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Monday, November 13, 2017



Volume 51, Issue 23

[www.tridentnewspaper.com](http://www.tridentnewspaper.com)

# TRIDENT

THE NEWSPAPER OF MARITIME FORCES ATLANTIC SINCE 1966 - LE JOURNAL DES FORCES MARITIMES DE L'ATLANTIQUE DEPUIS 1966

## Slackers take Mini Grey Cup 2017

*Fleet Club Slackers took the victory over the Wardroom Officers by a score of 18-14 on October 20 at Porteous Field, coming back from a large deficit to take the lead with two late touchdowns.*

MONA GHIZ/MARLANT PA



**United Way Day of  
Caring** Pg. 3



**48 years since HMCS  
Kootenay explosion** Pg. 8



**Heroes of the Halifax  
Explosion** Pg. 12



**CAF Sports Day in  
Halifax** Pg. 21

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# 14th Annual Mooseheads DND Appreciation Night set for November 17

By Ryan Melanson,  
Trident Staff

The Halifax Mooseheads are once again ready to join forces with the local defence community for a special game in support of Camp Hill Veterans' Memorial Hospital. This year's DND Appreciation Night at Scotiabank Centre takes place on Friday, November 17, and tickets for DND members are on sale now for only \$10.

The annual partnership between DND, the Mooseheads, PSP Halifax and Camp Hill has been a popular event for the defence community since the inaugural game in 2004, allowing DND military and civilian members the chance to catch a game at a reduced price, while also raising money for the veterans. To date, the efforts have brought in more than \$150,000, which has mainly been used for maintenance and upgrades to the hospital's Veterans' Memorial Garden.

For LS(ret'd) Rob Keough, who's volunteered his time to sell raffle tickets for jersey draws at each game since 2004, the event has become an important and meaningful highlight of the year.

"It's something I look forward to doing every year and I make sure my schedule is clear no matter what night it falls on," said Keough, who has single-handedly raised more than 25,000 through raffle ticket sales. He was honoured for his contributions with a personalized jersey at the CFB Halifax Sports Recognition Breakfast in 2016.

"I had two grandfathers in the Second World War, which was the whole reason I got into the service. To be able to attach myself to a fundraiser like this, one that also means so much to me personally and helps veterans like my grandparents, it really gives me a sense of accomplishment and duty," he said.

The donations from the game have been crucial to maintaining and improving the Memorial Garden at Camp Hill. Money comes from raffle tickets, as well as from the special jerseys that are auctioned off fol-



*The Halifax Mooseheads wear special CAF-inspired jerseys each year on DND Appreciation Night, and a new design will be unveiled on November 17 at this year's game against the Saint John Sea Dogs. These are the jerseys from the January 20, 2017 game.*

CPL J.W.S. HOUCK, FIS HALIFAX

lowing the game, and it all amounts to much-needed funds, said Heather White, Camp Hill's director of Veterans Services' and Geriatrics. In recent years, work has been done on the garden's walkway, along with extensive landscaping to make the area more sustainable.

"We rely heavily on the fundraising efforts of those in our community, and there's no question the jersey auction is one of our most significant fundraisers toward that. We're very grateful for the support from the Canadian Armed Forces and from the Mooseheads and what it's allowed us to do with the

garden," she said.

There are a number of hockey fans among the veterans that call Camp Hill home, and some are able to make it to the game each year and have even stood in for the ceremonial puck drop. For those who can't attend, Camp Hill keeps a game-worn Jonathan Drouin jersey mounted in the lobby of the hospital from the 2013 edition of the game, which was donated by Hon Capt(N) Fred George, and they recently doubled their collection of jerseys after PSP Halifax presented a special edition from last season's game. The new jersey features the number 100 on the back, celebrating Camp Hill's 100th anniversary this year, and also includes the hospital's crest as part of the design.

"The veterans were thrilled with that, and we're in the process now of getting it framed to be hung in the lobby because they like to see the jerseys on the wall," White said.

For the Mooseheads organization, the partnership has been a no-brainer since day one, and welcoming the many currently serving CAF members into the Scotiabank Centre, while also raising money to help veterans,

is something the team is proud to do every season.

"We love having them here and we want to spread that message of the sacrifice and commitments that the members make for our country," said Brian Urquhart, the Mooseheads' VP of Business Operations.

This year's game is set for 7 p.m. on November 17 against the Saint John Sea Dogs, and the DND-priced tickets can be purchased at any PSP Fitness, Sports and Recreation centre.

LS(ret'd) Keough will be there as always, selling raffle tickets in the skybox and gunning for another year as the top seller. Last season was his first game since releasing from the CAF, but he said he has no plans to stop. He's also begun using the game, and its support for Camp Hill, to explain the importance of honouring service and sacrifice to his 10-year-old son.

"Those veterans at the hospital are some of the people who made it possible for us to even be here today and go enjoy a hockey game. We can't forget that and we need to pass that on to our young people," he said.



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140798



# RCN offers a helping hand to Veith House

By Ryan Melanson,  
Trident Staff

Veith House is a neighbourhood hub that's been providing services and opportunities for residents of North End Halifax for nearly 50 years, but even a staunch community supporter can sometimes use a helping hand.

And that's exactly what Veith House received over October 30-31, as about 60 sailors from units across the Atlantic Fleet volunteered their time to help out at the non-profit in support of this year's NDWCC campaign and the United Way Day of Caring. The group arrived early on the first morning ready to paint, clean a few rooms and help tidy up a messy basement inside the 100-year old building, but the project soon morphed into something more, said Veith House executive director Gail Gardiner.

"People were looking for extra tasks, we went out and bought more paint, and they've just been spotting things to fix and taking it upon themselves. Everyone has been working so hard and some of our rooms are looking like a million bucks."

Floors and hallways were waxed and cleaned to warship standards, walls were patched and plastered, and tree stumps were pulled up outside. Crews even dug up and adjusted a thousand-pound cement block that was obstructing a fire exit behind the building.

The Navy effort on-site was led by MCpl Lisa Ouellette and PO2 Janna Slocum, both members of NRU Asterix, and the group was made up of members from a number of units that were able to spare a few bodies. The sailors quickly realized the extent of the help they could offer at the ag-



LS Jeremy Hodder touches up a doorway at Veith House.

MCPL CHRIS RINGIUS, FIS



The group of RCN volunteers who helped out at Veith House on October 31, along with executive director Gail Gardiner.

MCPL CHRIS RINGIUS, FIS

ing building, and accomplished an impressive amount in two short days, PO2 Slocum said.

"Sometimes you're given tasks where, everyone still helps out, obviously, but it might require a little more encouragement or pushing to get the job done. That definitely wasn't the case at Veith house; everyone's been very enthusiastic."

The idea came about when this year's MARLANT NDWCC co-chairs, HMCS *Harry DeWolf* CO Cdr Corey Gleason and BAdm Officer Cdr Pat Perks, began searching for a way that members who didn't feel capable of making a monetary donation could still contribute to the charity campaign. One of the goals of this year's NDWCC is also to increase knowledge and understanding of the campaign's impact, and the co-chairs felt the

hands-on trip could help illustrate how much an organization or individual can benefit from community support. After speaking with partners at the United Way, *Harry DeWolf* COXN CPO1 Gerry Doucet and Supply Officer Lt(N) Ryan Arnold went for an initial visit at Veith House and identified it as a great place to offer some support and take part in the United Way's Day of Caring initiative.

CPO1 Doucet said organizers canvassed the units of the fleet for available members, and ended up with a strong group representing *Harry DeWolf*, HMCS *Fredericton*, NRU Asterix, MOG 5 and other workplaces.

"It's great to have the numbers, because it allowed us to take on bigger projects and spread that work around among the people we have," said CPO1 Doucet.

Veith House offers a wide variety of services and programs to the local community, including daycare, counselling, coffee and meal programs, computer access, tax help and more, as well as serving as a hub for other groups as part of the North End Community Circle. Some RCN sailors have benefited from these programs in the past, and Gardiner said she was extremely appreciative of those who wanted to give back in return, as well as everyone else who pitched in over the two days.

"We've enjoyed having everyone here. They've been so happy to help and happy to be here and we're grateful for it. It's fantastic."

- With files from Cdr Corey Gleason, CO HMCS *Harry DeWolf*

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for 2017

January 9 – MFRC  
January 23  
February 6 – MFRC  
February 20  
March 6 – MFRC  
March 20 – Posting Season Special Feature  
April 3 – MFRC  
April 17  
May 1 – MFRC, and Battle of the Atlantic Special Feature  
May 15  
May 29 – MFRC  
June 12 – DND Family Days Special Feature  
June 26  
July 10 - MFRC  
July 24  
August 7 - MFRC  
August 21 – Back to School  
September 5 – MFRC  
September 18 – Home Improvement Special Feature  
October 2 – MFRC  
October 16  
October 30 – MFRC – Remembrance Day Special Feature  
November 13 – Holiday Shopping Special Feature  
November 27  
December 11 – MFRC – Year End Review

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Trident is an authorized military publication distributed across Canada and throughout the world every second Monday, and is published with the per- mission of Rear Admiral Craig Baines, Commander, Joint Task Force Atlantic. The Editor reserves the right to edit, condense or reject copy, photographs or advertising to achieve the aims of a service newspaper as defined by the Interim Canadian Forces Newspapers Policy dated April 11, 2005. Deadline for copy and advertising is 10a.m., 11 business days prior to the publication date. Material must be accompanied by the contributor's name, address and phone number. Opinions and advertisements printed in Trident are those of the individual contributor or advertiser and do not necessarily reflect the opinions or endorsements of the DND, the Editor or the Publisher.

Le Trident est une publication militaire autorisée par le contre-amiral Craig Baines, Commandant la force opérationnelle interarmées de l'Atlantique, qui est distribuée partout au Canada et outremar les leundis toutes les quinzaines. Le rédacteur en chef se réserve le droit de modifier, de condenser ou de rejeter les articles, photographies ou annonces publicitaires jugées contraires aux objectifs d'un journal militaire selon la définition donnée à politique temporaire des journaux des forces canadiennes. L'heure de tombée des annonces publicitaires ou des articles est fixée à 1000 le jeudi précédant la semaine de publication. Les textes peuvent être soumis en français ou en anglais; ils doivent indiquer le nom, l'adresse et le numéro de téléphone du collaborateur. Les opinions et les annonces publicitaires imprimées par le Trident sont celles des collaborateurs et agents publicitaires et non nécessairement celles de la rédaction, du MDN our d l'éditeur.

**Annual Subscription (25 issues):**

- NS: \$37.38 (\$32.50 + 15 % HST)
- ON, NB & NFLD: \$36.73 (\$32.50 + 13% HST)
- BC: \$36.40 (\$32.50 + 12% HST)
- Remainder of Canada: \$34.13 (\$32.50 + GST)
- United States: \$45 US
- Abroad: \$65 US

**Courier address:**

2740 Barrington Street,  
Halifax, N.S.  
B3K 5X5

Publication Mail Agreement No.  
40023785

Return undelivered Canadian address to:  
Trident Newspaper Bldg. S-93  
PO Box 99000  
Station Forces, Halifax, NS B3K 5X5  
Return Postage Guaranteed  
ISN 0025-3413

Circulation: Minimum 8,500

Community Calendar

*Reunion and event notices must be submitted by mail, fax or internet.*

*editor@tridentnews.ca include the sender's name and phone number.*

*A notice will not be published if the event is to happen more that one year from publication date. Submissions may be edited.*

615 (Bluenose) Royal Canadian Air Cadet Squadron

**Time: 6:15 – 9:15 p.m.**

**Date: Wednesday each week**

**Location: CFB Halifax**

Flight principles, air navigation, meteorology, first aid, airframes, engines, marksmanship, effective speaking, instructional techniques and leadership are some of the things you will learn as a member of 615 (Bluenose) Squadron. If you are 12 -18 years of age you can join. Air cadet activities are centered on aeronautics and leadership. There are no fees to join and uniforms are provided. Summer training courses from 2-7 weeks in length are available. 615 (Bluenose) Squadron meets Wednesdays from 6:15-9:15 pm at the former CFNES, CFB Halifax.

