAP office near Centre Gate to HMCS *Scotian* and back.

"We're glad people came out to join us and celebrate Mental Health Awareness Week, and it's also a great opportunity for us to just say hello, show people where the EAP office is located, and let people know about the great volunteers who are here to assist them," he said.



Local Employee Assistance Program (EAP) and Health Promotion staff organized a walk in support of Mental Health Week at CFB Halifax and 12 Wing Shearwater on May 9. Defence Team members laced up on a beautiful, sunny Wednesday for walks at Stadacona, HMC Dockyard, 12 Wing Shearwater and Windsor and Willow Park.

RYAN MELANSON, TRIDENT STAFF



Cdr Christopher Nucci and CPO1 Steve Wist lay a wreath at the Cross of Sacrifice at Sai Wan Cemetery during a ceremony on OP PROJECTION Indo-Asia Pacific (OP PROJECTION IAP), Sai Wan Cemetery, Hong Kong, on May 7, 2018.

MCPL BRENT KENNY, MARPAC IMAGING SERVICES

HMCS Vancouver remembers Canadian soldiers: The Battle of Hong Kong

By Lt(N) Tony Wright,
PAO HMCS Vancouver

On May 6, during its recent port visit to Hong Kong, the crew of HMCS *Vancouver* took time to pay tribute to Canadian soldiers who died defending Hong Kong from the Japanese in the Second World War at the Sai Wan War Cemetery.

The island of Hong Kong fell to the Japanese on Christmas Day, 1941 following 17 days of fighting by British, Canadian, Indian, and Chinese soldiers. 290 Canadian soldiers of the Royal Rifles of Canada and the Winnipeg Grenadiers lost their lives during the battle and most are buried at the Sai Wan War Cemetery in Hong Kong. Of the Canadians captured after the battle, 267 eventually perished in prisoner of war camps. The Sai Wan Memorial, at the entrance to the cemetery bears the names of more than 2,000 Commonwealth servicemen who died in the Battle of Hong Kong, or in

captivity, and have no known grave. Many of the names are Canadian.

RAdm Gilles Couturier, Deputy Commander Royal Canadian Navy, Cdr Christopher Nucci, Commanding Officer *Vancouver*, CPO1 Steve Wist, Coxn *Vancouver*, Jeff Nankivell, Consul General to Hong Kong, and 20 crew from the ship travelled to the Sai Wan War Cemetery to visit the graves of the war dead and lay a wreath in remembrance.

Vancouver's sailors were able to walk through the cemetery to visit the graves, and were given a brief tour by historian Tony Banham. After some words of remembrance by RAdm Couturier for those lost, Cdr Nucci and CPO1 Wist laid a wreath at the Cross of Sacrifice, found in the Canadian section of the cemetery. After a moment of silence, the crew continued to visit the graves, asking questions of Banham who shared stories of the battle and the sacrifices of the men who fought.



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Prince Albert II of Monaco visits CFB Halifax

His Serene Highness Prince Albert II of Monaco joins RAdm Baines, Commander JTEA and MARLANT, in the inspection of the 50-person Guard of Honour at CFB Halifax during a visit to Halifax on May 8, 2018. The welcoming party included His Honour the Honourable Arthur LeBlanc, Lieutenant Governor of Nova Scotia, and Her Honour Mrs. Patsy LeBlanc. The Prince spent the day at Dalhousie University meeting researchers with Ocean Frontier Institute who are working to protect and advance the sustainable development of our oceans.

MONA GHIZ, MARLANT PA



Tattoo goes extra International for 40th anniversary show

By Ryan Melanson,
Trident Staff

The Royal Nova Scotia International Tattoo always presents a diverse cast, but for its 40th anniversary show in 2018, they've made an effort to be more international than ever before. For the first time ever, acts from countries like Brazil, Jordan and Singapore will perform on the Tattoo stage from June 26 to July 2 at the Scotiabank Centre.

The Tattoo officially launched its 2018 season with a cast reveal and preview at its Dartmouth headquarters on May 10, and Jennie King, the show's Managing Director and Executive Producer, highlighted that she'll be welcoming groups from every continent for this year's event.

"This year marks a great opportunity to truly embrace the International context of the Tattoo," she said.

Guests were treated to an unveiling of this year's acts, a tour of the organization's new office in Burnside, and even a special preview in the form of flamenco dancing from Halifax's own Megan La Azulita.

International acts include the Brazilian circus performers Cores de Bahia, Kenyan acrobats Simba Zambezi, the Combined Singapore Police Force Band, the Silent Drill Team and the Royal Circassian Honour Guard of Jordan, the German Air Force Band Munster, and others, alongside North American representatives like the 2nd Marine Division Band out of North Carolina and the Langley Ukulele Ensemble from British Columbia.

That's just a small sample, and of course, returning local favourites like the Tattoo Highland Dance Team will be back, along with the Massed

Royal Nova Scotia International Tattoo Managing Director Jennie King unveils the lineup for the 2018 show on May 10.

RYAN MELANSON, TRIDENT STAFF

Pipes and Drums, featuring military members from 12 Wing Shearwater, 14 Wing Greenwood, 2nd Battalion Royal Canadian Regiment and 5 Cdn Div Support Group, supported for the first time by the pipers and drummers from the Tattoo's Youth Pipes and Drums program.

As for CAF bands, Tattoo guests will see performances from the Stadacona Band of Maritime Forces Atlantic, the National Band of the Naval Reserve, the Royal Canadian Artillery Band and the Canadian Army Band.

"The CAF have been with the Tattoo and have been a signature supporter since the very start. We're very proud to share in the message of a Strong, Secure, and Engaged military," King said.

"Our storytelling is driven by the spirit of those who wear the uniform," she added, noting the show will contain tributes under the Heroes and Legends theme, focusing on the end of the First World War, the Battle of the Atlantic, and women in service.

The Tattoo also announced special Canada Day programming at the Halifax Common as part of the Tattoo Festival, with displays, music, vendors, kids' activities, and a performance by the CAF's Skyhawks Parachute team.

For more information about this year's Royal Nova Scotia International Tattoo, visit <http://nstatattoo.ca/> show or phone 902-420-4625.



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HMCS *St. John's* participates in the largest military exercise in Europe

By Capt Christopher Daniel,
PAO CJOC, and SLt Derek Frank, UPAR
HMCS *St. John's*

HMCS *St. John's*, along with other members of Standing NATO Maritime Group One (SNMG1), participated in Ex JOINT WARRIOR 18 off the Northwest Coast of Scotland from April 23 to May 3, 2018.

Ex JOINT WARRIOR is the largest military exercise in Europe. It is led by the United Kingdom and involves warships, air assets, and ground forces from all across the NATO alliance.

St. John's, as part of SNMG1, joined more than 40 other warships from Belgium, Denmark, France, Germany, the Netherlands, Spain, Turkey, the United States, and the United Kingdom.

"JOINT WARRIOR is an important exercise in both scale and quality of training," explained Cdr Gord Noseworthy, the Commanding Officer. "HMCS *St. John's*, with our substantial anti-submarine warfare capabilities, made significant contributions in our task group, patrolling the Sea of the Hebrides and the Minches along the Scottish coast. Our officers and sailors demonstrated their exceptional skill and professionalism throughout the exercise, and were ready and able to take the lead when the situation demanded."

Ex JOINT WARRIOR runs through a range of scenarios, including crisis and conflict situations that could be realistically encountered in operations: disputed territory, terrorist activity, piracy, and more.

St. John's' participation in this exercise demonstrates Canada's solidarity with its allies in protecting



Members of the Combat Systems Engineering (CSE) Department on board HMCS *St. John's* examine the 57 mm main gun during a weapons shoot during Ex JOINT WARRIOR as part of Op REASSURANCE on April 25, 2018.

CPL TONY CHAND, FIS

the seaways and in promoting global peace and security.

"It was incredible to see the change in integration and interoperability that occurred throughout the exercise," said LS Simon Malevich, a Naval Combat Information Operator. "By the end, the interoperability was almost seamless. The experiences and connections I made during JOINT

WARRIOR 18-1 are unforgettable. I have left the exercise feeling more competent as an operator, and having thoroughly enjoyed myself."

"As a reservist, I will be able to take lessons learned during Exercise JOINT WARRIOR back to the reserve community, and my daily life as an academic in Toronto," he continued.

Ex JOINT WARRIOR is linked di-

rectly with the NATO Military Training Exercise Programme and is designed, planned, and delivered by the UK Joint Tactical Exercise Planning Staff based at Northwood in London.

St. John's officially joined SNMG1 on January 18, 2018 as part of Op REASSURANCE, Canada's support to NATO assurance and deterrence measures in Central and Eastern Europe.