Note: Due to construction near the main gate, the present entrance to the base is off Barrington Street and onto the base in front of the Wardroom. For more information, go on-line to www.615aircadets.ca or email 615air@cadets.gc.ca.

2632 Halifax West Royal Canadian Army Cadet Corps

**Time: 6:30 - 9 p.m.**

**Date: Monday each week**

**Location: 73 Hobson Lake Drive, Halifax**

We develop in youth the attributes of good citizenship and leadership, we promote physical fitness, and we explore and learn about various customs and traditions. How do we accomplish this? We do this by delivering a dynamic and exciting program like no other in our area. We focus on outdoor and cadet leadership development by offering such activities as canoeing, hiking, biking, abseiling, orienteering, marksmanship, biathlon, sports and so much more. Don't wait any longer to join us. If you're 12-18 years of age, come on out to 73 Hobsons Lake Drive on Monday Nights from 6:30-9pm to participate in a program that will stay with you for the rest of your life. Visit http://halifaxcadets.ca for more information.

**Did Boston save Halifax?**

**Time: 7 p.m.**

**Date: Tuesday, November 21**

**Location: Maritime Museum of the Atlantic**

Through the decades since the Halifax Explosion, Nova Scotians have given praise and thanks to the city of Boston for coming to the aid of Halifax, but that story has overshadowed the amazing work of medical personnel and ordinary citizens, as well as the surrounding communities who sent help as soon as they learned what had happened. Janet Maybee, a retired teacher and research associate at the Maritime Museum of the At-

lantic, and the award-winning author of Aftershock: the Halifax Explosion and the Persecution of Pilot Francis Mackey, will speak on this topic in a free public talk and explore stories of caring and generosity from locals who helped in the aftermath.

Speaker Series: National Chief Perry Bellegarde

**Time: 7 - 8:30 p.m.**

**Date: Wednesday, November 22**

**Location: Mount Allison University Convocation Hall**

Elected as National Chief of the Assembly of First Nations in 2014, Perry Bellegarde has spent his entire adult life putting into practice his strong beliefs in the laws and traditions instilled in him by the many Chiefs and Elders he has known over the years. Passionate about making measurable progress on the issues that matter most to First Nations people, he is a strong advocate for the implementation of Inherent Aboriginal and Treaty Rights. Widely known as a consensus builder with a track record of accomplishment, he works to bring community people, leaders, Chiefs and Elders together to move issues forward. This speaking event is open to the public.

Halifax Explosion Blast Cloud Images

**Time: 7 p.m.**

**Date: Tuesday, December 5**

**Location: Maritime Museum of the Atlantic**

Until recent years, the notion that the iconic photograph of the 1917 Halifax Explosion blast cloud had been taken from a steamer located at the ocean end of the harbour looking inward towards Bedford Basin contin-

ued to pervade the lore surrounding the disaster. Joel Zemel's research into this photograph and others showing the 1917 Halifax Explosion blast cloud has rewritten the book regarding many of the accepted locations of explosion photographers. His free talk will offer some insight into his methodology that serves to underscore the importance of getting the facts straight when it comes to determining the provenance of important archival photographs.

Halifax and Dartmouth Christmas Tree Lightings

**Date: November 25 and December 2**

**Location: Grand Parade Square, Halifax and Sullivan's Pond, Dartmouth**

You're invited to kick off the holiday season with the Christmas tree lighting in downtown Halifax at 6 p.m. on November 25, featuring free family fun, live entertainment, a visit from Santa Claus, and fireworks. The TD Dartmouth Christmas tree lighting will take place the following Saturday, December 2, beginning at 4:30 p.m., and will also feature free Christmas entertainment and fireworks.

Hope and Survival: A Story of the Halifax Explosion

**Time: 10:30 a.m.**

**Date: Friday, December 1**

**Location: Bedford Public Library**

This new children's book was written and illustrated by Laurie Swim to accompany the community art quilt project commemorating the 100th anniversary of the Halifax Explosion. Please join the library in welcoming the author for a special reading and a Q&A.



Honours at Naval Ocean Processing Facility, Whidbey Island

*Cdr Steiro, Trinity CO, presents MS Wood (left) and Lt(N)Pollard with their CDs, and PO2 Melanson with his CD2 whilst visiting the Trinity Detachment of 37 RCN sailors at the Naval Ocean Processing Facility, Whidbey Island on October 13, 2017.*

SUBMITTED



# Hurricane Ophelia keeps HMCS *Montréal*'s Met Tech on her toes

By Lt(N) Linda Coleman,  
MARLANT PAO

Every 8:00 a.m., from Monday to Sunday for the past five weeks, Meteorological Technician (Met Tech) Sgt Shears-Lush is ready to brief her weather forecast to Canadian Fleet Atlantic staff embarked in HMCS *Montréal* for Formidable Shield 17. It's the first brief of the day, and arguably the most important.

"Good morning! Cloudy conditions today with periods of rain, with areas of patchy mist developing this afternoon and persisting into the evening. Winds expected from the south west at 10-15G 20kts. Ambient temperature is 13-14 degrees, with a sea surface temperature of 12-14 degrees. Wave heights are 3-4 meters, on the cusp of 4-5 meters."

Despite it not being the best news, she says it with such positivity that you can't help but smile while listening. "I love forecasting, and being with people on the ship. There aren't a lot of elements I don't like. I love my job."

Meet Sgt Paula Shears-Lush, senior Met Tech on board *Montréal* during Formidable Shield 17. Met Techs observe, forecast and brief weather conditions in support of CAF operations, including in RCN ships at sea.

"I really enjoy doing my job at sea" says Sgt Shears-Lush. "On Wings and Bases, the forecasting is primarily done by civilian meteorologists from Environment Canada, who we work hand in hand with. However, they do the majority of the forecasting and we deliver the briefs and observations to military commanders. At sea, we are it! We get to do our job in forecasting."

Her forecasts and advice are taken seriously by *Montréal*'s command team and are core to operating the CH-148 Cyclone maritime helicopter when embarked.

"Almost every decision concerning the positioning of *Montréal* for navigational and operational purposes has a heavy weighting on the weather. For a ship that can potentially transit over 500 km in a 24 hour period, having a reliable understanding of weather over an entire operating region is essential," said Cdr Chris Sherban, Commanding Officer of *Montréal*.

Anyone who has access to weather sites can grab the weather, but only a trained Met Tech is able to take all the information available, including that produced locally onboard,



Sgt Paula Shears-Lush, Meteorological Technician of HMCS *Montréal* forecasts the weather in the area of operation while deployed on Neptune Trident 17-2 on October 13, 2017.

create the forecast and apply it to each specific mission. In this case, the mission is Formidable Shield 17, a US-led, joint NATO live fire Integrated Air Missile Defence (IAMD) exercise that would see *Montréal* fire Evolved Sea Sparrow (ESSM) missiles, exercising its Air Defence capabilities.

"Weather forecasts play an important role in assessing how a potential adversary will operate based on their capabilities, proficiency, and ability to manage risk, so having access to the experience of seasoned forecasters, such as Sgt Shears-Lush, often contributes to tactical decision-making that is directly linked to maintaining our own tactical advantage," said Capt(N) Jeff Hamilton, Commander Maritime Operations Group 5, embarked in HMCS *Montréal* for Formidable Shield.

"There are nearly a dozen weather factors that influence whether it's safe or not to conduct missile and target launches on a range," added LCdr Kevin Hastey, Senior Plans and Readiness Officer Canadian Fleet Atlantic, also embarked in *Montréal* for Formidable Shield. "Therefore we pay close attention to the forecast leading up to firing day, so that the environmental conditions don't affect the target presentations that we are trying to achieve for the ships."

In this case, the range referred to

by LCdr Hastey is the UK Ministry of Defense's Hebrides Range based on the Western Isles of Scotland. With the exercise taking place in the North Atlantic in the fall, severe weather is not uncommon here and Sgt Shears-Lush's briefs are never dull. However, what is unique about her briefs lately are the non-stop hurricane updates during one of the busiest hurricane seasons the Atlantic has seen in years. Sgt Shears-Lush is now actively tracking Ophelia, the 15th named storm of the season. Ophelia travelled across the

Atlantic Ocean with winds of up to 100mph as it approached the UK and Ireland, the area in which Formidable Shield 17 took place.

"The system will no doubt bring in some heavy seas which will affect our movements," said Sgt Shears-Lush. As a 12-year veteran in the CAF, she's relatively new to sailing, having spent less than a year at sea so far. Regardless, she understands very well how sea states and weather not only affect operations, but the crew as well.

"Bad weather at sea is hard on the crew," says Sgt Shears-Lush. "If we're in a bad sea state and people get sea sick, they're not going to be able to do their job, and morale just drops."

Sgt Shears-Lush continued to track Hurricane Ophelia hourly as the remnants of the hurricane approached just in time for the conclusion of Formidable Shield. Weather had already delayed certain aspects of the exercise, including *Montréal*'s second live fire missile launch. However, planners were still

hopeful the remaining events would be executed in the exercise window. Sgt Shears-Lush still had a lot of work ahead of her as Ophelia continued to head in HMCS *Montréal*'s direction.

Formidable Shield 17 ran from September 24 to October 18 with the purpose of improving allied interoperability in a live-fire IAMD environment, utilizing NATO command and control reporting structures. Formidable Shield 17 is the first event in a planned recurring biennial exercise.

LS DAN BARD, FIS

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MS Rebecca Charlesworth is the MARLANT Formation Master Seaman and President of the Mess Committee for Fleet Club Atlantic.

CPL MICHAEL BASTIEN, MARPAC IMAGING

# Formation Master Seaman proud to be a voice for the junior ranks

By Ryan Melanson,  
Trident Staff

Through her 15 years as both a Reserve and Regular Force sailor in the RCN, MS Rebecca Charlesworth has seen and done a lot.

She has deployed to Afghanistan, sailed on the West Coast, and even stood sentry at the Tomb of the Unknown Soldier in Ottawa. Now, she's using those experiences to help lead and represent the junior ranks members across the formation.

MS Charlesworth took over the Formation Master Seaman/Fleet Club Atlantic PMC position in July of this year, and has since settled into the busy and demanding new job.

"It's a very interesting role to be in, and I saw it as an opportunity to help the junior ranks and be a voice for them," she said.

"This means there's a lot of liaising with different people. I'm often talking to members of the senior ranks on behalf of the junior ranks, so that also requires me to talk to those junior members, check in on what's going on, and find out if there are any new issues or ideas or good or bad feedback that I should be passing along."

She's been working to develop stronger relationships with both her junior rank peers and MARLANT's senior chiefs, who she credited for making her job easier and for always putting a high priority on the RCN's junior members, who can sometimes be tuned in to issues or new ideas on the ground that are far removed from senior leadership.

"The senior chiefs in MARLANT are amazing. They listen, they're keen to find out what I've heard and the research I've done, and it's clear that they really care about the junior ranks," MS Charlesworth said.

Of course, the Fleet Club itself presents a whole other aspect of the position. The PMC's office sits right across the hall from the new Slackers Pub, and she's responsible for keeping up to date with what members enjoy about the facility, what could be made better, and what kind of events and entertainment people want to see. With the new location, and the Fleet Club now right downstairs from the live-in members at Tribute Tower, things have been going great since the move earlier this year, she said.

"It's my job now to help the Fleet Club keep flourishing, along with our executive committee and volunteers."

MS Charlesworth grew up in British Columbia, and first became interested in a naval career while sailing with her mother and occasionally seeing training vessels and cadets out on the water. Soon after joining the RCN, however, she developed an affection for the East Coast, and was also drawn to the idea of one day deploying on a humanitarian relief mission, for which ships normally sail from Halifax. It took a little longer than she hoped, but now that she's in Halifax, she's proud to be in her current role, and ready to make the most of her new home port.

"Sailing out east is what I've been wanting to do for years, so I'm very happy to be here," MS Charlesworth said.

## Wounded Warriors Canada introduces training program for PTSD, trauma

By Peter Mallett,  
The Lookout Staff

A ground-breaking support program for soldiers, veterans and first responders suffering from Post-Traumatic Stress Disorder (PTSD) and other forms of trauma has launched in Victoria.