Commander of Royal New Zealand Navy visits MARLANT



VAdm Ron Lloyd, Commander Royal Canadian Navy, and RAdm Craig Baines, Commander MARLANT and JTFA, host RAdm J. Martin, Commander Royal New Zealand Navy for a bilateral meeting to discuss topics of mutual interest and conduct RCN site tours at during a visit to MARLANT on May 15, 2018. From left: Wing Commander Michael Salvador, NZ Navy Attache; RAdm Martin; Cdr Peschke, RCN LO; VAdm Lloyd; RAdm Baines, Capt (N) Watts, NZ Naval Future Surface Combatants Lead; Alyson Douglas, Strategic Engagement RNZN; Lt Caitlen Wiseman, Flag Lt to Comd RNZN; and Lt(N) Dumaresq-Ouellet, Flag Lieutenant to Comd RCN.

MONA GHIZ, MARLANT PA

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- Gospel according to John 151196



HMCS Vancouver gives to kids in Hong Kong

By SLt Jordan Bornholdt,
Assistant Supply Officer,
HMCS Vancouver

Outreach activities coordinated through organizations which emphasize empowering children to make positive change in their community was a predetermined objective of HMCS Vancouver for Op PROJECTION Indo-Asia-Pacific. During the port visit in Hong Kong, Vancouver was proud to support Kids4Kids, a non-profit organization that supports literacy development and youth empowerment. Kids4Kids has partnered with over 65 schools, 40 charity organizations, and has involved over 15,500 students.

As one of Kids4Kids newest partners, Vancouver contributed to Kids4Kids objectives. This opportunity is made possible by the Boomer's Legacy Fund. Named after Cpl Andrew "Boomer" Eykelenboom, who was tragically killed by a suicide bomber in Afghanistan, the fund helps men and women in uniform have a positive impact on the communities they visit. The charitable funds provided by the Boomer's Legacy helps ensure that Andrew's humanitarian spirit lives on. Vancouver is proud to follow Andrew's example with the aim of formulating a positive legacy with Kids4Kids in Hong Kong.

While onboard to receive their donation, children and staff from Kids4Kids were given a tour of the ship with displays from the Naval Boarding Party, Ship's Dive Team, and the Damage Control Organization.

LS Kryskow, a Marine Technician and ship's diver in HMCS Vancouver, demonstrates the use of his diving equipment during a Kids4Kids tour of the ship on Op PROJECTION Indo-Asia Pacific HMCS Vancouver, Hong Kong, on May 7, 2018.

MCPL BRENT KENNY, MARPAC IMAGING SERVICES



HMCS Vancouver's Commanding Officer, Cdr Christopher Nucci, Coxn CPO1 Steve Wist, and members of the ship's company present Kids4Kids with a donation of \$2,500 made possible by Boomer's Legacy.

MCPL BRENT KENNY, MARPAC IMAGING SERVICES

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Piece of RCN history has new home at Naval Museum

By Ryan Melanson,
Trident Staff

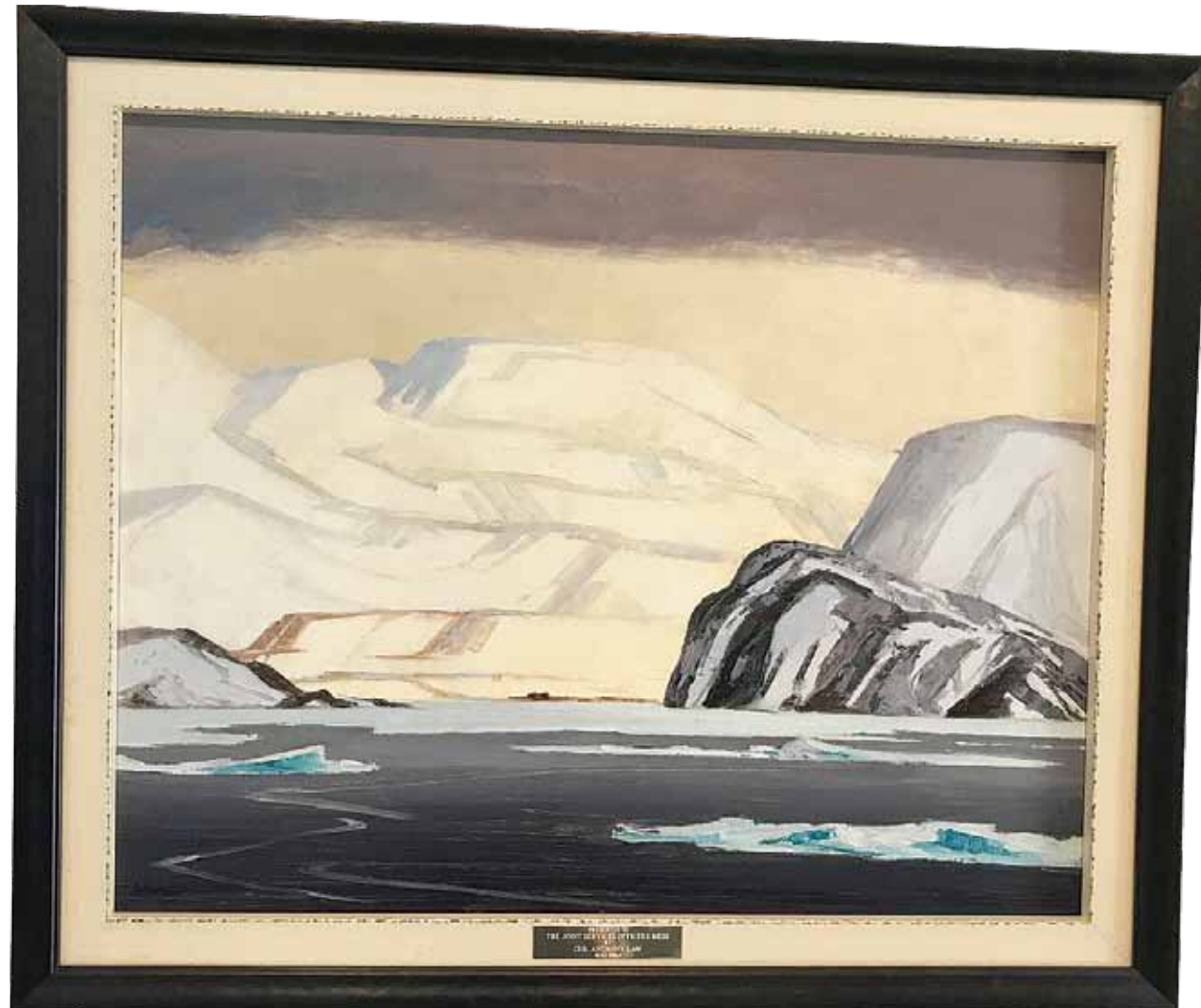
An original painting created by one of Canada's most well known Naval artists now has a permanent home at Stadacona's Naval Museum of Halifax.

Titled *Fresh Snow, Bellot Straits, NWT*, the piece by Cdr Anthony Law, DSC, is just one out of a collection of works by the naval officer and war artist displayed within the museum's new Arctic-focused exhibit, titled *North Arctic 60*. The newly-donated piece, gifted to the museum by the Junior Ranks Mess at CFS St. John's, is also the most significant of the collection.

"This one stands out because he actually painted in while he was on board HMCS *Labrador* as the Executive Officer. It's a beautiful painting and we've been able to get some conservation work done to help preserve it," said museum curator Rick Sanderson.

Law, who joined the RCN in 1940 and retired in 1966, served as the XO of HMCS *Labrador*, later CCGS *Labrador*, from 1955-1957, after having already become an Official War Artist during the Second World War years. *Labrador* was tasked with conducting hydrographic surveys through the Northwest Passage and Canada's largely uncharted northern waters, and Law's paintings completed while on board the ship in the Arctic have become some of his most famous.

Law was known to make the difficult climb up the ship's mast to paint from the crow's nest, where the unobstructed view and warm enclosure made for ideal, if somewhat dangerous conditions. His *Labrador* paintings and sketches were also some of the first attempts to capture



This original painting by Cdr Anthony Law, painted on board HMCS Labrador during Arctic surveys in 1957, has recently been donated to the Naval Museum of Halifax.

the region by a Canadian artist since Group of Seven members Lawren Harris and A.Y. Jackson visited Baffin Island in 1930 aboard the cargo ship *SS Beothic*.

A small plaque on the original frame for the Arctic landscape piece indicates that it was first presented to the Joint Services Mess at CFS St. John's in May 1964 by Law himself.

The piece remained at CFS St. John's for more than 50 years before first being loaned to the museum in 2017.

"It was displayed over the years in different locations," said LCdr Gerry Parsons, the Commanding Officer at CFS St. John's.

"Originally, the plan was for the museum to take it, display it in the exhibit, restore it and reframe it, and

then the painting would be returned to the unit."