With the new B.C. Afghanistan Memorial at Pioneer Square as a backdrop, Wounded Warriors Canada announced the introduction of its Trauma Resiliency Program (TRP).

The October 12 announcement came a day prior to the kick-off of the group-based training program in Sooke, the opening phase of an intensive eight-day trauma-resilient skills development training program.

Developed by Dr. Tim Black, Associate Professor of Counselling Psychology at the University of Victoria, the program is being administered by the non-profit charity.

The program is designed for people who have been diagnosed with trauma-related injuries.

Scott Maxwell, Executive Director of Wounded Warriors Canada, says all 60 spots for the roll-out at four separate trial sites were taken within a few days of the program's introduction.

"This is a completely new and first-of-its kind program," said Maxwell. "The demand in the country for TRP is significant, and with our launch complete we now need to focus our efforts on making the program available to anyone who needs it."

The initial phase of the TRP, called Regulation for Recovery Training, is a three-day course on the nature of trauma-related injuries. The opening phase is designed to educate attendees on the delivery models of the program.

The second and final phase of the course, Advanced Recovery Training, requires five consecutive days of intensive study with groups of approximately six people. At this phase they will develop skills, tools and resources needed in their recovery.

"The program is trying to teach people resiliency through their injury and learn the skills and tools to manage it," says Maxwell. "There are all sorts of recovery tools available, but the goal is to equip each individual with the right tools so they come out of the process more resilient than before starting TRP"

Cpl (ret'd) Jason Campbell of Chilliwack, B.C. took part in the opening phase of the program. He was a member of the Princess Patricia's Canadian Light Infantry's First

Battalion for over 14 years and did a tour of Kosovo in 1999. He didn't realize he suffered from PTSD until after his medical release from the military in 2011.

Campbell has already participated in three separate Wounded Warriors Battlefield Bike Rides, a cycling-oriented treatment program for military, veterans and first responders that takes them to some of Europe's most famous battle sites. He noticed during this summer's Battlefield Bike Ride in France that one of his PTSD symptoms – an overwhelming desire to be isolated – was getting worse.

"Taking part in the opening phase [of TRP] was very helpful to me, and I'm excited to see what will happen in the second phase of the program. I truly believe this program is going to change things and will get other trauma sufferers lucky enough to get a spot in this program the help they need."

The concept for TRP was developed eight months ago by Wounded Warriors Canada. Dr. Black, who researches and lectures in the field of PTSD and military-civilian transition training, agreed to volunteer his services. He is being assisted by Alex Stirling, a clinical advisor who specializes in group and individual approaches to treating trauma. The University of Victoria Counselling Psychology graduate had previously worked with Dr. Black after he had co-founded Wounded Warriors' Program COPE (Couples Overcoming PTSD Everyday).

Black says living and recovering from PTSD requires a "tremendous amount of resiliency" and believes effective education, skills training and strategic use of responses can be a huge aid in the healing process. He hopeful the latest effort will help to continue the ongoing effort to extinguish the stigma surrounding trauma-related injuries, and further normalize understanding and acceptance.

"We want to change the culture around PTSD in our society, particularly with veterans and first responders who are exposed to traumatic events on a regular basis," said Dr. Black. "We are shifting away from the illness models and helping people understand that the blood, sweat and tears required for recovering from PTSD is something that people can be proud of and even share within their communities. In an era of violence and ever-increasing trauma, recovery becomes an act of courage, resistance and resilience."

For more information about TRP visit the Wounded Warriors Canada <https://woundedwarriors.ca/how-we-help/trauma-resiliency/>



# Energy Awareness Week 2017

**By Theodore Street,**  
Co-op Student, MARLANT Safety and Environment

Energy drives everything we do. We burn fossil fuels and other natural resources to produce electricity, which provides energy for our lights, heat and computers. We use gasoline products to provide energy for our cars, planes and ships. In short, energy is at the heart of everything we do. Canada is a great country, and we are fortunate to have natural resources that provide for our energy needs; however, our over-utilization of these resources has consequences. Not only are we running out of the resources we depend on, but by burning fuels and releasing harmful contaminants into our environment, we are contributing to global climate change. We can each do more to reduce the amount of energy we use.

There are many reasons for us to want to reduce our energy consumption. First and foremost, we will decrease the strain on our planet and its fragile ecosystems. We will create and leave a sustainable future for our children. As we have also seen in the past years, the price of fuel can fluctuate wildly, and so reducing our dependence on fossil fuel will also help us save money. Reducing our energy usage just makes sense.

MARLANT's Energy Awareness Week (EAW) aims to educate personnel on the ways we can each save energy at home, at work and anywhere we go. With a theme of "Save Energy – it makes \$ense", we are proud to help you find ways to save.

An Energy Awareness information booth will be set up at various locations throughout MARLANT. Stop by and chat with personnel from MARLANT Safety and Environment to learn more about energy awareness.

Onsite Information Booth Schedule – Energy Awareness Week 2017  
Tuesday, November 14, D-200;  
Wednesday, November 15, S-37,  
Main Sail Café; Thursday, November 16 – WL-57; and Friday, November 17, SH-343.

Each of us can do something to reduce our energy consumption and improve energy efficiency. Even if it is a minor change, it still makes a difference, and together our small actions can add up to great things. Stop by our display booth during EAW to learn about how you can help save the planet - and save your wallet.

# CAF and Veterans Affairs Canada unveil new Suicide Prevention Strategy

**By DND**  
A joint suicide prevention strategy that seeks to understand, address and mitigate risks of suicide across the entire military and veteran community has been launched.  
Developed in partnership with mental health experts, this joint strategy represents a new, holistic, pan-CAF and Veterans Affairs Canada (VAC) approach to suicide prevention. It combines efforts in education, communications, health care and support initiatives to better manage risk factors and stress. The ultimate goal of this effort is a community of resilient and productive CAF members, veterans, and families supported by robust initiatives

and programs that promote well-being and prevent self-harm and suicide.  
While the CAF and VAC have a network of programs currently in place designed to identify and get help for members and veterans in distress, the joint strategy identifies more than 160 action items between the two departments to ensure members and Veterans get the services they need.  
There is not one single cause of suicide, nor one single program that can address and eliminate the risk of suicide. While it is impossible to prevent every suicide, meaningful action can, and must, be taken to reduce the risks and build protective factors, support, and resilience.

### VAC INVESTMENT IN SUICIDE PREVENTION

-VAC is making four-year investments of \$4 million in a new Veteran Emergency Fund to assist Veterans in urgent and unique situations, and \$13.9 million in a new Veteran and Family Well-Being Fund that will promote innovative research and services.

-VAC is investing \$17.5 million over four years, and then \$9.2 million per year ongoing, starting in April 2018, to establish a Centre of Excellence on post-traumatic stress disorder (PTSD) and related mental health conditions.

# Childhood reminiscence of Remembrance Day

**By Capt Inienwe Innocent,**  
CFB Halifax Chaplain

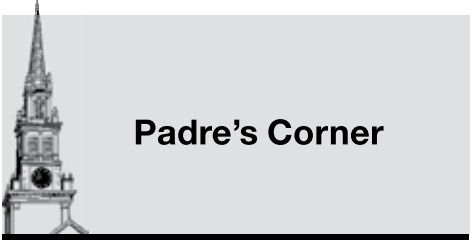
On the 11th day of the 11th month, and the 11th hour, Canada comes together at cenotaphs and memorials to remember the ultimate sacrifices of more than one and half million Canadians; soldiers, sailors, aircrew and merchant seamen. On that day, we pause in a solemn, silent reflection to acknowledge with grateful thanks those who paid the ultimate price that today has brought us relative peace, freedom and security.

As a young child growing up in my little village in Africa, I always look forward to remembrance day ceremony which we often refer to as "Old Soldier or Ex-Service Men Day". I look forward to it not because of what the celebration symbolized but more because that is the only one day in a year when I see ex-soldiers from my village in their ceremonial dress march through the village to the elementary school parade ground to perform their parade while we clapped and applauded them.

After the parade one of the old soldiers, Major Adisenyen, I remember, would visit the school to tell us stories of the Great War and all the countries he had visited while serving in the Queen's British Army. Nigeria at that time was a colony of Britain. One thing that was fascinating about this Major was his command of English which our teacher told us was Queen's English. He spoke English with British accent. For me, he was the most intelligent and smartest person in my village at that time. I admired him so much and wished that someday I would serve in the Queen's Army and perhaps also speak the Queen's English too.

It was a childhood wish that today has become a reality. A reality in the sense that today, I am very proud to serve in the Royal Canadian Chaplain Service and to wear the CAF uniform.

I am very proud to be serving the brave men and women who wear the CAF uniform and swear to protect Canada, and to stand up for Canada, to face dangers at home, as well as around the world so that we and our children can feel safe.  
Describing the events of the First World War, Major General Michael Jeffery, Governor-General of Australia said, "World War 1 began with a great fanfare, with long columns of soldiers going off to the front wearing dress uniforms with flowers protruding from the muzzle of their rifles. Many expected it to be over quickly with heroes returning home, laden with shiny new medals pinned to their chest. Unfortunately, things did not turn out that way. The war lasted four years and millions of combatants and non-combatants died. Men lived in rat-infested subterranean holes along hundreds of miles of muddy trenches and fought vicious hand to hand battles that contained little glory but inflicted unbelievable death, pain and destruction."  
War is an awful and terrible experience. In that Great War, the proud towers of competing empires came crashing down in mutual destruction. It changed the course of the world forever for not only was the maps of Europe redrawn, the class-based certitudes of the Victorian era shattered



by the emancipation of women into the workforce and the reorganization of military and political command.  
This year as we commemorate the bravery and gallantry of those brave Canadian men and women, their service, their sacrifice made to preserve that which as a country we hold to be good and true today, let us think about the lessons learned.  
We learned that wars do not end wars; we learn to honour those who fell or who returned bringing with them tears of the soul that would not heal; we learn to put much sweat and grit and courage into building justice and peace – because war, while occasionally unavoidable, too often represent failure to solve problems by intelligent means.  
As we commemorate in peace and safety, we remember those who have served us and sacrificed for us, we remember those who are serving at home and abroad today and say thank you. For "WE WILL ALWAYS REMEMBER THEM."

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# HMCS *Kootenay* survivors gather 48 years after tragic explosion

By Ryan Melanson,  
Trident Staff

Former crewmembers of HMCS *Kootenay*, along with family, friends and RCN personnel, gathered at DCTF Kootenay on October 23, marking 48 years to the day since the tragic explosion on the ship that killed nine sailors and wounded many more.

It was just after 8 a.m. on October 23, 1968, and *Kootenay* was traversing the English Channel with her task group on the way back to Canada, when a full-speed engine trial led to the starboard gearbox overheating and exploding, filling the engine room and beyond with fire, oil and toxic smoke. In addition to the nine who perished, seven instantly and two more as a result of smoke inhalation soon after, 53 crewmembers were injured, many developing lifelong chronic issues.

The explosion is considered the worst peacetime disaster in RCN history, and the story is well known both for the extraordinary efforts and sacrifices of the crew, as well as for the myriad advancements in safety and damage control that were spawned in its aftermath.

For the surviving crew, however, many of whom attended the ceremony in Purcell's Cove, the weight of the tragedy is still felt, and some still have difficulty talking about the traumatic events that took place on the ship.

Patty Robichaud said her father Rob Robichaud, who died in 2014, never spoke about the events on board *Kootenay* when she was growing up. He didn't open up to his family about his role in the disaster until much later in life, when his young granddaughter approached him for help with a school history project. It led an emotional discovery of her father's harrowing story, she said, and a better understanding of things like the strict upbringing she and her siblings had as children.

"As I now realize, he did not want us to ever be put in a situation like the one he survived. He had seen the worst, and he was willing to do anything he could to protect us from harm and hurt in our lives," she wrote in an address prepared for the ceremony. Mrs. Robichaud wasn't able to attend due to medical reasons, and her words were read by Cyril Johnston, who like her father was a Sub-Lieutenant in *Kootenay* in 1968. The two were together with other officers Clark Reiffenstein and John Montague when the gearbox blew, and all of them courageously ventured back into the black smoke after escaping to safety to look for



The surviving crew members of HMCS *Kootenay* pose for a group photo during the Commemorative Ceremony held at Damage Control Training Facility Kootenay on October 23.