But with changes coming to the unit this summer that will see the RCN transfer control of the Station to the Army, and with the Naval Museum having a proper home for the painting in its Arctic exhibit, the decision was made to make it a permanent donation. LCdr Parsons said he put the idea forward to the mess membership, the owners of the painting, who were on board with the move.

"They agreed 100 percent that it was fitting to donate the piece to the RCN museum. It's an important piece of historical Navy artwork, and we want to ensure it's well taken care of."

As part of the *North Arctic 60* exhibit, the painting is now displayed alongside other pieces of Law's work, as well as photographs, ship logs and other documents regarding the RCN's early northern trips, gear and tools used by sailors, and even a model of HMCS *Labrador*. The exhibit can be viewed during the museum's regular hours, Monday to Friday from 10 a.m. - 3 p.m.

As for CFS St. John's, celebrations are being planned to mark 50 years since Maritime Command took over the station on June 21, 1968, and the upcoming component transfer is scheduled for July 13.



HMCS Labrador, later CCGS Labrador, in which Cdr Anthony Law served as Executive Officer from 1955 to 1957.



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CAF personnel in Bahrain mark Battle of the Atlantic Sunday

By LCdr David Botting,
RCN, International Maritime
Exercise Planner, USNAVCENT
N5, Bahrain

On the first Sunday of each May, people all across Canada gather to commemorate those lost at sea during the Battle of the Atlantic.

On this day we remember the sacrifices of RCN sailors, merchant seamen, and RCAF members who gave their lives in the North Atlantic.

The Royal Canadian Navy lost 24 warships and suffered more than 2,000 fatalities, the Merchant Navy lost more than 70 ships and suffered more than 1,700 fatalities and the Royal Canadian Air Force lost more than 900 aircrew. It is often said that the elements were as vicious as the foe, with raging storms, pack ice, bitter cold, fog, and the dense blackness of North Atlantic nights.



CAF personnel stationed in Bahrain mark Battle of the Atlantic Sunday with a ceremony and wreath laying.

In the Kingdom of Bahrain, far from the icy North Atlantic, a small contingent of deployed CAF personnel representing the RCN and the

RCAF gathered for a quiet ceremony under the hot Arabian Gulf sun.

Although lacking the pomp and circumstance of larger ceremo-

nies conducted throughout Canada, the members of the CAF deployed to Bahrain took the time to remember those fallen heroes in the Battle of the Atlantic. Their small ceremony included a reading of the Naval Prayer and a Prayer for the Air Force followed by a roll call of the names of the RCN ships, Canadian merchant ships, and RCAF squadrons lost in the Battle of the Atlantic.

From there, a wreath was brought forward and set in remembrance of the thousands of lives lost during the longest and most decisive struggle of the Second World War.

"The Battle of the Atlantic was crucial to the war effort, the life line of supplies to the United Kingdom ensured that the allies could turn the tide of the war in Europe," said Cdr Robert "Buck" Taylor, Senior National Representative with the RCN.

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A memorial for the Battle of the Atlantic

By Virginia Beaton,
Trident Staff

During the Battle of the Atlantic Sunday ceremony held at Point Pleasant Park in Halifax, a Cyclone helicopter and an Aurora long range patrol aircraft flew overhead.

Standing in the harbour just off the park, HMCS *Halifax* conducted a ceremony including the committal of ashes at sea.

Ashore at the Sailors' Memorial, a large crowd gathered to commemorate those who served and those who were lost during the Battle of the Atlantic, the longest campaign of the Second World War. Engraved on the Sailors' Memorial are the names of those who were lost but as became obvious during the ceremony, they have never been forgotten.

Adm John Newton, former Commander JTFA and MARLANT, was presiding officer at the ceremony and he noted that each year, the Battle of the Atlantic ceremony is an opportunity to remember and to learn.

He observed that during a recent cross-Canada car trip, he had seen up close the names of many towns and



Military members and civilians gather at the Cross of Sacrifice in Point Pleasant Park in Halifax on May 6, 2018 to commemorate the 73rd Anniversary of the end of the Battle of Atlantic. From left: Cenotaph Sentry LS Sukyoung Kim, Supply Technician, 5th Maritime Operations Group, and MCpl Scott Tackaberry, Mobile Support Equipment Operator.

villages whose names were embodied in Royal Canadian Navy ships from the Second World War.

Many people, civilians as well as military members, had contributed to the war effort through their work, he

emphasized. "These men and women, mostly young and with a lifetime of hopes and dreams put on hold for six long years, responded selflessly to their nation in peril."

As the list of 24 lost RCN ships was read out, the bell tolled after each one. The list of RCAF squadrons that played a role in the Battle of the Atlantic was already read aloud, as well as a representative list of merchant navy ships that were lost.

Wreaths were laid, the first one being from the people of Nova Scotia and placed by the Lieutenant Governor, His Honour the Honourable Arthur LeBlanc.

Other wreaths came from the Government of Canada, the province of Nova Scotia, the Royal Canadian Navy, 5th Canadian Division, 12 Wing Shearwater, Air Component Coordination Element (Atlantic), the Canadian Naval Memorial Trust, the City of Halifax, and many more.

The Honour Guard, led by the Stadacona Band, then marched to the memorial for HMCS *Bonaventure*, for a brief ceremony at that site.

MONA GHIZ, MARLANT PA



BOA ceremony in HMCS St John's

CPO1 Darcy Burd (left) Coxn HMCS St John's, and Cdr Gord Noseworthy (right), Commanding Officer HMCS St. John's, salute during the Battle of The Atlantic ceremony during Op REASSURANCE while alongside Liverpool, United Kingdom on May 6, 2018.

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Whidbey Island: The RCN's

By LCdr Graham Collins,
CO, Trinity Det NOPFWI

If your Career Manager has offered you a posting to Whidbey Island, you might think 'Where's that? And why should I go?'

On the Pacific Northwest coast of the United States, just two hours North of Seattle, WA, two hours South of Vancouver, BC, and 40 kilometres 'as the crow flies' from Victoria, Vancouver Island, is Whidbey Island. Accessible by road across Deception Pass Bridge, (a hugely popular tourist attraction in the Summer), and also by Ferry from the South, Whidbey Island is home to many retired US Navy veterans and is a haven for executives from the enormous Boeing facility a short ferry ride away in Everett, WA.

In the North of the Island on the outskirts of Oak Harbor (a quaint little town with Dutch heritage) sits Naval Air Station Whidbey Island (NASWI). Home to 12 of the US Navy's VAQ squadrons flying the Boeing EA-18G Growler; all weather, electronic attack aircraft and four squadrons of P-3 Orion and P-8 Poseidon Maritime Patrol and Reconnaissance Aircraft, there is always something either taking off or landing at the main runway. NASWI is the biggest employer on the Island with more than 9,000 military and civilians working at the facility.

Tucked away in the corner of NASWI, away from the flight line and overlooking the Strait of Juan de Fuca, is a squat concrete building surrounded by two fences topped with razor wire and an impressive array of surveillance cameras. This is the Naval Ocean Processing Facility Whidbey Island (NOPFWI). Apart from the additional security, the only thing out of the ordinary on a USN base is the Canadian Maple Leaf flag flying proudly alongside the Stars and Stripes just outside the building.

NOPFWI is one of two facilities that form part of the Integrated Undersea Surveillance System (IUSS). The other facility is in Dam Neck, Virginia and is responsible for monitoring the Atlantic Ocean. NOPFWI monitors the Pacific Ocean via fixed acoustic arrays, or hydrophones (underwater listening devices) on the seabed and mobile units based out of Sasebo, Japan.

The two NOPFWIs are the underwater



The resident eagle observes the flagpoles outside NOPFWI.

version of NORAD. The fixed and mobile hydrophones are capable of detecting noises in the water at great ranges and, whilst they can detect surface ships and marine mammals, they concentrate on detecting foreign submarines. It is always good to know where they are, just in case of times of heightened diplomatic relations. The NOPFWIs also act as a safety measure for friendly submarines, keeping track of them whilst they go about their important day to day deterrence patrols. The IUSS is not new, and this is where the Canadian connection comes in. Back in the 1950s the USN established many Naval Facilities or NAVFACs along the Eastern and Western seaboard. Each NAVFAC was responsible for

monitoring its own acoustic array and reporting any submarines detected to higher commands who could then dispatch ships or aircraft to continue to track them if necessary. Two of those NAVFACs were in Canada, one in Shelburne, NS and one in Argentea, NL. These facilities were co-manned by USN and RCN personnel. These Canadian sailors were OceanOps and were experts at picking out the acoustic signatures of submarines out of the other background noises in the ocean. There was also a NAVFAC in Bermuda which was also co-manned by the USN and RCN.

Over the years the NAVFACs were either shut down or remoted to other facilities in order to reduce the numbers of personnel involved, and when NOPFWI was commissioned in 1985, RCN Ocean Ops were sent there to work alongside their USN counterparts. The two NAVFACs in Canada were eventually shut down in the 1990s and the Ocean Op trade was subsumed into the Sonar Op trade.

NOPFWI today has a complement of over 300 personnel, 37 of which are Canadian. The RCN members are officially called the Trinity Detachment NOPFWI and the split between east and west coasters is about 50/50. The Det consists of one LCdr as the Of-

ficer in Charge of the Trinity Det, two Lt(N) who are Tactical Watch Officers (TACWO), a CPO2 Sonar Op who acts as the unit Coxn, an RCAF Sgt who is the unit Chief Clerk (this position can also be filled by a PO2 RMS Clerk), a PO1 Sonar Op who is also a TACWO, four PO2 Sonar Ops trained as Tactical Co-ordinators, three MS Sonar Ops who act as Watch Supervisors and 19 LS Sonar Ops who start off as Sensor Operators but can qualify as Tracker Reporters or even Watch Supervisors. There are also five W Eng Techs, consisting of a PO1, 3 MS and 1 LS. The W Eng Techs are part of the maintenance section that looks after all of the equipment in the building.

Most of the Sonar operators are watchkeepers as the facility is manned 24/7 and 365. They keep eight-hour watches and typically work five days on with four days off. After each four-day off period their shifts change. Some personnel have normal daytime working hours in the Training and Standards sections and the maintenance department also works regular hours with some personnel on call in case of equipment failures. All RCN personnel still have to expend their annual leave by the end of the fiscal year.

Continued on page 15

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Continued from page 14

The RCN personnel are fully integrated into NOPFWI and make a valuable contribution to the efficient running of the facility. NOPFWI also trains personnel to man the five Surveillance Towed Array Systems (SURTASS) ships that operate out of Sasebo, Japan and deploy into the China seas. RCN sailors have, on occasion, volunteered to deploy on these vessels for 90 days at a time. For the Sonar Ops the job is extremely rewarding with personnel getting more time in contact than they ever would onboard ship.

Personnel wanting to come to Whidbey Island have to go through a screening process that can take up to two months. The CAF will ensure that all members of the family are medically and dentally fit to be posted overseas and will interview couples to ensure they know the consequences of being posted away from friends and family. Part of the process involves a phone interview with the CO of the Trinity Det NOPFWI, who will endeavour to answer any questions that the member (and spouse) may have. Once the screening process is complete, a posting message is cut and then house hunting trips can be arranged. All family members will also get a green passport and a visa for the duration of their posting.

So why would someone want to come to Whidbey? The short answer is, quality of life. This is an OUTCAN posting with all the benefits that come with living in a (somewhat) foreign country. Trinity Det personnel are administered by the Canadian Defence Liaison Staff in Washington (CDLS(W)) who ensure we are paid in US dollars. They also manage the various allowances, pay our rent and all utilities, although members contribute towards this through the rent share and utility share programme. Trinity Det Personnel are entitled to a five-day house hunting trip a couple of months before moving to the USA. During that time they look for and secure a family home for the next three to four years. There are a large variety of homes for rent on Whidbey Island with something to suit everyone. Most of the Canadians opt to live in Oak Harbor near the air station and normally end up with spacious houses with at least a double garage. For those personnel coming to Whidbey from Halifax, they get an all expenses paid 14-day road trip to drive the 7,000 kilometers from Halifax to Whidbey Island.

There is always plenty to do on and off the Island. Oak Harbor and surrounding towns have various festivals to cater for the tourists in the spring and summer and the Naval Air Station has a modern cinema that shows the latest movies at ridiculously cheap admission fees (\$5 for an adult). The Convergence Zone (CZ) on the base has a bowling alley, bar and pizza joint and also rents out outdoor equipment



Deception Pass Bridge links Fidalgo Island to Whidbey Island and is a very popular tourist attraction.

SUBMITTED

including bicycles, camping gear, fishing equipment, boats, tent trailers, snow shoes etc. The CZ also arranges skiing trips to nearby Mount Baker and Stephens pass, fat biking tours either on snow or sand, day trips to Seattle and Vancouver and many other activities. There are many vineyards on the island and the CZ arranges a bus to take personnel on the wine and chocolate tour each spring. NASWI also has a very well-stocked gymnasium with various classes running throughout the week, also open to families of serving personnel. Popular activities are the Thanksgiving and St. Patrick's Day runs and spin classes. There is even a full service RV park and campground on the base with magnificent views across the Strait of Juan de Fuca to Vancouver Island. To top it all off, the base even has its own golf course, where military members can play at very reasonable rates. The weather here is similar to that on Vancouver Island but probably with a little less rain as we are in the rain shadow of the Olympic Mountains.

For those who want to explore more of the USA, there are local flights from Bellingham airport (an hour from Whidbey Island) to Las Vegas, California, Oregon and Hawaii. Personnel get a one off Vacation Travel Allowance (VTA) payment for each member of the family to help them either travel back to Canada to visit friends and family or to explore more of the US.

Another benefit is that RCN personnel and their spouses can use the well-stocked Naval Exchange and Commissary on the Seaplane base where

military members can shop tax-free.

The Trinity Det is a close-knit community, and we always get together for Canadian Thanksgiving, Canada day and Remembrance Day. We also try to get to Safeco Field in Seattle when the Blue Jays play the Mariners. This year we arranged for a bus to take 40 Canadian members with their families to the Picturesque Bavarian village of Leavenworth, about a three and a half hour drive from the base. They stayed overnight in a local hotel and enjoyed a great meal together. The USN Command at the NOPF also hosts an annual Easter Egg hunt, a fun-filled family day on the base in July and a Christmas party at a local venue in Oak Harbor every year. On top of that, the base also has a family recognition day, and in October of

each year, the USN celebrates its birthday with a grand, all hands Navy Ball, which RCN members and their spouses are encouraged to attend as well.

In summary, a posting to Whidbey Island is a fantastic OUTCAN posting for any Sonar Op or W Eng Tech, whether they have a family or not. It is in a foreign country, but is also very close to Canada, and the nearest Tim Hortons is only about an hour and a half drive to the north, just over the Canadian border. There is always plenty to do and see, the weather is kind, and if you are an outdoor enthusiast, it's almost perfect for all major outdoor activities. Put it this way, thousands of Americans pay to vacation on Whidbey Island each year. You can do it for free and get paid for doing so!







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Royal Canadian Navy strengthens ties in North Africa

By RCN

The Royal Canadian Navy (RCN) has concluded its participation in PHOENIX EXPRESS 18, a US Africa Command-led exercise conducted by US Naval Forces Africa, North African partners, and Western partner nations to assess and improve maritime interoperability and promote national and regional security in the Mediterranean Sea region.

RCN observers and assessors were based at Maritime Operations Centres in Tunisia and Greece where they observed, assessed and acted as mentors in the area of maritime security awareness, provided expertise in maritime interdiction operations, and assisted with the development of boarding party scenarios.

The RCN participated in all three US Africa Command sponsored Express serials this year, which included CUTLASS EXPRESS (East Africa), OBANGAME EXPRESS (West Africa), and PHOENIX EXPRESS (North Africa).

“It was a privilege to participate in PHOENIX EXPRESS 2018 with the Royal Canadian Navy, continuing the great work and capacity building we’ve been doing around Africa this year as part of the U.S. Africa Command sponsored Express series, in-

cluding CUTLASS EXPRESS IN East Africa, and OBANGAME EXPRESS in West Africa. These global leadership opportunities help strengthen relationships and partnerships with like-minded navies, and in the case of PHOENIX EXPRESS also help overcome current challenges that threaten maritime security in the Mediterranean,” said LCdr Paul Smith, Senior RCN official, PHOENIX EXPRESS 18.

PHOENIX EXPRESS 2018 North African partners include Algeria, Mauritania, Morocco, and Tunisia. These countries led the planning and execution of training scenarios that included interdicting illicit activity and providing vessels, teams, and leadership to enable the operations of a combined Maritime Operations Center and Surface Action Group. Other countries involved include Canada, Greece, Italy, Malta, Spain, United States, Libya, Netherlands, and Denmark.

RCN members were located in Bizerte, Tunisia and Souda Bay, Greece from April 28 to May 12, 2018. The exercise control group was located at the NATO Maritime Interdiction Operational Training Center in Souda Bay, but training took place throughout the Mediterranean Sea, including the territorial waters of North African nations.

La Marine royale canadienne resserre les liens en l’Afrique du Nord

Par la MRC

La Marine royale canadienne (MRC) a mis fin à sa participation à l’exercice PHOENIX EXPRESS 18. Dirigé par le Commandement des États Unis en Afrique et mené par les forces navales américaines en Afrique, des pays partenaires d’Afrique du Nord et des pays partenaires occidentaux, cet exercice vise à évaluer et à améliorer l’interopérabilité maritime, ainsi qu’à promouvoir la sécurité nationale et régionale dans la région de la mer Méditerranée.