LS TRENT GALBRAITH, FIS

other shipmates.

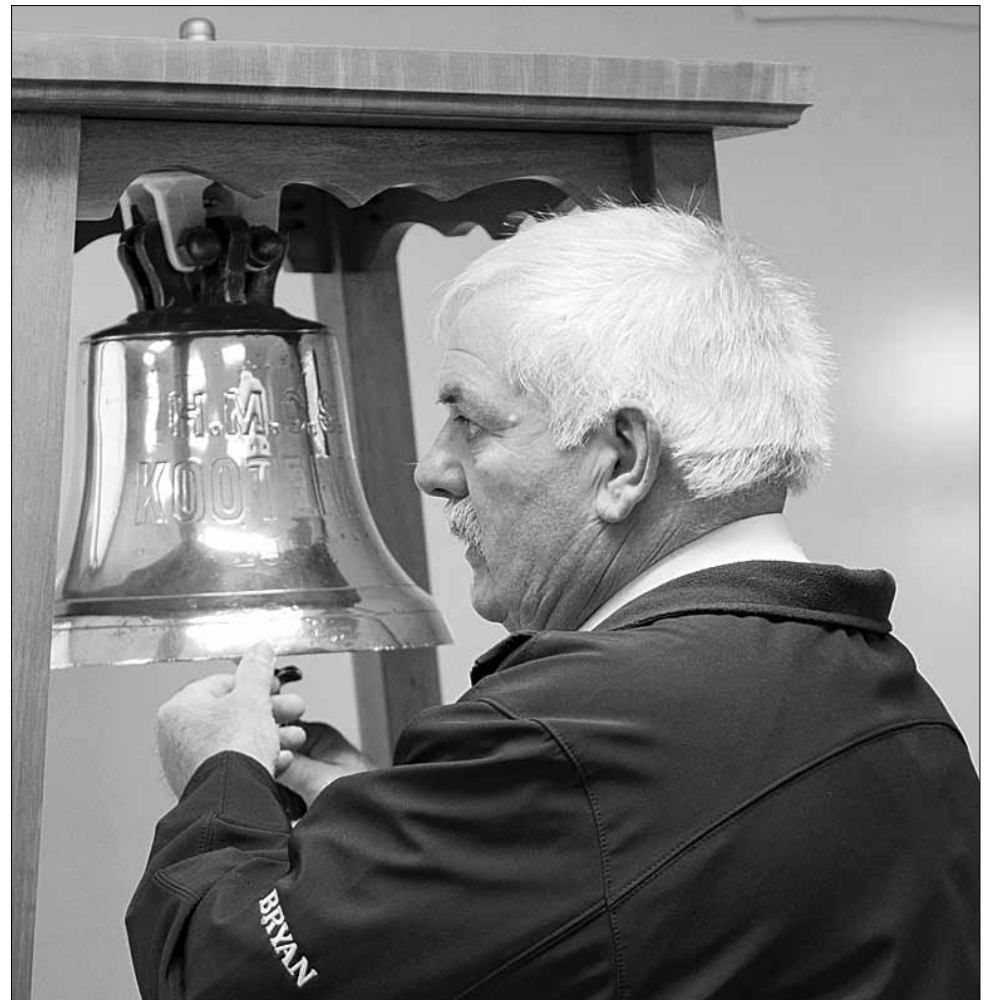
The trauma of the incident has caused some of the crew to suffer through the effects of PTSD, and while some now receive therapy and other forms of support, the impacts weren't widely understood in the 70s and 80s.

"At 19 years old, my father had to endure a pain and suffering that most of society hopefully never has to endure," she wrote.

Capt(N) Paul Forget, Base Commander CFB Halifax, said the officers and NCMs who serve today have all been shaped by the damage control instructions that were formed from lessons learned in the *Kootenay* explosion, and that sailors should feel a direct link between their training and the experiences of the former sailors who filled the room at the damage control facility on October 23.

"We're all mesmerized by the stories of tragedy below decks, and the ingenuity and courage that was required to minimize loss of life and save the ship," Capt(N) Forget said.

Cdr Pete Lebel, the Commandant of Naval Fleet School Atlantic, which includes DCTF Kootenay, said the 1968 explosion led to better training, more thorough inspection schedules, and more firefighting equipment on board ships, which is housed in multiple strategic locations. Ship designs have also been modified to better plan for similar incidents, including the engine-room escape hatch on some ships, known as the "Kootenay Hatch". The lessons learned from *Kootenay* likely contributed to less disastrous outcomes from the major fire in HMCS *Chicoutimi* in 2004, where Lt(N) Chris Saunders lost his life, and the engine fire in HMCS *Protecteur* in 2014.



Bryan Hughes rings the bell signifying "roll call" honouring deceased members of the ship's company of HMCS *Kootenay*.

LS TRENT GALBRAITH, FIS

"You can rest assured that we've learned from *Kootenay* and we continue to learn from it, and we're making our environments better and safer as we move forward," Cdr Lebel said.

Members of HMCS *Kootenay* lost on October 23, 1969:

CPO1 Vaino 'Ski' Partanen

CPO2 William Alfred 'Billy' Boudreau

PO Eric George Harman

PO Lewis John Stringer

LS Pierre 'Pete' Bourrett

LS Thomas Gordon Crabbe

LS Gary Wayne Hutton

OS Michael Allen Hardy

OS Nelson Murray Galloway

# Fall Harvest Festival puts focus on fresh food, healthy lifestyles

By Ryan Melanson,  
Trident Staff

CFB Halifax's first Fall Harvest Festival was held on October 20 at Tribute Tower, featuring local farmers and gardeners, fresh food, educational presentations and live demos. The event was spearheaded by the Nutritional Wellness Working Group as part of the MARLANT Health and Wellness Strategy.

"One of the things we've talked about in recent years is trying to engage people in local food and fresh food," said Kathleen Bayliss-Byrne, Base Dietician and co-chair of the working group. They've mainly done that by partnering up with other base groups or events, and decided to organize the Fall Harvest Festival as their first signature event.

"Last year is when we really made a commitment to do it and started working toward what we have today,"



Vendors and displays around the room in the Fleet Club were available to military and civilian Base personnel who stopped in to the Fall Harvest Festival on October 20.

RYAN MELANSON, TRIDENT STAFF

Bayliss-Byrne said.

The room was turned into a mini farmers market of vendors and exhibitors, with plants, herbs, fresh

produce and other products on offer, and samples of fall soups available to try, along with fruit-infused water to drink.

more sustainable lifestyles.

"We're having a good day and meeting a lot of people who are interested in making healthy choices."

And as attendees checked out the vendors, displays and snacks, presentations on the main stage covered topics like indoor herb and vegetable growing with the Atlantic Canada Master Gardener's Associations, the benefits of honey bees with the Halifax Honey Bee Society, and the many uses for flax with Howard Selig of Valley Flaxflour, who also did a live cooking demonstration with some of his products.

Selig, whose flax pancake and cookie mix took Taste of Nova Scotia's Product of the Year award in 2016, said he takes every opportunity to spread the word about his line of gluten-free products, and that it was encouraging to see the CAF making a push toward healthier and

## Employee Assistance Program celebrates 35th anniversary

By Virginia Beaton,  
Trident Staff

DND's Employee Assistance Program (EAP) celebrates its 35th anniversary this year.

On Friday, October 20, the MARLANT EAP held its annual Supervisor Appreciation Luncheon, an event that acknowledges and thanks managers and supervisors of EAP Referral Agents (RAs) for supporting the RAs in their volunteer work with peers who request their help through the EAP.

Capt(N) Paul Forget, CFB Halifax Base Commander, thanked everyone who attended the luncheon, which was held on the Bridge in Juno Tower. He praised the EAP and in particular the RAs, saying, "The work you do is nothing short of amazing."

Holly Scothorn, Regional EAP Coordinator, noted that it was an honour for her to be there today and to celebrate the 35-year milestone of the EAP's Peer Referral Services. In a brief overview of the program's history, Scothorn stated "April 1st, 1982 marked the national launch of DND's EAP and the beginning of

many successes. At that time, DND decided to adopt a peer referral model as the core of the EAP. The program was developed by management and unions and is still jointly supported by both, who have a vested interest in its success since it is contributing to a healthy and respectful workplace by taking care of our people. In 2012 the addition of external services provided by Health Canada EAS, was a huge benefit to our program providing defence staff with 24-hour support and access to a variety of vital resources."

Scothorn thanked the military and civilian managers, supervisors and commanding officers of RAs, and made special mention of the support from the various labour unions in the Formation. "We have a well-established, jointly supported program. I gratefully acknowledge the commitment to working together in the pursuit of wellness for the defence staff as a whole."

She concluded by thanking the RAs, describing them as "deeply committed to the wellbeing of their colleagues and volunteer to perform the tasks of a Referral Agent in addition

to their job/ position within DND. Each and every Referral Agent brings something special to the table. Without your dedication, Peer Referral Services would not exist."

Jerry Ryan, president of the Federal Government Dockyard Trades and Labour Council (East) and mental health co-champion, praised the work done by the EAP and the RAs, particularly with regard to awareness of the importance of mental health wellness.

Management and labour both signed the local declaration, indicating their ongoing support for EAP.

Certificates, plaques and pins were awarded to RAs for their achievements, and Scothorn noted that several retired RAs, as well as former longtime EAP manager Trish Jacobs, were present.

The unions supporting the EAP include the Federal Government Dockyard Trades and Labour Council (East); Professional Institute of Public Service of Canada; International Brotherhood of Electrical Workers; Federal Government Dockyard Chargehands Association; and the Nova Scotia Union of Defence Employees.

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- Gospel according to John

140790

# RCN veteran plotting new course as filmmaker

By Peter Mallett,  
The Lookout Staff

A 13-year veteran of the Royal Canadian Navy has made an unconventional transition to the civilian work force, trading in the screens of a Naval Electronics Sensor Operator for a film director's chair.

With his first film selected for screening in the upcoming New West Film Festival in Vancouver, it seems LS (ret'd) Mike Stevens' new career is a bright one.

When it became clear in 2016 that his career in the navy was coming to an end for medical reasons, he had the option of returning to work in security or pursuing his decade-long desire to become a filmmaker. His wife Shannon encouraged him to follow his passion.

So Stevens began attending the film program at Victoria's Pacific Design Academy in September 2016 under the Department of National Defence Vocational Rehabilitation Program.

Less than a year later, as part of his course requirements, he had produced the film *Dee*, an eight-minute suspense/thriller. To have it included in a festival is an affirming experience, he says.

"For me to be part of the film festival is a huge shot in the arm just when I needed it the most," says Stevens. "What it means to me is vindication and validation for the film, but also for the decision that I made to set out onto the new and unfamiliar path of filmmaking."

Stevens' military career included working aboard warships as an Electronic Warfare and Above-Water Warfare specialist for six years before spending the last six at Regional Joint Operations Centre as a Watch Supervisor. He says the 12-hour shifts sitting in dark rooms in front of computer screens coupled with health problems eventually spelled an end to his days in the navy.

Choosing the uncertainty of a completely new career over the guarantee of a regular paycheck in familiar work was a risk, but it's one he's glad he took.

"When I left the navy, I really didn't know if I was going to make it as a filmmaker," says Stevens. "The movie had a shoestring budget, so being selected for the film festival has helped me conquer my fears of the unknown and just validated everything for me."

After getting an A on the project, Stevens searched online for film festival opportunities. He spent hundreds of dollars applying to have his film screened at nine different independent film festivals across North America.

In mid-September, he learned that his film had been chosen for the New

West Film Festival.

"When I received the e-mail informing me *Dee* had been selected, it took me about five seconds to realize what was happening," he said. "I just started shouting excitement before my wife came running into the room and then we both started jumping up and down and celebrating."

Inspiration for the film came largely from Stevens' life-long interest in paranormal activity investigation and his love for classic science fiction. It's the latter that he jokes enables him to aptly describe himself as an official dyed-in-the-wool-for-life *Star Trek* nerd.