Les observateurs et les évaluateurs de la MRC étaient basés dans les centres des opérations maritimes, en Tunisie et en Grèce, où ils ont aussi fait du mentorat dans le domaine de la sensibilisation à la sécurité maritime, apporté leur expertise sur les opérations d’interdiction maritime et participé à l’élaboration de scénar-

ios pour l’équipe d’arrondissement.

La MRC a pris part cette année à la série de trois exercices EXPRESS parrainés par le Commandement des États-Unis en Afrique, à savoir CUTLASS EXPRESS (Afrique orientale), OBANGAME EXPRESS (Afrique occidentale) et PHOENIX EXPRESS (Afrique du Nord).

« J’ai eu le privilège de participer à l’exercice PHOENIX EXPRESS 2018 avec la Marine royale canadienne et de poursuivre l’excellent travail que nous avons mené cette année partout en Afrique pour renforcer les capacités, au moyen de la série d’exercices EXPRESS, qui sont parrainés par le Commandement des États-Unis en Afrique, à savoir CUTLASS EXPRESS en Afrique orientale et OBANGAME EXPRESS en Afrique occidentale. Grâce à ces exercices axés sur le leadership auxquels nous participons à l’échelle mondiale, nous renforçons nos relations et nos partenariats avec des marines aux vues similaires et, dans le cas de l’exercice PHOENIX EXPRESS, nous faisons face aux défis actuels qui menacent la sécurité maritime dans la Méditerranée. » a dit le Capitaine de corvette Paul Smith, officier supérieur de la MRC, PHOENIX EXPRESS 18.

Nos partenaires nord-africains au sein de PHOENIX EXPRESS 2018 sont l’Algérie, la Mauritanie, le Maroc et la Tunisie. Ces pays ont dirigé la planification et l’exécution des scénarios d’entraînement qui comportaient l’interdiction des activités illicites, ainsi que l’affectation de navires, d’équipes et de dirigeants afin de faciliter les opérations d’un centre d’opérations maritimes et d’un groupe d’attaque en surface multinationaux. Les autres pays participants sont les suivants : Canada, Grèce, Italie, Malte, Espagne, États Unis, Libye, Pays Bas et Danemark.

Les membres de la MRC étaient basés à Bizerte, en Tunisie, et dans la baie de Souda, en Grèce, du 28 avril au 12 mai 2018. Le groupe de contrôle de l’exercice a été affecté au Centre OTAN d’entraînement aux opérations d’interdiction maritime (baie de Souda), mais l’entraînement a eu lieu dans la mer Méditerranée, ainsi que dans les eaux territoriales des pays de l’Afrique du Nord.



PHOENIX EXPRESS 18 included participation from nations including Canada, Greece, Italy, Malta, Spain, United States, Libya, Netherlands, and Denmark. LCdr Paul Smith, Senior RCN Official, is in the back row, first person on the right.

SUBMITTED

Canada, US mark 60 years of joint NORAD command

By US Northern Command

A demonstration team of CAF CT-114 Tutors—known internationally as the Snowbirds—performed stunning aerobatic manoeuvres to cap a series of tributes to those who keep the peace as Canada and the United States celebrated a 60-year military partnership defending North America.

The 60th anniversary of the North American Aerospace Defense Command (NORAD) at the command's headquarters at Peterson Air Force Base in Colorado Springs, Colorado, was marked on May 11 and 12, 2018, by tributes from the two nations' highest military and civilian leaders. The celebration included displays of precision aviation, and a glimpse into NORAD's Cold War beginnings behind the 23.4-tonne blast doors of the Cheyenne Mountain Air Force Station.

"One of the reasons our arrangement here in Colorado Springs works," said Canadian Armed Forces Chief of the Defence Staff General Jonathan Vance, "is the genuine and profound connection between our two countries, and the people of them."

The command has evolved from its Cold War infancy to face new threats that include intercontinental ballistic missiles (ICBMs) and terrorism, General Vance said during



RCAF LGen Pierre St-Amand (left), NORAD Deputy Commander, and US Air Force Gen Lori Robinson, NORAD Commander and Commander of US Northern Command, salute during the playing of the Last Post and a missing-man formation flyover carried out by the CAF Snowbirds on Peterson Air Force Base, Colorado, on May 11, 2018. The ceremony was part of the placement and dedication of a cairn to honor the Canadian service men and women who have died while serving with NORAD. The placement of the cairn was conducted in conjunction with the celebration of NORAD's 60th anniversary.

US DOD, TECHNICAL SGT JOE LAWS

a ceremony at Peterson Air Force Base. "Yes, we share a continent. Yes, we share values, and those we must defend. But there is a deeper bond as has been mentioned before between

Canada and the United States, and it's one that makes us more than friends. We're family."

The anniversary events heralded a unique binational command that was officially formed on May 12, 1958. NORAD is charged with aerospace warning and aerospace control over North America. It detects and warns against attacks by aircraft, missiles or space vehicles, and has carried out a maritime warning mission since 2006.

Snowbirds from the Canadian Forces 431 Air Demonstration Squadron conducted a fly-past in the missing-man formation in CT-114 Tutor jets and a CF-18 Hornet following a ceremony May 11 to honor Canadians who died while serving NORAD. The

Snowbirds performed again the following day, along with a fly-past displaying U.S. and Canadian airpower that included F-22 Raptor, CF-188 Hornet, F-15C Eagle and F-16 Fighting Falcon aircraft.

With no task more sacred than defending each other's homelands, military and civilian leaders emphasized the critical nature of the command's continued success at a black-tie ball in the Broadmoor hotel. "A lot of things change in 60 years," said General Lori J. Robinson, commander of NORAD and U.S. Northern Command. "From the constant fear of nuclear war to the ICBM to the attacks of 9/11, NORAD has stood through all of these tests, adapted to the challenges and maintained its capability."

"This unique binational military command is an enduring symbol of the important partnership between Canada and the United States – one that is essential to us both," Canadian Prime Minister Justin Trudeau said in a statement.

Before the ceremonies kicked off, members of the media were given a rare peek into NORAD's beginnings at Cheyenne Mountain, a site

made famous by movies including "WarGames" and "Independence Day". Today, 15 buildings still sit atop giant springs designed to help the command center withstand a nuclear blast. The center now serves as an alternate command site for NORAD, which is located at nearby Peterson Air Force Base, and continues to host other military units.

"The valued partnership we share will help our militaries to counter emerging threats and pass on a legacy of peace and prosperity to future generations," U.S. President Donald J. Trump added in a statement.

From the black-tie ball to the spectacular aerial displays, every event underscored a partnership based on trust.



On the flight line at Peterson Air Force Base, Colorado, the Snowbirds aerial demonstration team is ready to fly during the 60th anniversary celebration of NORAD on May 12, 2018.

US DOD, STAFF SGT EMILY KENNEY

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TRIDENT Sports

What's the score with local sports in your community? Send write-ups, photos, and results to editor@tridentnews.ca

Registration open for second annual Navy Bike Ride

By Ryan Melanson,
Trident Staff

After a successful debut in 2017 that saw nearly 400 people hit the Shearwater Trail on their bicycles, the CFB Halifax Navy Bike Ride is back for its second year. The ride is set to take place on Saturday, June 9, leaving from the Shearwater Fitness and Sports Centre, and registration is now open.

The Halifax event is just one of the many shadow bike rides taking place alongside the main Navy Bike Ride in Ottawa, with Halifax, Esquimalt and Quebec city each hosting their own events. Each Naval Reserve Division across the country has also been tasked with organizing a shadow ride of their own, and for the Halifax area, members of HMCS *Scotian* are partnering with MARLANT and PSP Halifax to hold one all-encompassing event.

The ride offers three different routes of varying distance and difficulty; the six kilometre route travels along the Shearwater trail and turns around at the Caldwell Road, while the 15km route follows the trail



Riders make their way along the Salt Marsh Trail during the first Halifax Navy Bike Ride in June of 2017.

MONA GHIZ, MARLANT PA

to the Bissett Road before looping around, and the complete 30km route continues past Bissett Road and across the Salt Marsh Trail before turning around at West Lawrencetown Road.

"It's a gorgeous trail and a really

nice bike ride. Out to Bissett road (15km) is nice, but once you start crossing the Salt Marsh Trail, it really hits you how incredible the area and the view is," said PSP Fitness and Sports Coordinator Kevin Miller, adding that the three different dis-

tances are meant to open the event to all ages and skill levels. With the ride being held on a Saturday this year, there's also a hope that kids and family members decide to participate.

BMO is the primary sponsor for the three main shadow rides, and their contributions will go towards healthy snacks for participants, a free Navy Bike Ride t-shirt for all who register, and other special prizes and giveaways, including pre-paid BMO Mastercards.