He has always been a storyteller and loves writing, he says. About 10 years ago he published his first short story on Amazon to favourable reviews. In 2014, he began to self-publish a series of books titled, *Case Files of the New York Paranormal Investigation*, which now has four volumes.

Stevens says *Dee* incorporates much of his writing and investigation work. It's the story of vengeance against a serial killer, played by local actor Alex Judd. The lead character believes he is too smart to be caught, but that changes when *Dee*, a mysterious young apparition from the spirit world, played by 11-year-old actress Vanessa Przada, knocks on his door in the middle of the night.

"*Dee* is literally the daughter of death, the angel of vengeance, and comes around to pay the murderer a sobering visit," says Stevens.

The film was shot in two locations: a residential home in Victoria and the bathroom of the design academy during two separate six-hour filming sessions in May.

The film cost approximately \$1,400 to make. Stevens kept the expenses low by borrowing equipment and asking fellow students to serve as the film crew. A local sound expert agreed to work on the film free of charge.

Stevens attributes his experiences in the military with helping him succeed while learning the ins and outs of directing.

"The military teaches you a lot of discipline and skills like organization, which all come into play when making a film," he says. "In the military you need to be elastic and react to situations and problems effectively and efficiently and this also applies to when situations go wrong on a movie set. It [the set] operates much like a warship in that you need to learn to work together to get the job done no matter what obstacles are in your way."

Stevens hopes the early positive results in his journey will serve as inspiration to others moving on from military life.

"It is a well-documented fact that

military people always have a hard time with adjusting to life in the civilian world," he says. "I would suggest the key to beating this is to find something you love doing. You have a chance to change your life; you have served queen and country, but now it's time to serve yourself."

The New West Film Festival will be

showcasing *Dee* alongside a collection of other short films on October 20 at Landmark Cinemas 10 in New Westminster from 9:30 to 11 p.m.

Stevens says after this year's film festivals wrap up he is planning to make *Dee* available on YouTube and other online sources.



## Harpoon missile shoot on Halloween

*HMCS Montréal launches a Harpoon missile on Tuesday, October 31, 2017 while deployed on JOLTEx 17*

# Naval Training Development Centre (A) sails the synthetic seas

By Lt(N) Adam Drover,  
NTDC(A)

The RCN is no stranger to simulation and synthetic training. During the Second World War one of the World's first synthetic ships, the Night Escort Teacher (NET), was constructed in Halifax and St. John's and operated by the Women's Royal Canadian Naval Service. It provided the combat teams of RCN escorts the training and practice they needed to help turn the tide of the Battle of the Atlantic. In the 1960's, the Operations Team Trainer (OTT) in Halifax and Esquimalt introduced mainframe-computers to coordinate and enhance training for combat teams of the RCN's Cold War combatants. Distributed Integrated Simulation and High-Level Architecture technology have made it possible for the simulators and trainers used by the RCN, the RCAF, and allied partners to operate in the same synthetic environment, exchanging data to become the ultimate multiplayer video game. With the Canadian Advanced Synthetic Environment project, the RCAF and RCN have proven interoperability of mission simulators and synthetic trainers since it began nearly a decade ago.

The next milestone, Exercise Virtual 17 (EV17), aims to prove the Distributed Mission Training (DMT) capabilities of the modernized combat systems simulators of the Halifax Class, Victoria Class, and computer generated forces from both the RCN and RCAF Distributed Mission Operations Centers (DMOC).

The Naval Training Development Center Atlantic (NTDC(A)), the RCN's center of excellence for combat and deck operations training, will be supporting EV17 and exploiting the opportunity to develop the future of RCN Individual and Collective Training. EV17 will see the Combat team of one of Her Majesty's Canadian Ships take on the Combat team of a Victoria Class Submarine, Fighter Pilots, an Underwater Warfare Director course, and a myriad of com-



RAF personnel participating in CVF 17-4. Four nations with 14 sites participated in CVF 17-4, including NTDC(A) personnel out of the RCN DMOC.

USAF 705 COMBAT TRAINING SQUADRON

puter generated forces controlled and coordinated by a team of NTDC(A) personnel.

This won't be the first time NTDC(A), via the RCN DMOC, has slipped and proceeded to sea. Multiple events and trials have been supported with operators and expertise to prove concepts and technical solutions, including Exercise Coalition Virtual Flag 17-4 (CVF17-4). CVF 17-4, a US Air Force (USAF) DMT exercise which brought together the simulation capabilities of the USAF, Royal Air Force, Royal Australian Air Force, RCAF, and RCN to conduct a large force composite exercise in a

synthetic battlespace. NTDC(A) fulfilled the role of a Naval Task Group conducting Anti-Submarine Warfare with support from the various air forces.

Working closely with the Director Naval Requirements and other DMT organizations, surrounded by the same walls that the NET and OTT were, NTDC(A) continues to rapidly evolve the RCN system of training, in order to generate the adaptive and agile warriors required to defend the global system at sea, and from the sea, both at home and abroad. DESTRUAM SIMUL.



In the proposed identifier for NTDC(A), a Viking longboat sails out of a red sunrise, signifying the dawn of a modernized Naval Training System. The image also adorns the stonework of many of the buildings in Stadacona, including the Murray and Carroll buildings which house NTDC(A).

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# HALIFAX EXPLOSION

## CENTENARY

## Naval heroes of the Halifax Explosion

By Col (ret'd) John Boileau  
By permission, Canadian Naval Memorial Trust/HMCS Sackville

Many city residents blamed the fledgling RCN for the Halifax Explosion of Dec. 6, 1917, believing it had failed to adequately control shipping in the harbour. Yet, at the individual level, several sailors — Canadian and British — performed acts of heroism immediately before and after the devastating explosion.

HMCS *Niobe* was permanently moored in the Dockyard about 640 metres away from Pier 6 — where the abandoned and burning French munitions ship *Mont-Blanc* drifted after her collision with the Belgian relief vessel *Imo* in the Narrows at 8:45 that morning. *Niobe* was the first ship to raise the alarm after collision. First officer LCdr Allan Baddeley sent *Niobe*'s steam pinnacle with six volunteers — Stoker PO Edward Beard and five seamen — un-

der Acting Bosun Albert Mattison, to see if they could help the stricken vessel.

Aboard the protected cruiser HMS *Highflyer* anchored in mid-stream, Captain Herbert Garnett saw the fire from the bridge of his ship. Although unaware of the burning ship's cargo, he inherently knew the situation could quickly become extremely dangerous. He sent Acting Cdr Tom Triggs and Lt James Ruffles — both volunteers — in *Highflyer*'s whaler to see if anything could be done to assist.

There were five sailors in the whaler with Triggs and Ruffles. They pulled with a will toward *Mont-Blanc*, at the time drifting helplessly about 1,200 metres away.

By the time the whaler got near *Mont-Blanc*, now engulfed in 30-metre-high flames, the ship had grounded onto the harbour bottom on south side of Pier 6. Only the forward part of the vessel touched the pier, leaving a gap

between the stern and the wharf.

The RCN-contracted tug *Stella Maris* was already there and had tried to squeeze into the space between the stern and pier, but backed off due to the intensity of the fire. Captain Horatio Brannen and his crew valiantly — and vainly — played their small, single hose on the roaring flames from what Brannen's son estimated was 45 metres away.

It proved useless.

Then the tide came in and forced *Mont-Blanc*'s stern against the pier as well. Even then, a considerable length of the ship projected beyond the end of the pier, maybe "a quarter of the ship," according to *Stella Maris*'s Second Mate William Nickerson.

As *Stella Maris* reversed, Triggs came alongside in *Highflyer*'s whaler and boarded the tug to confer with Brannen for about "four or five minutes." What they said to each other is unknown, but in the end,

they must have decided that nothing could be done to fight the fire, as the next action saw *Stella Maris* tow the whaler — backwards — about halfway to *Imo*, likely so Triggs could assess the damage to that ship.

When *Stella Maris* was on her way back to *Mont-Blanc*, *Niobe*'s steam pinnacle came out from Pier 6 and hailed the tug. Mattison had already sent two of his sailors aboard *Mont-Blanc*. Due to the scorching heat emanating from the burning vessel's metal hull, they had climbed slowly up the port ladder — left dangling when *Mont-Blanc*'s crew abandoned their ship — to avoid touching the hot steel.

As Brannen and Mattison conferred, the *Niobe* sailor suggested the best they could hope to do would be to pull *Mont-Blanc*'s stern away from the pier. That way, the fire department could handle the now-burning pier, while other ships with proper fire-fighting equipment could deal with

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# HALIFAX EXPLOSION

## CENTENARY



Photograph of Halifax looking south after the blast, showing ships in the harbour and destruction on the shore.

the burning vessel. Mattison's two sailors already aboard *Mont-Blanc* would be able to secure the hawser to her stern so *Stella Maris* could pull her away from the pier.

Brannen agreed, but after the five-inch cable was passed up, the two seamen decided it would not be strong enough to do the job; they needed the heavier 10-inch one. Brannen sent Nickerson below to get the thicker cable.

Minutes after the fire started on *Mont-Blanc*, Captain Fred Pasco, temporary Captain Superintendent of the Dockyard in the absence of Captain Edward Martin, was called at Martin's home in the Dockyard, where he was living temporarily, and informed of the blaze. He immediately tried to telephone Lt James Murray, the Sea Transport Officer, but instead made contact with Lt Poole, Murray's second-in-command.

With the Dockyard and all its resources under his temporary command, Pasco ordered Poole to send the tugs *W.H. Lee*, *Gopher*, *Musquash* and any other available ones with pumps to the burning vessel as quickly as possible.

At 9:04:35 a.m., *Mont-Blanc* blew up.

The explosion tore through the ship and her cargo at speeds of ap-

proximately 7,600 metres per second, created temperatures in excess of 3,000C and vapourized the water surrounding the ship. The vessel simply disappeared.

The first victims were those closest to the burning vessel: crews of *Highflyer*, *Niobe* and *Stella Maris*.

*Highflyer's* whaler was lifted into the air and propelled towards the Dartmouth shore before crashing down onto the water. Only AB William Becker survived, although he nearly drowned before struggling ashore through icy water.

*Mont-Blanc* exploded as *Niobe's* whaler pulled towards *Imo*, about 275 metres away. The force of the explosion blew *Niobe's* pinnacle and its crew to pieces.

Although these seamen were the first to die, the time between their deaths and 1,600 others was imperceptible. It only took half a second for the blast wave to reach its maximum destructive power.

Some of the crew of *Highflyer's* whaler received posthumous awards. Acting Cdr Triggs received the Albert Medal in Gold, while Becker — the lone survivor aboard the whaler — received the Albert Medal in Bronze.

Similarly, for their actions that

morning, the crew of *Niobe's* pinnacle also received posthumous awards. Acting Boatswain Mattison and Stoker PO Beard received the Albert Medal in Bronze, while the five other sailors with them received letters of appreciation.

The citation for the Albert Medal in Bronze for Mattison and Beard reads in part: "The boat's crew were fully aware of the desperate nature of the work they were engaged on, and by their gallantry and devotion to duty they sacrificed their lives in the endeavour to save the lives of others."

Aboard the tug, Second Mate Nickerson was just about to come up from below with the 10-inch hawser when *Mont-Blanc* exploded. Brannen and 18 of his 24-man crew were killed. The five injured survivors were below deck or shielded by the funnel, although two of them died of their injuries a few days later. Nickerson survived.

The explosion also set afire the ocean-going tug *Musquash*, which carried ammunition. *Highflyer's* captain asked another tug to take *Musquash* in tow, but the crew were unwilling to board the disabled vessel. Two British sailors, LS Thomas Davis and AB Robert Stones, volunteered to board *Musquash*, now broken loose from her moorings. They secured a line and the tug towed *Musquash* into the middle of the harbour. Then they went forward, pulled the ammunition — by now badly scorched — away from the flames and threw it overboard.

The tender *W.H. Lee* arrived and Davis and Stones broke down doors to allow *Lee's* fire hoses to put out the fire. The sailors' actions subdued the fire and prevented further damage and loss of life, as the ammunition could have exploded at any time. For their heroic acts, Davis and Stones also received the Albert Medal in Bronze.

While the disaster unfolded in the harbour, two navy divers from *Niobe* were working underwater off the Dockyard pier. Four men manned the hand-operated air pumps, while another two paid out the divers' line under the watchful eye of Chief Master-at-Arms John Gammon. When *Mont-Blanc* blew up, one diver was in the water while the other descended a ladder. The explosion killed five of the six sailors on the wharf, but both divers and Gammon survived. The surviving sailor, Able Seaman Walter Critch, realized he must get air to the divers immediately. Although the pump remained undamaged, the pump house roof had collapsed onto it. Critch could not clear the fallen roof, so he squeezed in between it and the pump and gave a mighty heave upwards with his shoulders.

Continued on page 14



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-- Robert MacNeil, author of the novel *Burden of Desire*

# HALIFAX EXPLOSION

## CENTENARY

### The little tree from Halifax: children's book describes Halifax Explosion and aftermath

By Virginia Beaton,  
Trident Staff

How to explain the 1917 Halifax Explosion to a child? The destruction, the loss of life, the grief?

In their new book for children, titled *The Little Tree by the Sea: From Halifax to Boston with Love*, father and daughter team John DeMont and Belle DeMont have created a story in which the explosion shatters the city but thanks to a valiant little tree and the generosity of the people of Boston, Halifax is rebuilt and an enduring friendship between Halifax and Boston is born.

John DeMont says the idea for the book came up in the context of 2017 being the centenary of the explosion. While there are many nonfiction and fiction books about that event, there are few that have children in mind, he says. He and Belle wanted to do a project together and as Halifax is

their home, "The timing for this was perfect. The 100th anniversary of the explosion seemed like a good time to do this book together."

John DeMont is a senior columnist for the Chronicle Herald, former Atlantic Bureau Chief for Maclean's magazine, and the author of several nonfiction books. Belle DeMont, a graduate of the Nova Scotia College of Art and Design University, is an artist and illustrator.

"The illustrations for the book came first," says DeMont. He says Belle looked at a lot of historic photos and artwork from the era of the explosion, and spent approximately six months creating the artwork for the book. The result, he says, is "muted shades. Like homage to the artists of that period."

DeMont's story line is based around a little tree that grows on a hill in Halifax. The tree sees the two ships about to collide in the harbour and it would like to warn people, but at

first its voice can't be heard. DeMont's description of the explosion is one that young readers will easily grasp: "When the ships collided there was a noise that sounded like all of the thunder in the world happened at once."

As news of the disaster makes its way across Canada and beyond, the people of Boston respond by sending food, supplies, and medical help. Gradually the city is rebuilt and the little tree also recovers from the explosion. When Halifax decides to send a Christmas tree to Boston as thanks for that city's humanitarian help, the little tree is happy to be chosen for the job. The book concludes with a postscript outlining the history of Nova Scotia's annual gift of a balsam fir tree to Boston, and the ceremony that surround the selection, delivery, decoration, and lighting of that tree on the Boston Common.

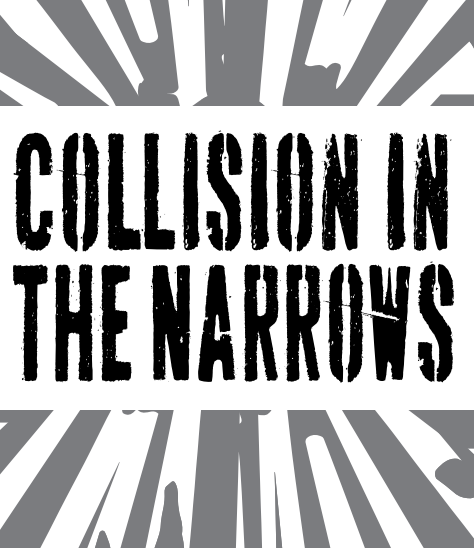
Belle's DeMont's illustrations have a quiet simplicity to which children

will easily relate: streetscapes with old-fashioned cars, kids on bicycles, and wharves lining the harbour; and after the explosion, the wrecked buildings. DeMont's storyline mentions, but doesn't dwell on the damage done.

Instead, it focuses on the determination of the little tree to make itself heard as it asked for, and received help in a crisis. "We didn't want to dwell on the bloodletting and the disaster," says DeMont. "Instead, we wanted to focus on the lessons learned."

This is John DeMont's first children's book and while he and Belle don't have immediate plans for a second project, he says he's interested. "Absolutely," he says with a laugh. "If she'll have me."

*The Little Tree by the Sea: From Halifax to Boston with Love* is published by MacIntyre Purcell and is priced at \$17.95.




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### Naval heroes of the Halifax Explosion

Continued from page 13

He moved bits of wreckage off the pump wheels, held up the collapsed roof with one hand and started the pump with the other. The piston slowly began to suck in air. It usually took four men to operate the pump, but somehow Critch managed single-handedly to start a trickle of air going to the divers. At the same time, Gammon rushed to the ladder to get the divers up and their face masks open.

For their quick actions, Critch re-

ceived the Meritorious Service Medal (Naval), while Gammon was made a Member of the Order of the British Empire.

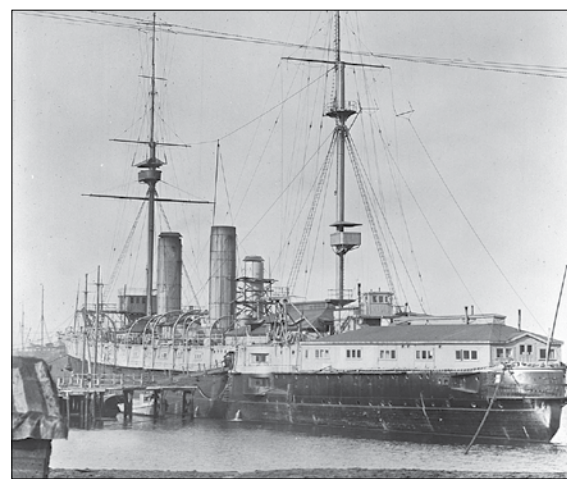
Meanwhile, the surviving and uninjured crews of Canadian, British and American warships in harbour — and those that arrived in port shortly afterward — went ashore to render any assistance they could to the citizens of the now-devastated city.

Besides these sailors, about 5,000 Canadian soldiers — plus a few British ones — as well as some

600 army doctors, nursing sisters, orderlies and their treatment facilities, provided immediate, organized and disciplined rescue, recovery and relief operations, as well as devastated area access control and guarding against looting.

The crucial role naval and army personnel played in the immediate aftermath of the Halifax Explosion has never been formally or properly acknowledged and recognized, an oversight that has gone on far too long.

Note: The material in this article was excerpted from various chapters of John Boileau's latest book, 6•12•17: The Halifax Explosion.



HMCS Niobe, seen here after conversion to depot ship in 1916, was the first ship to raise the alarm after the collision in the harbour.

RCN



# Asterix launched for sea trials in Quebec

*Davie Shipbuilding announced on October 16 that the converted civilian container ship, the Asterix, has been launched at its Quebec Shipyard to begin sea trials in preparation for delivery to the Royal Canadian Navy later this year. The interim AOR ship’s safety, quality, systems and functionality will be tested against the high military standards and specifications which it has been built to, the company said in a press release. The vessel has been installed with key military equipment such as the Integrated Navigational and Tactical System, NATO-compliant Replenishment-At-Sea systems and the naval Integrated Platform Management System.*

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# Nouvel outil conçu pour faciliter la transition de la vie militaire à la vie civile

Par La Feuille d'érable

Un nouvel outil est maintenant accessible pour faciliter la transition de la vie militaire à la vie civile.

Les militaires et les vétérans des FAC qui se préparent à une transition à la vie civile disposent désormais d'un nouvel outil pour les aider à se trouver un emploi intéressant dans le secteur privé.

L'OESC, soit l'outil d'équivalence d'identification de la Structure des groupes professionnels militaires (ID SGPM) vers la Classification nationale des professions (CNP), a été lancé officiellement le 16 octobre 2017. Cet outil de réorientation professionnelle en ligne gratuit permet de jumeler les emplois militaires aux possibilités d'emplois civils.

L'OESC est facile à utiliser. Les militaires et les vétérans des FAC n'ont qu'à saisir les renseignements liés à leur emploi militaire pour obtenir une liste des emplois civils équivalents, avec une description de travail et un lien vers des offres d'emplois civils pertinentes du guichetemplois. Les employeurs peuvent également afficher des offres d'emploi prévues spécialement à l'intention des vétérans.

« C'est stimulant de voir cette belle initiative se concrétiser plus rapidement que prévu. C'est grâce à la collaboration dont ont fait preuve les ministères concernés tout au long du processus qu'une telle réalisation a été possible, » a affirmé le brigadier-général Mark Misener, qui dirige la création du groupe de transition des FAC. « Les membres des FAC pensent souvent que la formation qu'ils ont reçue et les expériences qu'ils ont vécues au cours de leur carrière n'auront pas beaucoup d'importance sur le marché du travail concurrentiel. L'OESC illustre à quel point leur expérience peut être utile. »

L'OESC est le résultat des efforts combinés de la Direction de la gestion du soutien aux blessés des FAC, du centre de soutien de l'apprentissage de la Génération du personnel militaire, d'Anciens Combattants Canada (ACC) et d'Emploi et Développement social Canada (EDSC). Parmi l'un des nombreux exemples de cette collaboration interministérielle, EDSC a fourni l'accès à son répertoire contenant

plus de 30 000 titres de profession pour permettre de trouver les équivalents civils qui se rapprochent le plus des emplois militaires. De plus, étant donné que cet outil en ligne a été créé en grande partie au moyen des ressources actuelles des divers ministères concernés et qu'il est inspiré d'une application existante du Département du travail des États Unis, il a été possible de le produire au coût minime de 18 000 dollars.

« La possibilité pour un militaire ou un vétéran des FAC en transition de tirer parti du guichetemplois national qui répertorie plus de 97 000 emplois à n'importe quel moment en moins de deux clics est vraiment ce qui fait de l'OESC un puissant outil de transition. Lorsque l'on considère à quel point ce système simplifie les recherches d'emplois et de personnel et facilite la vie des membres en transition, son faible coût est vraiment incroyable! » a déclaré le capitaine (à la retraite) Andy Choquette, l'un des créateurs de l'OESC.

En plus de l'OESC, les vétérans ont également accès à l'Unité des vétérans dans la fonction publique récemment créée au sein d'ACC pour aider les vétérans à bien comprendre le processus de demande en vue d'obtenir un emploi dans la fonction publique. Ce service vient en aide aux vétérans en leur présentant des possibilités d'emploi dans la fonction publique qui correspondent à leurs compétences et à leur formation. Cette unité collabore également avec les gestionnaires de l'ensemble de la fonction publique afin de promouvoir la formation, l'expérience et les compétences que les vétérans canadiens ont à offrir.

Au cours des prochains mois, d'autres éléments seront ajoutés à l'OESC, afin d'aider les membres à tous les niveaux en tirant parti de leurs talents militaires vers une deuxième carrière, étant donné que les FAC et ses partenaires continuent de chercher des moyens novateurs afin de faciliter la transition et d'offrir les meilleurs soins et le meilleur soutien possible aux militaires en service et aux vétérans.

Il est maintenant possible d'accéder à l'OESC à l'adresse suivante: <http://cafacerface.forces.gc.ca/mnet-oesc/web/fr/>

# New tool to assist transition from military to civilian life

By The Maple Leaf

CAF members preparing to transition to civilian life, as well as veterans, have a new tool to help them in finding meaningful employment in the private sector.

MNET, short for Military Occupational Structure ID (MOSID) to National Occupational Classification (NOC) Equivalency Tool, officially launched October 16, 2017. The free to use, online career transition tool matches military occupations with civilian occupations and job openings.

MNET is easy to navigate. CAF members and veterans simply need to enter information about their military career and a matching civilian occupation with job description, as well as a link to relevant civilian employment opportunities on Job Bank is produced. Employers can also post forecasted job openings specifically for Veterans.