There's no cost to participate, but riders must bring their own bikes, with mountain bikes recommended, and free registration is required to receive the t-shirt and for a chance to win prizes. There also are options to purchase a special Navy Bike Ride Jersey or biking Buff along with registration, and part of

the proceeds from that effort will go towards the Royal Naval Benevolent Fund and Support Our Troops Canada. For more information on registration, fundraising, trail safety, and all aspects of the event, visit the official site at <http://navybikeride.ca>.

Fresh air fitness on the flight deck

Led by PSP fitness instructor Keira Lee, CAF personnel participate in a physical fitness class on the flight deck of HMCS *St. John's*, which is currently deployed on Op REASSURANCE.

CPL TONY CHAND, FIS





Team Atlantic gets good results at CAF Squash Nationals

By Ryan Melanson,
Trident Staff

Five CFB Halifax members travelled with Team Atlantic to the 2018 CAF National Squash Championship in Borden from April 29 - May 1, competing well against top military players from around the country.

In team competition, the East Coast players came second overall, behind the powerhouse team from the Quebec region, who took 7 out of 9 matches against team Atlantic Members.

The top individual result went to two team members from 14 Wing Greenwood; Maj Jimmy Leclerc won gold in the Men's Open competition, while MCpl Dominique Poulin also won gold in the Women's Open.

CPO1 Stephane Gagnon of FMF Cape Scott won silver in the Masters category, while LS Ashley Fletcher of HMCS *Montreal* took third place in the Women's Open after falling short in the semifinal match, and Lt(N) David Weatherall of HMCS *Ville de Quebec* and Lt(N) Fergus Lavelle of NFR finished sixth and eighth, respectively, in the Men's Open.

In the under-30 category, OS Darren Mullins of HMCS *Montreal* came in third place after falling in the semifinal and then winning the consolation match. OS Mullins won the U30 division at the earlier Regional Championship, and impressed his teammates through the season.

"He's only 20 years old now, so there is definitely an under-30 win at



Team Atlantic's Maj Jimmy Leclerc competes at the 2018 CAF National Squash Championship in Borden. The team finished second overall behind the Quebec Region.

AVR ALEVINA OSTANIN, CFB BORDEN IMAGERY

Nationals coming in his future," said Lt(N) Fergus Lavelle.

After a better-than-average year at both Regionals and Nationals, the

CFB Halifax team is hoping to keep the momentum going for 2019, and anyone with Squash experience or a desire to learn the sport is encour-

aged to contact PSP Halifax Fitness and Sports Coordinator Lucas Hardie at Lucas.Hardie@forces.gc.ca for information about next year.

2018/2019 Formation Halifax COTW/COTF/WING CUP May 2018 - April 2019			
SPORTS	COTW	COTF	WING CUP
Soccer	04-08 June 18	04-08 June 18	04-08 June 18
Slo-Pitch	25-29 June 18	25-28 June 18	24-28 Sept 18
Golf	July	July	July
Running	06 Sept 18	06 Sept 18	06 Sept 18
Badminton	10-14 Sept 18	10-14 Sept 18	10-14 Sept 18
Squash	10-14 Sept 18	10-14 Sept 18	10-14 Sept 18
Fitness Challenge	21 Sept 18	21 Sept 18	21 Sept 18
Bowling	02-04 Oct 18	02-04 Oct 18	02-04 Oct 18
Volleyball	19-23 Nov 18	19-23 Nov 18	29 Oct - 02 Nov 18
Basketball	10-14 Dec 18	10-14 Dec 18	21-25 Jan 19
Ice Hockey	14-18 Jan 19	14-18 Jan 19	03-07 Dec 18
Curling	25 Feb - 01 Mar 19	25 Feb - 01 Mar 19	25 Feb - 01 Mar 19
Floor Hockey	08-12 Apr 19	08-12 Apr 19	15-18 Apr 19

CLINICS	
Soccer - Lucas	May 18
Slo-Pitch - Isaac	Jun 18
Volleyball - Isaac	Oct 18
Basketball - Isaac	Nov 18
Ice Hockey - Ashley	Nov/Dec 18
Ball Hockey - Ashley	Mar/Apr 18

SPECIAL EVENTS	
CAF SPORTS DAY	19 Oct 18

PLAYDOWNS	
Badminton	Jan 19
Squash	Jan 19
Golf	11-13 June 18

SCHOOL HOLIDAYS	
Christmas Break	22 Dec 18 - 02 Jan 19
Heritage Day	18 Feb 19
March Break	11-15 Mar 19
Easter Break	19-22 Apr 19

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Decorated CAF athlete takes on new challenge with Boston Marathon

By Ryan Melanson,
Trident Staff

WO Charlene Arsenault has had a long military sports career, with 15 appearances at the CAF National Hockey Championships, six gold medals, and a spot on the CAF Sports Honour Roll. She isn't done yet, however.

She took up competitive running in 2014, moved up to marathons soon after, and in only her third attempt at a full marathon, WO Arsenault recently completed the 122nd running of the Boston Marathon on April 16.

"I never thought I'd even ever run a marathon, let alone qualify for Boston. It was an amazing experience and I'm very fortunate to have been there," said WO Arsenault, who works

with 1 Dental Unit Det at CF Health Services Centre (Atlantic).

This year's installment of the Boston Marathon, one of the oldest and most famous road races in the world, also brought some of the harshest race conditions in the event's history. Low temperatures, high winds, and constant rainfall that turned to an absolute down-pour at times made the 42 kilometre route significantly more difficult to complete. Hundreds of runners dropped out, and those who finished tended to have slower finishing times than they hoped for.

WO Arsenault's finishing time was 4:09:06 in the 50-54 age group, the slowest of her three marathons to date by more than a half hour, but she said it

was hard to be disappointed considering the weather.

"People were doing whatever they could to deal with it; a man on the bus gave me plastic bags to put on my shoes beforehand. But everybody got soaked, there was no way to stay warm or dry. I couldn't feel my hands by the end of it," she said.

That doesn't mean there weren't highlights however, and she still got the Boston experience of meeting runners from all over the world and seeing the thousands of spectators who line the route to cheer on the athletes. It's a cliché that Canadians draw lots of positive attention when abroad or at international events, but in this case, it was very true.

"I stopped at the 30K mark because

I forgot to put my Canada t-shirt on over my jacket, and as soon as I was finally wearing that shirt, the crowd was just going crazy," she said. This provided some much-needed encouragement to finish the last leg of the race with frozen legs and heavy, wet clothing. Her partner made the trip to Boston with her children to cheer WO Arsenault on, and her family members tuned in from home in Tignish, PEI, watching on TV and tracking her progress online in real time.

Though she planned to make a one-off appearance at the marathon, WO Arsenault now plans to take another shot at it in 2019 and try for her best marathon time yet, hopefully with

Continued on page 21

FLEET - Spring Fitness Class Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:30-8:15	Functional Movement	Functional Strength	Yoga	Functional Movement	Functional Strength
8:30-9:15	FORCE Prep		FORCE Prep		FORCE Prep+
12:10-12:55		Yoga		Yoga	
12:00-13:00	Functional Strength	Functional Movement	Spin	Functional Strength	Bodyweight/Calisthenics

**The last Friday of every month will be a FORCE FAMIL Session*

SHEARWATER - Spring Fitness Class Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00-8:00		Lane Swim		Lane Swim		
7:30-8:15	FORCE Prep		FORCE Prep		FORCE Prep*	Spin (0930-1030)
10:00-10:45						
11:45-12:30	TRX	Spin	Functional Strength	Spin	Range of Motion	
12:00-13:00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim	

**The last Friday of every month will be a FORCE FAMIL Session*

STADPLEX - Spring Fitness Class Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:30-8:30			Waterworks		Waterworks
8:30-9:30	FORCE Prep	FORCE Prep	FORCE Prep	FORCE Prep	FORCE Prep*
9:30-10:30		Pool Jogging		Pool Jogging	
11:30-13:00	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim
12:15-13:00	Upper Body and Core	Spin	Yoga	Lower Body and Cardio	Step Aerobics
			Tactical Athlete		

**The last Friday of every month will be a FORCE FAMIL Session*

Fitness and sports updates

By Trident Staff

CFB Halifax Soccer tryouts will begin as soon as field conditions/availability permits. Any interested soccer players are encouraged to contact Lt(N) John Couch at john.couch@forces.gc.ca regarding the men's team, or Capt Kim O'Rourke at archibalck9@googlemail.com regarding the women's team.