"It is exciting to see the implementation of this great initiative well ahead of schedule. It would not have been possible without the commitment to interdepartmental cooperation demonstrated throughout this process," said BGen Mark Misener who is leading the creation of the CAF Transition Group. "CAF members often think little of the training and experiences that they have amassed during their careers and the weight it can carry over into the competitive labour market. MNET illustrates how valuable their experience can be."

MNET is the result of the combined efforts of the CAF's Directorate of Casualty Support Management, the Military Personnel Generation Learning Support Centre, Veterans Affairs Canada (VAC), and Employment and Social Development Canada (ESDC). In one of many examples of this interdepartmental cooperation, ESDC provided access to their

catalogue of more than 30,000 occupational titles in order to allow military occupations to be matched to their closest civilian equivalents. Moreover, as MNET was created in large part using current resources from the various departments involved, and based on an existing United States Department of Labor application, the online tool was able to be produced at the low cost of \$18,000.

"The ability for a CAF transitioning member or a veteran to leverage the national Job Bank that lists over 97,000 jobs on any given day in less two clicks is truly what makes MNET a powerful transition tool. The small cost of this system, when you look at how it will simplify job and personnel searches and make life easier for transitioning members, is really incredible!" said Capt (ret'd) Andy Choquette, one of MNET's creators.

In addition to MNET, veterans also have access to VAC's newly introduced Veterans in the Public Service Unit, which was formed to help veterans navigate the federal public service hiring process. The unit assists veterans by providing them with potential public service job opportunities that match their skills and education. The unit also works with managers from across the public service to raise awareness regarding the training, experience and skills that Canadian Veterans have to offer.

The coming months will see additional features added to MNET to enhance member's at all levels in leveraging their military talents towards a second, as the CAF and its partners continue to seek new and innovative ways to make transition easier and ensure the best possible care and support to both currently serving members and veterans.

Access to MNET is now available at <http://cafacerface.forces.gc.ca/mnet-oesc/>



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# Helicopter crash rescue firefighting transition

By Maj Jim Hutcheson

In January 2014, a joint Royal Canadian Air Force – Royal Canadian Navy (RCN) initiative was launched to transfer the vital role of helicopter crash rescue fire fighting (HCRFF) on board RCN ships from fire fighters to hull technicians.

The aim was to improve personnel efficiency, given Defence Renewal targets and the reduced crew space available on new ships. Since that time, Phase I of the transition has progressed smoothly and ahead of schedule. Hull technicians at the ordinary seaman/leading seaman levels have been fully trained and qualified to the required HCRFF standards, and they have now assumed this operational role on board all Her Majesty's Canadian Ships (HMCSs).

The initiative has recently entered Phase II, in which the sector commander (a master corporal) and flying coordinator (FLYCO) (a sergeant) leadership positions will be transitioned to the RCN. Adding to the complexity of the transition, the hull technician occupation is ending and personnel transferred to a new marine technician (MAR TECH) occupation that will incorporate the HCRFF skills and training. This will actually benefit the transition by providing a greater pool of candidates to assume these duties.

"The RCN is committed to ensuring training requirements for HCRFF, sector commander and FLYCO are maintained during the transition to

the MAR TECH occupation," said CPO1 Earl Weir, previously a marine technician occupation manager in Halifax, Nova Scotia.

CWO Gerard Slaunwhite, from the Office of the Canadian Forces Fire Marshal (CFFM), has been impressed by the progress of the transition. "The leading seaman crash rescue operations training and the petty officer 2nd class/master seaman FLYCO mentorship have both been going very well," he said. "Our next step is to get the petty officers 2nd class/master seamen qualified for ship without an air detachment (SWOAD) operations. We have been right on course so far, and we will continue to work hard to ensure smooth sailing for the remainder of the transition."

"The added value an HCRFF-qualified MAR TECH brings is an enhanced systems knowledge of the ship," said Maj Norman Hanley, Sea Training (Atlantic) air officer. "They immediately understand the impact of losing certain systems, and have the knowledge to keep the ship and helicopter combination an effective fighting force. As we prepare for operations with the highly advanced [CH-148] Cyclone, the right HCRFF training and infrastructure are vital to help ensure a safe and effective transition for both ship and helicopter crews."

Over the next two years, the change will be completed on a ship-by-ship basis as personnel become fully trained. Verification of full operational readiness will be conducted



*Firefighter Cpl Chris Hillier responds to a simulated crash on the flight deck of HMCS Preserver.*

MCPL STEVE CARTER

as ships perform their Intermediate Multi-Ship Readiness Training.

Close cooperation and coordination between the RCAF, RCN, Director Air Personnel Strategy and the Office of the CFFM have been essential to this initiative. It is important to note that all relevant tactics, techniques and procedures remain consistent, and that the re-

quired training levels and standards are met as the role is transferred to MAR TECHs. This initiative will also enhance the health and sustainability of the fire fighter occupation by allowing it to focus on primary land-based duties. The RCN will benefit by more efficiently utilizing crewmembers in the restricted shipboard environment.



## The honour of sentry duty

*Op Distinction, the 2017 sentry program at the National War Memorial in Ottawa, brings together CAF personnel from across Canada. These members form the tri-service rotation of Op Distinction, and stood sentry from October 21 to November 10. Rear rank, left to right: MS Matt Derynck, LS Brad Demoe, MS Mat Dawkins, MCpl Jamie Lindsay, Cpl Philippe Martel, Cpl Thierry Blanchette, Avr Thierry Faucher, Avr Dahic Duhamel, Avr Jimmy Corriveau. Front rank, left to right: PO2 Peter Reed, OS Rachel St-Pierre-Walsh, LS Charles Harding, OS Nick Clark, Cpl Peter Limeburner, Dmr Sarah Lecompte Bergeron, Cpl Valérie Courcy, Cvr Marcil Touzin, Avr Roxanne Fradette, Avr Felix Beaulieu, Avr Vanik Dalpé.*

PTE TORI LAKE, CFSU(O)



# La transition des responsabilités de lutte contre les incendies et de sauvetage en cas d'écrasement d'hélicoptère

Par Maj Jim Hutcheson

En janvier 2014, une initiative de l'Aviation royale canadienne (ARC) et de la Marine royale canadienne (MRC) a été lancée afin de confier aux techniciens de coque la responsabilité du rôle essentiel de lutte contre les incendies et de sauvetage en cas d'écrasement d'hélicoptère à bord des navires de la MRC. Avant, cette responsabilité incombait aux pompiers.

Récemment, la phase II de l'initiative a commencé. Pendant celle-ci, les postes de leadership de commandant de secteur (un caporal-chef) et d'officier responsable du détachement air (un sergent) seront transférés à la MRC. Le groupe professionnel de technicien de coque cesse d'exister et le personnel fait la transition vers un nouveau groupe de technicien de marine (TECH MAR), qui intégrera les compétences et l'instruction de lutte contre les incendies et de sauvetage en cas d'écrasement d'hélicoptère, ce qui rend la transition plus complexe, mais qui, en fait, sera avantageux pour la transition étant donné l'offre d'un plus grand bassin de candidats pour assumer les fonctions à cet égard.

« La RCN s'engage à s'assurer que les exigences relatives à l'instruction de lutte contre les incendies et de sauvetage en cas d'écrasement d'hélicoptère, aux niveaux de commandant de secteur et d'officier responsable du détachement air, sont maintenues lors de la transition vers le groupe professionnel de TECH MAR, » a indiqué le premier maître de 1re classe Earl Weir, anciennement gestionnaire du groupe professionnel de technicien de marine à Halifax, en Nouvelle-Écosse.

L'adjudant-chef Gerard Slaunwhite, du bureau du directeur - Service des incendies (FC), se dit impressionné par les progrès de la transition : « L'instruction des matelots de 3e classe portant sur les opérations de sauvetage en cas d'écrasement ainsi que le mentorat des maîtres de 2e classe et des matelots-chefs par l'officier responsable du détachement air semblent très bien aller. La prochaine étape, c'est la qualification des maîtres de 2e classe et des matelots-chefs pour les opérations de SWOAD (navire sans détachement aérien). Jusqu'ici, on maintient le cap et on



Le caporal-chef Phil Groleau, pompier à bord du NCSM Algonquin, travaille comme officier responsable du détachement air à bord du NCSM Winnipeg. Puisque l'Algonquin est un navire sans détachement aérien, le pompier vit une précieuse expérience d'apprentissage.

CAPORAL DAVE PAYNE

continuera de travailler fort pour s'assurer que la transition se pour-  
suive sans heurt. »

« Les connaissances avancées sur les systèmes des navires constituent la valeur ajoutée d'un TECH MAR qualifié en lutte contre les incendies et en sauvetage en cas d'écrasement d'hélicoptère, » souligne le maj Norman Hanley, qui est responsable de l'instruction en mer (Atlantique). « Ils comprennent immédiatement l'incidence de la perte de certains systèmes et ils ont les connaissances permettant de maintenir l'efficacité de la force combattante que représente l'ensemble navire-hélicoptère. Alors qu'on se prépare aux opérations avec l'hélicoptère dernier cri Cyclone

[CH-148], recevoir la bonne instruction en lutte contre les incendies et en sauvetage en cas d'écrasement et l'infrastructure connexe sont essentiels à une transition sécuritaire et efficace pour les équipages des navires et des hélicoptères. »

Au cours des deux prochaines années, la transition se fera un navire à la fois à mesure que le personnel recevra l'instruction complète. La vérification de l'état de préparation opérationnelle en entier se fera lorsque les navires recevront la formation intermédiaire d'état de préparation de navires multiples.

La coopération et la coordination étroites entre l'ARC, la MRC, le directeur - Stratégie du personnel

(Air) et le bureau du directeur - Service des incendies (Forces canadiennes) ont été essentielles à cette initiative. Il est important de souligner que l'ensemble des tactiques, des méthodes et des procédures demeure cohérent et que les normes et les niveaux requis d'instruction sont respectés pendant la transition du rôle aux TECH MAR. Cette initiative aura également pour effet d'améliorer l'état et la durabilité de la profession de pompier en permettant à ces professionnels de se concentrer sur leurs fonctions terrestres de base. La MRC profitera de l'utilisation plus efficace des membres de l'équipage dans l'espace restreint à bord des navires.

# TRIDENT Sports

What's the score with local sports in your community? Send write-ups, photos, and results to [editor@tridentnews.ca](mailto:editor@tridentnews.ca)

## Slackers come from behind to win 48th Mini Grey Cup

By Ryan Melanson,  
Trident Staff

Things were looking bleak with only the final quarter to go, but the Fleet Club slackers managed to turn it around late in the game and come away with the victory at the 48th Annual Mini Grey Cup, held at Porteus Field on October 20.

Missed field goals, defensive errors and a pair of gut-wrenching pickoffs by the Wardroom only yards away from the goal line led to a score of 14-2 for the Officers heading into the final quarter of play.

"Through the first half, because of all the turnovers and other problems we were having, they kind of kicked our butts," joked Slackers head coach

and offensive lineman Sean Parker.

The NCMs made the final quarter count, however, with a 50-yard rushing touchdown from OS Triston Manson getting things going, following by another touchdown pass to OS Nathan Wetzel, a two-point conversion and a single-point rouse to make the final score 18-14. Defensive adjustments also played a role, and Parker said the Slackers quarterback, LS Mark Latter, deserved a lot of defensive credit as well for slowing the Wardroom's pass-heavy style of play in the second half.

Wardroom coach Lt(N) Mitch Willigar, playing for the first time since the Officers' last Mini Grey Cup victory in 2013, said he had a strong team and they came to the field expecting to win.

"Our opponents played well, but I think we really ended up beating ourselves in this one, it was ours to win. Our offensive line played really well, our Quarterback (Lt(N) J.R. Gallant) had good protection, but a few other factors led to the disappointing loss."

The dramatic Slackers comeback was exciting for both the players and the crowd, and Parker said he and offensive coach Rob Jeannot, who each have 20+ years of Mini Grey Cup experience, put this year's game near the top of their all-time list.

"With how much we were down, to come back and win, and all the turnovers and exciting plays, I think this was one of the most memorable games we've had in years," Parker said.

The win marks the fourth year in a row for the Slackers, who can now claim 17 victories through the last 18 installments of the annual game, and the coaches hope to keep the new winning streak going to reach the big 50th anniversary game coming up in 2019. Lt(N) Willigar, however, warned that both he and his quarterback will be back for next year, and to expect another well-fought game on both sides.