The 12 Wing Ball Hockey Team needs a coach and players. Practices occur Mondays and Wednesdays from 1 to 3 p.m. Regionals date TBD. If interested in coaching, please contact Ashley Stewart ASAP at Ashley.stewart2@forces.gc.ca

The 12 Wing Slo-Pitch Team needs a coach and players. Practices will occur on Mondays and Wednesdays beginning at the end of May. Regionals will be in July and will be hosted by

Shearwater. If interested in coaching, please contact Ashley Stewart ASAP at Ashley.stewart2@forces.gc.ca

Golf playdowns are at Hartlen Point Golf Course on the following dates: June 11 at 10 a.m., June 12 at 10 a.m., and June 13 at 10 a.m. Any interested members should have at least a verbal approval for the Regionals that will occur July 2018 at 14 Wing Greenwood. Members will need to be available for all three days of competition. Members will need to pay for all three days green fees (3 x \$38) on day one of the playdown. Cash will be returned should they make the team, and the sports cell will pay the fee. If member has a membership at Hartlen Point, cash will be returned and card can be stamped in the pro shop should they be unsuccessful in bid to make the team. There is no ATM in the club-

house, so come prepared. This is a stroke play tournament in accordance with current RCGA rules. Local rules are in effect. No motorized carts are authorized for this tournament, nor are motorized push carts. Distance finders without information on wind speed and direction will be permitted.

14 Wing Greenwood will be hosting a Triathlon Development Camp from May 30 – June 2. Anyone who is interested should contact Capt Brad Allen at Bradley.Allen@forces.gc.ca

The Navy Tridents Triathlon and Duathlon takes place on Sunday, June 3.

The second annual Navy Bike Ride is on Saturday June 9 in the same location as last year: the Rails to Trails system in Shearwater/Cole Harbour/Lawrencetown. More details to follow.

Noon Rec Bowling League meets

at the Stadacona Lanes in STADPLEX. Every Monday, Wednesday and Friday 12 – 1 p.m. Shoes supplied. Teams can be made up of as many players as you wish, however, only three bowlers per team can bowl on a given day. DND civilian employees are welcome, however, will be required to pay the Community Rec user fee at the STADPLEX front desk.

Intersection/Drop-In Pickleball. Come and learn a fun new sport.

Shearwater Gym, Mondays and Wednesdays 12 p.m. – 1 p.m. For more information please contact Sgt Rick Austin, 720-1711 or rick.austin@forces.gc.ca

12 Wing Shearwater drop-in basketball is available Wednesdays from 6-8 p.m. For more information please contact: Cpl Gagnon at 902-720-3214 or philip.gagnon@forces.gc.ca

Interesting and maybe unbreakable North American professional sports records

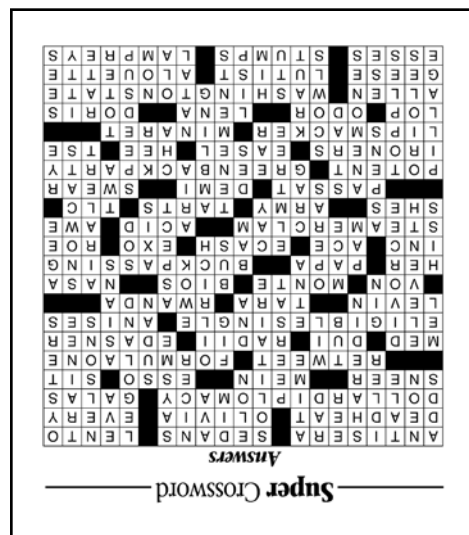
By Stephen Stone

Questions

- Who holds the career and single season records for shut-outs pitched in major league baseball?
- Craig Biggio holds the modern record of 285 hit by pitch but who holds the all-time record of 287 and the single season record hit by a pitch 51 times?
- Who holds the record for consecutive starts at quarterback in the NFL?
- Who holds the record of 8 consecutive Hart Trophies as the NHL MVP?
- Who holds the record for most consecutive losses as a Major League pitcher?
- Who holds the record for most saves by a goalie in an overtime game shutout?
- Who is the forty-niner who holds the league career receiving yard record?
- Who holds the record for most interceptions thrown in professional football?
- Who threw the fewest pitches in a complete game loss in Major League Baseball?
- How many times have players tied the record of 5 home runs in two games?
- Who is the all-time leading scorer in the NFL who also holds the record for interceptions thrown in one season – 42 (1962) and 36 TDs the same year?
- Who holds the single season record for futility as a pinch hitter with at least 30 at bats?
- Which two players share the record for Stanley Cup finals games played with 65?

- Who hold MLBs single season record of 130 stolen bases with 172 attempts?
- Which quarterback holds the record for playoff wins with 25?
- Who has the single season record for goals scored in the NHL?
- Who was the Cincinnati Reds pitcher who is the only hurler to pitch 2 consecutive no-hitters?
- Who is the all-time leader in Stanley Cup playoff game appearances with 266?
- Which Dodger pitcher surrendered two grand slams to Fernando Tatis of the Cardinals in the same inning?
- Which baseball player holds the worst home run to at-bat ratio with at least one career home run and over 2500 at bats?

Answers on page 23



Decorated CAF athlete takes on new challenge with Boston Marathon

Continued from page 20

more cooperative weather. To prepare, she plans to run the 5K at CAF Running Nationals later this month in Ottawa, and follow it up with the full Scotiabank Ottawa Marathon the very next day to secure a qualifying time for Boston in 2019. Add the possibility of competing with the CISM team at the World Military Marathon Championship in Lebanon this November; and it's clear she's not slowing down as she prepares to retire from the CAF next year.

She also hasn't left the CAF hockey community behind, and though her years on the ice with the CFB Halifax Mariners women's team are behind her, WO Arsenault said she enjoyed serving as a coach last season and plans to do it again.

"I've only got one year left in the military to be involved in hockey, so I'd love to go behind the bench again, if they'll take me."



WO Charlene Arsenault competed at the 122nd running of the Boston Marathon on April 16, completing the race in the pouring rain with a time of 4:09:06.

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Shearwater Yacht Club sets sail for the summer

By LCdr Patrice Deschenes,
Shearwater Yacht Club Commodore

Metro's friendliest sailing club, The Shearwater Yacht Club (SYC), had its annual Spring Meet and Greet for members and guests Friday May 11 at the club house in Shearwater.

Longtime club members joined newcomers and shared in good spirits their dits (stories...for you landlubbers) and experiences at the club, and welcome them in the wonderful world of sailing.

Club members had the honour to host and meet with CFB Halifax's Base Commander, Capt(N) Paul Forget, who wished the sailors fair winds for the sailing season. To remind us of the close ties that SYC has with the community, special guest Barbara Adams, member of the legislative assembly for Cole Harbour-Eastern Passage, was present to meet the members of one of the largest and dynamic clubs in the area.

The Shearwater Yacht Club has an extremely rich history and is deeply rooted in the Shearwater community and CFB Halifax's history. Its origins go back to the Canadian



The Shearwater Yacht Club hosted its spring Meet and Greet on Friday, May 11. From left to right: Shearwater Yacht club Commodore, LCdr Patrice Deschenes, Member of the Legislative Assembly, Barbara Adams, and Shearwater Yacht Club Vice-Commodore, Richard Jones.

Forces Sailing Association (CFSA); formerly the Royal Canadian Navy Sailing Association (RCNSA). The

RCNSA was founded in 1949 in an old seaplane hangar near the Club's current location.

From 1957 to 1967 the Club shared facilities with the Royal Nova Scotia Yacht Squadron, now the site of the Halifax Container Pier. In 1967, RCNSA relocated to our present site at Shearwater to make way for the construction of the container piers. The facilities have been built up over the years by the efforts of members on the principle of self-help, a cornerstone of the Club's operation.

The Club entered the CFB Shearwater organization in the mid 1980's.

You may see club boats while fishing nearby or enjoying McCormack's Beach Park. You may also notice youth Sea Cadets learning new skills on open deck sailboats. You may simply know 12 Wing Shearwater military members who access the club, and the programs found there. Regardless of your connection to Shearwater, the Shearwater Yacht Club has played a large role in the local community for generations.

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EIGHT LOW NOTES

ACROSS

- 1 Snakebite treaters
- 9 Roomy rides
- 15 Slowly, in music
- 20 Tie in a race
- 21 Actress Wilde of "House"
- 22 -- now and then
- 23 Taft's foreign policy
- 25 Jacket-and-tie affairs
- 26 Look from a villain
- 27 Word after lo or chow
- 28 Non-U.S. gas brand
- 30 Use a recliner, e.g.
- 31 Forward, as a message with a hashtag
- 34 Grand Prix racing
- 37 A doc prescribes it
- 40 Imbiber's hwy. offense
- 41 Half-diameters
- 43 He voiced Carl in "Up"
- 44 Bachelor suitable for marriage, say
- 48 Licoricelike herbs
- 49 Novelist Ira
- 50 Margaret Mitchell's plantation
- 51 African nation
- 53 -- Trapp family
- 54 Three-card game
- 56 Some book blurbs
- 57 Apollo program org.
- 61 The girl
- 62 Elderly Smurf
- 63 Shifting of responsibility to another
- 66 Co. name abbr.
- 67 Golf rarity
- 68 PayPal funds, e.g.
- 70 Lead-in to skeleton
- 71 Egg mass
- 72 Edible soft-shell mollusk
- 75 Burning liquid
- 76 Bowl over
- 77 Hens and heifers
- 78 War group
- 79 Bakery treats
- 81 Mom's treatment
- 82 Volkswagen family car
- 85 Moore or Lovato
- 86 Use profanity
- 88 Very strong

- 91 Late 19th-century political group
- 95 De-creasing workers
- 97 Gallery stand
- 98 Laugh half
- 99 Mao -- -tung
- 100 Brand of flavored balms in tubes
- 102 Tower atop a mosque
- 105 Hack (off)
- 106 Kitchen lure
- 107 Actress Olin
- 108 Day of song
- 112 Beat poet Ginsberg
- 114 University SSE of Spokane
- 119 V-formation fliers
- 120 Medieval balladeer, maybe
- 121 French folk song
- 122 Snaky curves
- 123 Perplexes
- 124 Eellike fish

DOWN

- 1 Tosses in
- 2 Sign light
- 3 Narration

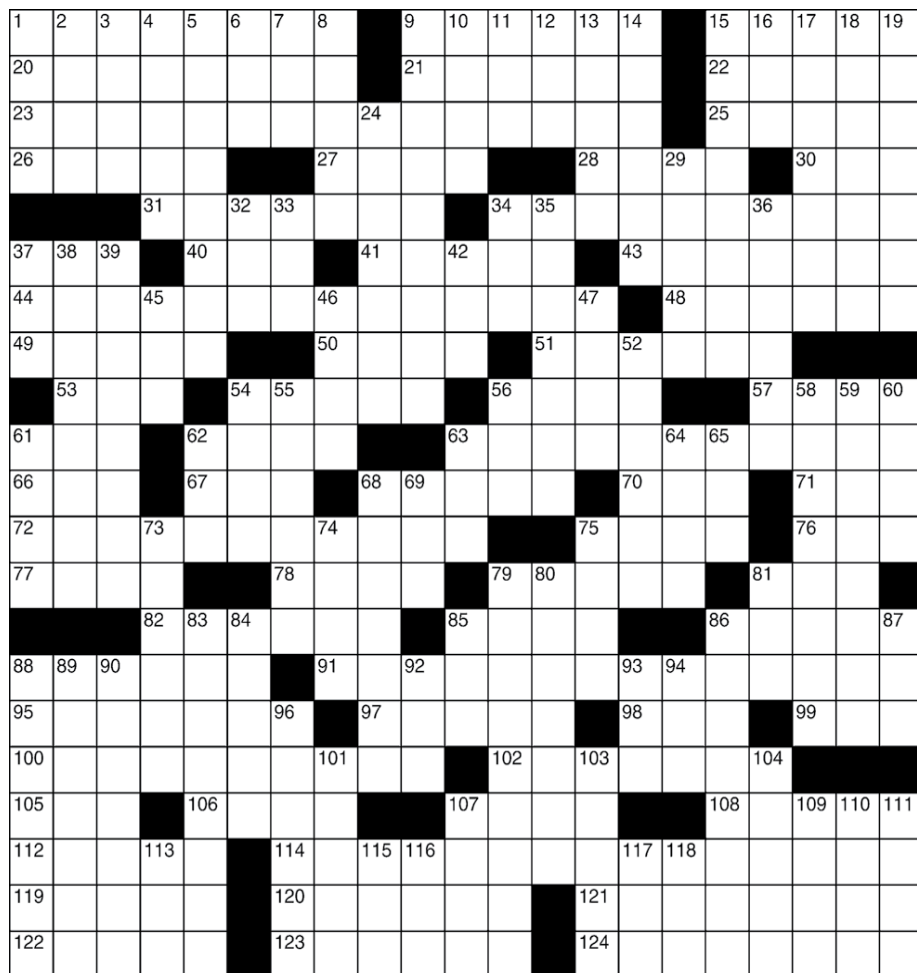
- 4 Lazy type
- 5 Partook of
- 6 Always, to Donne
- 7 "Too cool!"
- 8 "Once upon -- ..."
- 9 Gem in a ring
- 10 North Carolina university
- 11 Not so bright
- 12 Gardner of "Mogambo"
- 13 Less nasty
- 14 Bully's words of authority
- 15 Block-filled theme park
- 16 Entertainer Gabor
- 17 Wrestling holds
- 18 New hire
- 19 Pearl makers
- 24 Eyes closely
- 29 African nation
- 32 Bath fixture
- 33 Wheaton of "Stand by Me"
- 34 Fruit that's often dried
- 35 Like OPEC nations
- 36 Koreans and Laotians
- 37 Ott of baseball
- 38 High-school junior's grade
- 39 Person with an ex-spouse
- 42 Crime scene material
- 45 -- mill (bar)
- 46 Sicilian volcano
- 47 "Star Wars" creature
- 52 Feature
- 54 Royal staff
- 55 "Faust" and others
- 56 Greyhound transport
- 58 Signal to pilots
- 59 Treaded winter vehicles
- 60 1940s film critic James
- 61 Cobra sound
- 62 Actress Dawber
- 63 "Pow!"
- 64 Pivot point
- 65 Put turf over
- 68 Graceful street liner
- 69 Coral island
- 73 Some poplars
- 74 Cliff rock
- 75 Solo often in Italian
- 79 Slum abodes
- 80 Moseying
- 81 Old carrier
- 83 Tentacled reef dwellers
- 84 Fine violin
- 85 -- Moines
- 86 Hits the gas
- 87 Dark loaf
- 88 Rob violently
- 89 Twins' rivals
- 90 Overturns
- 92 Attention
- 93 Part of a dance move
- 94 Prefix with plop or flop
- 96 Glowers
- 101 Frank topper
- 103 Of birth
- 104 Redcap at work, often
- 107 Speech therapy topic
- 109 \$20/day, say
- 110 Really small
- 111 Uses eyes
- 113 Suffix with 29-Down
- 115 Actor/comic Gilliam
- 116 "That guy!"
- 117 Suffix with pay or plug
- 118 Moniker, in France

Interesting and maybe unbreakable North American professional sports records

Questions on page 21

Answers

1. Walter Johnson – 11 in a season (1913) and 113 career in 21 years, all with the Washington Senators.
2. Hughie Jennings 1869-1928, HOF 1945
3. Bret Favre – 297
4. Wayne Gretzky – 1980 – 1987
5. Anthony Young – 27 – May 6, 1992 – July 24, 1993 all with the Mets
6. Norm Smith – 92 saves – March 22, 1936 – Detroit Red Wings vs Montreal Maroons (1-0) – 6 periods of OT
7. Jerry Rice – 22 895 yards
8. Jim Hardy of the Chicago Cardinals in a 45 – 7 loss to the Philadelphia Eagles on September 24, 1950. He also has the worst touchdown-pass interception differential in a single game (-8). He is also, as of 2017, the oldest living member of the 1946 inaugural Los Angeles Rams
9. Jose Bautista (not the bat flipper). For the Baltimore Orioles on September 3, 1988. He threw 70 pitches, allowing 4 hits, 2 Ks and 1 earned run. His opponent was Mark Langston of the Mariners who tossed a complete game 3-hitter with no earned runs. Neither pitcher walked a batter and the time of the game was 1 hour and 45 minutes. It was a road loss and since Seattle was ahead Bautista only needed, and, by rule, to toss 8 innings for the complete game.
10. 5 times. It is almost impossible with today's by-the-numbers management to get 6 in two games.
11. George Blanda – Houston Oilers
12. Enrique Cruz, Milwaukee Brewers, 2003, 36 games – 4 hits with an average of .104 – 4 hits in 39 at bats.
13. Red Kelly and Henri Richard – Kelly won 8 cups; 4 each with the Red Wings and the Maple Leafs – Richard; 12 cups with Les Canadiens de Montreal
14. Ricky Henderson – 1982 season
15. Tom Brady of the Patriots
16. Who else but the Great One – Wayne Gretzky with 92 goals for the Oilers in 1981-82. He had 120 assists the same season and, so far, is the only player to score over 200 points in a season and the season was 80 games, not the current 82.
17. Johnny Vander Meer – against the Boston Braves on June 11, 1938 and the Brooklyn Dodgers on June 15
18. Chris Chelios – 4 cup appearances and winner in 1986 (Canadiens), 2002, 2008 (Red Wings)
19. Chan Ho Park gave up both grand salamis in the 3rd inning on April 23, 1999
20. Duane Kuiper – Cleveland and San Francisco. He hit 1 home run in 3 259 at bats. On August 29, 1977 he hit his only homer off Steve Stone of the Baltimore Orioles.



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