Game awards for the winning Slackers were handed out to overall MVP LS Mark Latter, as well as MS Brandon Devlin, OS Andrew Oake, OS Nathan Landry and Sean Parker. The Slackers' Best Teammate awards also went to OS Dalton Tucker and OS Cynthia Boudreau.



The Fleet Club Slackers defeated the Wardroom Officers by a score of 18-14 in the 48th Annual Mini Grey Cup on October 20.

# MARLANT takes part in national celebration of sport

By Ryan Melanson,  
Trident Staff

CAF members across MARLANT took a break from their usual activities to celebrate the power of sports on October 20, as CAF Sports Day saw members take the morning to participate in a wide range of different sporting events across the formation.

The day kicked off at HMC Dockyard with a fleet run/walk, where Capt(N) Craig Skjerpen, Commander CANFLTANT, offered some words of encouragement to the runners, and simultaneously at Stadacona, PSP staff and Base Commander Capt(N) Paul Forget kicked things off with some warmup exercises in the gym.

Capt(N) Forget stressed the importance of sport and physical activity to military life, and said Sports Day is all about celebrating the culture of fitness within the armed forces, while allowing for an inclusive environment to make sure all skill levels can enjoy themselves.

“We hope that everyone can find an activity they enjoy and have a little fun with it,” he said.

And with variety of sports organized across Stadacona, Dockyard, 12 Wing Shearwater and other locations, there was something for everyone. Members played basketball, dodgeball, volleyball, road and ice hockey, and also signed up for yoga, bowling, jiu-jitsu, curling and more.

Halifax celebrated CAF Sports Day alongside members at bases and



A Fleet run/walk through HMC Dockyard kicked off CAF Sports Day in Halifax.

MONA GHIZ/MARLANT PA

wings around the country and at deployed locations around the world, with more than 10,000 people taking part across the CAF throughout the day. This national celebration of sport

has become an annual event, and this year, Sports Day culminated with the Mini Grey Cup in Halifax, while the day ended with the National CAF Sports Award Ceremony in Ottawa.



Members of the Fleet take part in road hockey outside Tribute Tower during CAF Sports Day on Friday, October 10.

RYAN MELANSON, TRIDENT STAFF

## Baseball World Series trivia

By Tom Thomson  
and Stephen Stone

### Questions

1. Who is the only World Series MVP from the losing team as voted by a committee of sports reporters and officials in attendance?
2. In 1949 a group of New York baseball writers established the Babe Ruth award for the most valuable player in the playoffs. In 1955 Sport Magazine created the World Series MVP award. Who was the first recipient of the World Series MVP award?
3. Who are the only players to be World Series MVP twice?
4. Who was behind the plate calling the game during Don Larson's perfect game?
5. Who was the first African-American manager to win a World Series?
6. Who was the only player to be the last out of a World Series by being caught trying to steal a base?
7. Which team did the Red Sox beat in four games to break "The Curse" in 2004?

8. Up to the 2017 World Series, who are the only two players have five hits in a single WS game?
9. Who holds the record for ejections from a World Series game?
10. We all know that the Yankees have won the most World Series. But, do you know which team has won the second most World Series?
11. Who was the last triple crown winner to be the last out of a World Series?
12. In the Blue Jays first World Series win, who was involved in the final series out?
13. Who hit the only walk off home run in the seventh game of a World Series?
14. The 1956 World Series is noted for Don Larsen's perfect game. Which Yankee pitcher also pitched a shut-out and beat Don Newcombe of the Dodgers in game 7 by a score of 9-0?
15. Who was the last pitcher to win three games in the same World Series?
16. Who is the only player to break up a World Series no hit bid in the sixth inning or later?
17. In which World Series game did the starting pitchers for both teams only allow four or fewer base runners?
18. Who were the first Cy Young winners to face each other in the World Series? (hint – they did not know they were Cy Young winners until

- after the series and the season were over).
19. Since the World Series went to a best of seven games, how many series went the full seven games?
20. Which team won the most game sevens?

Answers on page 22

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# Fitness and sports updates

By Trident Staff

The CAF Atlantic Powerlifting tournament takes place from November 21-23 in Halifax. COTW Volleyball will be November 27-30. The deadline to enter will be end of the day on Wednesday, November 22.

Intersection/Drop-In Pickleball. Come and learn a fun new sport.

Shearwater Gym, Mondays and Wednesdays 12 p.m. – 1 p.m. For more information please contact Sgt Rick Austin, 720-1711 or rick.austin@forces.gc.ca

12 Wing Shearwater Men's Hockey Team Coach/Manager needed. Team Practices starting now. Mondays 2 – 3:30 p.m. and Tuesdays 2:30 – 4 p.m. For more information please contact Lt(N) Morash @720-1341 or Anthony. Morash@forces.gc.ca

Fall Intersection curling runs until December 12. Open to military members only. Games will be held at 12:30 p.m. every Tuesday at the CFB Halifax Curling Club. Cancellations due to COTF/COTW/ Wing Cup, Regionals and Club Bonspiels TBC. Rosters and contact information for an alternate POC should be submitted to Isaac. Habib@forces.gc.ca. It is recommended that teams have minimum 7-8 players. Anyone not curling for their team that day is invited to arrive at the curling club to spare for other teams. Individual curlers can submit their names to the spare list. All levels are welcome.

12 Wing Shearwater drop-in basketball is available Wednesdays from 6-8 p.m. For more information please contact: Cpl Gagnon at 902-720-3214 or philip.gagnon@forces.gc.ca



## On the Flyers Trail for CAF Sports Day

Personnel at 12 Wing Shearwater mark CAF Sports Day, October 20, with a variety of sports and fitness events including a hike on the Flyers Trail, ball hockey, and other activities.

CPL ANTHONY LAVIOLETTE, 12 WING IMAGING



### STANDINGS 2017/2018

COTW Units	Craig Blake	RUN	VB	Curling	Hockey	Bowl	FIHockey	Bball	Slo-Pitch	Golf	POINTS	PLACE
CAMPUS	40	75									115	1st
CFMWC / FMFCS	60	50									110	2nd
BADM / MP / TRIN	75	10									85	3rd
BIS / MAR	10	20									30	4th
5 Cdn Div / Hlth SVCS	20	30									50	5th
BLOG/ RPOU(A)	30	0									30	6th

## Baseball World Series trivia

Questions on page 21

### Answers

1. Bobby Richardson, New York Yan-

kees, 1960.

- Johnny Podres, Brooklyn Dodgers, NL. He also won the Babe Ruth award the same year.
- Bob Gibson, Reggie Jackson, Sandy Koufax
- Ralph "Babe" Pinelli. It was his last plate appearance since he retired after the series.
- Cito Gaston – Toronto Blue jays. 1992 and again in 1993.
- George Herman "Babe" Ruth.
- St. Louis Cardinals
- Paul Molitor – 1982 and Albert Pujols – 2011
- Bobby Cox with two. One each in 1992 when the Braves played the Blue Jays and 1996 with the Braves playing Cleveland.
- St. Louis Cardinals with 11.
- Miguel Cabrera (Detroit) – caught looking for strike three on a pitch down the gut by Sergio Romo of the Giants.
- Otis Nixon of the Braves bunted to

Jays pitcher Mike Timlin who threw the ball to Joe Carter for the game winning and series clinching out. Timlin got the ball and Joe Cater got the ball next year after his series clinching, come from behind in the ninth inning three run home run.

- Bill Mazeroski, Pittsburgh, 1960 bottom of the ninth versus the Yankees
- Johnny Kucks.
- Randy Johnson of Arizona Diamondbacks in 2001. The space oddity of his performance is that he won both game six and seven.
- George Springer, Houston Astros, game four, 2017
- Game four, 2017 – Woods for LA and Morton for Houston.
- Bob Gibson- St. Louis and Denny McLain- Detroit Tigers. Bob Gibson won both games but the Tigers won the series in 1968.
- 37.
- St. Louis Cardinals- 1926, '31, '34, '46, '64, '67, '82, and 2011.



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# Super Crossword

OH, YOU!

- ACROSS
- 1 Roman 102

4 Took off on

8 Overflowing (in)

13 Comes into being

19 Pal from way back

21 TV sergeant played by Phil Silvers

22 Put a new front on

23 What a table had when Sitting Bull was sitting at it?

25 1994 sci-fi action film

26 Tailless cat

27 Secretive govt. group

28 Small city's package deliverer?

30 Eight-armed mollusks

33 London lav

35 Muslim chief

36 Marshy inlet near Boston?

45 Atty.'s org.

48 Bang, as a big toe

49 Supper crumbs

50 Long oar

51 Actor Max

53 Spanish cheers

55 Carne -- (Mexican steak dish)

59 Vicinity

60 Vigor, in music

61 Coup d'etat?

65 As dry as --

67 Prefix with tourism

68 1998 Australian Open winner Korda

69 Fast at installing canoe stabilizers?

78 Award in the ad business

79 P.O. item

80 Directive

82 Unfeeling person's fake-out?

91 Mid-voyage

92 -- -deucy (card game)

93 Streep of film

94 Plum cousin

95 Class fixture

96 Ringo on drums

98 With 103-Across, frozen dessert brand

101 Cop in a drug bust

103 See 98-Across

104 Like an ogre wearing his facial disguise?

110 Graf -- (ill-fated German warship)

111 Notch shape

112 Inner layer

116 "My poetry is terrible compared to Maya's?"

122 Hearing thing

125 Dog in "Garfield"

126 Setting

127 Messed up during a film shoot?

131 Really stuck

132 "Paradise Lost" figure

133 Mongoose cousins

134 How china is often sold

135 Noodges

136 Alternative to Bloomie's

137 That ship

DOWN

1 Vodka drink, informally

2 Hipbone-related

3 "-- buy that!"

4 "La Cage -- Folles"

5 Alternative to a Word file

6 Early utopia

7 Colorants

8 -- Dhabi

9 Vogue editor Anna

10 Actor -- Ray

11 Give a bias

12 Large wasp

13 Stella -- (beer)

14 Renovates, for short

15 "-- one ..." (start of an opinion)

16 Indian dress

17 "Behold!," to Caesar

18 Foreteller

20 Plump and healthy-looking

24 Soft rock

29 "Still the King" cable channel

31 Faux --

32 Schoolyard rejoinder

34 "Well now!"

37 "Star Trek" helmsman

38 \$5 bills, in slang

39 Forest buck

40 Shell rival in Canada

41 Curious as --

42 Cosmonaut Gagarin

43 Muffin topper

44 -- Bator

45 "SOS" band

46 7/4 cookout

47 The vowels

52 Rice-A- --

54 "Let it stand"

56 Datebook entry: Abbr.

57 Elk cousin

58 Intro drawing class, maybe

62 "-- bin ein Berliner"

63 Carols

64 Ship of myth

66 Shoe brand

70 Model Heidi

71 French department

- 72 Former queen of Jordan

73 Gambling venue, briefly

74 Website IDs

75 Alum

76 Ill-fated Ford

77 Witherspoon of Hollywood

81 Garden tool

82 Wallet filler

83 Play starter

84 Main role

85 Harp cousin

86 NASDAQ cousin

87 "In the Valley of --" (2007 film)

88 Arm bone

89 Beer topper

90 Not tame

97 "Twilight" vampire -- Hale

99 Small stream

100 Prop- ending

102 15-season CBS series

105 About to bat, e.g.

106 Division: Abbr.

107 Fortify

108 Feat

109 Bad-mouth

113 Concepts

114 Late inning

115 Swan cousins

116 Skater Kulik

117 Olympus -- (volcano on Mars)

118 Big Ten gp.

119 Klutzy sorts

120 Folk wisdom

121 Yves' yeses

123 \$\$\$ sources

124 Emu cousin

128 Raised rails

129 Comic shriek

130 This yr.'s 75-Downs

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## All in the family

Brother and sister LS Daniel Whittaker and SLt Jessica Whittaker stand back to back on the bridge wing while deployed in HMCS Montreal, for NEPTUNE TRIDENT 17-02 on October 29, 2017.

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